

CITY'S OFFICIAL NEWSLETTER

MAPLEWOOD LIVING

JULY 2018



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Seasons Preview
Summer 2018
The Greening
of Maplewood

I was scared; you were brave

By Chief Scott Nadeau, Maplewood
Director of Public Safety

Thanks to the teamwork and quick thinking of citizens, officers and EMS workers, a family still has their father and husband.



"I thought I was saying goodbye to my husband that night but none of you stopped until you saved him," Karen Conway said at a June council meeting, where the city honored these heroes, as she calls them, with lifesaving awards.

At a March Kid's versus Parents basketball game, Kelly Conway headed to the sidelines, then went into cardiac arrest.

"My husband collapsed in my arms and as I shouted for someone to help me, these people responded," Karen said. "I was scared but you were all very brave."

Bystander David Woodward started performing chest compressions on Mr. Conway. Maplewood officers Alesia Metry and Tony Gabriel along with two White Bear Lake officers were at the Maplewood YMCA for another event. They all jumped in with another patron to continue CPR. Two members of this team grabbed an AED. After two shocks and continued CPR, Conway's color started to return and he seemed to start attempting to breathe on his own.

Maplewood EMS staff arrived on the scene, stabilized Mr. Conway and took him to the hospital.

"Because of you, my son will have his father there to teach him to shave. My daughters will have their dad there to walk [them] down the aisle. Because of you I will grow old with the man I love."

Statistically, those who suffer from cardiac arrest have less than a 10% chance of survival.

Early recognition of a cardiac arrest, immediate, high-quality emergency response, a public access defibrillator and advanced life support within 5 minutes of the 911 call are all the links in a chain that kept Mr. Conway alive and helped him recover.

This is a great illustration of why we place such emphasis on public access AED's, and why Maplewood Public Safety continues to host our "Heartsafe Communities" training that provides free hand's only CPR and AED familiarization.

For information on free CPR and AED trainings contact Mike Mondor, Chief of Emergency Medical Services in Maplewood, at cpr@maplewoodmn.gov or 651-249-2801.

Elected Officials

Nora Slawik: Mayor	(651) 738-7099
nora.slawik@maplewoodmn.gov	
Marylee Abrams: Councilmember	(651) 249-2000
marylee.abrams@maplewoodmn.gov	
Kathleen Juenemann: Councilmember	(651) 771-3670
kathleen.juenemann@maplewoodmn.gov	
Bryan Smith: Councilmember	(651) 888-0085
bryan.smith@maplewoodmn.gov	
Tou Xiong: Councilmember	(651) 444-0531
tou.xiong@maplewoodmn.gov	

City Manager

Melinda Coleman: City Manager	(651) 249-2055
melinda.coleman@maplewoodmn.gov	

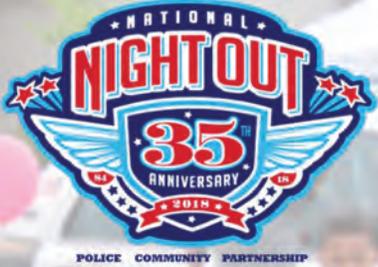


To advertise in this newsletter call Joe Sheeran at (651) 249-2061 or email joe.sheeran@maplewoodmn.gov.

Frequently Called Numbers

City Hall	(651) 249-2000
Maplewood Community Center	(651) 747-0922
Recreation	(651) 249-2120
Public Works	(651) 249-2400
Police Non-Emergency	(651) 767-0640

Visit the City website at www.maplewoodmn.gov for the meeting schedule of the City Council, Commissions and Boards.



AUGUST 7TH
5pm - 9pm

Register your party online by July 30th
<http://maplewoodmn.gov/NNOSignup>

A Payment Free Summer Awaits.

Enjoy 90 days of no payments and flexible terms when you finance with City & County Credit Union.

BOAT & RV rates as low as 2.99%^{APR}	AUTO & MOTORCYCLE rates as low as 2.74%^{APR}
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APPLY TODAY!

CCCU.COM
651-225-2700



APR=Annual Percentage Rate. Rate presented for model years 2012 and newer for up to 60 months. Payment on a 60 month loan at 2.99% APR is results in 59 payments of \$449.08 with a final payment of \$448.87. Rates can vary based on term, collateral and credit worthiness, and is subject to change. Interest will accrue for the first 90 days without payment. 90 day no payment offer only available on new loans to CCCU.

CELEBRATE SUMMER!

TOUCH TRUCK

WEDNESDAY, JULY 18
6:00PM - 7:30PM
@ YMCA/MCC



Touch and Explore Vehicles of all Kinds!

- Fire Trucks
- Giant City Trucks
- Bounce Castle
- 3M Visiting Wizards
- Police Cars
- Ambulance
- Kid City Booth
- Nature Center Activities

& Much More!!





Accepting Food Shelf Donations!

FREE ADMISSION
FREE Hot Dogs, Chips & Water





A bigger pie for the new neighbors

By Bryan Smith, City Councilmember

Moving is stressful. My wife and I compounded the stress by moving in late December with temperatures diving below -20 degrees. We knew moving in the winter would be challenging, but underestimated how

hard it would be emotionally. We had been in our Lake Phalen home for more than seven years, accumulating lots of stuff. More importantly, we had collected a group of dear friends. We were lucky to be surrounded by neighbors who would help plow our driveway, check in when the power went out, and find times to spontaneously gather for fellowship on the shores of Lake Phalen. As we settled into our new house, we found out the worst part of moving during a Minnesota winter is the difficulty of meeting new neighbors when everyone is inside staying warm. We missed our old neighbors, we weren't meeting any new ones, and we all had a bit of winter blues.

Several weeks ago, we finally got around to hosting a house warming party. We invited our friends and our street full of new neighbors. As the party began and our old friends started to arrive, and we were thrilled to welcome more than 20 of our new neighbors. Of course they were all kind and we are energized to build relationships with these folks. It has lifted our spirits even higher about our move.

Through the course of this move, our family has talked about our mix of emotions and how it is okay to feel conflicted about change. We can be simultaneously sad to leave our old house and excited about the new house. It is ok for us to miss our friends while being energized to meet our new neighbors. Emotions are not measured on a fixed pie chart where one pie slice has to get smaller in order to have another get bigger. We can feel happy, sad, lonely, uncertain, and excited all at the same time about the exact same topic and we are blessed to have such an opportunity.

I have found balancing conflicting feelings like this is also a significant part of my City Council service. As we collaborate on Maplewood's 2040 Comprehensive Plan, we are considering significant changes to how we think about development, density, street design, transit, and other critical planning decisions. As a council, we are working to balance the heritage of Maplewood with the realities of being an inner ring suburb and meeting the needs of an evolving East Metro region. Changes

like this mean our City may feel some degree of loss in order to make way for new opportunity and improvements. It is our goal as a council, in partnership with you, to make sure the improvements outweigh the losses.

I don't want to ignore those losses and their impacts on our City. And just like with our family's move, we can be sad and happy about the same topic. A community can miss how something was and also be inspired and excited for the opportunity and improvements ahead. Similar to our family's move, our feelings about Maplewood's future aren't a fixed pie chart. I prefer expanding the pie to fit in more perspectives and feelings. I am confident we will continue to work together as a community to make tough decisions, support each other in our good and bad feelings about those decisions, and collaborate to ensure Maplewood will continue to thrive over the next twenty years

BOB STROMBERG

The Maplewood Area Historical Society presents:

COMEDY CAFÉ AT THE BARN!

EVENT DATES
FRIDAY-SUNDAY
JULY 20-22

TIME
7:00 PM

DETAILS
Bruentrup Heritage Farm, 2170 County Road D East,
Maplewood, MN 55109.

Minnesota-sourced drinks and appetizers will be served at 7:00pm, followed by the show at 8:00pm.

ADMISSION
\$35-\$45 (all ages)
\$35 general admission seats, includes drink and appetizer
\$45 reserved front row seats, includes drink and appetizer

PURCHASE TICKETS ONLINE
MaplewoodHistoricalSociety.org

Stromberg, from Hugo, has traveled the world performing his very unique blend of standup, story and schtick. He's the co-author and an original star of Minneapolis's megahit theatrical comedy, *Triple Espresso—A Highly Caffeinated Comedy*, which has been seen by over two million people from San Diego to the West End of London.

BRINGING LAUGHTER TO THE WORLD

SINCE 1962

MAPLEWOOD AREA HISTORICAL SOCIETY and Bruntrop Heritage Farm

Primary Election August 14, 2018!

Office of the City Clerk

The State Primary Election will be conducted on August 14, 2018. Two councilmember positions will be included on the ballot for Maplewood. The four candidates receiving the most votes will advance to the November General Election.

There is no primary for Mayor. Only two candidates filed for the position.

Precincts and Polling Location Changes

Some precincts and polling locations have changed. Watch for your voter registration card to confirm your polling location.

Early/Absentee Voting

Early Voting

August 7 - August 13

Ramsey County residents may vote at the most convenient location in the county, regardless of where you live! Note the Maplewood location has been moved from City Hall to the Ramsey County Library (3025 Southlawn Drive, Maplewood).

Visit Ramsey County's Election website for a map of early voting locations, dates and times.



Vote by Mail: Submit your completed **absentee ballot application** to Ramsey County Elections by mail, email, in-person, or fax.

Vote In-Person Absentee: Maplewood residents can cast an absentee ballot in-person at Maplewood City Hall, 1830 County Road B East.

For the Primary Election from June 29 - August 13, voting hours are M - F from 8 a.m. - 4:30 p.m. Hours will be extended on Saturday, August 11 from 9 a.m. - 3 p.m. and Monday, August 13 from 8 a.m. - 5 p.m.

Military and Overseas Voters: Military and overseas voters can use a special process to get and return their ballot. Contact Ramsey County Elections for more information.

Vote by Agent: Voters may authorize an individual (agent) to pick up and return an absentee ballot for them. This service is available **only** within the seven days preceding an election. Each agent is allowed to deliver and return ballots for a **maximum** of three voters.

November General Election information will be available in upcoming issues of the Maplewood Living and is currently available on the City's website, Ramsey County's website and the Secretary of State's website.

ADULT KICKBALL LEAGUE
TUESDAY EVENING DOUBLE HEADERS
SEPTEMBER 11 - OCTOBER 9

ALL GAMES WILL BE PLAYED AT GOODRICH PARK
CO-REC (MINIMUM OF 4 WOMEN PER TEAM)
GAMES START BETWEEN 6PM - 9PM

PLAYOFFS TAKE PLACE ON OCTOBER 16. AWARDS ARE GIVEN TO THE REGULAR SEASON CHAMP, PLAYOFF CHAMP, AND PLAYOFF RUNNER-UP.
ALL GAMES WILL BE OFFICIATED.

COST: \$300.00/TEAM

For more information, visit our website at: www.maplewoodmn.gov/1856/Adult-Kickball-League

Volleyball League

Grades 3-8
Saturdays
September 22 - November 3

Join teams from Maplewood, Mahtomedi, Little Canada, Oakdale, Stillwater and White Bear Lake

Cost: \$65
Registration deadline: September 7

This is a recreational league with emphasis on sportsmanship and fun! Volunteer coaches needed.

Phone: 651-249-2111
Web: apm.activecommunities.com/maplewoodmn

How do I register?

By Phone: 651.249.2111

In Person: Maplewood Parks & Rec, 1902 County Road B East

Online: <https://apm.activecommunities.com/Maplewoodmn/Home>



Celebrate Gladstone Savanna

GLADSTONE SAVANNA

SW CORNER OF FROST AND ENGLISH

THURSDAY, AUGUST 2

6:00-7:30PM

What do a bumblebee and the St. Paul and Duluth Railroad have in common? Gladstone Savanna!

Once the site of railroad repair shops, the savanna is now one of Maplewood's most unique preserves. Join us for the unveiling of our new interpretive signs, which allow you to hike the trails while the story of the savanna and the shops unfold before you.

Fun for families and all:

Ribbon cutting and treats!

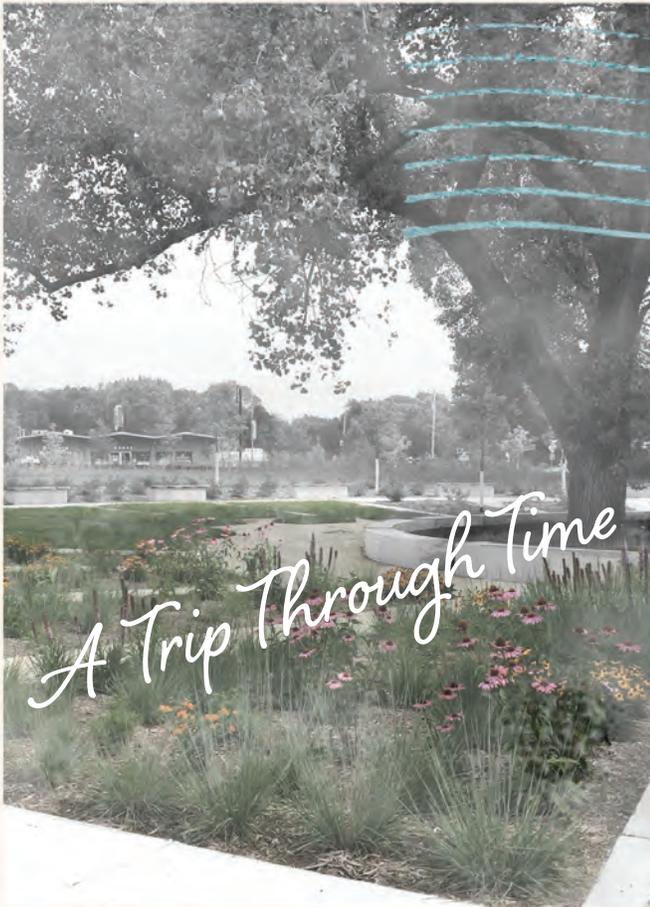
Scavenger hunt along the paved trail loop!

Channel your inner historian!

Try your hand at sweep netting for insects in the prairie!

Free! Street parking on Frost Avenue, west of English Street or in parking lot at Flicek Park

Brought to you by the City of Maplewood and Maplewood Area Historical Society



FOREVERWELL Presents:

Coffee with a Cop

Officer Bill Sypniewski will discuss SWAT roles, when the tactical team is deployed, and display equipment they use in their operations.



Join us for this exciting demonstration.

Wednesday, July 11th • 10:30am

Maplewood Community Center • 2nd Floor

FREE Coffee and snacks provided

On the second Wednesday of each month, Maplewood Public Safety personnel will come out to the Community Center at the YMCA to talk about a variety of topics important to seniors & our community.

ForeverWell is the Maplewood Community Center's fitness and social program for people 55+ years of age

SEASONS PREVIEW

SUMMER 2018



Read the full
summer 2018
edition of Seasons,
The Greening of
Maplewood, at
maplewoodmn.gov

THE GREENING OF MAPLEWOOD

Plants for Pollinators

Pollinators are starving and we can help! There's a simple solution that involves planting more flowers wherever we can. Areas of green turf are pollinator deserts. Converting a bit of lawn to blooming shrubs or native prairie wildflowers is a great way to provide pollen and nectar consumed by bees and butterflies. Plants native to Minnesota provide the nectar and pollen that cultivators may not. Bees and butterflies have evolved with these plants and several bee species have specialized adaptations for specific flowers. Purchase your plants from Native Plant Nurseries.



Tasty Treats from the Bees

(children ages 4-10 with adult)

Saturday, July 21

10 to 11:30 a.m.

Maplewood Nature Center

<https://bit.ly/2tal4cu>

Magnificent Monarchs

(for all ages)

Saturday, August 18

1 to 2:30 p.m.

Maplewood Nature Center

<https://bit.ly/2MI3YL4>



A Trip Through Time – Celebrate Gladstone Savanna

Thursday, August 2

6 to 7:30 p.m.

Gladstone Savanna

<https://bit.ly/2ta0M31>



Four plants to start your pollinator garden

Rose or Marsh Milkweed



SOIL TYPE	Wet to Medium
LIGHT	Full Sun
BEES ATTRACTED*	Leafcutter, small resin, yellow faced, bumble, green sweat and more
BUTTERFLIES AND OTHER INSECTS ATTRACTED	Host plant for monarch caterpillar; and great spangled fritillary, red admiral, clearwing moth, skippers, wasps, beetles



Meadow Blazing Star

SOIL TYPE	Wet to Medium
LIGHT	Full to Part Sun
BEES ATTRACTED*	Bumblebee, sweat bees, leafcutter, and more
BUTTERFLIES AND OTHER INSECTS ATTRACTED	Monarch MAGNET! A nectar source for common wood nymph.



Wild Bergamot

SOIL TYPE	Medium to Dry
LIGHT	Full to Part Sun
BEES ATTRACTED*	Bumble, long horned, green sweat, carder, small resin, leafcutter and more
BUTTERFLIES AND OTHER INSECTS ATTRACTED	Eastern tiger swallowtail, silver spotted skipper, great spangled fritillary, snout moth



Butterfly Milkweed

SOIL TYPE	Medium to Dry
LIGHT	Full to Part Sun
BEES ATTRACTED*	Small carpenter bees, chap leg bees, leafcutter, sweat bees, wasps
BUTTERFLIES AND OTHER INSECTS ATTRACTED	Host plant for monarch caterpillar; nectar source for yellow collared scape moth, ants, swallowtail, crescent, and karner blue

* THESE ARE JUST A FEW OF THE 400 PLUS SPECIES



City of Maplewood

1830 County Road B East

Maplewood, MN 55109

Phone: (651) 249-2000

www.maplewoodmn.gov

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Well-timed bike giveaway

Just in time for summer, the Maplewood Police Department visited three area schools for a bike drop off.

The PD had about 50 salvageable impounded bikes that no one came to claim. Department staff gave them a quick tune up and safety check. Then, they dropped them off at Edgerton Elementary, John Glen Middle School and Maplewood Middle School so the staff could give them to children with families in need. The Maplewood Fire Department worked with Regions Hospital to provide helmets and helped ensure each properly fit.

"These beautiful summer days are perfect for a bike ride," said Commander Michael Shortreed. "This is a great way to give back to the community."

