



# Maplewood Monthly

January 2009 City Newsletter

## Thanks to these Lose2Win Sponsors:



*Ann Bean Mansion*



## Lose2Win Weight Loss Challenge



February 17, the Maplewood Community Center Fitness Team will be kicking off the **Lose2Win** Winter Weight Loss Challenge. Resolve to Reduce in 2009! It's not about a diet and making temporary improvements. It's about making a decision to commit to a lifestyle change and transforming your physique and future! Let the Maplewood Community Center's team of "coaches" help you attain your weight loss goals while having fun, meeting new friends and competing for GREAT PRIZES!

At the start of this 12-week challenge, participants will be assigned to a team of no more than fifteen **Lose2Win** contestants. Each week team coaches will be offering small group training sessions and informational seminars on topics including Nutrition for a Healthy Lifestyle, The Fast Food Jungle, Stress Management, Portion Control, Exercise Smarter Not Harder, Maintaining Your New Physique and more! In addition, fun and energizing group fitness classes will be offered exclusively to **Lose2Win** participants including Bosu Boot Camp, Zumba and Line Dancing. Class will be offered at multiple times during the day and week to accommodate all participant's schedules.

*(Lose2Win article continued on page 10)*

## Maplewood Goes Retro!

Beginning in 2009, Maplewood residents will see a change in the appearance of the department's squad cars. The department's marked squad cars will take on the "retro" black-and-white color scheme with modern-day gold-and-black graphics. Following the proposal by members of the department's Labor-Management Committee to change the look, the committee explored the options and proposed several new designs. Members of the department voted on their top choices, and a final design was selected.

The department has had white squad cars since the early 1980's. Prior to that change, the cars were blue and white. Since the change to all-white cars, the graphics design has been modified several times.

Many police departments across the metro area and state have adopted the "retro look." Maplewood is one of several police departments in Ramsey County to adopt the black-and-white color scheme. The black-and-white color scheme is much more noticeable and easily identifiable. Recognition by the public is the main reason for the change. Visibility of the police is an important part of building relationships with the citizens the department serves. Improved recognition will enhance that visibility.

The change will occur gradually as old squad cars are replaced with new vehicles. The changeover of the entire fleet will take approximately three years. The photo shows the design of the new squad cars. The signature maple leaf was included as part of the new graphics and is displayed on the trunk lid. The City's website is across the rear bumper. Citizens should start seeing these new squads on patrol in January.



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# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.846.4328  
 John Nephew: Councilmember 651.776.5963  
 Chuck Ahl: Acting City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 chuck.ahl@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Information 651.249.2103  
 Group Information 651.249.2203  
 Birthday Party Information 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2120

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

## Maplewood Meeting Schedule

City Council: Monday, January 12 & 26 at 6:30PM

Citizen Forum: Saturday, January 3 at 10:00AM

Environmental & Natural Resource Commission: Tuesday, January 6 at 5:15PM

Planning Commission: Tuesday, January 6 & 20 at 7:00PM

Community Design Review Board: Tuesday, January 13 & 27 at 6:00PM

Park Commission: Wednesday, January 7 & January 28 at 7:00PM

Housing & Redevelopment Authority: Wednesday, January 14 at 7:00PM

Historical Preservation Committee: Thursday, January 29 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



### Advertise with us!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

### From Planting to Polynomials



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 Throw a discus.  
 Play violin.  
 Explore dynamic relationships in quadratic equations.  
 And with each school day, become more inspired, more curious, and more eager to learn.

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### Enrolling now for the 2009-10 school year!

#### Information Event

Sat, Jan 24, 10-11:30am  
 Experience morning circle, view student work, and learn how our comprehensive curriculum skillfully weaves academics with art, music, foreign language and movement.  
 For parents and interested adults

#### Pre-K & Kindergarten Open House

Sat, Feb 7, 10am-Noon  
 Visit our mixed-age kindergarten and meet our inspired teachers. Learn how nurturing imagination through play sets the foundation for a lifetime of learning.  
 All ages welcome

Attend an event or call 651-487-6700 to arrange a tour.

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## Ramsey County Traffic Safety Initiative

The Ramsey County Traffic Safety Initiative began in November of 2008 with the mission of collaboratively creating safer roadways throughout Ramsey County by raising public awareness and enforcing all traffic regulations. All of the law enforcement agencies throughout Ramsey County (including Maplewood Police, Minnesota State Patrol, Mounds View Police, New Brighton Police, North St. Paul Police, Ramsey County Sheriff, Roseville Police, St. Anthony Police, St. Paul Police, and White Bear Lake Police) work together on selected roadways throughout Ramsey County providing high visibility traffic enforcement saturations in order to reduce traffic related deaths and injuries.

On November 16, officers from the listed agencies worked a high visibility traffic enforcement saturation on Highway 61 from Wheelock Parkway up to County Road J. On November 26, a second high visibility traffic enforcement saturation was conducted on the Highway 36 corridor between Highway 280 and Century Avenue. These two events resulted in removing 36 intoxicated or impaired drivers from the road those nights.

The Ramsey County Traffic Safety Initiative is funded through grant money received from the Minnesota Office of Traffic Safety and the National Highway Traffic Safety Administration. Officers working the high visibility traffic enforcement saturations are required to wear high visibility traffic safety vests. High visibility mobile signs announcing "DWI ENFORCEMENT ZONE" are also utilized throughout the selected roadways during the high visibility traffic saturation in order to educate the public about the increased law enforcement presence.



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**Dr. Dana Benassi, DC**



The Council Corner is a space that is rotated monthly between the Mayor and Council members.

## Dear Friends and Neighbors,

Greetings!

Even though this letter arrives at your doorstep after the holiday dishes have been cleared from the table and the decorations neatly placed into storage, let me wish you a belated Holiday Greeting and Well Wishes for the upcoming new year.

Working as a solo, general practice, neighborhood attorney in Maplewood, I have a front row seat to life. I know that the economy is in a recession, that people are losing their jobs, that it is harder to pay the bills and put food on the table.

### 2009 Property Tax Levy

On December 8, 2008, the City held its truth in taxation public hearing to listen to the public about increases to the property tax levy, spending and how we can do a better job for the citizens of Maplewood. The citizens who spoke at the hearing asked us to make better spending choices, to freeze the property tax levy and to acknowledge that there is a recession.

In 2007, the council froze the 2008 property tax levy and pledged not to lay-off any of the then employed city staff. Given this levy freeze and the budget passed in 2007, Maplewood was able to hold the line and fulfill its pledge. Plus, it was found that the employee benefit fund had an extremely healthy balance of \$147,865 (as of August 20, 2008).

I believe that today's council could have made the same pledge as that made in 2007. It is my belief that on December 8, 2008 the Council could have froze the 2009 property tax levy and pledged not to lay-off any of our currently employed city staff. However, the composition of yesterday's 2007 council is different from the composition of today's 2008 council.

You will hear how the budget and the proposed property tax levy stated at a 6.2% increase. Then you will hear how City Hall did some soul searching and whittled the proposed property tax levy increase down to 3%. Finally, you will hear about the huge accomplishment of trimming another additional \$137,900 from the city's operating levy and budget.

There will be those who say the Council majority did a great job getting a final levy increase of only 2.12% and that this is well below the rate of inflation, be it measured by the Consumer Price Index or the Implicit Price Deflator for State and Local Government Consumption.

Maybe a great job of trimming the City budget was done...

However, where did the "cuts" come from?

- \$18,000 from Public Works – overtime for plowing the approximate 50 miles of city-owned sidewalks and trails.
- \$5,000 from the budget to replace five computers owned by the city.
- \$9,500 from Citizen Services Front Desk coverage.
- \$7,400 from the Fire Department budget to replace only 10 sets of turn out gear rather than 12.
- \$43,000 from Police Department budget to not purchase a hybrid SUV (\$26,000 savings) and account for \$17,000 in savings from a recent change of provider for the youth diversion services
- \$50,000 from the fuel budget city-wide.
- \$5,000 from the travel and training budget for the City Manager, Council and Mayor. The council had previously cut their \$10,000 travel and training budget in half to a total of \$5,000.00 annually and also added an extra \$5,000 to the new city manager's travel and training budget. Today's net result: City council has a travel and training budget of \$2,500 for five people and the travel and training budget for the new city manager (slated to earn approximately \$127,000 plus benefits annually) has increased by \$2,500.

# Council Corner (cont.)

## New Employee Positions

But what citizens may not know is the new budget and increased property tax levy for 2009 includes hiring an additional person for the IT Department ( ¾ of a person), hiring an additional building maintenance person to add to our current building maintenance staff of approximately 5 full time persons, and giving the Administrative Sergeant position a raise of \$25,000 along with a title change to Deputy Police Chief. Like the Administrative Sergeant, the Deputy Police Chief will not be patrolling the streets. Further, it is my understanding from our meetings that we will no longer have a dedicated code enforcement officer.

## Code Enforcement

As it was explained to the Council by Acting City Manager Chuck Ahl, the City's code enforcement plan for 2009 is for our current Apprentice Building Inspector to be the point person for code compliance complaints. He will follow up on the complaints as well as distribute response and follow-up responsibilities for the various complaints among various fire department/building inspection staff. This is similar to how the City handled such matters prior to mid 2006. The pre-2006 code enforcement process was reactive, focused very little on code compliance education, was inconsistent and often was not time efficient.

## The Vote

The vote on the 2009 budget and the property tax levy increase was not unanimous. It passed 3 ayes (Nephew, Juenemann and Rossbach) to 2 nays (Hjelle, Mayor Longrie).

I am very concerned about the economy, about the lay-offs within our community, about the impact the increased property tax levy will have on our business community – small and large. I am concerned about those 900 families on the waiting list for care packages from Second Harvest (in Maplewood, just off of English Rd on the other side of 36) to supplement their monthly food bill.

Lastly, I am very concerned that the council's 3 to 2 vote has sent a signal to City Hall administration that it is more important to support "staff wants" rather than "citizen needs".

As always, I welcome your comments and suggestions on all matters. In an effort to get more information to the Maplewood citizens, I currently host and produce a one hour program every Friday evening on Channel 15 at 10:00 p.m. called "On the Agenda – In Review" where I show select footage of the key issues facing the Council, Commissions and Boards. Additionally, one and all are invited to attend the monthly Citizen's Forum, hosted by myself, held the first Saturday at Maplewood City Hall in the Maplewood Room from 10:00 a.m. to noon or call me at 651-774-1490 or email to mayorlongrie@yahoo.com.

Best Regards,

Mayor Diana Longrie



**Fit For Golf Series:  
Learn Now, Play Later!**

Maplewood Community Center is now offering PGA Pro led classes for adults and juniors. Get a head start on your swing with a golf fitness class! Classes are held in the MCC Motion Zone room and start in mid-January.

For more information or to register call 651.249.2230 TODAY!

**MAPLEWOOD** Community Center 2100 White Bear Avenue  
maplewoodcommunitycenter.com

*Holiday Tea* at Bruentrup Heritage Farm

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## Commission Corner: Police Civil Service Commission

Once again, the Police Civil Service Commission (PCSC) has been given the opportunity to provide the citizens of Maplewood with a better understanding of the scope and purpose of the PCSC. This commission is the only commission that is regulated under a Minnesota Statute. How does this affect our Police Department and, subsequently, the governing body of the City of Maplewood? By definition, the scope of the PCSC under Minnesota Statute 419 is as follows:

### SCOPE

- The rules shall apply to all sworn employees of the Department (Police)
- The Commission shall have absolute control over the examination, hiring, promotion, discharge, demotion and suspension of all sworn employees of the Department. The Human Resource Coordinator will facilitate the hiring process including assisting in developing and administering examinations and maintain eligibility lists

### PURPOSE

- To establish a uniform, comprehensive and effective system of personnel administration for the Department.
- To classify positions of like duties and responsibilities into Classes so that for all personnel purposes such Classes may be treated alike.
- To provide fair treatment for all the employees in order to secure and retain competent employees in the Department.
- To aid the City Manager in the selection of competent employees for the efficient performance of Department functions.
- To protect employees against political interference in their positions.
- To give fair and equal opportunity to all qualified citizens to enter employment in the Department on the sole basis of merit and fitness, as determined by means of job-relevant competitive examinations.
- To create a police system which shall, as far as practicable, be made attractive as a career, and which shall encourage each employee to render his/her best service in willing compliance with the provision of Minnesota Statutes, Chapter 419, as amended.

The PCSC is not a civilian review board. We do not take complaints from the public nor do we review or conduct internal investigations. We do not direct or oversee police operations and we do not have input into the Police Department budget. We have no involvement in the compensation or benefits for the officers.

The PCSC meets on an as needed basis in the Maplewood City Hall Council Chamber at 1830 County Road B East. The members of the PCSC are: Dr. Marlene Palkovich, Chairperson; Mr. Steven Gunn, Member; Ms. Lisa Lindell, Member.



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MAPLEWOOD Community Center

Don't miss the *Fashion Show* - back by popular demand!

## **So Who Reviews Those New Buildings Anyway?**

**By Tom Ekstrand, Senior Planner**

Community and Park Development Department, by its title, sort of says it all. We review all development projects in the community. This covers everything from a single-family home to the manufacturing and office buildings at 3M Center. Community Development is divided into two main divisions that relate to development and building construction:

### **Planning**

The Planning division bears mentioning first since that division is responsible for reviewing land-development proposals before any construction can begin. Planning reviews land subdivision proposals for residential neighborhoods as well as all the other structures that house activities needed to support a community such as shopping centers, offices, churches, schools and medical centers. The Planning staff, in conjunction with other city personnel like engineers, building inspectors, fire marshal and police, review all land development proposals. The planners then present a written recommendation to the city's advisory committees for their review who forward their input to the city council for a final decision on the proposal.

The Planning office is also responsible for the long-range planning of the city. We are presently in the process of going through the update of the city's comprehensive land use plan, which is required of all metropolitan communities every ten years.

Last, but not least, is the administration of the zoning ordinance. All property in Maplewood has a zoning assigned to it. The zoning ordinance is the set of rules that state the development guidelines for properties based on their specific zoning classification. The planners administer those rules as they work with home owners, business owners and developers.

### **Building Inspections**

Once the Planning Division has taken a proposal through the review process and the City Council has approved a development project, the Building Inspections office will review the building plans and monitor the construction via many inspections during the duration of the construction process. Building Inspections personnel follow up on more than newly-approved building proposals. A great deal of their work is on changes to existing buildings in the city that may be undergoing additions, exterior remodeling, electrical, plumbing or mechanical upgrades, new roofing or any of a wide assortment of structural changes.

The Building Inspections office assures that all building code and accessibility requirements are met. This office also performs plumbing, mechanical and electrical plan reviews as well as inspections for all elements of construction.

### **Stay Tuned**

The Community and Park Development Department also encompasses the offices of the Health Official and has recently merged with the Parks Department which includes Environmental Programming. We will bring you information on these in future issues of Maplewood Monthly.



## Sustainable Maplewood

By Shann Finwall, Environmental Planner



The University of Minnesota Environmental Sciences undergraduate degree program trains the next generation of environmental professionals and leaders through coursework in applied sciences, environmental policy/management/business/communication/law. Each year seniors in the program work with a client to perform real-world environmental policy and land use planning projects. Students gather and analyze data relevant to the client's objectives and prepare a written report and presentation that describes their findings and recommendations.

This year the seniors worked with the City of Maplewood on a project called Sustainable Maplewood. The focus areas included storm water mitigation models for businesses, public area vegetation renovations, management for sustainable parks, planning a green work place model, connectivity and capacity building among neighboring communities, and sustainable educational opportunities.

Over a 15-week period the students studied various aspects of the city's land use and operations in order to formulate recommendations on how the city can create models for sustainability in the focus areas. They accomplished this through park surveys, energy/transportation/waste audits, surrounding community interviews and ordinance reviews, inventories of impervious surfaces in the Maplewood Mall area, public area vegetation coverage, and reviews of the city's current environmental education and communication.

The students presented their findings and recommendations during an open forum at the Maplewood Community Center. The final documents reflect valuable recommendations for the city to consider as we move forward. To view the documents go to [www.ci.maplewood.mn.us/sustainability](http://www.ci.maplewood.mn.us/sustainability). Thank you University of Minnesota students and professors for assisting Maplewood in our sustainable goals.



*Management for sustainable parks*



*Sustainable education opportunities*

## Photo Contest sponsored by Friends of Maplewood Nature



Here's an opportunity to get out your cameras and join us in discovering the beauty of Maplewood's natural areas. Friends of Maplewood Nature is proud to announce their first annual photography contest. The winning photographs will be included in the Friends' second annual calendar (2010).

Eligible photos should be pictures of landscapes, animals or people within the environments of the Maplewood Nature Center and the 13 Neighborhood Preserves. Anyone is eligible to participate and each participant may submit a maximum of ten images. The deadline for submissions for the 2010 calendar will be May 15, 2009. Take this opportunity now to get your winter photos while hiking or snowshoeing at the preserves.

Rules for this contest are posted on the city's website – under nature center, quick links “photo contest for calendar” or at <http://maplewoodnature.blogspot.com>. You may receive a printed copy by telephoning the Nature Center at 651.249.2170.

Friends of Maplewood Nature is a private, non-profit group formed to support the mission of Maplewood Nature Center and Neighborhood Preserves. New members are welcome! Individual membership starts at \$15, Household is \$25.

## **Caught Recycling: 1269 Farrell Street North**

Lee and Mary Portz from 1269 Farrell Street North are the lucky winners of \$50 for recycling during December. The Get Caught Recycling contest is over for 2008, but look for a new recycling contest next year. And remember to keep on recycling - you'll always be a winner!

When asked why they recycle, most people say that "it's the right thing to do." But, the 3 E's of Recycling - Energy, Economy, and Environment - provide three more good reasons to recycle. Recycling provides many economic and environmental benefits including dramatically reducing the need for landfill space, reducing CO2 emissions, reducing water and energy consumption, and conserving natural resources.

### **Recycling reduces energy use**

When we recycle, we reduce the energy consumed to create new products. This reduced energy consumption lowers a community's green house gas emissions and lowers the overall impact of climate change throughout the world.

### **Recycling is important for our economy**

Our recyclable materials have tremendous economic value. The 1 million tons of material which could be recycled has an estimated value of \$312 million dollars. It costs us \$200 million dollars to throw it away. The recycling industry directly and indirectly supports approximately 20,000 jobs; paying an estimated \$760 million dollars in wages and adding nearly \$3 billion dollars to Minnesota's economy.

### **Recycling is important for our environment**

In 2006, the impact of residential recycling efforts saved enough energy to power all of the homes in Ramsey County for a year! But, there is still an estimated 1.3 million tons of waste generated which could be recycled. By reducing the amount of energy needed to create products from raw materials, we reduce the amount of fossil fuels burned. This translates into reduced greenhouse gas production, reduced impact on global warming, cleaner water resources, and reduced water consumption.

## **On the Police Scanner**

In November, the Maplewood Police Department responded to 2,055 calls for service. Included in this number were the following incidents:

- 33 Assault Cases
- 1 Robbery Case
- 29 Burglary Cases
- 125 Theft Cases
- 42 Criminal Damage to Property Cases
- 24 Auto Theft Cases
- 60 Theft from Vehicle Cases

In addition, Officers made 62 arrests for shoplifting, 32 arrests for DWI and issued 684 citations.

The Maplewood Police Department now auctions all vehicles through MidAmerica Auctions. For more information call 651-633-9655 or visit their website at [midamericaauctions.com](http://midamericaauctions.com). All other property, including bicycles, is auctioned through [PropertyRoom.com](http://PropertyRoom.com).

## **MCC Swim Lessons**

Maplewood Community Center is dedicated to providing quality swim lessons for children and adults. All instructors are professionally certified by the Red Cross. The MCC offers over 100 exciting courses designed to make learning easier.



**Winter Swim Lesson Registration is Going on NOW! Classes begin January 4 - 10.**

**Call to register today - 651-249-2230  
2100 White Bear Avenue**

## Get Inspired with Rod Raymond!



Get inspired with Maplewood Community Center's presentation of Rod Raymond and his interactive seminar, "After All It's Your Life." Raymond (M.Ed, ACSM), a 20-time Ironman Triathlon finisher and a two-time Olympic trials participant, is considered one of the "world's fittest athletes." He is also an international champion of the Scottish Coast-to-Coast adventure race, the Trans Swiss triathlon, the Border-to-Border triathlon and the Swiss Gigathlon. Currently Raymond serves as the wellness director at the University of Minnesota and is one of the few ACE, Master Personal Trainers in the country.

### Get Your Tickets Today

Tickets: \$25.00

(Ticket includes yogurt bar)  
Limited Availability!

Call 651.249.2230



2100 White Bear Avenue  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

Rod has been in the business of helping others achieve their dreams and strive for optimal health for over fifteen years. During this time he has shared his philosophy that life should be lived, "inside out vs. outside in" to thousands of people throughout the world with his books, videos, and seminars. His current presentation, "After All It's Your Life," is an interactive seminar focusing on the mind, body, humor, spirit, integrity and passion. Participants will take a look inside themselves to see if they are truly getting "from the day" vs. merely getting "through the day." Maplewood Community Center is pleased to offer two sessions on **Tuesday, February, 24 at 1:00PM and 4:00PM**. Tickets are limited - reserve yours today!

Sign up for the Maplewood Community Center eNewsletter and receive the latest and greatest information about your favorite programs! To sign up today visit: [www.maplewoodcommunitycenter.com/notifyme](http://www.maplewoodcommunitycenter.com/notifyme)

### Gingerbread Shows Presents...

#### 2009 Arts & Crafts Shows at Maplewood Mall

3001 White Bear Ave, Maplewood, MN

February 20 - 22, 2009

"Winter Season Spectacular Craft Show & Sale"

April 9 - 11, 2009

"Easter Weekend Spectacular Craft Show & Sale"

October 30 - November 1, 2010

"Halloween Weekend Spectacular Craft Show & Sale"

December 3 - 6, 2010

"Holiday Season Spectacular Craft Show & Sale"

**Don't miss it!**

For more information please contact:

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# City News

## *(Lose2Win continued from cover)*

Not only will you be transforming your body and your life, participants will also compete for great prizes! Required weigh-ins will keep you on track and allow you to monitor your progress. The "winning losers" will be determined by percentage of body weight lost over a 12-week period. All participants will receive a challenge t-shirt and discounted fees for motivational seminars and individual personal training sessions.

### Lose2Win PRIZES!

- 1st Prize: 2 night/3 day weekend getaway for two at The Ann Bean Mansion in Stillwater and \$100 dinner certificate at Luna Rossa
- 2nd Prize: One year adult MCC membership and one week of meals from Seattle Sutton's
- 3rd Prize: Three month adult MCC membership and one week of meals from Seattle Sutton's
- 4th Prize: Sister Rosalind Massage package and \$100 Cub Foods Gift Certificate
- 5th Prize: Nautilus Jacket and \$100 Cub Foods Gift Certificate
- 6th Prize: Nautilus Jacket and duffel bag
- Mid-way Prize: Free Haircuts from Hair Professionals, one-hour massages and MCC shirts and water bottles

Take part in this amazing, life-changing challenge for just \$15.00 a week for members and \$24.00 a week for non-members (fee includes three month MCC membership)! Registration begins January 2nd and closes February 6th. Adults 18 years or older are welcome to participate. The challenge will run 12 consecutive weeks beginning February 17th. Space is limited - register today! Full payment is due at the time of registration. Call 651-249-2230 today!

## Zumbathon

In December the Maplewood Community Center donated use of the gym for the first ever Zumbathon. The event, hosted by the Twin Cities Master Zumba Instructors, centered around a 90-minute Zumba class. Participants shaked and shimmed their way through the workout for a \$10.00 fee and all proceeds benefited the Second Harvest Food Bank. Over 100 participants, of all ages, took part in the Zumbathon which raised over \$1,000 for Second Harvest.

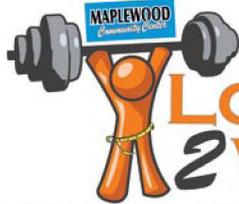
Do you want in on the fun? New Zumba classes are starting at the Maplewood Community Center beginning in January. Go to [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) for more information!



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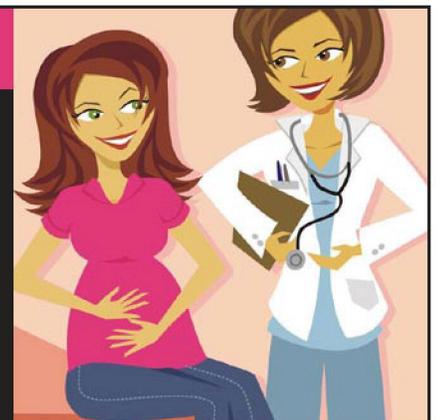
Dental Care, Making Your Own Baby Food, Car Seat Safety, Mommy Fitness Classes, Guardian Naming, Top 10 Baby Names, Recreation Programs, and MORE!



Speaks on:

10:30AM  
Denise Heuss, RD -  
The Truth About Eating  
for Two

11:30AM  
Karen Quast, RN, IBCLC -  
The Nursing Debate



## We're Expecting!

Prenatal Health Fair  
Saturday, January 17  
10:00AM - 2:00PM

**FREE ADMISSION!**



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[maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com)

# City of Maplewood

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### Personal Safety and Threat Awareness Class

Join Sergeant Scott Steffen of the Maplewood Police Department and learn how to identify safety threats, how to react to such threats, and what you can do to defend yourself. Our class will include a brief study of local crime including both current trends and information on older, "classic" scams that are still being used today. Watch video clips of local crime in action and learn what to do to avoid being a victim. Participants will also learn self-defense tactics and the correct frame of mind needed to survive an attack. Attend just one class to receive all of this valuable information!

**Location:** Maplewood Community Center  
**Dates:** January 10, February 17 & March 10  
**Time:** Tuesdays, 7:00PM – 8:30PM  
**Cost:** FREE

**Three ways to register:**  
**Online:** [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)  
**Phone:** MCC (651)249-2230  
**In Person:** Maplewood Community Center  
2100 White Bear Avenue



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March 1, 2, 3

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All offices:

651-225-2700 [www.cccu.com](http://www.cccu.com)



# Maplewood Monthly

February 2009 City Newsletter



## Refreshing New Entertainment At Your Favorite Theatre

The Maplewood Community Center unveils two exciting performances coming this March! Enjoy a night out at the elegant Performing Arts Theatre to experience original, unique entertainment. Visit the website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) and click on theater for the 2009 entertainment line-up. Call 651.249.2230 for tickets or more information.

### George Maurer Jazz Trio Concert Friday, March 13 at 7:30PM

Led by pianist/composer George Maurer, the George Maurer Trio performs traditional jazz to swing, blues to bebop, and a healthy dose of originals. They are "one of the preeminent small jazz groups on the scene. Recommended." (David Nathan, All About Jazz). Come tap your toes to the "irreverent style and sly musical humor" (the Dakota Jazz Club, Minneapolis) of the George Maurer Group, a gathering of three well dressed friends who play jazz the way it was meant to be – with instruments. Advance Tickets: \$20.00/Adult Advance MCC Members, Seniors, Students: \$18.00 Day of Event: \$24.00

### 318 Cafe Tour Friday, March 27 at 7:30PM

Jeff Arundel, Becky Schlegel, Brain Fesler, and Jason Shannon, will share the stage and give you an evening filled with sophisticated, refined, blazing guitar music. These talented musicians will sing with distinctive styles and Jeff will lead the way. Jeff has been called the "Cities 97 Favorite" by Tom Surrowicz because he has been on two of the famous "cities samplers". Don't miss this electrifying unique performance! **All ticket holders will be given a FREE 318 Vol. 1 CD!** Advance Tickets: \$15.00/Adult Advance MCC Members, Seniors, Students: \$13.00 Day of Event: \$18.00



## Inside:

2 City News

11 Special Events

12 MCC

19 Preschool

21 Youth

23 Adult

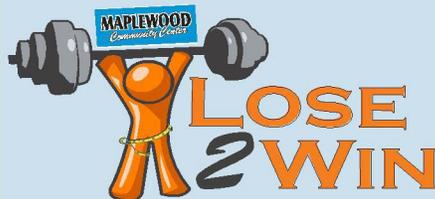
24 Active Adult (55+)

25 Family

27 Fitness

32 Day Camp

## Transform Your Body, Mind, And Life... One Pound At A Time



Can't stick to your diet? Too tired to exercise? You're not alone but the Maplewood Community Center's 12-week Lose2Win Weight Loss Challenge can help for as little as \$15 per week for MCC members or \$24 per week for non-members (includes a 3-month membership). *Full payment is due at time of registration.*

Learn about: nutrition, the fast food jungle, stress management, portion control, exercise smarter not harder, maintaining your new physique and more! In addition, you will take part in energizing group fitness classes and get professional tips from small group personal training, exclusively for Lose2Win participants. Compete for GREAT PRIZES! Registration includes a free challenge t-shirt, discounted fees for the Rod Raymond seminars, and individual personal training sessions.

Don't delay, the registration deadline is Friday, February 6 and your challenge starts February 17! Call 651.249.2230 to learn how to get started.

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
Kathleen Juenemann: Councilmember 651.771.3670  
Will Rossbach: Councilmember 651.779.0220  
Erik Hjelle: Councilmember 651.714.8588  
John Nephew: Councilmember 651.776.5963  
Chuck Ahl: Acting City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
kathleen.juenemann@ci.maplewood.mn.us  
will.rossbach@ci.maplewood.mn.us  
erik.hjelle@ci.maplewood.mn.us  
john.nephew@ci.maplewood.mn.us  
chuck.ahl@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
Deputy Registrar and Passport Hours:  
Monday - Friday: 8:00AM - 4:30PM  
Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
Customer Service 651.249.2230  
Admissions 651.249.2210  
Theater/Banquet Room Information 651.249.2103  
Group Information 651.249.2203  
Birthday Party Information 651.249.2203  
Aquatics 651.249.2206  
Child Care 651.249.2218  
Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

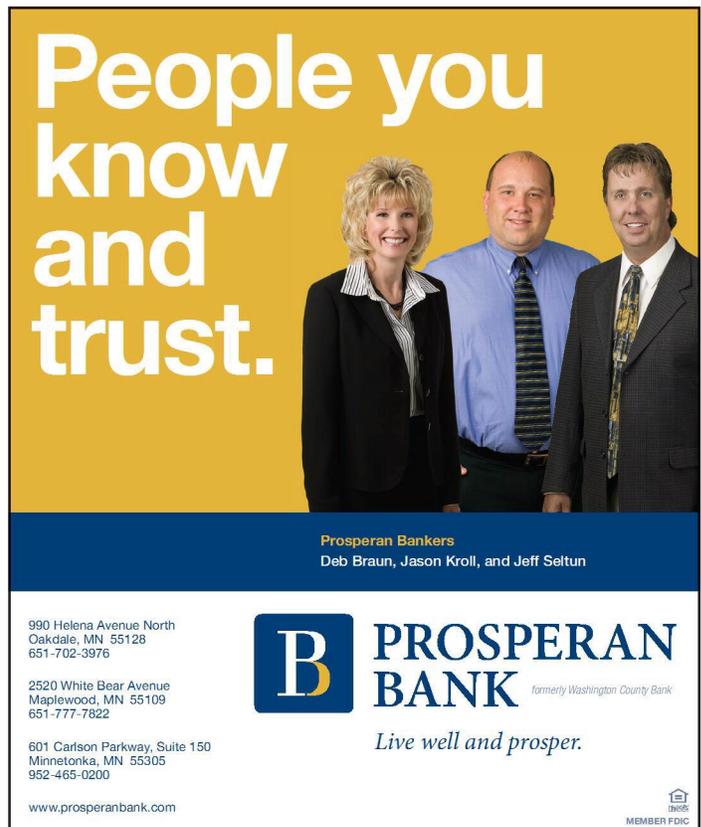
Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, February 9 & 23 at 6:30PM  
Community Design Review Board: Tuesday, February 10 & 24 at 6:00PM  
Environmental & Natural Resource Commission: Tuesday, February 3 at 5:15PM  
Housing & Redevelopment Authority: Wednesday, February 11 at 7:00PM  
Citizen Forum: Saturday, February 7 at 10:00AM  
Park Commission: Wednesday, February 18 at 7:00PM  
Planning Commission: Tuesday, February 3 & 17 at 7:00PM  
Historical Preservation Committee: Thursday, February 19 at 7:00PM  
All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.

### City Hall will be closed:

February 16 (President's Day)



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## Program Registration Options

**Register for most classes online today at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) or:**

### Visit Us:

At MCC Customer Service  
2100 White Bear Ave.  
Monday: 9:00AM - 7:00PM  
Tuesday - Friday: 9:00PM - 5:00PM  
Saturday: 9:00AM - 12:00PM

At the Nature Center  
2659 East 7th Street  
Tuesday - Saturday: 8:30AM - 4:30PM

### By Phone:

MCC/P&R Programs  
651.249.2230

Nature Center Programs  
651.249.2170  
(For free programs only)

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*Hair Professionals, Owner, Charlene Rooney*

## A Rain Garden For Your Yard Series

Learn how to create a rain garden! Join the Maplewood Nature Center staff for one session or for the whole series. The first class provides enough information to get you started. Field and workshop sessions are offered for those who are ready to install a garden this year and want more in-depth instruction.

### A RAIN GARDEN FOR YOUR YARD –CLASSROOM SESSION

THURSDAY, MARCH 26, 6:30 - 8:30PM

Learn how rain gardens work, be inspired by slides of beautiful local rain gardens, and learn a step-by-step process for creating a rain garden in your yard. Cost is \$5.00. Session will take place at the Gladstone Fire Station 2, 1955 Clarence Street. Prepayment and registration is due by March 19. Watch the March Maplewood Monthly for more Rain Garden Series.

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**Enrolling now for the 2009-10 school year!**

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**Pre-K & Kindergarten Open Houses**  
Sat, Feb 7 & April 4, 10am-Noon  
Visit our mixed-age kindergarten and meet our inspired teachers. Learn how nurturing imagination through play sets the foundation for a lifetime of learning.  
*All ages welcome*

**Attend an event or call 651-487-6700 to arrange a tour.**

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Each year, the city updates its Capital Improvement Plan (CIP) for the upcoming five years, as a guide for large expenditures on things like roads, sewers, major equipment, and vehicles. Perhaps because there wasn't a lot of controversy, perhaps because it doesn't seem so immediate like next year's tax bill, it's easy for the city's capital improvement plan to fly by under the radar. You might not have heard that the city council voted to cut Maplewood's planned future spending by almost \$12 million.

### The Impact of Debt

In 2009, we are reducing our general fund operating levy. However, our total tax levy is increasing 2.1%. The main reason for the difference is a debt service levy increase of \$357,415. The city requires these funds in order to make bond payments – to pay back the money borrowed for city projects over the past fifteen years.

Debt is not all bad. By issuing tax-exempt bonds, the city is able to borrow money at low interest rates. We can improve our infrastructure without having to save up the money first. This spreads the cost over future years and the future taxpayers who benefit from the improvements. Debt enables us to let residents pay special assessments over time. If your street is rebuilt, your assessment can be collected with your property taxes over fifteen years, rather than making you pay cash up front.

But, as this year's budget demonstrates, debt also poses a risk for the future. We must pay it back as scheduled, and that limits our flexibility each year as we set taxes and budget priorities. Nearly 24% of your 2009 property taxes go to pay principal and interest on the city's debt.

### Planning for the Future

We can't erase past debt or return a street repair job for a refund. What we can do is change the plan going forward, to reduce the impact of debt on future budgets and tax levies.

On August 28, 2008, the city council voted on the 2009-2013 CIP. At earlier meetings, we had requested that staff give us options for reducing the city's future debt. Councilmember Hjelle made a motion, which I seconded, to adopt the CIP with a set of delays and deferrals of street reconstruction projects. The motion carried unanimously. The result was to reduce the proposed CIP by a total of \$11,707,000. That in turn will mean \$9,458,500 less bonding. For us taxpayers at large, it means \$3,628,000 less in new general obligation debt (bonds whose repayment depends on all of us taxpayers, as opposed to a dedicated source such as special assessments or state highway funds).

Assuming we stick with this plan, at the end of 2009 our net debt outstanding will actually be lower than it was at the start of the year. This wasn't able to help us balance the budget for 2009, but it will put us in a better position for 2010.

### The Big Picture

In my view, to be fiscally responsible, we need to keep up the investments in our community, but we also need to preserve our flexibility to react to changing circumstances. Debt is a useful tool for a city, but just like household debt, it needs to be used in moderation and with an eye to the long-term future and the uncertainties along the way. Just as an individual can lose a job, a city can lose state funding (such as the year-end cuts in Market Value Homestead Credit) or other revenue sources. High levels of debt makes it harder to react to such events.

My hope is that in the coming years we will gradually shift more to a "pay-as-we-go" basis, and reduce our reliance on general obligation debt.

### Postscript

On a different topic, readers should know that portions of the mayor's column in last month's city newsletter were taken from my website ([www.johnnephew.com/blog](http://www.johnnephew.com/blog)) without permission or attribution.

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## Who Is Looking Out For Our Environment?

By Ginny Gaynor, Natural Resources Coordinator and Shann Finwall, Environmental Planner

The recently reorganized Community Development and Park Department, directed by DuWayne Konewko, includes several divisions. The department highlighted the planning and building inspections divisions in the January 2009 Maplewood Monthly. This month we profile the environment and natural resources division and the Maplewood Nature Center.

### Environment and Natural Resources Division

The Environment and Natural Resources division is responsible for protecting land and water resources and ensuring Maplewood develops in a sustainable manner. The city's draft comprehensive plan strengthens the city's commitment to protecting the environment and ensuring sustainability. The Environment and Natural Resources staff are responsible for implementing environmental initiatives for the city which include:

- Develop policies, ordinances, and programs to protect land and water resources.
- Review development plans to ensure they meet environmental regulations and city goals for sustainability.
- Promote environmentally-friendly building and development standards.
- Ensure compliance with environmental regulations.
- Manage the city's recycling program.
- Provide support for the Environmental and Natural Resources Commission.
- Provide staff and residents with environmental educational programs.
- Provide for the conservation of ecological systems and natural resources within the city's open space.

### Maplewood Nature Center

Since its inception in 1979, the Maplewood Nature Center has been one of Maplewood's gems. The visitor center, trails, green heron pond, and nature programs are well known in the community. For many people, a strong connection to nature or to a natural place is the first step in caring for the environment. So, the Nature Center offers educational programs to get children and adults outside to enjoy and learn about our natural world.

Nature Center staff are part of the city's environment and natural resources team. Naturalists manage the city's tree program and buckthorn removal program. They provide educational support and coordinate volunteers for city environmental initiatives. For example, most of the rain gardens on city land have been planted by school children participating in the Nature Center's Watershed Watchers program. Over the past several years, the Nature Center has expanded its educational programming to empower residents to take care of our local environment, through classes such as native landscaping, creating rain gardens, managing oak woodlands, low impact lawn care, recycling, composting and other topics.

### Stay Tuned

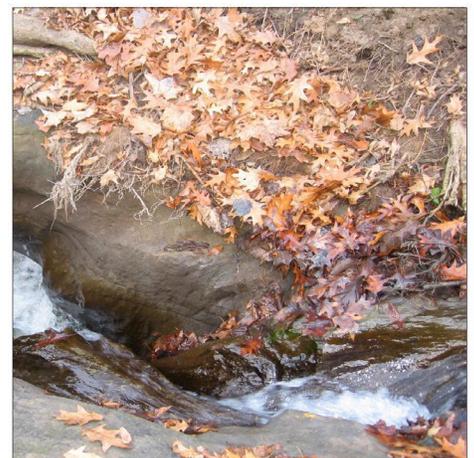
Updates on the remaining Community Development and Parks Department divisions will be featured in future issues of Maplewood Monthly.



Joy Park



Nature Center



Fish Creek

## Unallotment Hits Maplewood

By Chuck Ahl, Acting City Manager

On December 19, 2008, Governor Pawlenty announced his decisions to help balance the state's short-term budget issues. The State of Minnesota is currently in a two-year budget cycle that ends on June 30, 2009. The state is projecting a revenue shortfall of \$426 Million from their \$35+ Billion budget during these final months of the cycle. The Governor's decision involves use of his power of unallotment. Unallotment is the Governor's power to cut the budget in times of deficit without legislative approval. The Governor's cuts included over \$66 Million in aids due to Cities on December 26th. Maplewood has not received aid payments in the form of Local Government Aid [LGA] from the state since 2002; however, the state provides each of us, as property owners, with tax relief in the form of market value homestead credit or MVHC. The MVHC program is the state paying a portion of the property taxes certified for collection by the City Council. Instead of paying the money directly to property owners to use to pay their property tax bills, the state gives the money directly to each city on behalf of the property owners in the form of MVHC aid. Maplewood was due the second half payment for 2008 to close our books for the year on December 26th. The total amount of MVHC due to Maplewood was \$244,473 or half the amount for this calendar year, which is Maplewood's budget cycle.

The Governor's decision was to make the cuts to Cities based upon each Cities' levy, not as a percentage of the Local Government Aid [LGA] or total aid. The state capped that percentage at 4.08%. A 4.08% of tax levy in Maplewood is a reduction of \$634,275. We obviously do not receive that much, so the Governor's decision results in the full second half 2008 MVHC payment to Maplewood being cancelled. Thus, with just 12 days remaining in our budget cycle, we were informed that we would be \$244,473 short in revenue. The largest impacts were to the General Fund which supports Police and Fire safety services, the Parks Divisions, Community

Development, portions of the Public Works, and Citizen Services Departments. Small reductions also will impact the Debt Service Funds, the Maplewood Community Center and Recreation Funds. The 2008 budget was prepared based upon receiving these MVHC funds, however, the City maintains a fund balance because of the late arrival of the funds. It will not impact 2008 operations, other than the end of year audit, will show the City having less funds to carry forward to 2009 than originally anticipated.

Surrounding Cities were also impacted by the unallotment procedure. The City of North St. Paul was due a second half payment of \$908,488 of Local Government Aid, plus a payment of \$64,474 in MVHC. N. St. Paul did not receive \$192,251 of their Local Government Aid payment, but received all of their MVHC. Oakdale is more similar to Maplewood in that they do not receive Local Government Aid, so their MVHC payment was totally eliminated in the amount of \$267,111.

The Maplewood Management staff evaluated the impacts of all revenues for 2008 along with end of year expenses. The City's reserves will cover the MVHC shortfall going forward for the first months of 2009. Some other revenue shortfalls in 2008 and 2009 will contribute to less operating funds for the City. Each Department will close 2008 below budget in expenses that should cover a vast majority of the revenue shortfalls. However, given that the State faces a much larger problem with their 2-year budget that begins on July 1, 2009 as they project a \$5.0 Billion deficit for that period, further cuts to aid to Cities may occur later in 2009. Maplewood is budgeted to receive over \$400,000 in MVHC during 2009 from the state. Indications are that this is unlikely to be received. The City Council's approved budget for 2009 included an additional reserve of \$325,000 for unanticipated expenses, which will help cover this shortfall without a service reduction. Some delays in hiring of replacements for retirees will also be used to cover the remaining shortfalls, along with additional savings being realized from lower than budgeted fuel expenses. The management staff will continue to monitor the City's revenue projections for 2009 during these difficult economic times and are prepared to make adjustments early in the year to continue Maplewood's strong financial position.

Comments or questions on the Maplewood budget or financial situation can be forwarded to Acting City Manager Chuck Ahl at [chuck.ahl@ci.maplewood.mn.us](mailto:chuck.ahl@ci.maplewood.mn.us).



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## Recycling: It's About Energy!

By Bill Priefer, Recycling Coordinator

One common myth about recycling is that the key environmental benefit of recycling is the conservation of space in landfills. However, the real impacts on global warming, CO2 emissions, and the environment come from the energy saved by creating new products from recycled rather than virgin materials. Still, over 50% of what we continue to throw in the garbage can be recycled through curbside collection!

Waste in incinerators and landfills creates greenhouse gas emissions. Many people believe that throwing food scraps and paper products into a landfill is harmless because they biodegrade. However, most people are surprised to learn that when these materials break down in a landfill, they become powerful contributors to greenhouse gas emissions.

Compostable materials such as food waste and paper decompose anaerobically (without oxygen) in a landfill, producing methane (CH4) which has 23-71 times greater heat trapping capabilities than carbon dioxide. Landfills are the single largest direct human source of methane.

When trash is burned, incinerators emit carbon dioxide (CO2) and nitrous oxide (N2O), a greenhouse gas 310 times more powerful in atmospheric warming than carbon dioxide.

### But what about creating energy from waste?

Methane from landfills and the BTUs generated from incinerators are sometimes captured and converted into energy. Regardless of how much methane is captured from a landfill or how many BTUs are generated from an incinerator, waste does not generate nearly as much energy as recycling conserves. Overall, recycling produces a net reduction in energy 3.6 times larger than the amount of energy generated by incineration and 11 times larger than the energy generated by methane recovery at a landfill.

### Recycling saves energy, too.

In addition to avoiding the green house gas emissions from landfilling and incinerating, recycling saves a tremendous amount of energy. Every product we use has 'embedded energy', the energy needed to extract, transport, and transform raw materials into a finished product. Every single item we recycle results in significant energy savings because recycling conserves much of this embedded energy. For some items, like an aluminum can, the energy savings are tremendous. Making a new aluminum can from old cans results in 90-97% energy savings compared to making a new can from bauxite and other raw materials. Similarly, it takes 30% less energy to make a glass bottle

from recycled glass than from silica, sand, soda ash, limestone, and feldspar. Recycling paper results in a 44% energy savings. Virtually every recycled material uses less energy than its virgin-material counterpart.

### Look for Recycling on the Minnesota Energy Challenge!

The Minnesota Energy Challenge (<http://www.mnenergychallenge.org/>) is a website designed to empower Minnesotans to take simple steps to reduce their energy use and CO2 emissions. Simple actions in your daily life will help reduce global warming pollution. These simple steps save you money, keep you healthy and improve the environment.

Eureka Recycling, in partnership with the Center for Energy and Environment and the City of Minneapolis recently added recycling and composting actions to the Minnesota Energy Challenge. For the first time, Maplewood residents can calculate the impact that their individual recycling and composting efforts have on reducing global warming.....and they are significant! Log on to [www.mnenergychallenge.org](http://www.mnenergychallenge.org) and take the Challenge today (or update your pledge if you've taken it already).

To read a full report about the environmental benefits of recycling and composting, visit Eureka Recycling's website, [www.eurekarecycling.org](http://www.eurekarecycling.org).



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## White Bear Avenue Improvements

By Michael Thompson, Acting Public Works Director

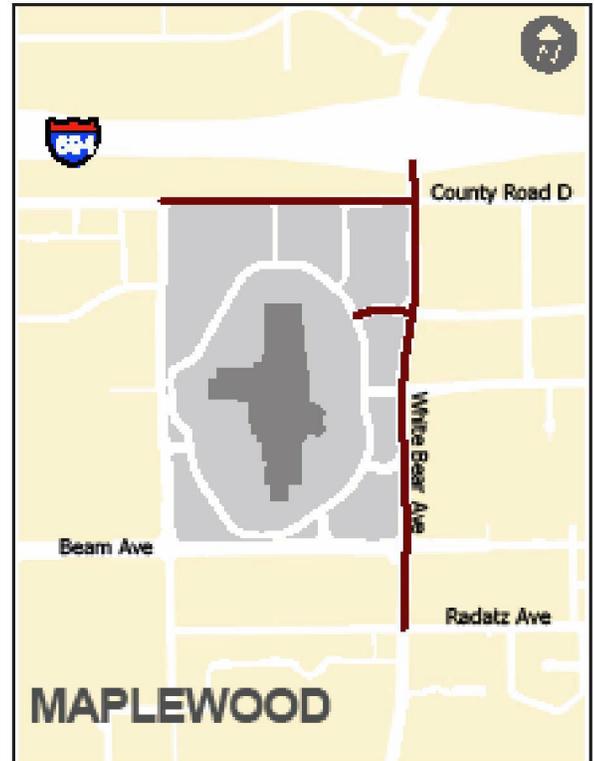
As many of you know, the White Bear Avenue and County Road D roadways in the Maplewood Mall area are extremely congested. At times, vehicles wait several cycles at traffic signals before clearing the intersection. Also, the average speed along White Bear Avenue is approximately 8 mph which causes drivers to take alternate routes and avoid the area. The City and Ramsey County have actively planned for improvements over the past handful of years with numerous meetings and open-houses with stakeholders along the corridor. A preliminary design has already been completed and at a public hearing held on December 15th, the City Council adopted a resolution ordering the project which moved the project into the final design stage. Construction on a portion of County Road D could begin as early as mid-2009, with the major White Bear Avenue improvements starting in early spring of 2010.

### The proposed improvements include the following:

- Reconstruction and widening of White Bear Avenue from County Road D to just south of Beam Avenue from 4-lanes to a 6-lane divided section.
- Reconstruction of County Road D from White Bear Avenue to Southlawn Drive to a 4-lane divided section.
- Traffic signal replacement and the construction of turn lane improvements at the intersections of White Bear Avenue with County Road D, Woodlyn Avenue, Lydia Avenue, and Beam Avenue.
- New traffic signal construction on County Road D at Southlawn Drive (Best Buy location) and the northern mall entrance.
- Storm sewer improvements which include providing infiltration measures to remove pollutants from storm water runoff that comes from the parking lots and buildings (impervious surfaces). Partnering with the Maplewood Mall and Ramsey-Washington Metro Watershed District is being explored.
- Replacement and repairs to the water main and sanitary sewer along White Bear Avenue and County Road D.
- Construction of a segment of the Lake Links Regional Trail between Southlawn Drive/Legacy Parkway and Ariel Street/County Road D. This is a vital connection that will supplement the east/west trail network along the northern portion of the city.

This improvement will greatly address the traffic congestion and is a major investment into the businesses along the corridor. The estimated cost is \$16.7 million of which Ramsey County and federal funding cover 80%. The last major improvement needed in the area is a new interchange at White Bear Avenue / I-694 which would occur at a later time.

If you have any questions regarding this project please contact the Public Works Department at 651.249.2400.



## On the Police Scanner

In December, the Maplewood Police Department responded to 2,003 calls for service. Included in this number were the following incidents:

- 21 Assault Cases
- 0 Robbery Case
- 44 Burglary Cases
- 167 Theft Cases
- 45 Criminal Damage to Property Cases
- 27 Auto Theft Cases
- 73 Theft from Vehicle Cases

In addition, Officers made 64 arrests for shoplifting, 28 arrests for DWI. Officers also investigated 201 traffic crashes.



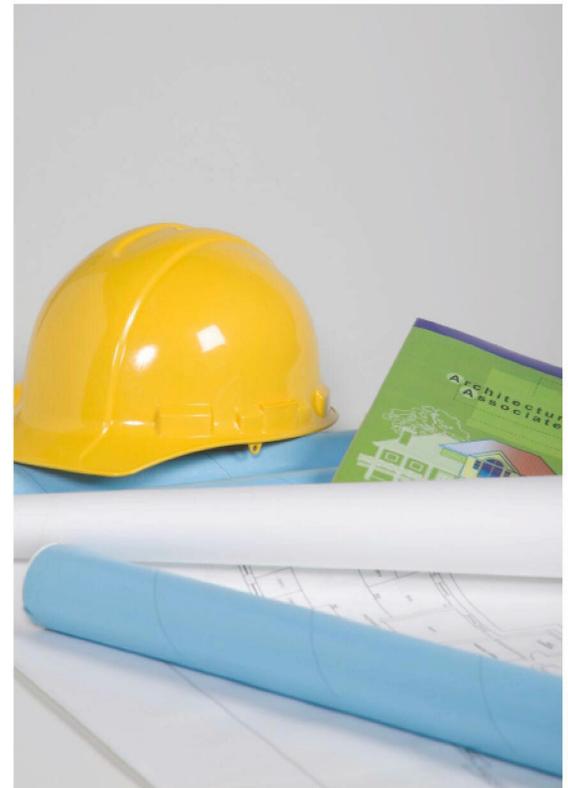
## Commission Corner: The Maplewood Community Design Review Board

We introduced you to the Community Design Review Board (CDRB) a few issues ago. For those of you that may not have seen the article, the CDRB is one of the City of Maplewood's citizen advisory commissions which provide input and recommendations to the city council on development matters. The CDRB also has the authority to review and approve design plans when there are no other zoning or land use issues involved that requires city council approval. In brief, the CDRB works toward making sure that all new multi-family, commercial, industrial and institutional developments are attractively designed, well laid out and nicely landscaped.

Some of our recent reviews include:

1. A new lumber-storage building for Menard's to be located within their outdoor fenced storage yard. Menard's is proposing to build this new building to keep lumber out of the weather.
2. A proposed office building for Feed Products North to be located between McKnight Road and the Lakewood Drive bridge between Larpenteur Avenue and Maryland Avenue.

We'll update you periodically on new exciting developments in Maplewood.



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Dr. Dana Benassi, D.C.

## Experience The Beauty of Birds- Beginning Bird Identification In Classroom And Field

TUESDAY EVENINGS 6:30 - 8:30PM

SATURDAY FIELD EVENT 8:00 - 10:00AM

AT THE MAPLEWOOD NATURE CENTER, 2659 7TH STREET E.

Adults now have the opportunity to learn how to really see and identify feather-covered creatures. You will begin using common feeder birds to learn identification techniques, then practice those techniques on other winter birds. Subsequent sessions will focus on migrating birds species as they move into our area. Each session includes an exciting classroom workshop. Every Saturday (8:00AM to 10:00AM) you will head on a bird adventure to a new location. Field trip locations will be determined by bird activity and weather.

Introductory Sessions 1A & B must be taken together. Choose one or all of the spring sessions. Students in the last class will receive a one-year membership to National Audubon. Primary instructors are Chase Davies and Bonnie Sample of St. Paul Audubon. *The fees support the missions of Maplewood Nature Center and St. Paul Audubon Society.* Prepay by one week prior to each class or sign up for all! **Call to register 651.249.2170.**

Session	Dates	Topic	Fee
Session 1A	February 10 workshop February 14 observation	Feeder Birds	\$20
Session 1B	February 17 workshop February 21 field trip	Winter Birds	\$20
Session 2	March 17 workshop March 21 field trip	Waterfowl	\$10
Session 3	March 31 workshop April 4 field trip	Early migrants	\$10
Session 4	April 14 workshop April 18 field trip	Warbler Basics	\$10
Session 5	April 28 workshop April 4 field trip	Late migrants (more Warblers)	\$10

**SAVE! Get the session package (all 5 Sessions) for only \$50.00!**



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January 22, 23, 24, 25



A delightful musical based on the beloved characters and stories of Dr. Seuss.

April 17, 18, 19, 24, 25, 26  
March 1, 2, 3

As tickets go on sale, you can use our convenient on-line ticketing to purchase your tickets.

[www.ashlandproductions.org](http://www.ashlandproductions.org)

651-274-8020

## Friends of Maplewood Nature's First Annual Photo Contest'

The Friends First Annual Photo Contest is underway for the 2010 Calendar. Submit up to 10 images of landscape scenes, wildlife, or people within the environs of the Maplewood Nature Center Preserves. 12 Photos will be selected for awards.

The Grand Prize is \$100 and there will be 11 \$25 prizes. Entries for the 2010 calendars must be received no later than May 15, 2009. For more information visit [www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc)



## Maplewood Comprehensive Plan Update

By Tom Ekstrand, Senior Planner

The city's effort to develop its 2030 comprehensive plan is entering the final phase. On December 8th, the City Council voted to approve and distribute the draft version of the plan to adjacent and affected communities as required by state law. These agencies will have the opportunity to provide the City of Maplewood with comments on the plan which the city council will take under consideration. Surrounding agencies have up to six months to provide the City of Maplewood with comments. The Metropolitan Council, the regional planning agency for the Twin Cities, will also be reviewing the plan. The reviews are expected to be completed during the summer of 2009. The comprehensive plan will then be revised based on the comments and direction given by the city council before it officially adopts the plan.

The comprehensive planning process has been lead by the city's planning commission with assistance from city staff and consultants. There has been considerable involvement with the city council and the city's advisory committees, along with a special task force formed to study the parks, trails and open space elements of the plan. Also, two open houses were held to gather comments and questions from the general public.

### What is a Comprehensive Plan?

As a refresher to this process, the City of Maplewood, as with all Twin Cities communities, is required by the Metropolitan Land Planning Act and the Metropolitan Council to update their comprehensive plans every 10 years. The comprehensive plan is a policy document for guiding city land use and capital improvement spending decisions in the city for the next five to ten years. This plan must have the approval of the Metropolitan Council to ensure that the Maplewood plan will be consistent and compatible with the land uses, utilities and transportation systems of those of our neighboring cities.

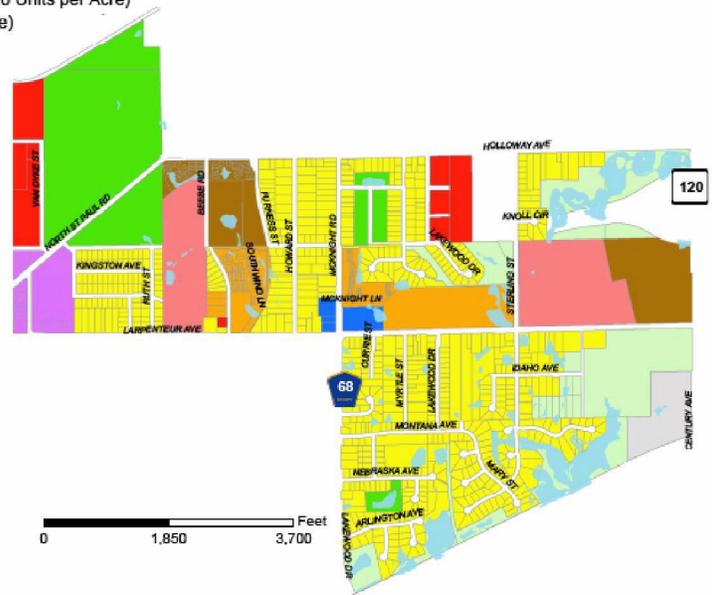
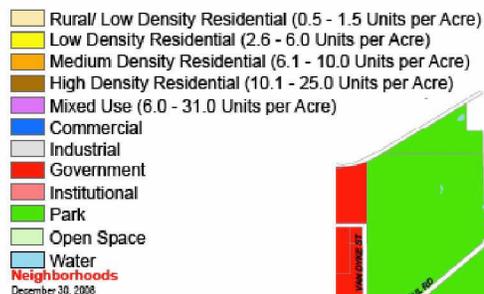
The comprehensive plan has several sections that the city uses to guide the decision-making process. These include overall city goals, land use goals and policies, chapters about housing, natural resources and trails, parks and open spaces, and plans for transportation, historical resources management, sanitary sewer and surface water management. These are all elements that the Metropolitan Council requires the city to include in the plan.

A major element of the comprehensive plan is the land use plan. This section establishes what land uses, whether commercial, residential, industrial or parks, the city envisions and expects for all property in Maplewood. The city will use these land use designations to help guide development and zoning reviews and approvals for at least the next 10 years.

### Subsequent Zoning Code Revisions

Once the city has adopted the final version of the 2030 comprehensive plan, the city will then begin a process of bringing the zoning ordinance into conformance with any changes made in the plan. The Metropolitan Council requires this to be done within nine months after plan adoption.

### Hillside - Future Land Use Map



CITY OF MAPLEWOOD  
**2030**  
COMPREHENSIVE PLAN

# Special Events

## Daddy Daughter Dance

FRIDAY, APRIL 24, 6:30 - 8:00PM

Dad, take your daughter out for an evening that the two of you will never forget. Enjoy great music, dancing and goodies as memories are made on this special night. Each young lady will receive a corsage and each couple will receive a memory keepsake photograph of their special date. All participants registered by April 10 will be entered to win a fabulous prize! Pre-registration is required. This semi-formal dance, for girls ages 5-12 years, will be held in the Maplewood Community Center banquet room. Cost is \$27.00/couple and \$8.00 each additional child (\$20.00/couple and \$5.00 each additional child for MCC members).

## Kid's Stuff Sale

FRIDAY, MAY 1, 4:30 - 7:30PM

Maplewood Recreation is back with their annual Kid's Stuff Sale! Take advantage of this opportunity to buy/sell quality children's items, shoes, toys, books, movies, large and small equipment, strollers, bicycles, maternity clothing and lots more at a terrific price! All items/clothing for sale will be for children ages 0 to 13 years.

To reserve space for selling, call customer service at 651.249.2230. Cost is \$20.00 per space and includes two 7' x 3' tables and chairs. There are only 18 spaces available and reservations are given out on a first come, first serve basis.



## Date Nights!

FRIDAY, FEBRUARY 6, MARCH 6 & 20, 6:30 - 8:30PM

SATURDAY, FEBRUARY 14 & 28, 6:30 - 8:30 PM

SUNDAY, FEBRUARY 8, MARCH 8 & 22, 1:30 - 3:30PM

Let the fun times roll! Enjoy time to yourself or plan an evening out with your spouse while the kids play and have fun with their friends in child care at the Maplewood Community Center! Children will be given delicious snacks, watch a movie, and partake in stimulating and entertaining games. Cost is \$12.00 per child or \$24.00 per family (maximum 4 per family). You must be an MCC member or Kids Club Member to participate. Call 651.249.2230 to register!



## 2009 Bridal Expo

Saturday, February 7  
1:00 - 4:00 PM

Maplewood Community Center  
2100 White Bear Avenue

Register for **FREE** prizes!

Tickets: \$5/In Advance - \$7/At The Door  
For advance tickets, call 651.249.2230.

DAVID'S BRIDAL Fashion Show - back by popular demand!  
WWW.DAVIDSBRIDAL.COM

# Maplewood Community Center

## MCC Hours (October - April)

Monday - Friday: 5:30AM - 10:00PM

Saturday: 6:00AM - 9:00PM

Sunday: 9:00AM - 9:00PM

## Holiday Schedule

Feb. 16 (President's Day):

Customer Service CLOSED and

MCC Building OPEN

## Mid-Day Memberships

Mid-day memberships are valid Monday through Friday from 10:00AM to 2:00PM and are perfect for home schools, daycares and parents with preschoolers. 3-month family mid-day memberships are available for \$120.00 (\$75.00 for individuals) and 12-month family mid-day memberships are available for \$480 (\$300 for individuals). Insurance reimbursements are applicable with mid-day membership.

## Attention Home School Families:

Four Great Reasons To Join As A Mid-Day Member

1. Fulfill Your Physical Education Requirement
2. Only \$10 /Week Per Family Or \$2 /Day
3. Discounted Swim Lessons, Gym & Fitness Programs
4. Meet Other Home School Families

## Corporate Memberships

Request that your business participate in an MCC Corporate Membership! Earn 15 - 25% off each membership for 10 or more participants. The MCC will help your company stay fit and encourage a healthy lifestyle! Call 651.249.2201 for more information!

## The MCC Is Making Doing Business Easier And More Convenient

The Maplewood Community Center has added a NEW after hours drop box located next to the door at customer service. You will now be able to drop off program registrations and membership forms when customer service is not available. It is a secure drop box that can only be accessed by the customer service staff.



A gift from the heart for  
the HEART, BODY, and MIND

A Renewable 10-Visit Pass Card



**THURSDAY, FEBRUARY 12<sup>TH</sup> ONLY!**

Experience all the Maplewood Community Center has to offer.  
Purchase your 10-Visit Pass Card at Customer Service.  
This pass card grants you full use of the facility.



651.249.2230 2100 White Bear Avenue  
www.maplewoodcommunitycenter.com

# Maplewood Community Center

## Gathering Your Group?

Maplewood Community Center offers something for everyone! Are you looking for the perfect place to hold your next lock-in or group gathering? Look no further than the Maplewood Community Center! Where else can you rocket down a 120-foot water slide, splash in spraying fountains, swim laps in the 25-yard lap pool, shoot hoops in the gym, spike a volleyball, or cool off with a sweet smoothie at the snack bar? Whether you are looking for excitement, relaxation, enjoyment, laughter, or endless fun the Maplewood Community Center offers something for everyone! Reserve your group's date TODAY by calling 651.249.2203. And don't forget to ask about our recurring group option!

## Lock-Ins/After Hour Groups

Calling all schools, churches, and businesses! The Maplewood Community Center is the perfect place to hold a large gathering, an overnight party, or a private pool and gym party. Don't forget to check out our new lock-in options! Let us do the work. We can reserve the entertainment and food for you. Just let us know what you would like and we'll do our best to get it for you.

**CALL 651.249.2203 TO RESERVE YOUR DATE!**

## Banquet

The Maplewood Community Center is a state-of-the-art meeting and banquet facility offering over 5,000 square feet of functional space that includes four exquisite chandeliers, large carpeted seating area for 350 people and a 1,300 square foot parquet dance floor. The banquet hall has many windows offering natural light and a 21 foot bay window showcasing the head of the room; additionally, we include a sheltered patio area located off the two large rooms at no additional charge. This combination of banquet hall and sheltered outdoor patio makes it a premier facility for weddings, trade shows, meetings and other events.



**CALL 651.249.2103 TO BOOK YOUR NEXT EVENT!**

## Child Care

Child Care provides a stimulating environment for your child to explore and interact with other children while you enjoy all the benefits that the MCC has to offer. Child Care is located on the upper level of the MCC. Hours of operation are Monday through Friday, 8:00AM to 1:00PM and 4:00PM to 8:00PM, Saturday 9:00AM to 1:00PM and Sunday 9:00AM to 1:00PM. \*Subject to change.

Child Care is provided for children ages 6 weeks through 9 years of age and up to two hours per visit. If a reservation is made within 24 hours of visit, it can be guaranteed. We do offer drop-off but request that you call to make sure space is available.

Now offering **Junior Memberships** which includes monthly child care and discounts on engaging youth programs and swim lessons. A great value at only \$1 a day with daily use.

**CHILD CARE:**  
651.249.2218



## New Party Packages !

# BIRTHDAY PARTIES

Themes that delight with games and activities sure to excite!

Your child's birthday only comes around once a year! This year show your child how much you love and appreciate them by giving them a party they'll never forget.

Book your party today!

Call 651-249-2203!



## MEMBERSHIP RATES

### MONTHLY

	Rate	Resident
Youth/Senior	\$27	\$25
Senior HH	\$41	\$38
Adult	\$45	\$35
Couple/Dual	\$56	\$58
Family/HH	\$68	\$55

### 3-MONTH

	Rate	Resident
Youth/Senior	\$118	\$104
Senior HH	\$144	\$135
Adult	\$167	\$134
Couple/Dual	\$192	\$165
Family/HH	\$268	\$185

### ANNUAL

	Rate	Resident
Youth/Senior	\$312	\$288
Senior HH	\$488	\$372
Adult	\$540	\$408
Couple/Dual	\$880	\$492
Family/HH	\$872	\$612

A one time non-refundable \$70 initial fee is payable upon joining and will only be reassessed if a membership lapses more than 30 days.

### DAILY ADMISSION

	Rate	Resident
Youth/Senior	\$7	\$5
Adult	\$9	\$7
Family*	\$20	\$16

### 10 VISIT PASS CARD

A reusable swipe card  
Access the entire facility including  
fitness classes for only \$60  
SAVE UP TO \$30!  
This pass is available for individual admission only.

### MID-DAY MEMBERSHIPS

No Initial Fee (18+ 18am-3pm)  
3 Months Annual  
Individual \$75 Individual \$300  
Family \$120 Family \$480

\*Daily admission family consists of father, mother, sons, daughters, foster children, and foreign exchange students. No more than two adults 18 years of age or older. All rates are subject to change and will be assessed a 6.75% sales tax.

## PAYMENT OPTIONS

3-Month, Annual & Mid-Day: Cash, Check, Visa, MasterCard or Discover

Monthly: First month paid to Maplewood Community Center, remaining months are automatic monthly withdrawals from a checking or savings account

Visit [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) for more information.



## Get Paid To Work Out!

Did you know that you may be eligible to receive up to \$480.00\* per year to put towards your membership? To receive this benefit, you must exercise 6-12 times each month at the community center. All memberships offer this medical insurance savings with qualifying Definity, Blue Cross Blue Shield, UCARE, Medica, and Health Partners plans.

\*Based on a two qualified participating adults.

## HEAR FROM THE MEMBERS!

"Because I am a nurse and work varying shifts I am not always able to sign up for specific fitness classes on a set day and time. I appreciate that I can simply drop in to the class and don't have to sign up ahead of time or pay a fee and miss several classes."

Chrissy Rafferty, MCC Member



"Our family has been coming to the MCC since it was first built. We all have taken dance lessons, the kids have taken swim lessons and now all four of us use the weight equipment and machines upstairs weekly. We also attend several fitness classes. Everyone at the MCC is always so friendly and such a pleasure to work with, just checking in at admissions, the staff always make you feel so welcome and important. The MCC is a great place to work out and meet new and old friends."

The Mallet Family, MCC Members

### **SWIM REGISTRATION IS GOING ON NOW!**

#### **March Mini and Spring Full Session**

The time has come once again for you to register your water baby (or yourself!) for Maplewood Community Center swim lessons. Course descriptions may be found on our website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Please refer to the schedule on the following pages to find the class that is right for you. All March mini-session classes include six lessons and cost \$50.00 (\$40.00 for MCC members). All spring full session classes include eight lessons and cost \$68.00 (\$53.00 for MCC members). Semi-private lessons are available on Saturdays at a rate of \$115 (\$90 for MCC members) per eight lessons.

To register, stop by the Maplewood Community Center Customer Service Desk (Monday 9:00AM - 7:00PM, Tuesday - Friday 9:00AM - 5:00PM, Saturday 9:00AM - 12:00PM). Online registration is also available at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) (click on I Want To or E-Services). Or register by phone at 651.249.2230.

Private lessons are also available by arrangement at a rate of \$40.00 (\$30.00 for MCC members) for one lesson, \$152 (\$112 for MCC members) for four lessons, or \$288 (\$208 for MCC members) for eight lessons. All private lessons are 30 minutes. To schedule your private lesson today, contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

#### **Pool Hours**

Monthly pool and lap swim calendars are available on our website at: [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Printed copies may also be picked up at the admissions and customer service desks. Please note that pool hours vary during sessions of swim lessons; those changes are listed in the pool and lap swim calendars.

#### **Adult Only Swim Time**

We now offer "Adult Only" swim times on Tuesdays and Thursdays from 1:00 - 3:00PM. We've also added an adult only time on Wednesday nights from 8:00 - 9:00PM. No one under the age of 18 will be allowed in the lap pool during these times except on school release days. Adult non-members can pay the very low admission rate of \$3 (plus tax) on Tuesdays and Thursdays from 1:00 - 3:00PM. Some exceptions may apply. Check the monthly pool schedule for specific dates and exceptions.

#### **Water Safety Instructor Training**

Are you interested in being trained as a Red Cross Water Safety Instructor? We now have in-house Water Safety Instructor Trainers who will be offering at least two classes per year. For more details contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

#### **New! Water Safety Aide Program**

**SATURDAY, MARCH 7, 10:00AM - 3:00PM**

We now offer FREE training to individuals over the age of ten, who have completed Red Cross Level 4 and are interested in being a volunteer aide for Maplewood Community Center swim lessons. For more information contact Ron at 651.249.2206 or at [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

#### **Join The Team!**

The City of Maplewood is looking for lifeguards and water safety instructors. You must have current certifications. For more information or an application, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us)



# Aquatics

## Snorkeling

**SATURDAY, FEBRUARY 28,**

**8:30 - 9:45AM (AGES 6 - 11)**

**10:00 - 11:30AM (AGES 12 AND UP)**

This training is great for those planning a warm water vacation. Whether it is a cruise, barefoot sailing to remote islands, or a popular destination such as Hawaii, Cayman Islands, or the Bahamas - the skills you acquire in this snorkeling class will enhance your enjoyment and safety in the water. Private snorkeling lessons may be arranged at the private swim lesson rate. For more information or to arrange a private lesson, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Girl Scouts and Boy Scouts Swimming Programs

The Maplewood Community Center offers Swimming Merit Badge Training as well as summer camp swimming tests. For more information or to arrange a program for your scouts, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Aquatics Center Events

### Flotation Fridays

**FRIDAYS, FEBRUARY 27, MARCH 27 5:00 - 8:00PM**

Come jump, splash, float, slide and meet lots of people. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer. The Inflatable Magic Island, beach balls, tubes and everything else the MCC has that floats will be available in the pool for everyone to enjoy. Bring your friends and family! Cost is free to members and included in the price of daily admission for non-members.

### Other Flotation Days

**WEDNESDAY, MARCH 18, 1:00 - 4:00PM,**

Special flotation days are held either during days off from school or for a Maplewood Community Center special event. They're just as much fun during the day! Cost is free to members and included in the price of daily admission for non-members.

### Swim-In Movie Night

**HAPPY FEET: SATURDAY, FEBRUARY 21, 5:00PM (6:00PM MOVIE)**

**DISNEY'S PINOCCHIO: SATURDAY, MARCH 21, 5:00PM (6:00PM MOVIE)**

Take time out from your family's busy schedule and have a splashing good time floating on a tube and watching a movie. The evening will begin with flotation fun at 5:00PM, followed by the movie showing at 6:00PM. Event is free for members and included in the cost of admission for non-members.



## March 2009 Mini Session

Monday and Wednesday Evenings		Tuesday and Thursday Evenings	
March 3-18 None		March 3-18 None	
Preschool Swimming Classes (All Classes are 30 Minutes Long)			
Time	Activity #	Time	Activity #
6:00 PM	1512.101	6:00 PM	1512.102
6:30 PM	1513.104	6:30 PM	1513.102
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)			
Time	Activity #	Time	Activity #
6:00 PM	1501.101		
6:30 PM	1502.104	6:30 PM	1502.102
6:45 PM	1503.101	6:45 PM	1503.102
6:45 PM	1504.104	6:30 PM	1504.102
		6:45 PM	1505.102

## Spring 2009 Evenings

Monday		Tuesday		Wednesday		Thursday		Friday	
March 30- May 18 None		March 31- May 18 None		April 1- May 20 None		April 2- May 21 None		April 3- May 22 None	
Preschool Swimming Classes (All Classes are 30 Minutes Long)									
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
6:30 PM	1516.131	6:00 PM	1516.141	6:00 PM	1516.151	5:00 PM	1516.161		
6:00 PM	1515.131	5:30 PM	1515.141	5:00 PM	1515.151	7:00 PM	1515.161	4:00 PM	1515.171
7:00 PM	1515.132								
7:00 PM	1511.131	6:30 PM	1511.141	4:30 PM	1511.151	5:30 PM	1511.161	4:00 PM	1511.171
6:00 PM	1512.131	5:30 PM	1512.141	4:30 PM	1512.151	6:30 PM	1512.161	4:30 PM	1512.171
6:00 PM	1512.132	7:30 PM	1512.142	6:00 PM	1512.152	6:30 PM	1512.162		
6:30 PM	1513.131	6:00 PM	1513.141	4:30 PM	1513.151	6:00 PM	1513.161	4:30 PM	1513.171
		7:00 PM	1513.142	5:30 PM	1513.152	7:00 PM	1513.162		
6:00 PM	1514.131	5:30 PM	1514.141	4:00 PM	1514.151	5:00 PM	1514.161		
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)									
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
6:00 PM	1501.131	5:00 PM	1501.141	5:00 PM	1501.151	5:00 PM	1501.161	5:00 PM	1501.171
6:00 PM	1502.131	6:30 PM	1502.141	5:00 PM	1502.151	6:30 PM	1502.161	5:00 PM	1502.171
7:00 PM	1503.131	7:00 PM	1503.141	6:00 PM	1503.151	7:00 PM	1503.161		
6:00 PM	1504.131	7:30 PM	1504.141	6:00 PM	1504.151	6:00 PM	1504.161		
7:30 PM	1505.131	6:00 PM	1505.141	6:00 PM	1505.151	7:30 PM	1505.161		
				6:00 PM	1506.151				

# Spring 2009 Mornings/Afternoons

Saturdays		Sundays		Tuesday and Thursday Mornings Section 1		Tuesday and Thursday Mornings Section 2	
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
10:30 AM	1516.111	9:00 AM	1516.181	9:00 AM	1516.181	10:00 AM	1511.182
9:30 AM	1516.111	12:00 PM	1511.121	9:30 AM	1511.181	10:00 AM	1511.182
9:00 AM	1511.111	1:30 PM	1512.161	10:00 AM	1512.181	9:30 AM	1512.182
10:00 AM	1511.112						
11:30 AM	1511.113						
8:30 AM	1512.111						
9:30 AM	1512.112						
10:00 AM	1512.113						
11:30 AM	1512.114						
11:30 AM	1512.115						
8:30 AM	1513.111			10:30 AM	1513.181	9:30 AM	1513.182
10:30 AM	1513.112						
11:00 AM	1513.113						
11:30 AM	1513.114						
11:30 AM	1514.111						
Preschool Swimming Classes (All Classes are 30 Minutes Long)							
Parent/Child	1516.111						
Tot Swim	1516.111						
Preschool 1	1511.111						
Preschool 2	1512.112						
Preschool 3	1513.113						
Preschool 4	1514.111						
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)							
Level 1	1501.111						
Level 2	1502.111			1:30 PM	1502.181		
Level 3	1503.111			2:00 PM	1503.121		
Level 4	1504.111			11:30 AM	1504.121		
Level 5	1505.111						
Level 6	1506.111						
Life-guard Recreators	1508.111						
Adult	1523.111						
Semi-Private Lessons - Maximum of 3 students (All Lessons are 30 Minutes Long)							
Preschool 2 & 3	1522.111						
Level 1 & 2	1541.111						

# Preschool Programs

## Preschool Programs

Scientific studies show that gymnastics and early childhood movement education can be directly attributed to developing neurological pathways in students and promoting reading readiness. So get your children off to the right start with one of these gym, tumbling, or movement programs designed for preschool students!

## Beginning Tumbling

**SESSION ONE: FRIDAYS, MARCH 27 - MAY 1, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION TWO: SATURDAYS, MARCH 28 - MAY 2, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

These classes are designed especially for little ones to practice their coordination while learning to take turns, follow directions, interact with others and most importantly, have fun! They will be introduced to floor mats, wedges, and low and high balance beams. All classes will meet in the MCC Motion Zone and cost \$35.00 (\$30.00 for MCC members). Registration deadline is one week before classes begin.

## Preschool Gymboree

**THURSDAYS, JANUARY 8 - APRIL 23, 10:00 - 11:30AM**

Preschool Gymboree is designed for children ages 1 - 5 with energy to burn. Join us in the gym for a roly-poly good time! We provide the balls, mats, toys, and games - you bring the fun! Because this is not a structured program, children must be accompanied by an adult at all times and any outside equipment brought along must be approved by the gym monitor. Cost is \$3.00 per child, per day for members and \$4.00 per child, per day for non-members.

## Gym and Swim

**SESSION ONE: MONDAYS, MARCH 23 - APRIL 27, 9:30 - 10:30AM**

**SESSION TWO: MONDAYS, MARCH 23 - APRIL 27, 5:30 - 6:30PM**

Give your energetic preschooler (ages 3 - 6) the opportunity to burn off some energy with gym and swim! Fun gym games and plenty of splashing in the pool is bound to make for a fun and fabulous day. Cost is \$36.00 (\$33.00 for MCC members). Please have your child dressed with a swimsuit under their clothes. Your child must be picked up from the pool area within 15 minutes of the conclusion of class.

## Tots in Motion

**SESSION ONE: TUESDAYS, MARCH 24 - APRIL 28, 5:15 - 6:00PM**

This class is designed for parents or grandparents and toddlers from walking age - 3 years old. Learn simple dance moves, activity and sing-a-long songs, and most of all, have a great time with your little ones! Cost is \$36.00 (\$33.00 for MCC members). Class will meet in Motion Zone.

## Preschool Sports Spectacular

**WEDNESDAYS, APRIL 15 - MAY 20, 5:00 - 5:45PM**

You and your child (3 - 5 years of age) will learn the ABC's of beginner sports in a fun, informative and safe way without the threat of competition. Our goal is for both parent and child to have a positive first time experience so that they continue on in sports beyond the introductory level. We'll learn a new sport each week! Cost is \$37.00 (\$32.00 for MCC members). Parent must accompany child during class.

**Parents! Check out page 29 for fun group fitness classes that you can take while your child is enjoying a program!**



# Preschool Programs



## **MCC Kids Club**

**MONDAY, TUESDAY, & WEDNESDAY, FEBRUARY 4 - 27, 9:30 - 11:00AM**

**MONDAY, TUESDAY, & WEDNESDAY, MARCH 3 - 26, 9:30 - 11:00AM**

If your little ones between the ages of 3 - 6 love crafts, swimming, sports, music, and fun, then the MCC Kids Club is for you! The Kids Club meets in the MCC Activity Room. Your child will make new friends, learn new skills, and most importantly, have a great time! Sign up for one day or the whole week. Cost is \$7.00/day (\$5.00 for MCC members) or \$18.00/week (\$12.00 for MCC members). Pre-registration is required at least one week in advance of the class. Note: Parents do not need to stay at the MCC during our program but all participants must be potty-trained.

## **Exploring Nature & Taking Care Of The Earth**

**A SERIES OFFERED AT THE NATURE CENTER WITH EARLY CHILDHOOD & FAMILY EDUCATION (ECFE)**

**SATURDAYS, OCTOBER - MAY, 10:00 - 11:30AM**

This parent/child class, for children ages infant to five years, will meet each month at the Maplewood Nature Center during the school year beginning in October. ECFE teachers are collaborating with nature center naturalists for this unique program. Fun activities highlight a different theme each month with stories, crafts, puppets, and exploring in the woods. Adults will learn about resources that help them become eco-friendly parents as well as teach their children about the outdoors. Sign up for one, two or all of the classes.

Cost is \$4 per child, per time. **To register call 651.748.7280 (Early Childhood & Family Education Programs Office) or go to the district website at [www.isd622.org](http://www.isd622.org) (click on Early Childhood & Family Education Program) for the registration flyer**

### **Dates and topics:**

February 14 - Wild about owls/MN Endangered Species

March 14 - Meet the Live Animals/Composting and Worm Bins

April 18- Froggy Fun/Rainbarrels & Raingardens

May 9- Bugs Rule/Planting Native Plants

## **Wonderful Woodpecker Walk**

**SATURDAY, FEBRUARY 21, 10:00 - 11:15AM**

This pre-school class is offered at the Maplewood Nature Center to children ages 4-8 with an adult. Red bellied woodpeckers are searching for mates and trees. Walk to observe woodpeckers, discover their holes, and learn to identify them. Make a simple log suet feeder to take home. Cost is \$4.00 per child and pre-payment is required by February 19. Call 651.249.2170 to register.

## **By The Light Of The Moon For Preschool**

**TUESDAY, MARCH 10, 6:30 - 7:30PM**

This pre-school class is offered at the Maplewood Nature Center to children ages 3-5 with an adult. What is a moon? How does it work? Experience the Marsh as the sun sets and Moon rises.

This event is free but pre-registration is required by calling 651.249.2170.

## **Drop-In And Explore**

**THURSDAYS, FEBRUARY 12, 10:00 - 11:30AM**

**THURSDAYS, MACRH 5 & APRIL 2, 12:00 - 1:30PM**

Explore the Maplewood Nature Center indoor exhibits and the natural world outside with the other ECFE families. Fun indoor activities include the discovery log, skulls and furs, nature books, puzzles, and puppets. A simple nature craft, as well as indoor or outdoor scavenger hunts are available for unstructured nature fun. This program is for children from birth to 5 years of age. No registration needed and payment can be made at the door. Cost is \$3.00 per child.

## **Wacky Wetlands Puppet Show**

**WEDNESDAY, MARCH 18, 10:30 - 11:30AM**

Children of all ages can laugh along with the Nature Center wild animal puppets as they celebrate the spring season in the pond. Go for a hike with the naturalist to look for the real animals in the wetland. This event is free but pre-registration is required by calling 651.249.2170.

# Youth Programs

## Youth Soccer Clinic

THURSDAYS, MARCH 5 (Free Demo Day Thurs., Feb. 26)

K-1st Grade: 5:30 - 6:30PM

2nd - 3rd Grade: 6:30 - 7:30PM

4th - 5th Grade: 7:30 - 8:30 PM

Fine tune your soccer skills in this fun and exciting 6-week clinic. The MCC youth soccer clinic is for beginner boy and girl players K- 5th Grade. The philosophy of the clinic is to provide a sound foundation and refine the skills for beginners, and enhance team play. Develop soccer skills such as dribbling, shooting and goaltending by using fun games and friendly competition. Enhance physical fitness, coordination and motor skills while having fun learning the boomingsport of soccer. Participants will receive a cool clinic shirt. The clinic will be held in the Maplewood Community Center Gym. The cost is \$50.00 (\$40.00 for MCC Members).

## Floor Hockey

SATURDAYS, MARCH 28 - APRIL 25, 9:00AM - 3:00PM

Grades K - 5 will learn the basic skills of floor hockey. This fun exciting league league promotes cooperation and the value of sportsmanship. Participants will play every position during the season. For more information, call 651.249.2121. This clinic will be held at Edgerton Community Gym. The registration deadline is March 13 and the cost is \$35.00.

## Watch For Summer Sports

Visit the website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) in late February to see the exciting list of upcoming summer programs for grades K-12



## Build A Bat House

SATURDAY, MARCH 14

1:30 - 3:30PM

Maplewood Nature Center

A single little brown bat can eat up to 5,000 insects in one night. No wonder people want to put up bat houses in their yards! Join us to build a Bat house at the Nature Center. Bat house kits are made from recycled wood products. *Program given by Elipis Enterprises; an organization focussing on youth employment training and small business education.* Best for grades 3 and up. Cost is \$15 and payment is due by Tuesday, March 10. Call 651.24.2170 for more information.

## Holiday Crafts

TUESDAY, FEBRUARY 10, 6:00 - 7:00PM

THURSDAY, MARCH 31, 6:00 - 7:00PM

Parents, do you need a little help getting your kids in the holiday spirit? Children ages 5 - 8 are invited to the Maplewood Community Center Motion Zone to create fun and easy holiday crafts, guaranteed to put them in a festive mood. Cost is \$10.00 and pre-registration is required at least one week before class date. We'll have fun music playing and a delicious snack prepared so grab your paint shirt and come join us for a great time!



## School's Out!

SEE DATES BELOW

Are you looking for a great way to spend those non-school days? We have the answer for you! Send children ages 5 - 12 to the Maplewood Community Center! From 9:00AM - 4:00PM kids are invited for action packed days full of sports, swimming, crafts and more. AND check out our great field trips! Bring your tennis shoes, swimsuit, and towel and we'll bring the fun! Cost is \$35.00 per child for field trip days and \$25.00 per child for all other days. **Register for 5 or more days and each day (including field trips!) is just \$25.00.** Before and after childcare is also available for \$5.00 per child from 7:00AM - 5:30PM. Please register by December 17.

### SCHOOL'S OUT DATES:

February 16, March 16, March 18

March 17 - Grand Slam/Lunch

March 19 - Stars & Strikes/Lunch

**Check out page 25 for information on Guitar Lessons!**  
**Check out page 32 for Day Camp information!**

# Youth Programs



## **Learn To Ski/Snowboard At Afton Alps**

**THURSDAY, MARCH 5, 9:00AM - 2:30PM** (District 622 K-12 has no school)  
Enjoy a day of fun and fresh air away from the classrooms at Afton Alps Ski Area. Our professional instructors will introduce 5th through 8th graders to the basic techniques of skiing and snowboarding. Our goal is to provide them with the confidence and control to safely ride and glide their way down the slopes. If a participant has already been through this program we will take them to the next level or they may "test out" of the lesson and head straight for the ski lift! Registration deadline is Monday, February 23. Cost is \$35.00 which includes supervision, transportation, ski lesson, and lift ticket! The van will leave from the MCC at 8:30AM and return at 3:00PM.

## **Junior Golf Lessons**

**SATURDAYS, FEBRUARY 28 - MARCH 21, 11:15AM - 12:00PM**

Learning golf correctly at a young age will lead to a lifetime of good habits, important social and life skills and constant improvement. With continuous and steady improvement, golf will become their game of a lifetime! Great junior golfers and later great adult golfers come in all sizes (unlike some other sports which leave out some kids). This series of four lessons will "catch" all poor habits before they can become too embedded and difficult to change. We will learn all the **FUNDamentals** of golf with a special emphasis on golf-specific fitness exercises. Games, contests, training aids and prizes will be part of these sessions with an introduction to "SNAG" golf equipment and balls; this unique way of learning golf was developed just for juniors and is very popular throughout the country. Best for ages 6-12. Cost is \$55.00 (\$45.00 for MCC members). If you miss a session, don't worry! A 30-minute private lesson at Island Lake Golf & Training Center will be given for each missed session.

## **Maplewood Community Center and American Red Cross Present...**

### **Safe On My Own**

**THURSDAY, MARCH 12, 6:30 - 8:00PM**

The American Red Cross has teamed up with us to offer this terrific safety seminar for kids grades K - 5. This 90-minute program deals with the issues and concerns of parents and children when a child is left home alone. Tips and advice are offered to make it the best and safest experience possible. Covered topics will include safety messages on answering the telephone and door, where to keep keys and emergency information, and what they need to know to call 911. First aid information will include injury prevention, choking, bleeding, and burns. Class will take place in the Maplewood Community Center Room E. Registration deadline is one week before class. Cost is \$18.00 (\$13.00 for Maplewood residents and MCC members).

### **Red Cross Babysitting Class**

**SESSION ONE: SATURDAY, FEBRUARY 21, 9:00AM - 3:00PM**

**SESSION TWO: SATURDAY, MARCH 28, 9:00AM - 3:00PM**

This ever-popular class is back with a new curriculum! A certified Red Cross Instructor will teach this hands-on course dealing with the challenges and rewards of caring for younger children. Students will learn and put into practice valuable concepts and problem solving skills and upon course completion will be Red Cross certified babysitters. Class is appropriate for participants ages 11 and up and will meet in the MCC Activity Room. Cost is \$60.00 and includes a \$10.00 Red Cross Kit. Students should bring a bag lunch or money for the MCC Concessions Counter. Class size is limited so please register early!

# Adult Programs

Check out page 25 for information on Beginning Guitar Lessons!

## Adult Golf Lessons

**WEDNESDAYS, FEBRUARY 25 - MARCH 25, 6:30 - 7:30PM Beginners/Novice or 7:45 - 8:45PM Intermediates/Advanced**

Golf is a game of a lifetime, enjoyed by juniors and seniors and all in between. If you are already a golfer or always wanted to learn the correct way, this series of 5 lessons is for you! You will learn all aspects of golf improvement with special emphasis on improving your fitness with golf-specific testing and drills. You can then either add the prescribed exercises into your current fitness program OR ask your Maplewood Community Center Trainer to use the suggestions to get you FIT FOR GOLF and ready to play your best as soon as the courses open. NOTE: If all sessions do not fit your schedule, sign up anyway! You will receive a coupon for a 30-minute private lesson at Island Lake Golf & Training Center for each missed session. Class will be held in the MCC Motion Zone and the cost is \$95.00 (\$85.00 for MCC members).

## New! Adult Ceramics

**DAY CLASSES: TUESDAYS, FEBRUARY 10 - MARCH 3, 10:00AM - 1:00PM AND/OR 12:00 - 3:00PM**

**DAY CLASSES: SATURDAY, FEBRUARY 14 - MARCH 7, 10:00AM - 1:00PM**

**EVENING CLASSES: WEDNESDAY, FEBRUARY 11 - MARCH 4, 6:00 - 9:00PM**

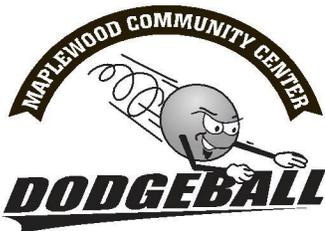
Come and learn a new skill or renew your past interest in the art of Ceramics. Learn various techniques on Greenware and Bisque, using underglazes, glazes, or acrylics. Classes are taught by Pat Karth or Dianne Quast from Quast Ceramics. Catalogs will be available showing various pieces to choose from to create your masterpieces. Brushes and pieces are not included in the class registration. All classes take place at the Maplewood Community Center. You must pre-register for these classes by calling 651.249.2230. Cost is \$38.00 (\$36.00 for MCC members).

## Adult Softball

Maplewood Recreation offers both summer and fall softball leagues. Leagues are available for men's, women's, and co-rec teams. Summer league information is available now and registration will begin in February. Visit our website or call 651.249.2121 for more information.

## Adult Volleyball

Maplewood Recreation will again be offering our adult volleyball spring league for both women's and co-rec teams. For complete information please visit our website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).



## 18+ Open Dodgeball League

**SUNDAYS, MARCH 29, 2:00PM (11 Weeks) (NO GAMES APR. 12 OR MAY 24)**

For all those who loved the childhood game, here is a ramped up adult league for the exciting old school game! Join other people interested in experiencing the fun of a recreational dodgeball league in a structured and exciting environment! Each team must consist of 6-10 participants containing any combination of males or females. Referee provided. A one week playoff containing the leagues top 4 teams will take place the 11th week. League champions will receive FREE entry to the summer

league and their name on the MCC Dodgeball League Champions Plaque! Teams will play in the Maplewood Community Center Gym Court 2. Cost is \$300.00 per team. Registration deadline is March 19.

## New! Adult Extreme Dodgeball League

**WEDNESDAYS, APRIL 1, 5:00PM (11 Weeks)**

This dodgeball league is designed for the teams who believe they are the BEST of THE BEST! While the rec league is for teams wanting to have fun the EXTREME league is for the teams looking to have fun in a more competitive environment. Each team must consist of 6-10 participants containing any combination of males or females. Referee provided. A one week playoff containing the leagues top four teams will take place the 11th week. League champions will receive FREE entry to the summer league and their name on the MCC Dodgeball League Champions Plaque! Note: Rubber playground balls will be used in this league. Teams will play in the Maplewood Community Center Gym Court 2. Cost is \$300.00 per team. Registration deadline is March 19.

**Walking Club**

**MONDAY, TUESDAY, THURSDAY, & FRIDAY, 10:00AM - 1:00PM, ONGOING**

Get active and meet new people at the Maplewood Community Center with the Walking Club! Program participants will receive a "Walking Club" lanyard which will get you into the MCC for free use of track, bike, and treadmills and allows you to also identify other "Walking Club" members. New participants will receive a pedometer and water bottle. Participate Monday, Tuesday, Thursday, and Friday from 10:00AM - 1:00PM. After a great walk around the MCC Walking Track, join other members in the common area for coffee and conversation. Walkers are invited to go at their own pace and program staff will record the number of steps you walk. Cost is \$20.00/first month and \$13.00/month renewal rate.

**Lunch Bunch**

**SEE DATES BELOW**

Looking for great food and even better company? Join the Lunch Bunch and come with us as we explore local hot spots and St. Paul eateries. The Lunch Bunch meets **February 19, March 26, April 16, May 21 from 11:30AM to 1:30PM.** Transportation is provided and we will depart from and return to Maplewood Community Center. Cost is \$4.00 per trip or \$3.00 if you sign up for three or more dates. Please note that this fee covers only transportation and does not include the cost of the meal. Entrees will typically cost between \$6.00 - \$15.00 (plus tax and gratuity).

The destinations will be determined by our participants! Plus - what's your great food find? Let us know and we'll add it to our "Must Visit!" list.

Space is very limited - reserve your spot today. Reservations are taken on a first come, first serve basis. Please let Customer Service know of any special dietary needs at the time of registration.

**Seniors! Check out page 28 for BOSU Senior Balance Training. Both great programs for improving balance and flexibility.**

**FREE Senior Health and Well Being Seminars**

**MONDAYS, GOING ON NOW - MARCH 23, 10:30 - 11:30AM**

The Maplewood Community Center and HealthEast Optimum Rehabilitation are partnering to bring seniors in the community the opportunity to attend FREE seminars touching many topics, all concerning the health and well being of your mind and body. Seminars will be held at the MCC. Pre-registration REQUIRED as space is limited, so call early to reserve your spot. Don't forget to tell your friends -- it is not necessary to be an MCC member to attend. Stay after the seminars for MCC Card Club and play 500, Bridge, Rummy, Cribbage and more!

**Topics and Dates:**

Hearing	February 9
<i>Sign up for a hearing tests starting at 9:30AM. Space is limited</i>	
Diabetes	February 16
Starting A Walking Program	February 23
Depression/Mental Health	March 2
Osteoporosis	March 9
Spine Health	March 16
Police Department: Safety	March 23

**Monday Cards & Soup**

**MONDAYS, 11:30AM - 1:30PM ONGOING**

Monday is the meeting of the MCC Cards and Soup Club from 11:30 - 1:30PM. We provide the cards, soup lunch and tables while all we require from you is the desire to have fun and meet new people. All level of card players are welcome. Open to everyone so bring your friends! The cost is \$3.00 at the door (\$1.00 without a lunch). Soup lunch includes a bowl of our soup of the day, roll, crackers, and a beverage.

**Grab Bag Bingo**

**THURSDAY, FEBRUARY 5, MARCH 5 & APRIL 2, 1:00 - 2:30PM**

Join us for a fun, new twist on Bingo in the MCC Banquet Room! Ten games are played and winners choose from an assortment of grab bags. Bingo costs \$2.00 (payable at the door). Coffee and treats are provided!



# Family Programs

## Beginning Guitar Lessons

**TUESDAYS, FEBRUARY 17 - MARCH 24, 6:30 - 7:30PM (Free Demo Day February 10, 6:30 - 7:30PM)**

If you always wanted to learn how to play guitar, here is your chance. Dave Roby, a local musician is offering beginning guitar lessons for those who want to learn to play guitar the easy way. Learn to play chords, your favorite songs and tune your guitar with one on one instruction! Participants are required to bring their own guitar. Dave's years of experience as a performer and professional music teacher will help you to simplify the art of playing. Lessons will be held in at the Maplewood Community Center in Room E. Cost is \$70.00 (\$60.00 For MCC members).

## Level 2 Guitar Lessons

**TUESDAYS, FEBRUARY 17 - MARCH 24 , 7:30 - 8:30PM (Free Demo Day February 10, 6:30 - 7:30PM)**

Level 2 guitar lessons, is for those who have completed the beginning guitar lessons or for individuals who know how to play the guitar and would like a refresher or a challenge. Participants are required to bring their own guitar. Lessons will be held at the Maplewood Community Center in Room E. Cost is \$70.00 (\$60.00 For MCC members).

## Maplewood Nature Center Family Events!

### Tracking Safari

**SATURDAY, FEBRUARY 7, 2:00 – 3:30PM**

Children ages 6 and up with an adult and small scout groups are welcome to take a track bingo hike outside to see what animals are active in winter. Bring a light colored shirt to print your animals tracks. Cost is \$4.00 per person and pre-payment is required by February 6.

### Who Loves Owls

**SATURDAY, FEBRUARY 14, 2:30 – 4:00PM**

Great horned Owls will be nesting soon! Learn to hoot like an owl, listen to an owl story, and do an owl craft. Older students can dissect an owl pellet. Cost is \$4.00 per person and pre-payment is required by February 12.

### Live Animals

**SATURDAY, MARCH 7, 10:00 – 11:15AM**

Touch and see our snake, salamander and toad. Learn what you can do to help protect their habitat. Free for all ages. Call to register.

### Wacky Wetlands Puppet Show

**WEDNESDAY, MARCH 18, 10:30 – 11:30AM**

laugh along with our wild animal puppets as they celebrate spring.

Go for a hike with the naturalist to look for the real animals in the wetland. Free for all ages. Call to register.

### Maple Sugar Bush Family Trip

Sponsored by Friends of Maplewood Nature center

**SATURDAY, MARCH 28, 1:00 – 4:00PM**

Tour the facilities of S&S sugar bush to see how maple syrup is made. See the sugar maples, the buckets and tubing. Taste the sap and syrup, and watch the sap boiling

in the evaporator. Learn about the history of the woods and purchase your own syrup! All ages are welcome. We will meet at the MNC and carpool to the sugar bush in Ellsworth, WI. Travel time is about one hour. Call to register by March 24.

**All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street). Call 651.249.2170 to register!**



# Family Programs

## Co-Rec Youth Soccer League

MID MAY (6-WEEKS)

SEE SCHEDULE BELOW

Maplewood Recreation is proud to partner with North East Soccer Association (NESAs) to offer a co-rec youth Soccer league for ages 4-8. We will be implementing a new 3 vs. 3 format that will provide more touches, increased playing time, and most important more fun. The sessions will last one hour with 20 minutes of instructional time. Kids will rotate between sessions starting at 6:00 or 7:00PM, that schedule will be provided. Cost is \$57.00 (\$62.00 for Non-residents).

Ages 4, 5, 6 Monday and Wednesday

Ages 7 & 8 Tuesday and Thursday

## Bluebird Workshop

SATURDAY, FEBRUARY 28, 10:00AM - 11:30AM



Adults, families, and children 10+ are invited to learn about Bluebirds and their successful restoration of bluebird populations in North America. Hike to see bluebird boxes at the Nature Center and learn more about how to build, care for and monitor bluebird box trail. This event is free for Maplewood Bluebird Monitor Volunteers and \$4.00 per person for others.

Pre-registration is required by Feb. 26 by calling 651.249.2170.

## CPR/AED and First Aid Classes

These classes are designed to inform people how to respond in emergency and life-threatening situations. After successful completion of the course participants will receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members).

### ADULT & CHILD CPR/AED & INFANT CPR:

SATURDAY, FEBRUARY 14 OR SATURDAY, APRIL 4,  
10:00AM - 5:00PM

### CHILD CPR/AED & INFANT CPR WITH FIRST AID:

SATURDAY, MARCH 14, 10:00AM - 5:00PM

**ATTENTION CHILDCARE PROVIDERS!**  
Child CPR/AED & Infant CPR with First Aid is designed to meet state CPR and First Aid requirements.



## New Volunteer Orientation

TUESDAY, APRIL 7, 2:00PM OR 6:00PM

It's FUN to volunteer at the Nature Center and Neighborhood Preserves! Come learn what it takes to be a trail guide, receptionist, open space monitor, and other volunteer opportunities! Call 651.249.2170 for more information or to schedule an appointment if this time doesn't work for you. Youth opportunities as animal care volunteers also available for ages 10-16.

## Looking To Spend Some Time In The Great Outdoors?

Stop by the Maplewood Nature Center & Neighborhood Preserves!



Free nature exhibits for families including a crawl through log, children's puppet theatre, Alex the Frog computer game, real skulls and fur to touch and feel, and much more!

Visitor Center Hours: Tuesday - Saturday  
8:30PM - 4:30PM

Trails Open Every Day

From 1/2 hour before sunrise to 1/2 hour after sunset

2659 East Seventh Street  
651.249.2170

[www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc)

# Fitness Programs

## Ditch the Workout and Join the Party with Zumba at MCC!

### 7-WEEK SESSIONS

TUESDAYS, JANUARY 6 - FEBRUARY 24, 5:30 - 6:30PM (NO CLASS JAN. 20)

TUESDAYS, MARCH 10 - APRIL 28, 5:30 - 6:30PM

THURSDAYS, GOING ON NOW - FEBRUARY 26, 5:30PM - 6:30PM

THURSDAYS, MARCH 5 - APRIL 23, 5:30PM - 6:30PM (NO CLASS MARCH 19)

SATURDAYS, GOING ON NOW - FEBRUARY 28, 11:30 - 12:30PM

SATURDAYS, MARCH 14 - APRIL 25, NEW TIME!! 9:30 - 10:30AM

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. You can burn up to 1,000 calories in an hour depending upon your exertion and fitness level! The best thing about Zumba is that you forget you're exercising because you're having so much fun—it's like a dance party! When you participate in Zumba you will dance to the hottest Latin, Pop, and Reggaeton music using "interval training" which is great for your body and your heart. You will pick up Latin steps like Salsa, Meringue, Cha Cha, Bachata, and Cumbia with no partner or dance experience necessary. Zumba is appropriate for ages 16 and up. Cost for a six-week session is \$48.00 (\$36.00 for MCC members). Cost for a seven-week session is \$56.00 (\$42.00 for MCC members). Bring a great attitude, a towel and water. Wear comfortable and breathable workout clothing including aerobic or dance sneakers.



## Progressive Mat Pilates (BEGINNER LEVEL)

MONDAYS, MARCH 2 - APRIL 13, 10:30 - 11:30AM

(NO CLASS MAR. 16)

This class is designed for individuals new to Pilates. A great starting point for beginners, the Progressive Mat Pilates class teaches the principles of Pilates, and builds a foundation of exercises required to move onto the next level. Establish core strength and stability, and body awareness. Class size is limited to 12 participants!

## Progressive Intermediate Mat Pilates

WEDNESDAYS, MARCH 4 - APRIL 15, 5:20 - 6:20PM

(NO CLASS MAR. 18)

This course incorporates mat exercises as well as resistance equipment therefore demanding more of the body. Because this class will continue to build on the Pilates foundation, completion of Level 1/Progressive Mat Pilates is required for participation in this class. Cost is \$48.00 (\$36.00 for MCC members).

Check out page 24 to learn about the  
MCC Walking Club!



# Fitness Programs

## **Walk N' Stroll**

**FRIDAYS, MARCH 6 - APRIL 17, 11:00 - 11:45AM (NO CLASS MARCH 20)**

Functional stroller fitness gets you moving and energized as you exercise and strengthen the muscles necessary to keep up with the day-to-day care of your baby! Keeping your baby within arm's reach while you exercise is the ultimate time and energy saver; no nursery or baby sitters needed. Turn your stroller into a portable fitness machine!

Walk N' Stroll Fitness lets you play with your baby while you exercise. This class also encourages plenty of group interaction so baby is always having new experiences! Time at the end of class is used to take baby out of the stroller for strength, stretching, and interactive play. This program is not just for moms! Dads and their babies are welcome as well! Please bring your stroller, water bottle and a towel and wear comfortable workout clothing and athletic shoes. Your child should be able to sit comfortably in the stroller for approximately 30 minutes. Cost is \$48.00 (\$36.00 for MCC members).

## **Kids Yoga**

**SESSION ONE: THURSDAYS, GOING ON NOW - FEBRUARY 26, 4:45 - 5:30PM (NO CLASS FEB. 12)**

**SESSION TWO: THURSDAYS, MARCH 12 - APRIL 23, 4:45 - 5:30PM (NO CLASS MAR. 19)**

Yoga helps children develop better body awareness, self-control, flexibility, and coordination. Help your little ones find their balance with this fun class! Best for ages 6 - 12 years. Cost is \$32.00 (\$24.00 for MCC members).

## **PowerKick Class**

**WEDNESDAYS, MARCH 4 - APRIL 15, 5:30 - 6:15PM (NO CLASS MARCH 18)**

Jab, hook and snap kick to a leaner toned body! PowerKick combines basic kickboxing techniques and boxing drills on snap pads. Great for all fitness enthusiasts. This class is choreographed to challenge both the mind and body in an invigorating, stress-relieving workout. Encourage a "sparring" partner to register with you or participants will be partnered in class. Gloves are required and sold at the MCC Pro Shop for \$10.00 and that includes tax. Cost is \$48.00 (\$36.00 for MCC members).

## **Senior Group Fitness**

### **Senior BOSU Balance Training**

**SESSION ONE - TUESDAYS, GOING ON NOW - FEBRUARY 10, 8:15 - 9:00AM**

**SESSION TWO - TUESDAYS, MARCH 10 - APRIL 14, 8:15 - 9:00AM**

This class, using the BOSU Balance Trainer, will improve your balance and stability and overall body control like no other training device! Because of its versatility and quality the BOSU is excellent for all aspects of training and rehabilitation. It provides training of both upper and lower extremities as well as core. Improve your motor skills, strength, balance and stability using the BOSU Balance Trainer! Cost is \$48.00 (\$36.00 for MCC members).

### **Senior Strength Group Training**

**SESSION ONE: WEDNESDAYS, GOING ON NOW - FEBRUARY 18, 9:00 - 10:00AM**

**SESSION TWO: WEDNESDAYS, MARCH 4 - APRIL 15, 9:00 - 10:00AM (NO CLASS MAR. 18)**

Learn the smart way to workout in order to maintain strength, flexibility, and balance all while keeping your body as fit and trim as possible. The trainer will teach and coach you on how to properly lift weights, execute cardio movements, and build flexibility. You will learn why monitoring your heart rate is important and why exercising properly is essential. Don't wait to register - this class is limited to eight participants! Cost is \$125.00 (\$75.00 for MCC members).

**Seniors! Check out page 24 for more Active Adult activities!**

# Fitness Programs

## Winter Group Fitness Schedule

### Monday

Time	Class	Loc.	Instructor
5:45-8:30am	Spinning	SPS	Nancy
5:45-8:30am	Cardio Blast!	GFS	Linda
6:30-8:45am	Extreme Abs	GFS	Linda
7:00-7:45am	Aqua Challenge	P	Rose S.
7:00-7:45am	Yoga Light	GFS	Dan R.
8:00-9:00am	Low Impact	GFS	LaDonna
9:15-10:15am	Straight Up Strength	GFS	LaDonna
9:30-10:15am	H2O	P	Caryl W.
10:30-11:15am	Spinning	SPS	Carolyn W.
11:40-12:30pm	Yoga	GFS	LaDonna
12:45-1:30pm	Stability Sculpt	GFS	Sarah B.
4:30-5:15pm	Core Express	GFS	Marcus
5:30-8:15pm	Spinning	SPS	Heidi
5:30-8:15pm	Cardio Blast!	GFS	Julie B.
6:30-7:30pm	Yoga	GFS	Marcus
6:45-7:30pm	Spinning	SPS	Angie/Nancy
7:45-8:45pm	Straight Up Strength	GFS	Ann S.

### Tuesday

Time	Class	Loc.	Instructor
5:45-8:45am	Straight Up Strength	GF	Linda/LaDonna
7:00-7:45am	Deep Water	P	Jess C.
7:00-7:45am	Spinning	SPS	Linda
8:00-9:00am	Active Tri Flow	GFS	Nataile
9:30-10:15am	Cardio Kickboxing	GFS	Nataile
9:30-10:15am	Aqua Challenge	P	LaDonna
10:30-11:30am	Straight Up Strength	GFS	Sarah
11:40-12:30pm	Yoga Light	GFS	Pam
4:15-5:15pm	Yoga	GFS	Wayne
4:30-5:15pm	Spinning	SPS	Pam
6:00-8:45pm	Aqua Challenge	P	Alice
6:45-7:45pm	Core Training	GFS	Beth D.

### Wednesday

Time	Class	Loc.	Instructor
5:45-8:30am	Spinning	SPS	Marcus
5:45-8:30am	Yogalates	GFS	Heidi
6:30-8:45am	Extreme Abs	GFS	Heidi
7:00-7:45am	H2O	P	Carolyn W.
7:00-7:45am	Yoga Light	GFS	Dan R.
8:00-9:00am	Low Impact	GFS	Carolyn W.
9:15-10:15am	Straight Up Strength	GFS	Carolyn W.
9:30-10:15am	H2O	P	Caryl W.
10:30-11:30am	Cardio Blast!	GFS	LaDonna
11:40-12:30pm	Yoga	GFS	Wayne
12:45-1:30pm	Stability Sculpt	GFS	Rose
4:30-5:15pm	Straight Up Strength	GFS	Julie B.
5:30-8:15pm	Spinning	SPS	Carol E.
6:30-7:30pm	Yoga	GFS	Marcus
6:45-7:30pm	Spinning	SPS	Sarah B.
7:45-8:45pm	Cardio Sculpt	GFS	Sarah B.

### Thursday

Time	Class	Loc.	Instructor
5:45-8:45am	Straight Up Strength	GFS	Rose/Nikki
7:00-7:45am	Deep Water	P	Nancy R.
7:00-7:45am	Spinning	SPS	LaDonna
8:00-9:00am	Yoga	GFS	Pam
9:30-10:15am	Spinning	SPS	Rose
9:30-10:15am	Aqua Challenge	P	Jess C.
10:30-11:30am	Straight Up Strength	GFS	Nancy R.
11:40-12:30am	Yoga Light	GFS	Carolyn W.
4:30-5:15pm	Spinning	SPS	Elly
6:00-8:45pm	Aqua Challenge	P	Alice
6:45-7:30pm	Cardio Kickboxing	GFS	Linda
7:45-8:45pm	Straight Up Strength	GFS	Linda

### Friday

Time	Class	Loc.	Instructor
5:45-8:30am	Spinning	SPS	Linda
6:30-8:45am	Extreme Abs	GFS	Linda G.
7:00-7:45am	Aqua Challenge	P	Alice
7:00-7:45am	Yoga Light	GFS	Dan R.
8:00-9:00am	Low Impact	GFS	Teresa M.
9:15-10:15am	Core Training	GFS	Beth D.
9:30-10:15am	Deep Water	P	Nancy R.
10:20-10:50am	Dance Express	GFS	Beth D.
10:30-11:15am	Spinning	SPS	Sarah B.
11:40-12:30pm	Yoga	GFS	Carolyn W.
12:45-1:30pm	Stability Sculpt	GFS	Camlyn W.
4:30-5:15pm	Cardio Dance	GFS	Nataile
5:30-8:15pm	Spinning	SPS	Marcus
5:30-8:30pm	Yogalates	GFS	Heidi T.

### Saturday

Time	Class	Loc.	Instructor
6:15-7:15am	Straight Up Strength	GFS	Heidi T.
7:30-8:30am	Spin Plus	SPS	Marcus
7:30-8:30am	Yogalates	GFS	Heidi T.
7:30-8:15am	Aqua Challenge	P	Nikki G.
9:00-10:00am	Step Mix	GFS	Varies
10:15-11:15am	Straight Up Strength	GFS	Varies
4:15-5:15pm	Straight Up Strength	GFS	Ann S.
5:30-8:30pm	Yoga	GFS	Ann S.

### Sunday

Time	Class	Loc.	Instructor
9:15-10:15am	Spin Rock!	SPS	Ann S.
10:30-11:30am	Yoga	GFS	Ann S.
10:30-11:15am	Aqua Challenge	P	Jess C.
11:45-12:45pm	Straight Up Strength	GFS	Brenda S.
4:15-5:15pm	Beginner Mix	GFS	Brenda S.
5:30-8:30pm	Yoga	GFS	Varies
5:30-8:15pm	Spinning	SPS	Varies

\*Class Location\*

GFS = Group Fitness Studio

P = Pool

SPS = Spin Studio

## Class Descriptions

**STABILITY SCULPT**—This class will provide body conditioning that focuses on improving the body through a series of stability exercises. The use of chairs will be used in this class for improved flexibility, strength, balance and stability! This class is appropriate for Active Older Adults that want to improve their overall health & wellness!

**CORE TRAINING**—This class will focus on the core—abdominals, back, and gluts. All exercises will have a primary focus on the core; however, in an effort to work the entire body, other exercises may also be incorporated into the class including yoga, pilates, or strength and lifting exercises. Use of the fitness ball and other weight equipment may be used in class. All levels of fitness will be accommodated as the instructor will show modifications when necessary.

**YOGA**—Class is designed to accommodate the needs of all levels. Yoga is the original mind/body fitness exercise that has been around for thousands of years. While working with the breath, the yoga poses and postures will improve flexibility, enhance circulation, build strength, increase energy & stamina, reduce stress & fatigue, and increase an overall feeling of calmness, peace, and serenity. Come give it a try! **YOGALIGHT** is a lighter version of our yoga, focusing more on softer, gentler movements. This is great for beginners, older adults, and pregnant women. **YOGALATES**—The best of both worlds! Yogalates classes will begin with simple Yoga and/or Pilate's movements designed to strengthen your core and increase your flexibility, posture, and coordination. Class will conclude with a relaxation segment designed to help reduce stress. This class is designed to accommodate all levels from beginners to advanced participants. The instructor will show modifications whenever necessary. Bring your own yoga mat, limited mats available for class use.

**ACTIVE TRI-FLOW**—This class brings together Yoga, Pilates, and Tai Chi emphasizing core-strengthening, lengthening & stretching all muscle groups and has roots in dance, therapy, and yoga. The focus will be on improving flexibility, better posture, and improving overall core strength.

**SPINNING**—Spinning is a wonderful intense, non-impact instructor led exercise class performed on special stationary bikes. The workout simulates various biking adventures by continuously changing the bike's intensity and your riding position throughout the workout. The workout is fun and the time will race by. Be sure to arrive to class a minimum of ten minutes early your first time so the instructor can set you up properly on a bike. **SPIN PLUS** classes are regular Spinning classes with an additional 15 minutes of riding on the bike. **SPIN CHALLENGE** classes are regular Spinning classes much longer in duration. The instructor will help with bike set up, focus on proper form, and help build an aerobic base. **SPIN ROCK** classes are an hour long with rock music. Important: water and a towel are mandatory for all Spinning classes.

**H2O**—An excellent low to mid intensity cardiovascular workout in chest deep water. Since this class is easy on the joints, it's a wonderful option for pregnant women as well as for anyone recovering from knee/joint injuries. Come join us; you don't need to be a swimmer to participate and enjoy!

**AQUA CHALLENGE**—Take your water workout to the next level in Aqua Challenge. This advanced level water fitness class will focus on more intense moves in the water. Deep-water workouts may also be incorporated. The class is still easy on the joints. Give it a try!

**DEEP WATER**—Take your fitness level to the deepest parts of the water! This challenging water fitness class will begin with a warm-up in the shallow end. The class will then proceed to the deep end for a challenging, high-intensity, non-impact strength and cardiovascular workout. It is important that you feel comfortable in deep water and to know that you will get your hair wet. You may choose to wear a swim cap. If you have your own floatation belt, you should bring it to class.

**STRAIGHT UP STRENGTH**—A great freeweight workout that challenges your entire body. Just straight up hard work that will push you to the max! All levels welcome, bring a towel & waterbottle.

**EXTREME ABS!**—This class is for those who would like to focus strictly on abdominals & core for 10-15 minutes! This is an instructor led, intense abdominal workout! It's a great way to end your workout and begin your day!

**LOW-IMPACT**—These low-impact aerobics classes are traditional aerobic classes. They are perfect for any participant who desires an aerobic class that is lower stress and easier on the joints. These classes will keep the music volume and beat at a lower level. The class includes warm-up, 20-25 minutes of low-impact aerobics, and 10-15 minutes of strength conditioning. The class ends with a final cool down including flexibility stretching.

**DANCE EXPRESS**—It's time to break out your moves! This 30 minute Cardio Dance Express class is easy to follow, fun, and feels more like a party than a cardiovascular workout! Dance styles include Jazz, Ballet, Hip-Hop, Latin, African-Caribbean, Ballroom, and more, try them all!

**CARDIO KICKBOXING**—This class is high energy, non-stop intense cardio vascular exercise, but easy to follow. Jab, hook, kick, cross punch! You will work at aerobic and anaerobic thresholds. Heart rate monitors are recommended but not necessary. Bring a towel & waterbottle!

**CARDIO BLAST!**—Mix up your cardio and make it as fun as possible! MCC's Cardio Blast classes are a blend of various other cardio formats such as step, boxing, cardio dance, and boot camp. The combination makes for a fun class that will keep your heart rate elevated for the class. Class will always end with proper cool down and stretching.

**CARDIO SCULPT**—This class combines Fatburn with Total Body sculpting for a fun 30 minute Hi/Low workout followed by a challenging 30 minute muscle conditioning. This class has it all!

# Court/Racquet Sports

## **Sunday Evening Wallyball League**

**MARCH 29 - MAY 31**

Get a group of friends together and have some fun competing in the first-ever MCC Wallyball league! This non-officiated fun league offers opportunities for teams of 2 - 4 players (ages 15 and up). Teams do not have to be balanced to play against each other. Team captains will contact their opponents to arrange each week's match. If you have questions or are interested in enrolling please contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us). Registration deadline is March 20. Cost is \$64.00 (\$24.00 for MCC members).

## **Winter Table Tennis League**

**SATURDAY, FEBRUARY 28 - MAY 9, TIMES VARY**

Join a Table Tennis league at the Maplewood Community Center! The MCC is offering an adult co-ed community league. A schedule of weekly pairings will be generated for the league participants. League members call and arrange a time to play each other for the week they are paired. Fee includes table usage and a FREE package of 3-star balls. Pre-registration is required by Friday, February 20. Registration fee is \$45.00 (\$30.00 for MCC members).

## **Spring Table Tennis Tournament**

**SATURDAY, MARCH 21, 3:00PM**

The Maplewood Community Center will host a winter Table Tennis Tournament on Saturday, March 21 (check-in: 2:30PM, Tournament: 3:00PM). Participants ages 13 and up can take this opportunity to test their skills against other players – only ONE will leave with bragging rights and the MCC Table Tennis Tournament trophy! Pre-registration is required by Thursday, March 19. Registration fee is \$5.00 (\$3.00 for MCC members). The tournament will be a pool first round, with each pool winner entering the bracket tournament. Space is limited so call ahead to reserve your space!

## **Learn! Racquetball Clinics - Free for everyone!**

**ADULT CLINIC: SATURDAY, MARCH 14, 12:00 - 1:00PM**

**KIDS CLINIC: SATURDAY, MARCH 14, 1:00 - 2:00PM**

We now offer FREE racquetball clinics for individuals interested in learning about the game. We will work on basic skills necessary to play the game as well as discuss the rules and strategy. Our kids clinic is designed for ages 10 - 14 while those 15 years of age and older are invited to participate in our adult clinic.

## **Play! Racquetball and Wallyball at the MCC**

Challenge yourself with one of these enjoyable sports. To reserve a court call 651.249.2210. Wallyball fees per court/per hour/per group are \$14.00 plus tax (\$11.00 plus tax for MCC members). Racquetball court fees are free for members and are included in the cost of daily admission for non-members.

## **Compete! Racquetball Leagues**

**MARCH 28 - JUNE 5**

Adult (ages 15 and up) co-ed recreation leagues are now being formed at the MCC. The league will include weekly games beginning March 28 and running through approximately June 5. Both B+ (very competitive) and B- (competitive) leagues are being formed. Cost is \$64.00 (\$14.00 for MCC members). Registration deadline is March 20 (sorry - no exceptions). Following registration the coordinator will generate a schedule of players and numbers for weekly matches. Opponents will call each other to schedule matches and court times when it is convenient for them. Schedule can be picked up beginning Wednesday, March 25 at 5:00PM. Any schedules not picked up will be mailed out.

**New! Doubles Leagues** – In addition to our singles league, MCC will also be offering a doubles league. This is free for players signed up for the singles leagues! You must sign-up for both at the same time for free enrollment. Cost for all other players is \$64.00 (\$14.00 if both players are MCC members).



# Day Camp

## Summer Day Camp Ages 6 - 12

MONDAY – FRIDAY, JUNE 15 – AUGUST 28, 9:00AM - 4:00PM

REGISTRATION BEGINS: MONDAY, MARCH 2 FOR RETURNING CAMPERS  
(WEDNESDAY, MARCH 11 FOR NEW CAMPERS)

We are proud to welcome you to our Summer Day Camps. We combine **educational activities, arts & crafts, fitness and special events** to create an exciting, quality camp experience for our participants. Our camps are held at the fun and energizing Maplewood Community Center, giving us the access to 'State of the Art' facilities including the aquatics center, theater and gymnasium. Weekly field trips, swimming, drama, Nature Center activities and sports are just a few of the things we have to offer. We pride ourselves with staff who are responsible, high-energy individuals trained to provide a fun and rewarding experience to our participants. The ratio of counselors to children is 1:10 daily and 1:8 on field trips.



### Field Trips: Each week we will focus our activities around the following themes:

- Week #1 Pump It Up! Party Zone
- Week #2 Cosmic Bowling – Starz & Strikes
- Week #3 Nickelodeon Universe
- Week #4 Wild Mountain
- Week #5 MN Lynx
- Week #6 Wild Woods Water Park
- Week #7 Grand Slam
- Week #8 Science Museum
- Week #9 Cascade Bay Water Park
- Week #10 ValleyFair
- Week #11 MN Zoo/Imax
- Week #12 Marcus Theater/Pizza Party

Cost: Full Time (M-F) \$150.00 per week per child  
Sibling Discount: After one member of family is signed up each additional sibling fee will be \$130.00 per week, per child. Discount is available for full time campers only. A non-refundable \$30 deposit holds your spot each week (see registration packet for details).  
Part Time: (3-day Minimum) \$42.00 per day, per child.

Extended hours: Available from 7:00-9:00AM and 4:00-6:00PM. AM or PM \$14.00 per week per child, both AM & PM are \$20.00 per week per child. Drop in Before & After Care for campers, is available for \$3.00/hour.

Call 651.249.2230 to register or for more information.

## NEW! PROGRAMS OFFERED FOR DAY CAMPERS!

### SWIM INSTRUCTION

Day Campers can learn to swim with lower rates (SAVE up to \$25 off the regular rate) and classes that fit the Day Camp schedule. These convenient classes are shorter in length (six classes verses eight) and still qualify the swimmer to move to the next level.

**Levels 1-4 (American Red Cross Courses)** will be offered Monday, Tuesday, and Thursday afternoons for 2 weeks from 12:30 - 1:15PM.

### KARATE

**MONDAYS: 3:00-3:45PM**

**FREE DEMO DAY: TUESDAY, JUNE 16, 3:00-3:45PM**

**SESSION ONE: JUNE 22 - JULY 13**

**SESSION TWO: AUGUST 3 - AUGUST 24**

Mr. Abboud from "The Edge Martial Arts" will teach this great karate program specifically for day campers. Cost is \$35 (no uniform required) Minimum 4-5.

### KID'S BEATS (TIMES AND DATES TO BE DETERMINED)

Kid's Beats can only be described as FUN! Every child is born with the ability to move and feel rhythm. Join us in the unique activity that will guide children through a program of drumming, movement and creative exploration. Drums Alive combines learning with physical activity. The components of fitness-cardiovascular, strength and coordination are part of a successful drumming program.

More information will be included in your registration packets.

# Martial Arts & Dance Programs

## Maplewood Community Center Teams Up with The Edge Martial Arts!

Unleash your child's potential with the power of martial arts! Hear your voice, find your strength, and become empowered! The Maplewood Community Center is pleased to announce its recent partnership with The Edge Martial Arts, based in Stillwater, Minnesota. This premier karate studio was founded to promote and practice a hybrid style of martial arts that combines both competition and self-defense. Now "The Edge" Instructor Mr. Joe Abboud, invites you to join him for new karate programs offered in the Maplewood Community Center Motion Zone. Cost is \$60.00 (\$45.00 for MCC members). **Register for 3 months and receive \$5.00 off per month!** Classes include:

### Lil' Dragons Program

**MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6**

Put your child in center stage with their participation in Martial Arts! Your child will learn basic karate techniques in addition to essential developmental skills such as taking turns, respect, listening, sharing, body control and movement and following directions. Abduction prevention is a key element and students learn in a fun, yet progressively challenging way to ensure that safe living is a normal part of their day.

### Kids Beginner Karate

**MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12**

Help your child to become more focused, disciplined, and confident while having fun and learning to be more respectful! Kids progress at their own pace, and learn that achieving success is only possible with hard work and dedication. The foundations of the Martial Arts will be emphasized, which brings their training outside of the classroom.

### Teen To Adult

**MONDAYS, 7:15 - 8:00PM - AGES 13 TO ADULT**

Mr. Joe Abboud's teaching style, knowledge and talent draws a high demand for training. Each student receives the individual attention they deserve, ensuring success and helping them attain their highest personal potential.

For more information, visit [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com).



## Adult Dance Classes

All adult dance classes are designed for ages 16 and up, meet in the MCC Fitness Studio and are taught by professional instructors from Tropical Ballroom. Cost for couples is \$110.00 (\$85.00 for MCC members) and cost for individuals is \$65.00 (\$50.00 for MCC members).

### Wedding Dance Survival

**TUESDAYS, FEBRUARY 10 - MARCH 17, 8:00 - 9:00PM**

Are you about to get married? Will you be attending a wedding soon? Then this class is for you! There is more to the night than just the chicken dance or the electric slide. Try easy Swing, Rumba, and Waltz steps to show off a first dance at your wedding or learn to keep up with a DJ or band. Don't be a spectator!

### Best of Ballroom: Foxtrot, Swing, and Mambo

**TUESDAYS, FEBRUARY 10 - MARCH 17, 9:00 - 10:00PM**

Get the best of all worlds and learn ballroom, latin and swing dancing in our fun and easy class. We'll cover the Foxtrot, Swing, and Mambo. This is a great class for anyone wanting to learn a variety of dances.

# Carver/Edgerton

## Carver Community Gym

2680 Upper Afton Road  
Maplewood, MN 55119  
**651.249.2135**

### Rental Information:

The gymnasiums are available for rental for basketball, tournaments, volleyball, birthday parties, and special events.

**Rates:**            \$25.00 /court/hour  
                      \$35/full court/hour  
                      \$500.00/entire gym/8 hours  
                      \$25.00/court/hour (Birthday Parties)

## Edgerton Community Gym

1929 Edgerton Street  
Maplewood, MN 55117  
**651.249.2145**

### Rental Information:

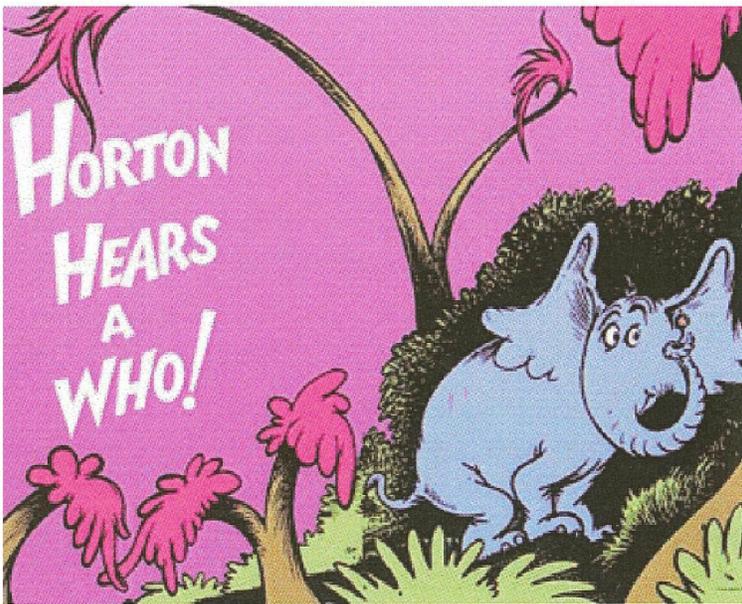
The gymnasium is available for rental for basketball, tournaments, volleyball, birthday parties and special events.

**Rates:**            \$25/court/hour  
                      \$35/Full Court/Hour  
                      \$500/entire gym/8 hours  
                      \$25/court/hour (Birthday Parties)

### Open Gym Schedule:

Adult Open Volleyball: Tuesdays    6:30 - 9:30PM

(Schedule is subject to change without notice. Check the posting on the front windows of the school or call 651.249.2145).



## Maplewood Movie Night Free!

**HORTON HEARS A WHO:** FRIDAY, APRIL 17, 7:00PM  
(GAMES START AT 6:15PM)

In the Jungle of Nool on April 17, a caring, imaginative elephant named Horton, the jungle's nature teacher, takes a dip in the pool. A dust speck floats past him in the air, and he hears a tiny yelp coming from it. Believing that an entire family of microscopic creatures are living on that speck, he places it on top of a clover that he holds in his trunk. Join Horton and the Who's at the Carver Community Gym as they take this magical adventure. Enjoy gym games, prizes, drawings and more before the show. Folding chairs and mats are provided, but feel free to bring a blanket or comfy chair of your own.

## After School Volleyball

MONDAYS, MARCH 23 - APRIL 27

4:00 - 5:00PM

GRADES 3 - 5

Join us on the Carver Gym Courts for a great hour of Bump! Set! Fun! You will practice the fundamentals of the game, learn team building skills and have a great time! We will teach traditional as well as Rally Scoring methods. Cost is \$45.00 and includes a program t-shirt. Call 651.249.2230 to register.



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**TUESDAY, FEBRUARY, 24**

**1:00PM AND 4:00PM (2 SESSIONS)**

**AT THE MAPLEWOOD COMMUNITY CENTER**

**GET INSPIRED!** with Maplewood Community Center's presentation of Rod Raymond and his interactive seminar, "After All It's Your Life." Raymond (M.Ed, ACSM), a 20-time Ironman Triathlon finisher and a two-time Olympic trials participant, is considered one of the "world's fittest athletes." Rod has been in the business of helping others achieve their dreams and strive for optimal health for over fifteen years. During this time he has

shared his philosophy that **life should be lived, "inside out vs.**

**outside in"**. His current presentation, "**After All It's Your Life,**" is an interactive seminar focusing on the **mind, body, humor, spirit, integrity and passion.**

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# Maplewood Monthly

March 2009 City Newsletter

## Save The Date

- **SWIM-IN MOVIE NIGHT** Pinocchio  
Saturday, March 21 at 5:00PM at the  
Maplewood Community Center
- **COLLEGE FAIR** Sunday, April 19  
11:00 - 3:00PM at the Maplewood  
Community Center
- **MAPLEWOOD'S SPRING CLEANUP**  
Saturday, April 25 (more details to  
come in the April issue)
- **JULY 4TH- NEW! ALL AMERICAN  
LUMBERJACK SHOW & FIREWORKS**
- **TASTE OF MAPLEWOOD**  
Thursday, August 13 with Lamont  
Cranston & Radio Disney

## Inside:

2 New Youth Art Classes

3 Council Corner

5 Commission Corner

6 Severe Weather Tips

7 Date Nights

8 Wild Gardener Classes

8 Taking Care Of The Earth

9 Belladiva Performance

10 CPR/Swim Lessons

11 Job Openings

### A Fun Family Easter Eggstravaganza

Mark your calendars for **Saturday, April 4th**, the Maplewood Recreation Easter Egg Hunt! We'll begin at the Edgerton Community Gym, 1929 Edgerton Street, with breakfast treats, colorful crafts and a visit from the Easter Bunny, then its happy hunting! Children will be divided into two age groups and will be hunting for wrapped candy and plastic eggs, some of which may be redeemed for great prizes. Bags of goodies will be available for children under 2 years of age. Don't forget your camera! In the event of inclement weather, treat bags will be given away at 11:00AM at the Edgerton Community Gym. Pre-hunt activities will begin at 10:00AM. **The Egg Hunts will start at 11:00AM.** Children ages 3-5 (11:00AM) and ages 6-8 (11:30AM). Cost is \$5 per child. **Call 651.249.2230 to register!**



### Stopping Water Where It Drops A Rain Garden For Your Yard Series

Learn how to create a rain garden! Join us for just the classroom session or for the whole series. The first class provides enough information to get you started. Additional field and workshop sessions are offered for those who want more in-depth instruction.



#### 1) A RAIN GARDEN FOR YOUR YARD: CLASSROOM SESSION THURSDAY, MARCH 26, 6:30-8:30PM

Learn how rain gardens work, be inspired by slides of beautiful local rain gardens, and learn a step-by-step process for creating a rain garden in your yard. Class will be held at the Gladstone Fire Station 2, 1955 Clarence Street and the cost is \$5.00. Register by calling 651.249.2170 and prepay by March 19.

#### 2) RAIN GARDEN FIELD SESSION: DRAINAGE AND SOILS THURSDAY, APRIL 9, 6:00-8:00PM

The "engineering" aspects of creating a rain garden don't have to be confusing. Join us at a private home to work through a real-life situation. We'll analyze the site, test soil infiltration, and determine the drainage area. Class location TBA and the cost is \$5.00. Register and prepay by April 2. The Rain Garden Classroom Session is a pre-requisite to participate.



*These sessions are sponsored by the Ramsey Washington Metro Watershed District & City of Maplewood.  
(A Rain Garden For Your Yard Series continued on page 6)*

na Longrie: Mayor 651.774.1490  
 hleen Juenemann: Councilmember 651.771.3670  
 Rossbach: Councilmember 651.779.0220  
 k Hjelle: Councilmember 651.714.8588  
 n Nephew: Councilmember 651.776.5963  
 ck Ahl: Acting City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 chuck.ahl@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Information 651.249.2103  
 Group Information 651.249.2203  
 Birthday Party Information 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

## Maplewood Meeting Schedule

City Council: Monday, March 9 & 23 at 6:30PM  
 Citizen Forum: Saturday, March 14 at 10:00AM  
 Environmental & Natural Resource Commission: Tuesday, March 3 at 5:15PM  
 Planning Commission: Tuesday, March at 7:00PM  
 Community Design Review Board: Tuesday, March 13 & 27 at 6:00PM  
 Park Commission: Wednesday, March 18 at 7:00PM  
 Housing & Redevelopment Authority: Wednesday, March 11 at 7:00PM  
 Historical Preservation Committee: Thursday, March 19 at 7:00PM  
 All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

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## Exciting New Entertainment At Your Favorite Theatre!



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George Maurer Jazz Trio Concert  
 Friday, March 13 at 7:30PM

Tickets: \$18.00 - \$24.00

318 Cafe Tour  
 Friday, March 27 at 7:30PM

Tickets: \$13.00 - \$18.00

**Call 651.249.2230 to reserve your tickets today!**

Maplewood Community Center Theatre  
 2100 White Bear Avenue • [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)



## New! The Power Of Drawing For Kids

Young Rembrandts Pre-School  
"Learn to Draw" Class

Ages 3-5 years

1. WEDNESDAYS, MARCH 25 - APRIL 29  
10:00-10:45AM
2. SATURDAYS, MARCH 28 - MAY 2  
10:00-10:45AM

Young Rembrandts teaches pre-school children the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Our weekly program prepares them as learners so they will be successful in kindergarten. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$54.00 per session.

## Young Rembrandts Elementary Class

Ages 6-12 years

1. THURSDAYS, MARCH 26 - APRIL 30 6:30-7:30PM
2. SATURDAYS, MARCH 28 - MAY 2 11:00-12 NOON

At Young Rembrandts, we teach drawing, the fundamental skill of all visual arts. We believe that drawing is a skill that can – and should – be learned by all children. While Young Rembrandts' classes are structured and educational, children learn best when they are entertained and engaged. Young Rembrandts combines the best of both worlds – foundational art skills in a fun, nurturing environment – that gives your child the academic advantage. Class will be held at the Maplewood Community Center and cost is \$54.00 per session.

**CALL 651.249.2230 TO REGISTER!**



## New! Music Together

1. WEDNESDAYS, APRIL 1 - JUNE 10 (NO CLASS JUNE 3)  
9:30-10:15AM OR 10:30-11:15AM
2. SATURDAYS, APRIL 11 - JUNE 20 (NO CLASS MAY 23)  
9:30-10:15AM

You'll move, dance, sing, play rhythm instruments and receive CDs and songbooks of the session's song collection so the fun and learning can continue at home. Music Together is for children from birth to age 6 and their accompanying adults. Class is held at the Maplewood Community Center and cost is \$160.00 for the first child and \$90.00 for each additional child. For more information visit [www.MusicTogetherClasses.com](http://www.MusicTogetherClasses.com) or to register call 651.439.4219.

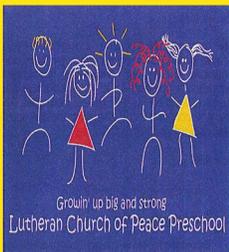
## ¡Jugamos! Parent and Tot Spanish Class

SATURDAYS, APRIL 11 - JUNE 6 (NO CLASS MAY 23)

9:30 - 10:15AM

Your "tot" will love learning Spanish along side of you with our playful approach to language learning. We will use age appropriate books, songs, and hands-on activities to provide a lively overview of the Spanish language. This class is best for ages 3-6 and will be held at the Maplewood Community Center. Cost is \$105.00 (\$100.00 for MCC members). **CALL 651.249.2230 TO REGISTER!**

## A Preschool Experience To Remember!



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## City Or Community?

The City of Maplewood. You see this phase or title all the time, but have you given any thought to what it really means?

Webster defines "city" as

1. a large or important town,
2. an incorporated municipality, usually governed by a mayor and a board of aldermen or councilmen.

The term "city" is really more of a legal term. It defines Maplewood as an entity, which due to state and federal law, exists as part of a larger legal system that indicates the type of government and scope of authority in the eyes of the law. Although that legal definition is necessary, it falls well short of giving a person any idea of what goes on here.

I would like to have you think instead of the Community of Maplewood. Webster has this to say about community:

1. a unified body of individuals,
2. people with common interests living in a particular area,
3. an interacting population of various types of individuals (my favorite).

If I had been asked to define "city" my definition would have been much more along the line of a community. The issues the council deals with are community issues for the most part. We certainly have common interests, and have to interact with each other daily. This interaction is what determines whether we will be a successful city (community).

Recently I have been involved with a task force that has explored wood smoke and how it should be dealt with in Maplewood. There are many people who like to have recreational fires. There are also people who have health or nuisance concerns when wood smoke drifts in their homes or yards. To me the issue is not so much the smoke, but the need to find some way to allow all the members of



the community to live together in some type of harmony.

Our differences could be loud noise, bright lights, barking dogs, trashy yards, dirt, dust, vibration, you name it. Maplewood and the State attempt to regulate, through laws and codes, a system for members of a community to get along with each other.

I was a little disappointed in some people's reaction to this latest effort to work on a community solution for wood smoke. There was quite an effort to misinform people, for example, through flyers that implied that we were planning on banning fires. A senior member of the community wrote a letter to the editor with false information, which further misrepresented the issue.

I find this reaction to be odd. If people voice legitimate concerns on an issue my normal reaction is to try to help find a solution. In this case, on a personal level, I considered why I have backyard fires and determined I could do without. So, I removed my fire pit. But that might not be what works for you. The point is that we all have to live here. If we are to do so successfully, we must continually be willing to consider the needs of our neighbors along with our own and be willing to work to find ways that promote the common good.

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## Free Severe Weather Awareness Class

SATURDAY, APRIL 4, 2009, 8:00AM - 12:00PM

At the Maplewood Fire Station #2, 1955 Clarence Street

Learn how severe weather develops, what actions you should take, and how to join the Ramsey County Skywarn Spotter Unit. Tornadoes and severe thunderstorms will be topics at a Basic Skywarn Spotter course offered by Minnesota National Weather Bureau Certified Instructors from Ramsey County and Maplewood Emergency Management. This free course teaches how to interpret cloud formations, recognize potentially severe weather conditions and reporting procedures.

The Ramsey County Skywarn Unit is activated when there are indications that conditions exist which could develop into a tornado or other damaging weather situations. The effectiveness of Doppler radar in the metro area is somewhat limited for several reasons. Skywarn Spotters become, in part, the eyes of the National Weather Service. In activation, Ramsey County Skywarn volunteers report to the Emergency Operating Center (EOC), pick up two-way radios and go into the field. Selecting points of high visibility, Spotters report their observations and changes which take place. This information is then passed onto the National Weather Service.

Those interested in joining the Skywarn Unit or just wanting to learn more about severe weather should call Maplewood Emergency Management at 651.249.2800 by April 1. This information is great for parents and older children to know when you are outside playing, fishing, etc, you know what to look for when the weather turns dark. There is no fee for the course and you do not have to be a Maplewood resident to join the Unit. Class size is limited. Post credits for police officers are available.



MAPLEWOOD COMMUNITY CENTER



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and garden  
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**SAVE THE DATE!**

Saturday, May 2  
12:00 - 4:00PM  
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## History In The Making

The City of Maplewood's draft 2030 Comprehensive Plan includes a chapter on Historical Resources. This document will guide the city in the preservation of historic, cultural, and archeological resources in Maplewood. It begins with an introduction of purpose and ends with challenges and opportunities for Maplewood to act on.

### Purpose

1. Guide the City in a comprehensive program of historic preservation and historic resource management.
2. Describe the existing historic resources and historic preservation activities in Maplewood.
3. Evaluate the historic preservation and historic resources needs of Maplewood's residents and set standards for measuring those needs.
4. Promote the use and conservation of historic properties in Maplewood for the education, inspiration, pleasure, and enrichment of area citizens.
5. Plan for adequate support and understanding of the historic resources in Maplewood.
6. Designate the goals, objectives and actions that Maplewood will use to help preserve the historic resources in the city.

### Challenges

Maplewood was settled by European descendants more than 100 years ago. The City is interested in identifying its historic resources. The Historical Preservation Commission will be challenged in this task because of:

1. The aging of our citizens who have knowledge of historic places.
2. The limits in public funding to support historic preservation programs.
3. The development or redevelopment of sites that might have historic resources.
4. The current lack of programs that encourage historical interest and private owner acceptance of properties that have historic resources.



The Gloster Depot



The Bruentrup House



The New Canada Town Hall in old downtown Gladstone



The WPA Dam on Keller Creek. Note Honeymoon Falls in the background

### Opportunities

There are opportunities for us to preserve our city's heritage by completing an inventory of historic resources in Maplewood, setting priorities of importance, and working with knowledgeable preservation-oriented organizations including the county, state and federal agencies.

History matters; and Maplewood is making history. You are encouraged to view the Historical Resources Plan, along with all other chapters of the draft 2030 Comprehensive Plan, on the city's web site at [www.ci.maplewood.mn.us/compplan](http://www.ci.maplewood.mn.us/compplan). Contact one of the Maplewood Historical Preservation Commissioners with questions or suggestions on how you can make history here in Maplewood. Commission contact information can be found at [www.ci.maplewood.mn.us/history](http://www.ci.maplewood.mn.us/history).

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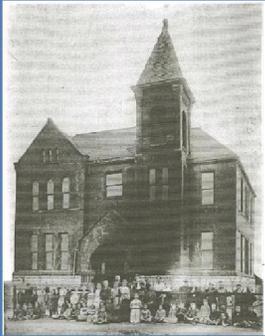
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AVEDA PUREOLOGY KENRA

### Local History Programs At Work

The Maplewood Historical Society is working to develop exhibits and activities that explain and interpret the community, civic and agricultural history of Maplewood. If you are interested in helping with this important historical project, please call Carolyn at 651.748. 9009.



The Gladstone School 1906

*(A Rain Garden For Your Yard Series continued from cover)*

### 3) RAIN GARDEN DESIGN WORKSHOP: GARDEN SIZE AND PLANT DESIGN THURSDAY, APRIL 23, 6:30-8:30PM

Use information gathered in your site assessment to design a rain garden. Come work on your design with help from instructors and Master Gardeners. We'll focus the evening on reviewing your soil test and discussing design options. Bring a map of your site. Class will be held at the Maplewood Nature Center, 2659 East 7th Street. A \$5.00 fee is due April 16.

### 4) RAIN GARDEN CONSTRUCTION WORKSHOP THURSDAY, APRIL 30, 6:30-8:30PM

We will visit a few rain gardens to discuss challenges in rain garden design and construction. Learn about ways to convey water to and from the rain garden, use of soil amendments, the design and use of under-drains or overflow channels, inlets and outlets, use of stone retaining walls and tiered rain gardens. Class will be held at a location TBA. A \$5.00 fee is due April 23.

*The Rain Garden Classroom & Drainage and Soil session is a pre-requisite to participate in both sessions. Register by calling 651.249.2170.*



## On the Police Scanner

In January, the Maplewood Police Department responded to 1,766 calls for service. Included in this number were the following incidents:

- 17 Assault Cases
- 3 Robbery Case
- 26 Burglary Cases
- 100 Theft Cases
- 21 Criminal Damage to Property Cases
- 17 Auto Theft Cases
- 38 Theft from Vehicle Cases

In addition, Officers made 56 arrests for shoplifting, 20 arrests for DWI.



**Saturday, March 28, 2009**

**9:00AM - 3:00PM**

**Maplewood Community Center, 2100 White Bear Avenue**

**BECOME AN EXHIBITOR**

**Reservation Deadline: Monday, March 16**

For more information, contact Christie Penn at 651.249.2103 or [christine.penn@ci.maplewood.mn.us](mailto:christine.penn@ci.maplewood.mn.us).

## Parks, Trails And Open Space

By Doug Taubman, Parks Manager

The City of Maplewood's extensive park system provides a high quality of life for all residents and adds significantly to the desirability of the City as a place to live and recreate. The park system includes neighborhood parks, youth and adult athletic complexes, neighborhood preserves (open spaces), trails, and a nature center. In addition to the approximately 860 acres of City owned and managed parks, residents have access to an additional 1,175 acres of county, state, and agency owned park land.

Maplewood residents are also fortunate to have two major trail systems dissecting our City. The Bruce Vento Regional Trail runs from Larpenteur Avenue on the south into White Bear Lake on the North. The Gateway State Trail runs from Hwy #35 E on the western side of town to McKnight Road on the east. In addition many of our parks have interior trails systems that are frequently used by residents. We are also looking forward to future enhancements of the Maplewood trail system.

Maplewood is a largely developed community with little available land to further expand the park system. The focus for the parks department in coming years will largely be the redevelopment of existing parks. Redevelopment typically includes such projects as replacing outdated and worn playground equipment, replacing or adding new ball field fences and backstops, and the repair of trails and hard surface courts. In some cases parks may be totally redesigned with more environmentally friendly features such as rainwater gardens and more natural landscaping.

One of the challenges facing the parks department in the redevelopment process is funding the projects. Typically park development is funded by a Park Accessibility Charge (PAC). The PAC fund has provided over 95 percent of all park acquisition, development and trail funding for the city of Maplewood over the past 30 years. The PAC fee is collected when a building permit is issued for new construction.

Unfortunately, with the economic down turn and limited property available for new construction, the City will need to explore new sources of revenue. The Parks and Recreation Commission will be working with the City Council to address this issue.

Enjoy your nature center, parks, trails and open spaces. Visit our website at [www.ci.maplewood.mn.us/parks](http://www.ci.maplewood.mn.us/parks) for more information.



Hazelwood Park



Harvest Park



### Extended Date Nights!

Friday, March 6 & Friday, March 20

5:30 - 9:30PM

Let the good times roll! Enjoy time to yourself or plan an evening out with your spouse while the kids party and play with friends in Maplewood Community Center child care. Children will eat dinner (pizza and juice), watch a movie, and partake in stimulating and entertaining games. You do not need to be a MCC Member or Kids Club Member to participate. Call 651.249.2230 to register!

Cost includes dinner:

\$15.00 per child \$30.00 per family (maximum of 4 in a family)

## Exploring Nature & Taking Care Of The Earth

A SERIES OFFERED AT THE NATURE CENTER WITH EARLY CHILDHOOD & FAMILY EDUCATION (ECFE) SATURDAYS, MARCH - MAY, 10:00 - 11:30AM



This parent/child class, for children ages infant to five years, will meet each month at the Maplewood Nature Center during the school year. ECFE teachers are collaborating with nature center naturalists for this unique program. Fun activities highlight a different theme each month with stories, crafts, puppets, and exploring in the woods. Adults will learn about resources that help them become eco-friendly parents

as well as teach their children about the outdoors. Sign up for one, two or all of the classes. Cost is \$4.00 per child, per time.

**To register call ECFE at 651.748.7280.**

### Dates and topics:

- March 14 - Meet about Owls/MN Endangered Species
- April 18 - Froggy Fun/Rainbarrels & Rain gardens
- May 9 - Bugs Rule/Planting Native Plants

## Drop-In And Explore

THURSDAYS, MARCH 5, 12:00 - 1:30PM

THURSDAYS, APRIL 2, 12:00 - 1:30PM

Explore the Maplewood Nature Center indoor exhibits and the natural world outside with other ECFE families. Fun indoor activities for children from birth to 5 years of age with a parent include the discovery log, skulls and furs, nature books, puzzles, and puppets. A simple nature craft, as well as indoor or outdoor scavenger hunts are available for unstructured nature fun. No registration needed. A \$3.00 fee can be paid at the door.

## NEW! Volunteer Orientation

TUESDAY, APRIL 7, 2:00PM OR 6:00PM

It's FUN to volunteer at the Nature Center and Neighborhood Preserves! Come learn what it takes to be a trail guide, receptionist, open space monitor, and other volunteer opportunities! Call for more information or to schedule an appointment if this time doesn't work for you. Youth opportunities as animal care volunteers also available for ages 10-16. Call 651.249.2170 to register.



## Native Trees & Shrubs An Arbor Month Event

WEDNESDAY, APRIL 1, 6:30 - 8:30PM

Our natives celebrate the seasons with flowers, fruits and colorful leaves. Dr. Jim Calkins, Professor of Horticulture at U of MN, will help you select trees and shrubs to provide beauty, shade, privacy, and wildlife habitat in your landscape. Cost is \$5.00 and pre-payment is required by March 30. Call the Nature Center at 651.249.2170 to register.

## Wild Gardens – Taking Cues From Nature

SATURDAY, APRIL 25, 10:00AM - 4:00PM

Large or small, your yard has potential to attract wildlife, protect water quality, and provide seasonal beauty with native plants. Gain inspiration from informative presentations, and practical outdoor tours of the nature center's newly renovated campus.

- Going Native: Sustainable Landscapes for Home
- Native Plants by Design
- Rainwater from Roof to Garden
- Tree planting Demonstration
- Native Shrubs for Screening
- Woodland Wildflower Gardens
- Butterfly Gardens
- Plant Orders

Cost is \$20.00 and pre-payment is required by April 20. Call the Nature Center at 651.249.2170 to register.

## Belladiva

THURSDAY, APRIL 2 AT 7:30PM

See the Twin Cities hottest show band, Belladiva, live at the Maplewood Community Center! With an exciting and electrifying combination of singers, dancers, and musicians, Belladiva covers pop, R&B, disco, rock, country, and jazz. Anchored by lead singer Lisa Marie, Belladiva is described as, "High energy and dynamic!" Collectively Belladiva band members have played with Prince, Bette Midler, Stevie Wonder, Donnie Osmond, Melissa Ethridge, Alexander O'Neil, and more! Enjoy this musical extravaganza at the Maplewood Community Center.

Call 651.249.2230 for tickets or more information.

Advance Tickets: \$22.00

Advance MCC Members, Seniors, Students: \$20.00

Day of Event: \$24.00



To learn more about other artists in the Maplewood Community Center 2009 Entertainment Line-Up visit the website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) and click on theater.

## SWIM REGISTRATION IS GOING ON NOW Spring Full Session



Register your water baby (or yourself!) for Maplewood Community Center's Red Cross swim lessons. New! Smaller class sizes. Course descriptions may be found on our website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). All spring full session classes include eight lessons and cost \$68.00 (\$53.00 for MCC members). Semi-private lessons are

available on Saturdays at a rate of \$115.00 (\$90.00 for MCC members) per eight lessons.

To register, stop by the Maplewood Community Center Customer Service Desk (Monday 9:00AM - 7:00PM, Tuesday - Friday 9:00AM - 5:00PM, Saturday 9:00AM - 12:00PM). Online registration is also available at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) (click on I Want To or E-Services). Or register by phone at 651.249.2230.

Private lessons are also available by arrangement at a rate of \$40.00 (\$30.00 for MCC members) for one lesson, \$152.00 (\$112.00 for MCC members) for four lessons, or \$288.00 (\$208.00 for MCC members) for eight lessons. All private lessons are 30 minutes. To schedule your private lesson today, contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

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Center Court  
Visit the Easter Set or Guest Services for hours.

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## T'ai Chi Ch'uan

WEDNESDAYS, APRIL 1 - MAY 20, 7:30 - 8:30PM  
 (FREE DEMONSTRATION NIGHT ON MARCH 25)  
 LOCATION: DRAGONS KUNG FU STUDIO  
 2572 7TH AVE E., NORTH ST. PAUL

Join us for this fun and exciting new class! T'ai Chi Ch'uan, practiced in China for 2,500 years, uses slow relaxed movements to develop strength while eliminating tension. Doing so you will strengthen your arms and legs, improve balance and flexibility, reduce stress and help increase energy levels. A growing body of research also suggests that practicing T'ai Chi Ch'uan has many benefits for seniors, including a reduced risk of falling and a significant improvement in quality of life! Come experience the benefits for yourself! Cost is \$50.00. Call 651.249.2230 to register.

## Spring Table Tennis Tournament

SATURDAY, MARCH 21, 2:30PM

Sing up today for this fun competitive tournament. For more information call Neil Brenemann, Maplewood Community Center Recreation Coordinator at 651.249.2204.

## 18+ Open Dodgeball League

SUNDAYS, MARCH 29, 2:00PM (11 Weeks)

For all those who loved the childhood game, here is a ramped up adult league for the exciting old school game! Each team must consist of 6-10 participants containing any combination of males or females. Referee provided. Cost is \$300.00 per team.

*Congratulations winter '08-'09 rec league champions- Perkisizers!*

## New Extreme Dodgeball League

WEDNESDAYS, April 1, 5:00PM (11 Weeks)

Looking for a more competitive environment? This league is designed for the best of the best! Cost is \$300.00 per team.

Teams will play in the Maplewood Community Center Gym Court 2.  
**Call 651.249.2230 to register by March 19.**



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## CPR/AED and First Aid Classes

ADULT & CHILD CPR/AED & INFANT CPR:  
 SATURDAY, APRIL 4, 10:00AM - 5:00PM

CHILD CPR/AED & INFANT CPR WITH FIRST AID:  
 SATURDAY, MARCH 14, 10:00AM - 5:00PM



These classes are designed to inform people how to respond in emergency and life-threatening situations. After successful completion of the course participants will receive Red Cross Certifications. All

classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members). Call 651.249.2230 to register.



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## Kick Up The Birthday Fun!

**SAVE \$50!** Theme Parties!

Recieve **One FREE Hour in the JUMP CASTLE** when you purchase one hour.  
**651.249.2203**

Offer expires May 31, 2009. Some restrictions apply.



## Join The Maplewood Team!

Summer part-time, seasonal recreation job opportunities available. Enjoy a fulfilling opportunity working with children and adults. A background in recreation and sports is preferred. Job openings are for tennis instructors, referees, and more. Please contact 651.249.2124 for more information.

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May 1, 2, 3

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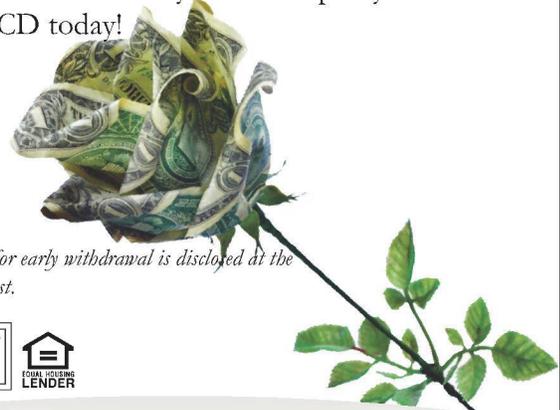
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# Maplewood Monthly

April 2009 City Newsletter

## Save The Date

- MAY DAY CELEBRATION  
Friday, May 1 at 4:30PM  
at the Maplewood Nature Center
- HOME & GARDEN EXPO  
Saturday, May 2 at 12:00-4:00PM  
at the Maplewood Community Center
- PETERSON FAMILY CONCERT  
Saturday, May 9 at 7:30PM  
at the Maplewood Community Center
- JULY 4TH- NEW! ALL AMERICAN  
LUMBERJACK SHOW & FIREWORKS
- TASTE OF MAPLEWOOD  
Thursday, August 13 with Lamont  
Cranston & Radio Disney

## Inside:

2 Home & Garden Expo

2 Spring Clean-up

4 Special Events

4 Lorie Line

5 Dog Parks

6 Fire Dept. Partnership

7 The Foreclosure Crisis

8 Need A Ride?

9 Home School Programs

10 Dance Lessons

## City Hall Welcomes New City Manager



The City Council began the process to review candidates for a permanent City Manager in November 2008. On Monday, March 9, 2009, Jim Antonen was sworn in to the position.

Jim Antonen's career spans a number of years of public service. He is a veteran of the US Navy. He began his career in Sartell as the City Administrator and then served as City Manager in Vermillion, South Dakota. He served for 12 1/2 years as the City Manager in Moorhead, Minnesota and received significant

acknowledgement for his professional handling of the Red River Valley Floods during 1997 in Moorhead. He relocated to Davis, California, a university city of 66,000 residents in 2001, where he served for five years as their City Manager. In 2006, Jim left Davis, California to serve as an Executive Recruitor prior to accepting his appointment to the City Manager position in Maplewood.

Jim is currently working to relocate his family from California to Minnesota. Jim can be contacted at City Hall at 651.249.2050 or at [Jim.Antonen@ci.maplewood.mn.us](mailto:Jim.Antonen@ci.maplewood.mn.us). After two weeks on the job Mr. Antonen stated his primary objective will be to provide stability in city government. Maplewood's City Council and staff are excited to welcome Mr. Antonen to his new position as City Manager.

## City Council To Review Wetland Protection Ordinance

Are wetlands and wildlife habitat important to you? Do you live adjacent to or own property near a wetland? If the answer is yes to either of these questions, you may be interested in attending the City Council's upcoming public hearings regarding a proposed wetland ordinance amendment:

First Reading of the Ordinance:  
Monday, April 13, 7:00PM or later  
Second Reading of the Ordinance:  
Monday, April 27, 7:00PM or later



Wetlands are an integral part of our environment. They provide critical wildlife and aquatic habitat, help maintain water quality by filtering pollutants and reducing flooding, and provide open space for recreation, education, and aesthetic enjoyment. The City of Maplewood has 300 or more wetlands in its boundary. In order to protect this important resource the Maplewood Environmental and Natural Resources Commission reviewed Maplewood's existing wetland ordinance and has recommended modifications of the ordinance to the City Council.

(City Council To Review Wetland Protection Ordinance continued on page 5)

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Information 651.249.2103  
 Group Information 651.249.2203  
 Birthday Party Information 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

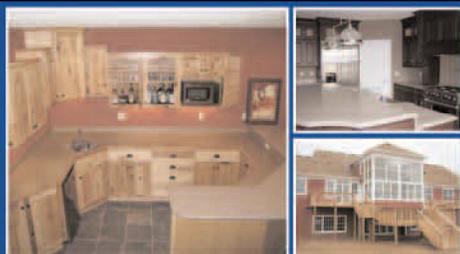
## Maplewood Meeting Schedule

City Council: Monday, April 13 & 27 at 6:30PM  
 City Council Workshop: Monday, April 6 at 5:00PM  
 Citizen Forum: Saturday, April 4 at 10:00AM  
 Environmental & Natural Resource Commission: Tuesday, April 7 at 5:15PM  
 Planning Commission: Tuesday, April 7 & 21 at 7:00PM  
 Community Design Review Board: Tuesday, April 14 & 28 at 6:00PM  
 Park Commission: Wednesday, April 15 at 7:00PM  
 Housing & Redevelopment Authority: Wednesday, April 8 at 7:00PM  
 Historical Preservation Commission: Thursday, April 16 at 7:00PM  
 All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

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## MAPLEWOOD COMMUNITY CENTER



**SATURDAY, MAY 2, 2009 12:00 - 4:00PM FREE ADMISSION!**  
Maplewood Community Center, 2100 White Bear Avenue

Whether you are remodeling, rebuilding, relocating or just reinvesting in your home, the Maplewood Community Center Home and Garden Expo is the place for you. Offering something for everyone from the do-it-yourself specialist to the hopeless homeowner in need of a little (or a lot!) of help, this event is a great opportunity to learn more about home and garden projects of all shapes and sizes. See the latest products and services that contractors, housing experts, remodeling gurus, and landscaping masters have to offer. Talk with specialists and visit vendor booths specifically designed to help homeowners considering improvement projects, landscaping or a new home purchase. This family-friendly event will include Home Depot bird house building for the kids and educational seminars on a variety of home and garden projects for the adults! And the best part of all? It's all FREE!

### FREE! ATTEND BOTH SESSIONS:

**1:15PM – Carina McCall Schafer & Carrie Troske from Remax**  
Tricks of The Trade: Secrets of Selling In Today's Market

### 2:15PM – Generation Green Contractors

Moneysaving Renewable Energy Systems and Eco-friendly Materials. Learn just how easy and affordable it can be.

Call 651.249.2103 for more information.



## Spring Clean-up Day

Saturday, April 25, 7:00AM to 1:00PM

In the Aldrich Arena parking lot at 1850 White Bear Avenue

Maplewood residents, with proof of residency, will be able to dispose of appliances, tires, construction debris, mattresses, furniture, car parts, scrap metal, other assorted junk, and all electronic equipment such as televisions, computers, monitors and cell phones. **NO BRUSH OR TREE WASTE WILL BE ACCEPTED.**

In conjunction with Maplewood's Spring Clean-up Day, Ramsey County will be collecting household hazardous waste items including oil, antifreeze, and paint free of charge. Ramsey County will also be accepting these materials on April 24 from 10:00AM to 6:00PM

Bicycles in any condition will be collected by Re-Cycle, a used bicycle shop in Minneapolis. A re-used bicycle saves approximately 175 pounds of carbon dioxide emissions by reducing the need to produce a new bicycle. For more information, visit re-cycle.com.

In conjunction with this event, Maplewood will also be **sponsoring a food drive for the Second Harvest Food Bank. Containers will be set up to collect food items. Tuna, peanut butter, macaroni and cheese, canned soups and vegetables, infant items, dried foods and cash are needed.**

### COLLECTION FEES (CASH OR CHECK ONLY)

TYPE OF LOAD		E-WASTE	
Cars without a trailer	\$15	Televisions	\$10
Cars with a trailer	\$20	Computer/Monitor	\$15
Pickup Trucks	\$20	Printers	\$5
Large loads	\$50 plus	DVD/VCR	\$10

### INDIVIDUAL ITEMS

Car tires on or off rims	\$4
Appliances	\$15

For more information, call 651.249.2400.

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By Erik Hjelte

## Issues That Affect You...March 9, 2009

Unfortunately, the original article that I wrote for this edition of the Maplewood Monthly was censored beyond recognition by the City. There are many efforts within Maplewood City government to limit and control your personal freedoms. Sadly they now control the City newsletter as well.

It is shameful that the Press is also silent on these efforts. It is even more concerning when your own government is gripped by fear and closes its' doors by limiting and distorting the truth. When our founding fathers created this country, they established many checks and balances. Sadly now we must fight to try and protect the People from the very government that they themselves created. The wonderful patriots at [www.friendsofmaplewood.com](http://www.friendsofmaplewood.com) have agreed to post the article I wrote and submitted. I am sure that yet another story on recycling or rain gardens can easily be substituted and the vast majority of people will never discover what is really happening in their city. Woodburning smoke restrictions, more lawsuits, more tax increases, wetland ordinance changes (the real truth), etc...

Remember and never forget those that have fought and died so that we may live free, for now...

Disclaimer; I am not running for re-election and I am proud to have NEVER accepted political \$\$\$ from anyone.

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*



### Don't Miss This Years First Ever...

All American LumberJack Show at the July 4th Celebration! Great family fun starting at 4:00PM at Hazelwood Park, 1663 East County Road C. Fireworks display at dusk, food vendors, and competitive games...SAVE THE DATE!  
For more information, call 651.249.2125.

**DELTA DENTAL**

DELTA DENTAL OF MINNESOTA

## Hop into A Healthy Smile!

Take your photo with *The Bunny*. Delta Dental's Tooth Fairy will give a free toothbrush and toothpaste sample to every child. Bring a nonperishable food item to donate to Second Harvest Heartland and sign up to win a fabulous Healthy Spring Basket.

Spring is often celebrated with baskets filled with lots of chocolate and sugary treats. There are also many ways to create healthy spring baskets that are low in sugar but high on fun!

**Basket Ideas:**

- Nutritious, individually-wrapped or too-calorie snacks, sugarless gum and homemade trail mix
- Handheld games, playing cards, coloring books, crayons, magic markers and stickers
- Plastic dinosaurs, dolls, stuffed animals and action figures
- Beach pails & shovels, jump ropes, hula hoops, sidewalk chalk, frisbees, bubbles, balls and kites
- Gift certificates for movies, water parks and sporting events
- Books
- CDs, DVDs and cell phone accessories



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# Special Events

## Date Nights & Movie Days

Let the good times roll! Enjoy time to yourself or plan an evening out with your spouse while the kids party and play with friends in Maplewood Community Center child care. Children will eat dinner (pizza and juice), watch a movie, and partake in stimulating and entertaining games. **You do not need to be a MCC Member or Kids Club Member to participate.** Call 651.249.2230 to register!

### DATE NIGHTS 5:00 - 9:00PM

Friday, April 3, 17, May 1, 15, 29

Saturday, April 11, 25, May 9, 23

#### Cost includes dinner:

\$15.00/per child \$30.00/per family (maximum of 4 in a family)

Reservations required.

### MOVIE DAYS: 1:00 - 3:00PM

We also offer Sunday afternoon movies. Cost is \$5.00 per child and kids eat popcorn and juice while watching a film.

April 12 – Chitty, Chitty, Bang, Bang

April 26 – The Bee Movie

May 10 – Toy Story 2

May 27 – The Incredibles

## Daddy Daughter Dance

FRIDAY, APRIL 24, 6:30 - 8:00PM



Dad, take your daughter out and enjoy great music, dancing and goodies as memories are made on this special night. Each young lady will receive a corsage and each couple will receive a memory keepsake photograph of their special date. All participants registered by April 10 will be entered to win a fabulous prize! This semi-formal dance, for girls ages 5-12 years, will be held at the Maplewood Community Center. Cost is \$27.00/couple and \$8.00 each additional child (\$20.00/couple and \$5.00 each additional child for MCC members). Call 651.249.2230 to register.

## Kid's Stuff Sale

FRIDAY, MAY 1, 4:30 - 7:30PM Free admission!

Take advantage of this opportunity to buy/sell quality children's items, shoes, toys, books, movies, large and small equipment, strollers, bicycles, maternity clothing and lots more at a terrific price! All items/clothing for sale will be for children ages 0 to 13 years. To reserve space for selling, call 651.249.2230.

Cost is \$20.00 per space and includes two 7' x 3' tables and chairs.

There are only 18 spaces available and reservations are given out on a first come basis.

## Star-Stunning Performers at the Maplewood Community Center Theatre



### Michael Johnson - Solo Performance

Thursday, April 23 at 7:30PM

Singer, songwriter, and guitarist Michael Johnson takes the stage for an intimate solo performance. Known for his hits such as, "Bluer than Blue," "Give Me Wings," "That's That," and many more, Michael Johnson is considered a master guitarist. Don't miss this captivating performance! Tickets: \$23.00 - \$28.00

### Peterson Family Concert

Saturday, May 9 at 7:30PM

See members of Minnesota's first family of music - the Petersons! Led by matriarch Jeanne Arland Peterson and her daughter Patty Peterson, this talented musical family includes artists from four generations. Renowned jazz vocals, extraordinary piano accompaniment, and all around musical talent combine for a powerful do-not-miss performance. Tickets: \$20.00 - \$24.00

### Lorie Line

Friday, May 15 at 7:30PM

Enjoy an intimate evening with Lorie Line and five of her favorite Pop Chamber Orchestra musicians. Spend a casual night around the piano as Lorie Line plays some of her favorite songs and tells the great stories that go behind them! Tickets: \$37.00 - \$40.00

Call 651.249.2230 for tickets!

## You're Invited to a Firey Fun Birthday Party!



Have five alarm fun with a themed birthday party complete with a visit from the Maplewood Fire Department!\* Call 651.249.2203 to book your party today!



\*Limited number of visits available

2100 White Bear Avenue • [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

## City News

### City Council To Review Wetland Protection Ordinance



(continued from cover) The city's current wetland ordinance was adopted in 1995 and is based on the Ramsey-Washington Metro Watershed District's wetland classification system. In 2005 the watershed district reclassified all of the wetlands within their district, including a majority of the wetlands in Maplewood. The new classification system is based on the Minnesota Routine Assessment Method for classifying wetlands, which is a more scientifically based approach to wetland classification than their previous system. Maplewood proposes to adopt this new classification system for all of the city's wetlands.

In addition to reclassifying wetlands, the proposed ordinance would implement new wetland protection regulations including buffer protections. The buffer is the zone of vegetation around a pond or wetland. Buffers help filter pollutants and protect the wetland from human disturbance. To view the proposed ordinance amendments, visit the Maplewood city website at [www.ci.maplewood.mn.us/wetlands](http://www.ci.maplewood.mn.us/wetlands). For additional information please contact Shann Finwall, Environmental Planner at 651.249.2304 or [shann.finwall@ci.maplewood.mn.us](mailto:shann.finwall@ci.maplewood.mn.us) or Virginia Gaynor, Natural Resources Coordinator at 651.249.2416 or [virginia.gaynor@ci.maplewood.mn.us](mailto:virginia.gaynor@ci.maplewood.mn.us).

### Two Vacancies On The Community Design Review Board

The Maplewood Community Design Review Board (CDRB) is a five-member advisory committee to the city council. The CDRB reviews building design, site plans, and landscape for proposed multi-family, commercial and industrial development in Maplewood. The CDRB's goal is to approve attractive developments in architectural design, the use of proper landscape materials and a functional and attractive layout. The CDRB meets on the second and fourth Tuesdays of each month in the Maplewood City Hall Council Chambers at 6:00PM.

There are currently two vacancies on the CDRB. The City Council appoints residents who volunteer to serve on City commissions and boards. Applications for the Community Design Review Board, can be downloaded from the city website on the CDRB webpage or you may pick one up at City Hall. **The deadline for applications is April 15.** For more information, call 651.249.2000.

### Working To Improve Maplewood Parks



The Park and Recreation Commission is set up to advise the City Staff, Manager and City Council in all matters pertaining to public parks and recreation. This year we have much planned. In February the Park Commission had a joint meeting with the Environmental Commission to make Maplewood more sustainable.

Late last year the Park Commission set up a task force to explore adding a dog park in North Maplewood. Currently, there is a large dog park in South Maplewood at Battle Creek. The task force will be reporting to the full Commission at each meeting and will be developing recommendations for a possible dog park and locations.

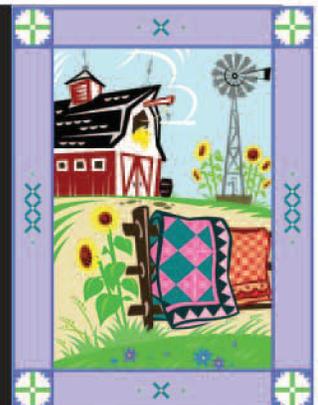
The Parks Commission has started the park planning process to redevelop Lions Park which is very tired and facing drainage issues. During the next several months we will be involving the neighbors around Lions Park, in a public park planning process to redevelop the Park to meet their needs in a way that will also solve the drainage issues. If you live in the area keep an eye out for information on upcoming meetings.

In the next few months planning will also start for a tot lot park in the Legacy village area. Residents will have an opportunity to submit their ideas into the park design, type of playground equipment to install and also what to name the park. We look forward to hearing from everyone in this exciting process.

For more information on the Parks and Recreation Commission visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and follow the links to Resident Boards and Commission or call 651.249.2300.

### Old Fashioned Quilting Bee Saturday, April 4, 10:00AM - 2:00PM FREE EVENT!

Join the Maplewood Historical Society to help stitch a hand-applied quilt at the historic farmhouse. Learn about quilts and enjoy a delicious lunch. A small donation for lunch is requested. To register, call 651.748. 9009.



## Maplewood Fire Department Partners With East Metro Hospitals

By Steve Lukin, Fire Chief



In 2008, the fire department responded to 3,922 calls for service, up from 2007 calls for service by 139 calls or almost 4%. The increase was mainly in Emergency Medical Service calls. Our response time went from 5.10 minutes in 2007 to 5.6 minutes in 2008. Fire false alarm calls for 2007 were 207 and for 2008 they were 206. We responded to 35 dwelling fires in 2007 with an estimated dollar loss of \$310,550 and 33 dwelling fires in 2008 with an estimated dollar loss of \$140,000.

The east metro area emergency medical service providers have partnered with three East Metro hospitals (Regions, St. Joe's and United) to more definitively treat acute heart attack patients. We treat those acute heart attack patients with the Level One Heart Program that allows the paramedics to activate the cardiac catheterization lab from the field when certain criteria are met. The cardiac catheterization lab is where angiograms are performed. By activating the cardiac catheterization lab from the field, we decrease the time the heart is starved for oxygen by giving the team a head start

on preparing for the acutely ill heart patient. Quick definitive care of the acutely ill heart patient will decrease the complications and severity of the heart attack. In 2008, we used the Level One Heart Program eight times with very successful outcomes. We have also recently implemented a similar process with the same hospitals for the acutely ill stroke patients. Our service has also been very successful with saving cardiac arrest patients due to rapid response times and advanced treatments that are performed in the field. In 2008, 53% of the cardiac arrest patients regained a pulse and were transported to a local emergency room. This would not be possible without all of the efforts of our paramedics and EMTs.

### On the Police Scanner

In February, the Maplewood Police Department responded to 1,612 calls for service. Included in this number were the following incidents:

- 22 Assault Cases
- 4 Robbery Case
- 22 Burglary Cases
- 113 Theft Cases
- 37 Criminal Damage to Property Cases
- 8 Auto Theft Cases
- 35 Theft from Vehicle Cases

In addition, Officers made 54 arrests for shoplifting, 27 arrests for DWI.





## Bennett Photography

Kristina & Dan Teeter



Weddings  
Seniors  
Babies  
Children

Family  
Architecture  
Events  
Pregnancy

[www.teeter.com/bennettphoto](http://www.teeter.com/bennettphoto)

651-340-3810      [kristina.bennettphoto@yahoo.com](mailto:kristina.bennettphoto@yahoo.com)



## The Foreclosure Crisis And How It Affects Maplewood

By Robert Mittet, Finance Director

The foreclosure crisis is very evident to all of us. Regardless where you live, you have seen the “for sale” signs. News stories talk about the burden on city and county finances around the nation. Perhaps you have seen the un-shoveled, un-used driveway or the junk in the yard that indicates an abandoned house in your neighborhood. Perhaps your family is struggling to avoid foreclosure or maybe you have heard something about the Stimulus Package and some incentives for first-time homebuyers. The foreclosure crisis is touching all of us in many different ways.

### How serious is Maplewood’s problem?

In summary, Maplewood does not have unusual or serious problems stemming from the national foreclosure problem. While Maplewood has cause for concern, we do not have cause for alarm.

Bringing the analysis closer to Maplewood, we look at Ramsey County. Compared to the following 9 metropolitan area counties, Sheriff Certificates of Foreclosure recorded compare as follows:

Sheriff Certificates of Foreclosure Recorded					
	2005	2006	2007	2008	2003-08
Scott	148	328	607	952	1070%
Wash.	245	434	878	1258	953%
Wright	196	305	748	1013	913%
Ramsey	644	1466	2352	3027	770%
Dakota	462	920	1610	2027	768%
Anoka	501	864	1681	2391	687%
Henn.	1693	3055	5668	7350	680%
Sherb.	223	339	630	868	653%
Carver	89	114	286	341	455%

Source: Stephen Baker, Ramsey County Assessor

Ramsey County, like all metro counties, has experienced large increases in foreclosures in recent years. Of the 9 counties, however, Ramsey County has the 4th largest increase putting it in the middle of the range of increases. Once again, there is cause for concern but Ramsey County is quite typical.

### Does your neighborhood have a vacant home that is a nuisance?

Maplewood maintains a Code Enforcement function that is responsible for working with properties that do not meet minimum requirements of state building and housing codes or local ordinances. Call 651.249.2633 (249-CODE) to report violations or for more information, go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us), go to Departments then Code Enforcement.



**What if you are having trouble with your mortgage?** Statistics indicating Maplewood’s problems not cause for alarm are one thing but what if you are or may become one of these foreclosure statistics? If that is your situation, the only meaningful statistic is that you are not alone and there are more people in your

situation all the time. There are resources out there that may be able to help you. Visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) to learn more.

### Are you thinking about buying a home?

House prices are down and the Economic Stimulus Package signed in February provides incentives to first-time home-buyers. Last year, Congress provided taxpayers with a refundable tax credit that was equivalent to an interest-free loan equal to 10% of the purchase of a home (up to \$75,000) by first-time home buyers. The provision applied to homes purchased on or after April 9, 2008 and before July 1, 2009. Taxpayers receiving this tax credit were required to repay any amount received under this provision back to the government over 15 years in equal installments (or earlier if the home was sold). The credit phases out for taxpayers with AGI in excess of \$75,000 (\$150,000 in the case of a joint return). The new law enhances the credit by eliminating the repayment obligation for taxpayers that purchase homes on or after January 1, 2009. It also extends the credit through the end of November 2009, and bumps up the maximum value of the credit from \$7,500 to \$8,000. Visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) to learn more.

Indeed, the foreclosure crisis is touching all of us in many different ways. There is much information available to those who need it. The City of Maplewood will continue to participate in managing this crisis so as to maintain the quality of life we all enjoy.

## City Offers Cost Share On Rainbarrels

By Ann Hutchinson, Lead Naturalist

Capture rain water from your roof for use on lawn and gardens with a rainbarrel. Plastic 55 gallon size rainbarrels will be offered to Maplewood residents through a partnership with the City of Maplewood and Green Institute's Maplewood Reuse Center. These barrels will be offered for a reduced cost of \$45.00 to residents. They will be sold on a first come, first serve basis, from a limited supply. Two barrels may be connected for increased storage.

To learn more, and get rainbarrel order forms, visit the City website ([www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc)) and click on rainbarrels. If you do not have access to the web, forms can be picked up at the nature center, or we can mail one to you. Payment and order forms are due April 22, 2009. You will then need to check the website, or call the Nature Center at 651.249.2170 to see when the barrels will be available for pick-up at the Maplewood Re-use Center.

## Need A Ride?



Have you had the pleasure of riding with NEST? It's NorthEast Suburban Transit and it's been part of the community for over 20 years.

The mini-bus will pick you up at your home

and take you anywhere in the cities of North Saint Paul, Maplewood, and Oakdale -- plus to Century College, Hillcrest Shopping Center, Sun Ray Shopping Center, NE-YMCA, and K-Mart in White Bear Lake. The one way fare is only \$2.25 and you may transfer to a mainline Metro Transit bus or a Lake Area Bus for no extra charge. Service hours are Monday - Friday, 6:00AM to 6:00PM)

To schedule a ride, simply call 227-NEST (6378) at least two hours prior to your pick up time, Monday-Friday, 8:00AM to 4:30PM. Ask about standing order subscriptions and fixed routes.

## BUY 3 MONTHS GET THE 4th FREE.



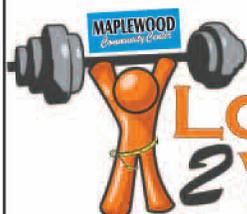
Offer Starts May 1 &  
Ends May 31, 2009  
(651) 249-2230



Congratulations "Perkisizers"!  
Winter 08/09 Dodgeball League Champions!

Maplewood Community Center will be closed Sunday, April 12 for Easter. Spring/Summer Hours start May 1.

## COMING JUNE 8TH



LOSE 2 WIN

Summer Melt Down  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)



Melt away the pounds.  
651.249.2230

## 2009 Camp Fair at Maplewood Mall

April 25-26, 2009  
Saturday from 10 a.m. to 8 p.m.  
Sunday from 11 a.m. to 6 p.m.

Speak one-on-one with camp providers. Enjoy FREE activities for kids on stage and off! Pick up a camp expo passport at the Maplewood Mall Guest Service Booth. Fill up the camp expo passport and return to Guest Services for an automatic prize and a chance to enter to win a grand prize, compliments of the mall! Participants will also find exclusive discounts to select mall retailers, great entertainment, enter to wins, and activities scheduled mall-wide.

Camps include: Girl Scouts of Minnesota and Wisconsin River Valleys, City of Woodbury, Parks and Recreation, YMCA of Greater St. Paul and Minneapolis, John Roberts Powers Academy, and many more!

## MAPLEWOOD MALL

Located two blocks South of Hwy 694 on White Bear Avenue®

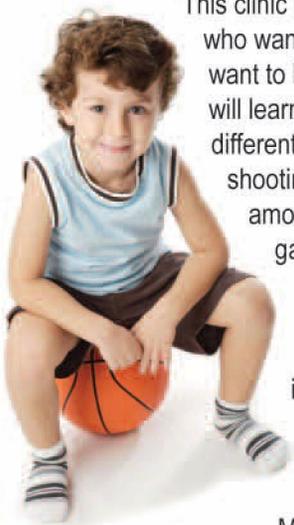
SIMON MALLS | more choices®  
Shopping line 651.770.5020



# Family & Home School Programs

## Youth Basketball

THURSDAY, MAY 7 - JUNE 11



This clinic is great for boys and girls grades K-5 who want to learn the basic skills of basketball or want to be introduced to a new sport. Participants will learn the basics first: rules of the game, the different lines on a court, dribbling, passing, shooting, offensive and defensive positioning among other skills. All building up to playing games the last two weeks of class.

Basketball hoop heights will be adjusted to meet the needs of participants. Each player will receive a cool clinic shirt! This is a wonderful opportunity for your child to try something new. Class takes place at the Maplewood Community Center gym and cost is \$50.00 (\$40.00 for MCC members).

Call 651.249.2230 to register.

K-Grade 1	5:30 - 6:25PM
2nd Grade - 3rd Grade	6:30 - 7:25PM
4th Grade - 5th Grade	7:30 - 8:25PM

*New!* Maplewood Community Center



Maplewood Community Center is an award-winning facility with innovative programs that focus on the fundamentals of Home School needs to fulfill their physical education requirements. Our wide range of programs are designed to improve athletic performance. Students can choose from: **Red Cross Swim Lessons, Kid's Beats, Soccer, Karate, Phy Ed Fun, Floor Hockey, Fencing, Spanish, Kid's Club, Wiffle Ball, Flag Football and more.** Classes are held each Wednesday at the Maplewood Community Center between 1:00 and 3:00PM. Membership is not required for participation. For more information, or to register call 651.249.2230.

## Guitar Lessons

### Beginning Guitar Lessons

MONDAYS, APRIL 20 - JUNE 8

6:30 - 7:25PM or 7:30 - 8:25PM

(Free Demo Day APRIL 13, 6:30 - 7:30PM)

If you always wanted to learn how to play guitar, here is your chance. Dave Roby, a local musician is offering beginning guitar lessons for those who want to learn to play guitar the easy way. Learn to play chords, your favorite songs and tune your guitar with one on one instruction!

### Level 2 Or Continuing Guitar Lessons

TUESDAYS, APRIL 21 - JUNE 9

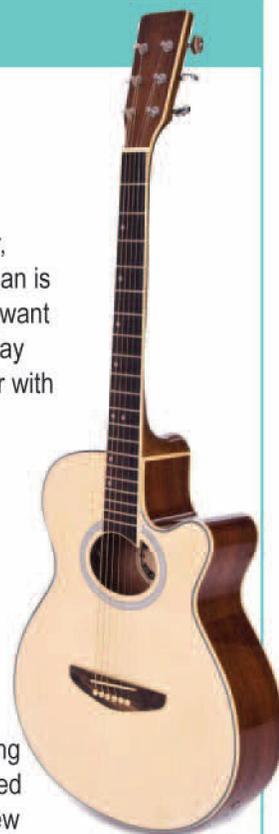
Level 2: 6:30 - 7:25PM

Continuing Guitar: 7:30 - 8:25PM

(Free Demo Day APRIL 14, 6:30 - 7:30PM)

Level 2 guitar lessons, are for those who have completed beginning guitar lessons or for individuals who would like a refresher. Continuing guitar lessons are for those who have progressed through level 2 and want to continue to learn new theories, songs, and keep aquired skills fresh.

Lessons are for ages 10+ and will be held at the MCC. Participants are required to bring their own guitar. Cost is \$70.00 (\$60.00 For MCC members).



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Theater Productions and Theater Education for the whole family



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Visit our web site for details.  
Classes fill fast. Reserve your spot today.

[www.ashlandproductions.org](http://www.ashlandproductions.org)

651-274-8020

# Family & Adult Programs

## T-BALL AND SOFTBALL

Maplewood Parks and Recreation will be providing a wide variety of summer youth sports for girls and boys grades K-12. All information for T-Ball, Coach Pitch Baseball, and Softball can be found at our website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) in the Youth Sports section in Recreation Programs.

## ADOPT A PARK FOR CLEAN UP

**SATURDAY, APRIL 18**

Families, Adults, Groups, and Athletic Teams are invited to gather with your neighbors! Help pick up trash at the park you use the most. Call 651.249.2170 to reserve a clean-up kit including trash bags, plastic gloves, snack and beverage. Pick up your kit at the nature center on Friday, April 17 from 9:00 - 6:00PM. No kits will be available on Saturday. *Kits are free of charge – sponsored by City of Maplewood Parks Commission.*

## DIGITAL PHOTOGRAPHY CLASS

**TUESDAY, APRIL 21, 6:00 - 8:00PM**

Join photographer Ellen Wold to learn some tips and tricks of taking better nature photos. Meet at the Maplewood Nature Center and carpool to the Priory Preserve, just a short mile distant. You may enter your best shots for the Friends of Maplewood Nature 2010 Calendar if you choose. There will be \$25.00 prizes and one \$100.00 prize. Bring your own camera and tripod. Cost is \$10.00 per person and you must preregister by calling 651.249.2170.

## WILD GARDENS

### TAKING CUES FROM NATURE

**SATURDAY, APRIL 25, 10:00AM – 4:00PM**

**MAPLEWOOD NATURE CENTER, 2659 7TH ST. E.**

Gain inspiration from informative presentations, and practical outdoor tours of the nature center's newly renovated campus. Cost is \$20.00. Call 651.249.2170 to preregister by April 20.

## MAY DAY CELEBRATION!

**FRIDAY, MAY 1, 4:30 – 6:30PM**

**MAPLEWOOD NATURE CENTER, 2659 7TH ST. E.**

From roof to raingardens - the nature center's new landscape celebrates water. Examine the infiltration planter, channels, and rainbarrels to see if they will work in your landscape. Enjoy music, the antics of costumed characters, cake and the ribbon cutting ceremony. Sign up for door prizes! Appetizers and beverage provided. A free event for all ages. Call 651.249.2170 for more information.

## BEST OF BALLROOM: FOXTROT, SWING, AND MAMBO

**SUNDAYS, APRIL 19 - MAY 31, 7:00 - 8:00PM**

Get the best of all worlds and learn ballroom, latin and swing dancing in our fun and easy class. We'll cover the Foxtrot, Swing, and Mambo. This is a great class for anyone wanting to learn a variety of dances. Class is held in the Maplewood Community Center Fitness Studio and is for ages 16+. Cost for couples is \$110.00 (\$85.00 for MCC members) and cost for individuals is \$65.00 (\$50.00 for MCC members). Call 651.249.2230 to register.

## POWERKICK CLASS

**TUESDAYS, MAY 5 - JUNE 16, 5:30 - 6:15PM (NO CLASS MAY 19)**

Joe Abboud, invites you to jab, hook and snap kick to a leaner toned body in this *new improved* PowerKick class!!! PowerKick combines basic kickboxing techniques and boxing drills on snap pads. Great for all fitness enthusiasts! This class is choreographed to challenge both the mind and body and is an invigorating, stress-relieving workout. Encourage a "sparring" partner to register with you or participants will be partnered in class. Gloves required and sold at the MCC Sport Shop. Cost is \$48.00 (\$36.00 for MCC members). Call 651.249.2230 to register.

# FREE

## Water Park Passes!

We appreciate  
you registering at  
[www.MomTalk.com!](http://www.MomTalk.com)

As a thanks we'd like  
to offer your family  
**TWO FREE PASSES**  
to the  
Water Park of America!

*Sign up today!*

*mom* talk<sup>SM</sup>.com  
Twin Cities



# City of Maplewood

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www.ci.maplewood.mn.us

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Upon request, this newsletter will be made available in an alternate format.

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### Are You Composting?

Backyard composting is easy! A few inexpensive supplies are all you need to set up a compost pile in your own backyard. Or you could set up a backyard compost bin which provides a convenient place to get rid of weeds, leaves and other yard waste, as well as organic kitchen scraps. Composting is a process that allows organic materials such as yard waste or fruit and vegetable scraps to be broken down naturally and converted into a valuable soil additive. By setting up a home composting system, you can reduce the amount of trash your household sends to incinerators or landfills while producing a fertilizer for house or garden plants.

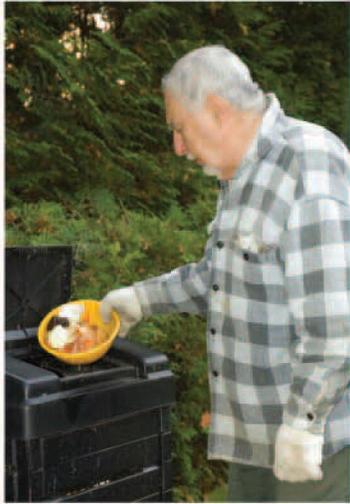
### Backyard Composting Workshops

To learn more about the environmental benefits of composting and how you can easily reduce waste at home, attend one of the city's backyard composting workshops this spring. During these workshops Nature Center staff and Eureka Recycling, the city's waste reduction partner, will help you successfully get started on backyard composting by offering tips for maintaining a healthy compost pile or bin. After the workshop you can go home with your very own compost bin (The Earth Machine). Workshops are offered at the Nature Center, 2659 East 7th Street, and the cost is \$5.00. A bin can be purchased and picked-up at the workshop for \$45.00 (bins normally retail for \$100).

May workshops: Monday, May 11, 7:00 to 8:30PM or Saturday, May 23, 10:00 to 11:30AM

June workshops: Saturday, June 20, 10:00 to 11:30AM or Monday, June 23, 7 to 8:30PM

More information can be found on the city's website at [www.ci.maplewood.mn.us/recycling](http://www.ci.maplewood.mn.us/recycling).





**Carina & Carrie**  
[www.servingupSOLDs.com](http://www.servingupSOLDs.com)



Visit us at the Maplewood Home Expo May 2nd, 12-4PM. We will present the BENEFITS of Buying & Selling in today's market. Free give aways and prize drawings!

**Carina McCall Schafer**  
(651) 308-6898

**Carrie Troske**  
(651) 341-6633



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8500 Hudson Blvd N, Lake Elmo  
All offices:  
651-225-2700 [www.cccu.com](http://www.cccu.com)



# Maplewood Monthly

May 2009 City Newsletter

## Save The Date

- **Maplewood Community Center Theatre**  
-Peterson Family Concert  
Saturday, May 9 at 7:30PM  
-Lorie Line  
Friday, May 15 at 7:30PM
- **Scout Day**  
Saturday, June 13, 10:30 - 2:30PM  
at the Maplewood Community Center
- **July 4th- New!** All American  
LumberJack Show & Fireworks
- **Taste of Maplewood**  
Thursday, August 13  
with Belladiva, Lamont  
Cranston & Radio Disney



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21 Youth

23 Adult

24 Active Adult (55+)

25 Family

26 Martial Arts/CPR

## Grow With Maplewood Recreation

You can't grow a garden without the right tools — and the same holds true for growth as individuals. Big achievements in life start with small successes. Like learning to be part of a team or figuring out that excellence comes from a daily commitment of time and hard work. Maplewood's recreation programs give children an opportunity to learn these life lessons, to experience success early, and to dream big. Recreation helps to build future leaders by giving youth the opportunity to lead. Personal achievement -- it starts in recreation.

There has never been a better time to get involved in your community recreation programs. Watch for your copy of the Maplewood Monthly the first week of each month where you'll find a wide variety of innovative and affordable fun family activities sure to pique your interest.

**Note: The Maplewood Monthly has taken the place of the quarterly Maplewood Recreation issue previously published.**

### Maplewood Needs Your Help!

There are many Maplewood families in need of scholarship monies to have the opportunity to participate in recreation programs. For example, one \$200 donation gives two children one week of day camp or six children the chance to play summer soccer. No donation is too small! All donors will be recognized in a thank you ad in the Maplewood Monthly newsletter. For more information, call 651.249.2124.



## The 411 On Maplewood

Are you looking for Maplewood City Council minutes from 1983? Or maybe you would like to receive E-newsletters on new classes, and specials being offered at the Maplewood Community Center? Well you're in luck, simply visit our website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "E-Services" where you'll find a link to our Document Archives and our E-mail Notification Sign-up. View and download City Council minutes from the past 40 years and sign-up to be notified on everything from Nature Center activities to Public Safety alerts.

In the future you'll be able to watch replays of all City meetings from your computer. You'll be able to view entire meetings or browse specific portions of a meeting all from the comfort of your own home.

Visit our new user-friendly website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and take advantage of all YOUR City webpage has to offer.

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, May 11 & 28 at 6:30PM  
 Community Design Review Board: Tuesday, May 12 & 26 at 6:00PM  
 Environmental & Natural Resource Commission: Tuesday, May 5 at 5:15PM  
 Housing & Redevelopment Authority: Wednesday, May 13 at 7:00PM  
 Citizen Forum: Saturday, May 2 at 10:00AM  
 Park Commission: Wednesday, May 20 at 7:00PM  
 Planning Commission: Tuesday, May 5 & 19 at 7:00PM  
 Historical Preservation Committee: Thursday, May 21 at 7:00PM  
 All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.

**City Hall will be closed:**  
 May 25 (Memorial Day)

# Mother's Day Sale

Unique Quality Gifts For Mom!  
 JEWELRY & HOME DECOR

RELAXATION & WELL-BEING  
 Featuring over 40 styles of fountains  
 starting at \$24.99, over 100  
 varieties of candles, oils  
 and incense.

**\$5.00 OFF**  
 purchase of \$20.00 or more  
Expires May 10, 2009. One coupon per purchase.

**\$10.00 OFF**  
 purchase of \$50.00 or more  
Expires May 10, 2009. One coupon per purchase.

**\$20.00 OFF**  
 purchase of \$100.00 or more  
Expires May 10, 2009. One coupon per purchase.

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[www.internationaltouchstore.com](http://www.internationaltouchstore.com)

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## Program Registration Options

**Register for most classes online today at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) or:**

### Visit Us:

At MCC Customer Service  
2100 White Bear Ave.  
Monday: 9:00AM - 7:00PM  
Tuesday - Friday: 9:00AM - 5:00PM  
Saturday: 9:00AM - 12:00PM

At the Nature Center  
2659 East 7th Street  
Tuesday - Saturday: 8:30AM - 4:30PM

### By Phone:

MCC/P&R Programs  
651.249.2230

*To register for nature center programs: send or drop off payment to MNC, 2659 East 7th Street, Maplewood 55119. Call to register for free programs 651.249.2170.*

## Advertise with us!



Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. Your target market! The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

*"I highly recommend advertising with the City of Maplewood. I have been in business for 11 years and I have tried a lot of advertising. I have received the most response from the City of Maplewood. I have committed to a year with them and would advertise with them again!"*

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## Dear Friends and Neighbors, Greetings! Happy Spring.

It's good to be writing this month for the Council Corner once again! I MISSED you!

In the past few months, there has been a tremendous amount of news at City Hall. In 2006, 2007 and a portion of 2008, the citizens had the opportunity to hear from two or more members of the council in each and every city newsletter. Then in mid 2008 the council majority decided citizens need only hear from one council member per month on a rotating basis. I voted: "Nay". It remains my belief citizens deserve more news from their elected officials – not less. I remain hopeful that when I ask the Council to reconsider their decision to limit council articles in the city newsletter (and the unintended consequences of that decision) they will support my motion to expand the council corner to permit an article from any council member (including the mayor) who wishes to write an article.

With that said, how do I choose what items must be communicated to the citizens of Maplewood given this is my one and only article I am allotted by the vote of the council majority for this period of several months? I had a list of items as long as my arm but I had to prioritize. Hopefully I have selected information that is informative and useful to you.

## Welcome, Mr. Antonen.

To start things off, I wish to welcome Mr. Antonen as our new city manager who was sworn in on March 9, 2009. Mr. Antonen has informed council and citizens alike that he has an "open door policy". It is my hope that this open door policy includes viewing citizens as a credible source of institutional memory. Over the years, many citizens in our community have gathered the facts as they championed transparency in local government, staff accountability, fiscal responsibility, best management practices and the like. Unfortunately, some of those citizens most vocal have come away from their endeavors disenfranchised. Developing and nurturing positive partnerships between City Hall and citizens requires open communication, transparency, respect and setting personal agendas aside.

## The Economy.

When I stop to talk to citizens in the grocery store or about town, the state of the economy, jobs, taxes and government spending are the primary topics of conversation. On the national level, our President has taken steps to freeze wages. The State of MN has a substantial deficit to deal with and local governments are making cuts in their labor force or freezing wages in an effort to save jobs at the local government level. Citizens ask me, "What is Maplewood City Hall doing for their part?" I can only direct them to the votes and the actions taken by the council majority. Maplewood is a plan B city so

while I may be the mayor, I only have the power of one vote.

Prior to Mr. Antonen coming on board, it is the perception of many that top administrators, together with the council majority, made financial decisions for our city as if we live in a vacuum - ignoring the local economic indicators of a distressed economy that suggest local government should tighten its belt. Over the past 18 months, Maplewood has seen an increase in foreclosures and lender mediated home sales; an increase in vacant commercial properties; a decline in 3M stock value; and a dramatic slow down in new construction.

## City Budget.

The 2009 budget approved by the Council majority (Juenemann, Rossbach, & Nephew) in December 2008, budgeted for an approximate 2% pay increase for city staff across the board. This approved 2009 budget was based on projected revenue streams from property taxes and fees charged for services or permits. Then on January 12, 2009, the final employee contracts presented to the Council for approval obligated the City to pay MORE in employee compensation for 2009 and 2010 combined (salary increases, deferred compensation increases and fully paid medical deductibles) than what was budgeted just the month before.

During the brief Council discussion, I suggested that since the employee contracts were over budget, Council should include a "re-opener clause" that would require the City to reopen the contracts for re-negotiation before laying off employees in the event of budgetary short-falls in 2009 or 2010. This would create a win-win situation for the City, the employees and the citizens. Staff, at all levels, would have the opportunity to work at a renegotiated compensation rate and keep their job rather than wonder if their job was next on the "chopping block". The City would benefit because they could renegotiate compensation that is within the City's budget. The Citizens would win because the City would be in a better position to maintain staffing levels to provide the service levels at a time of economic and budgetary distress. However, my suggestion to include a "re-opener clause" was responded to by some on the Council with deaf ears, with disdain or by anger. I was told to just move along and vote. And so we voted on the city employee contracts, unchanged, over budget, with NO re-opener clause.

Without the re-opener clause, I could not in good conscious vote for the contracts knowing they were over budget and most certainly would result in lay-offs or a decrease in service levels to our citizens. A local independent, citizen run newspaper has the contracts posted on line. Motion for approval of the contracts:

Ayes: Councilmembers Hjelle, Juenemann, Nephew, & Rossbach  
Nay: Mayor Longrie

## Wow! Our projections were off!

On Feb. 23, 2009, less than 2 months after approving the over budget contracts, it was disclosed to the council that the 2009 revenue projections, just adopted as part of the 2009 budget in December 2008, had to be adjusted roughly \$408,000 downward because construction permits and plan reviews were down. The Council was told that City Administration didn't see it coming. However, the astute observer who reads the papers, watches the regional market trends and observes the declining construction in Maplewood over the past 24 months could have seen it coming. I am hopeful that with Mr. Antonen on board that this type of situation does not happen again.

## Permanent Protection of Neighborhood Preserves.

Folks, you may remember my City Newsletter article early in 2007 when I first rolled out the Conservation Easement Initiative for the permanent preservation of our Neighborhood Preserves. Since that date so long ago, we have had a wealth of community discussion at the citizen level, the commission level and at the Council level. We have nearly completed Phase I of Maplewood's Open Space Protection Plan where we assessed the use of a conservation easement as an appropriate protection mechanism for five Neighborhood Preserves: the Priory, Joy Park, Jim's Prairie, Applewood, and Beaver Creek. These city owned parcels currently have master plans in place for their long term management and use. Our Conservation Easement Initiative is part and parcel to a well managed public land stewardship program serving the needs of our citizens today as well as those of future generations. It is about public ownership of the land purchased with the citizens' referendum dollars. While it appears that the majority of the Council, including myself (obviously), support a public policy of publicly owned land for parks and open space for all citizens to enjoy freely with no regard to social status, ethnic heritage or financial situation, I caution citizens to be ever watchful. Just last month (April 2009), Council member John Nephew brought forward his theory contending some of Maplewood's publicly owned open spaces or parks are destined for private ownership. Distressed economic times are when our publicly owned open spaces need our protection from the forces of development more than ever.

## The Good News – Priory Preserve.

On March 23, 2009 the Council moved forward and authorizing staff to work with MN Land Trust to draft the appropriate documentation for a conservation easement to be placed on the Priory Preserve. Ayes: Council members Hjelle, Juenemann, Rossbach & Mayor Longrie. Nay: Council member Nephew

## Sustainability Efforts

The Capstone Project: select recommendations from the report how the City can become a more sustainable community.

### Impervious surfaces and stormwater management – business district

- Goal of 15% tree canopy cover – currently most retail districts at <5%

### Vegetation

- Conduct inventory of the City's vegetation including an Urban Tree Canopy Assessment

### Connectivity and collaboration with neighboring communities

- Participate in joint environmental initiatives

### Neighborhoods and mini-parks

- Reduce high management turf cover on low use areas by planting low maintenance vegetation

- Develop an Adopt-A-Park program and a Community Garden program

### Creating a green workplace at City Hall regarding energy, transportation and waste

- Install solar panels and/or wind turbine on City Hall Campus
- Conduct transportation fleet audit and reduce fleet size
- Reduce mowing of 400 acres of turf grass
- Increase recycling on City Hall Campus from the current rate of 19%

## Wind Turbine Ordinance

Many citizens have heard me speak at various council meetings, over the past three years, of my interest in exploring the use of wind turbines and solar panels in Maplewood. Well the day has finally come! In addition to the Capstone Project report recommending the installation of solar panels and/or a wind turbine on City Hall Campus, the Environmental and Natural Resource Commission began discussing the possibility of developing a wind turbine ordinance for Maplewood at their March 3, 2009 meeting.

As always, I welcome your comments and suggestions on all matters. One and all are invited to attend the monthly Citizen's Forum, hosted by myself, held the first Saturday at Maplewood City Hall in the Maplewood Room from 10:00AM to noon or call me at 651.774.1490 or email to [mayorlongrie@yahoo.com](mailto:mayorlongrie@yahoo.com).

Best Regards, Mayor Diana Longrie

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*

Visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) for the Mayor's complete letter.

## Economy Slows, Budget Adjustments Are Made

By Chuck Ahl, Assistant City Manager

On December 8, 2008, the City Council adopted a resolution setting the maximum levy increase for the 2009 Budget at a 2.1% increase over the 2008 levy amount. This levy increase is \$310,930 more taxes collected in 2009 than in 2008. The tax levy is the amount of funds that the City collects from property taxes. The entire tax levy increase was fully dedicated to pay for bonds for improvement projects that the City has constructed during 2007 and 2008. The Council final levy decision meant that for 2009, all departments funded by taxes needed to live within the same funds as allocated during 2008. The total General Fund revenues were estimated to be \$18.49 million with permit revenue and charges for services along with the tax levy being the major source of funds that support much of the City's needs.

As the local and federal economy slows, the City's revenues are also impacted. Even though we are hearing about a major national problem with property foreclosures, current indications are that 98.5% of property taxes are being paid, even as banks are foreclosing on properties. The other revenues to the budget are

not meeting the estimates prepared in October 2008 for this year.

The major shortfalls in funds that the City expected to receive are:

• State of MN Market Value Homestead Credit:	\$480,000
• Interest Earnings on City reserve funds:	100,000
• Building Permit and Plan Review fees:	<u>475,000</u>
Total Estimated shortfall for 2009 budget:	\$1,055,000

This shortfall amounts to a 5.7% decrease in funding expected for the City operations in 2009. The State shortfall and reduced earnings were projected into the budget as areas of uncertainty. Instead of budgeting specific programs for these funds, the budget called for these revenues to be dedicated to one-time capital expenditures and reserve funds. In other words, the City budget anticipated that we may not receive all of this \$580,000 in funds due to the uncertainty from previous years with these items. These one-time expenditures will be delayed and some of the City's reserves will be used to cover these first two items.

The City also has taken steps to reduce staff levels due to the economic slowdown. Unlike many Cities in Minnesota, Maplewood does not receive Local Government Aid from the State of Minnesota. Those Cities are seeing major funding problems and are eliminating staff through layoffs. During late fall 2008, Maplewood's management offered an early retirement incentive program to a number of employees. Eight employees signed up for this program, and four of those eight positions will not be filled in the next two years which will save the City nearly \$400,000. In addition, the City has been operating under hiring restrictions for all departments, with the exception of our Police and Fire Departments. This means that there are currently seven positions within Public Works, Citizen Services, Information Technology and Parks divisions that are not filled. The 2009 budget called for nearly 164 people employed by the City of Maplewood (down from a high of 177 employees in 2006). The City is currently at 158 employees due to hiring delays and not filling vacant positions. These hiring revisions and other cost savings measures have resulted or will result in annual savings of an additional \$400,000. At this point, further reductions through major layoffs of City staff are not anticipated to be necessary.

The management staff continues to monitor funding for the City operations and the impacts of the economic slowdown. We will also begin discussions on the outlook for 2010 and other needed budget revisions. That process begins for the staff in June and will commence with the City Council holding a Truth in Taxation Hearing that is normally scheduled for the first Monday of December in the City Council Chambers.

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## Exploring Maplewood's Vegetative Cover

By Virginia Gaynor, Natural Resources Coordinator



The first step in managing natural resources is to understand what resources we have and the condition of those resources. In 2008, Maplewood received a Community Conservation Assistance Grant from the Minnesota Department of Natural Resources to help fund a study of vegetative cover in Maplewood. This study identifies and maps the different types of plant communities that exist in an area.

Maplewood has hired an ecological consulting firm, Emmons & Olivier Resources (EOR), to conduct the study. They will use the Minnesota Land Cover Classification System (MLCCS) that classifies both natural and cultural vegetation. Some examples of cover types in Maplewood include: dry oak forest, oak woodland-brushland, maple-basswood forest, or artificial surfaces with perennial grasses.

Mapping land cover provides baseline data and gives the city a scientific foundation for managing natural resources. When we understand what types of vegetation we have and how healthy or degraded an area is, we can do a much better job prioritizing land protection and restoration projects.

In May 2009, ecologists from EOR will begin their field work in Maplewood, visiting natural areas on public and private lands. We hope residents will take an interest in this study and support it by allowing EOR ecologists access to private lands that are in a natural or semi-natural state. **If you wish to refuse access to your property, please leave your name, address, phone number and a short message at our Land Cover Hotline: 651.249.2111 before May 15, 2009.** EOR consultants will carry identification and a letter from the city. MLCCS was conducted in south Maplewood (south of Highway) last year and will not be part of this survey. When the study is completed, information will be available to the public.

For more information, visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on projects.

## Council Highlights

A public hearing was held and council approved a resolution for layout approval providing municipal consent for the I-494 Expansion Project from Lake Road to Interstate 94. Council also directed staff to work with Mn/DOT to explore the possibility of a barrier or barricade fence along the west side of I-494 south of Carver Avenue, past Fish Creek as part of the project.

Approved a resolution approving the Joint Powers Agreement for the Interstate 94 Transportation Corridor Coalition to participate with Ramsey and Washington Counties, as well as other area cities, to promote transit and transportation improvements from St. Paul to the Wisconsin border.

Approved a resolution for Gervais Avenue Street Improvements, from Maplewood Drive to Cypress Street.

Approved resolutions for the Castle Avenue Improvements. East of White Bear Avenue to North St. Paul border. Council approved the plans, advertisement for bids and ordering the preparation of the assessment roll.

Councilmember's expressed appreciation for Public Works Director Chuck Ahl for his service as Acting City Manager for past 14 months.

Mayor Longrie read the Oath of Office and swore in new City Manager, James Antonen and also Police Officer Brian Tazuell.

Finance Director, Bob Mittet informed the city council that the city received a Certificate of Achievement For Excellence In Financial Reporting for 2007 for the Comprehensive Annual Financial Report.

Public hearing was held for County Road D Improvements from McKnight Road to Lydia Avenue and council approved a resolution ordering the improvements.

Council approved penalties for 2008 Alcohol Compliance Check Failures for establishments failing random compliance checks.

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## New Developments In Recycling

Since curbside recycling programs began nearly 30 years ago, there have been many changes. New materials have been added to programs as sustainable markets and technologies have been developed and the demand for post consumer material has increased. It may seem that just when you think you have recycling figured out—it changes again!

With all the changes in the recycling industry, the environmental benefits of recycling have remained unchanged. When we recycle, we provide resources to manufacturers that are already partly processed. This means that using recycled materials requires significantly less energy to make a new product than using raw materials like trees, mined metals, and petroleum. Keeping these materials circulating in the recycling loop, instead of burning or burying them as trash, protects the quality of our air and water, and helps preserve our natural resources.

### Paper and Cardboard

We no longer have to remove plastic windows from business envelopes or remove staples from office paper. In the past, catalogs, magazines, greeting cards, junk mail, colored paper and other glossy paper were not recyclable. Today we can recycle corrugated cardboard and box board which is the thin brown cardstock like paper used to package dry goods like crackers, cereal and pasta. Beer and pop boxes are also now being recycled to make new products. Some cardboard still poses a challenge. Wax coated cardboard is generally not recyclable. If a box is designed to be refrigerated or frozen, it is usually wax-coated and cannot be recycled. Pizza boxes are generally not recyclable because they are often contaminated with greases and oils.

### Bottles and Cans

You no longer have to remove labels from bottles and cans or wash them clean. Just give them a quick rinse, remove the lids, and they are ready to be recycled. In Maplewood, we have the convenience

of mixing all of our bottles and cans together, including plastic bottles in one bin, separate from our paper and cardboard.

### Plastic Bottles and More

Nearly 97% of all plastic bottles are made from the basic plastic resins PET (marked with a #1) and HDPE (marked with a #2). So if you put a plastic bottle at the curb, it can likely be recycled. Many other types of bottles, like PVC bottles, which cannot be recycled with #1 or #2, are fading out of use given the health hazards associated with their use. The bad news: there are a lot of bottles still not getting recycled. For instance, only one in eight disposable water bottles make it to a recycling bin, the rest end up as garbage or litter.

It is no longer necessary to remove the bottle cap or security ring from bottles since there is new technology to separate out the caps and rings which are a different type of plastic from the bottle. However, it is better if you do remove the caps from plastic bottles and then flatten the bottle. Flattening bottles reduces their volume which saves space in the recycling truck and reduces the number of trips to the recycling facility, thereby saving fuel.

Plastic toys, yogurt tubs, take-out containers, and more, even if they are marked with a #1 or #2 cannot currently be recycled. That's why Eureka Recycling leaves these items at the curb. When will you be able to recycle these items at the curbs? That depends. For an item to be truly recyclable (and added to a recycling program), there must be environmentally sound, economically viable markets for that material to be made into new products, and it must be affordable to collect and sort. For a fact sheet on the complications and limitations of plastics recycling, call Eureka Recycling or visit their website.

For more information, call the Recycling Hotline at 651.222.SORT (7678). Visit Eureka Recycling's website at [www.eureka recycling.org](http://www.eureka recycling.org) to download your 2009 Guide to Recycling.

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## Commission Corner: The Maplewood Housing & Redevelopment Authority

In our last article about the Maplewood Housing and Redevelopment Authority (HRA), we introduced you to the purpose of the committee, our membership and when the committee meets. As we stated, the HRA advises the city council on matters related to housing such as public-financing proposals like tax increment financing (TIF) and conduit bond financing that developers request to help fund their projects. The HRA has also provided input into the city's housing maintenance code requirements and in the development of Maplewood's Truth-in-Housing requirements so that potential home buyers are aware of the basic condition of a house prior to purchase.

Another subject the HRA has reviewed is that of home foreclosures. Robert Mittet, Maplewood Finance Director, covered how the foreclosure crisis affects Maplewood in last month's Maplewood Monthly issue. Bob covered the subject quite thoroughly. The HRA is following the foreclosure matter, as well, and its impact on Maplewood. The HRA is concerned with the potential problems created by home foreclosures and will continue working with city staff to monitor any problems to ensure that the City of Maplewood does what it can to maintain the value and quality of its housing stock.



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## Volunteers In Police Services

Volunteers in Police Services (VIPS) began in 1997 as part of the Police Department's plan for Community Oriented Policing. The goal of VIPS is to increase communication and problem solving through volunteer contributions and suggestions. It also offers opportunities for volunteers to serve within the Police Department. When VIPS first started it was known as Park Patrol. At that time, the volunteers wore green shirts and drove a green car. The main duty of Park Patrol was to patrol the parks throughout the City of Maplewood.

As time went on, it was discovered that the Police Department could get more use from this group of volunteers if they could be used for other details besides Park Patrol. The name of the group was then changed to Citizens on Patrol (COP). The volunteers wore white shirts and drove a blue car.

In 2005, the name was changed to just VIPS. The name was changed this time due to the negative connotation associated with the movie "Police Academy". The uniform is now a light blue shirt with dark blue pants. They have two cars that are white with blue graphics. The cars are very visibly marked "Volunteers". There are currently about 15 members, and Sgt. Joe



Bergeron is the advisor for the group.

VIPS now patrol all of Maplewood and Landfall. They may be assigned to directed patrol in problem areas, but they are not allowed to take any enforcement action. They may assist officers with transports, stalled vehicles, or traffic control. Other activities the VIPS are involved in include parades, auctions, block parties, National Night Out, the Ramsey County Fair and other details. Special assignments may include seatbelt checks and speed monitoring.

VIPS members are required to do at least eight hours of patrol per month. They have a meeting that usually includes training, every other month. VIPS members are trained in first aid and CPR, and they receive additional training in traffic control and radio use. Upon acceptance into the VIPS Program, members also receive an eight hour field training course by a senior member.

VIPS members must be at least eighteen years of age and have a valid Minnesota identification. To be accepted as a member, you must complete a written application and also pass an oral interview and a background records check. The Maplewood Police Department is currently accepting application for VIPS membership. Applications can be obtained in person at the Maplewood Police Department or by contacting Sgt. Joe Bergeron at 651.249.2653 or Lt. Mike Shortreed at 651.249.2605.

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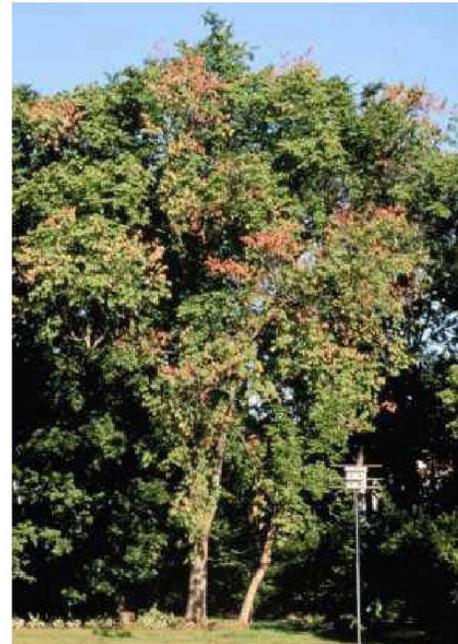
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## Annual Inspection For Diseased Elms And Oaks

Annual inspection of elms and oaks on public and private properties in Maplewood begins in late May. Dutch elm disease and oak wilt are infectious diseases, but a thorough sanitation program can help control the spread of these diseases. Throughout the summer, elms infected with Dutch elm disease will be identified and removed. Oaks infected with oak wilt will be identified, and treatment options will be discussed with the owner. Oaks may be condemned if they remain a threat to spread the disease in spring.

Removal costs for condemned trees on boulevards are paid by the City. Removal costs for condemned trees on private land are paid by the property owner. For additional information on tree resources visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and (click on nature center). If you have questions about Oak wilt or Elm disease call the City of Maplewood Tree Disease hotline at 651.249.2177. Tree Inspector Andy Hovland will be monitoring these calls.



## To Honor Our Police Officers

By Marlene Palkovich, Ph.D, Civil Service Police Commissioner

National Police Week will be commemorated across the United States from May 10-16. This week can be an emotional time for everyone, particularly for the surviving family members and co-workers of officers killed in the line of duty.

In honor of all police officers and especially the outstanding men and women officers of the Maplewood Police Department, the Administration and staff, here is the definition of

### A Cop On The Take

First he takes...the oath. Here's what else he takes:

He takes...it in stride when people call him "pig."  
He takes...his low paycheck, realizing he'll never be rich.  
He takes...a second job sometimes to make ends meet and support his family.  
He takes...time to stop and talk to children.  
He takes...your verbal abuse while giving you a ticket you really deserved.  
He takes...on creeps you would be afraid to even look at.  
He takes...time away from his family to keep you safe.  
He takes...your injured child to the hospital.  
He takes...the graveyard shift without complaint because it's his turn.  
He takes...time to explain why both your headlights have to work.  
He takes...criminals to jail.  
He takes...in sights that would make you cry. Sometimes he cries, too; but he takes it because someone has to.  
He takes...time to explain to his family why he can't make the ball game his child is in and why he has to work on the holiday when other parents are off.  
He takes...his life into his hands daily.  
Sometimes...he takes a bullet.

### On the Police Scanner

In March, the Maplewood Police Department responded to 1,851 calls for service. Included in this number were the following incidents:

- 21 Assault Cases
- 3 Robbery Case
- 17 Burglary Cases
- 132 Theft Cases
- 18 Criminal Damage to Property Cases
- 10 Auto Theft Cases
- 61 Theft from Vehicle Cases

In addition, Officers made 68 arrests for shoplifting, 20 arrests for DWI.



# Special Events

## Historical Spring Tea

SATURDAY, MAY 9, SEATINGS AT 11:30AM and 2:30PM (Theme: Ethnic Clothing)

Our Presenter, Susan Maas is Danish and will showcase fabulous costumes. She will talk about the history of Costuming. Don't miss this tea luncheon event at Bruentrup Heritage Farm, 2170 East County Road D in Maplewood. For reservations, call Char at 651.776.7183.

## July 4th Celebration-Featuring the All American Lumberjack Show

SATURDAY, JULY 4TH, EVENTS BEGIN AT 5:00PM, FIREWORKS AT DUSK

- All American Lumberjack Show
- Youth Lumberjack Sport Camps
- Food Vendors in the Park
- Beer Tent provided by Bleachers
- Kids Zone Inflatable Toys
- Fantastic Fireworks Display

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3-Hour minimum booked by May 31, 2009

MAPLEWOOD COMMUNITY CENTER  
2100 White Bear Ave. (651) 249-2230  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

**Kick Up The Birthday Fun!**

**SAVE \$50!**



**Theme Parties!**

**Recieve One FREE Hour in the JUMP CASTLE**  
when you purchase one hour.  
**651.249.2203**

Offer expires June 30, 2009. Some restrictions apply.



# Maplewood Community Center



**HURRY-REGISTRATION CLOSES MAY 15!**

Let the Maplewood Community Center's team of personal trainers help you **melt away those extra pounds** while meeting new friends and competing for great prizes. At mid-point the winter/spring Lose2Win participants have already **lost a total of 364 pounds!** The "winning losers" will be determined by percentage of body weight lost over a 12 week period.

**Fantastic prizes including:** \$255 diamond spa package from Hair Professionals, \$100 gift certificates to Maplewood Community Center, Eye Care Center, CUB Foods, Jake's City Grille, Sister Rosalind Massage Packages, Minnesota Twins tickets, Nautilus apparel, Target gift card, and Noodles and Company Gift Cards! *Only \$28 per week or \$18 per week for MCC Members* must be paid in full at registration. **Call 651.249.2230 today!**

## MCC Hours (May - September)

Monday - Friday: 5:30AM - 9:00PM

Saturday: 6:00AM - 7:00PM

Sunday: 9:00AM - 7:00PM

Customer Service is closed Saturday, May 23.

The community center will be **CLOSED**

Monday, May 25 for Memorial Day

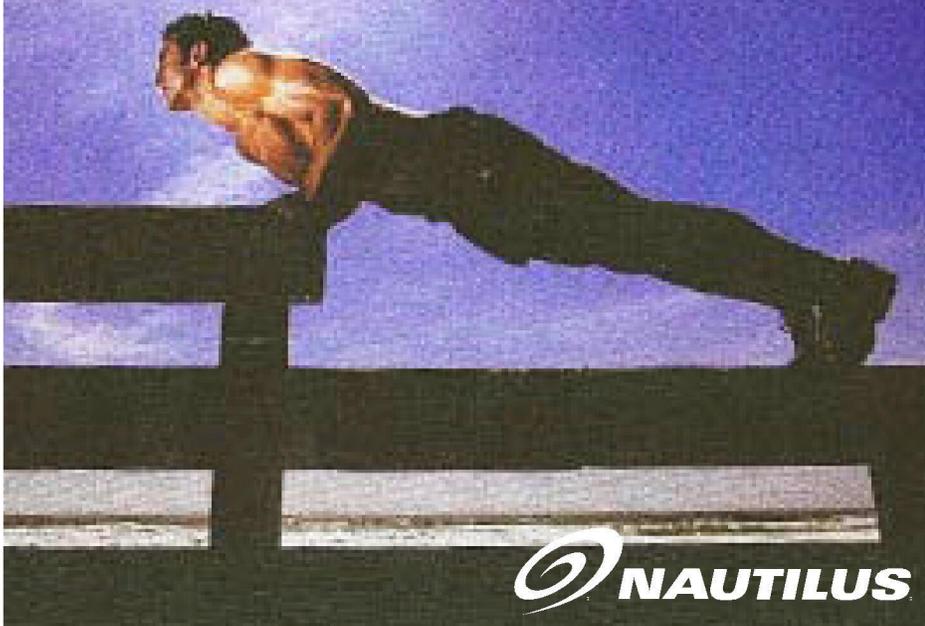
## 3-Month Memberships No Initial Fee!

	Rate	Resident
Youth/Senior	\$110	\$104
Senior HH	\$144	\$135
Adult	\$167	\$134
Couple/Dual	\$192	\$165
Family/HH	\$200	\$185

**Call 651.249.2230 Today!**

## TRANSFORM YOUR BODY, MIND, AND LIFE...

## ONE POUND AT A TIME.



**BUY 3 GET 1 MONTH FREE**  
\$0 ENROLLMENT FEE

Offer Expires: **MAY 31, 2009**  
Must present coupon.



651-249-2230 • [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

**10 VISIT PASS CARD**  
FOR ONLY \$50 ENJOY FULL USE  
OF THE FACILITY

Offer Expires: **MAY 31, 2009**  
Must present coupon.



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**BUY 3 GET 1 MONTH FREE**  
4-MONTH CHILD CARE PACKAGE  
Regularly \$100

Offer Expires: **MAY 31, 2009**  
Must present coupon.



651-249-2230 • [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

### SUMMER SWIM REGISTRATION IS GOING ON NOW!

The time has come once again for you to register your water baby (or yourself!) for Maplewood Community Center swim lessons. Course descriptions may be found on our website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Please refer to the schedule on the following pages to find the class that is right for you. All summer full session classes include eight lessons and cost \$68.00 (\$53.00 for MCC members). Semi-private lessons are available Monday - Thursday at a rate of \$115.00 (\$90.00 for MCC members) per eight lessons.

**To register**, stop by the Maplewood Community Center Customer Service Desk (Monday 9:00AM - 7:00PM, Tuesday - Friday 9:00AM - 5:00PM, Saturday 9:00AM - 12:00PM). Online registration is also available at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) (click on I Want To or E-Services). Or register by phone at 651.249.2230.

Private lessons are also available by arrangement at a rate of \$40.00 (\$30.00 for MCC members) for one lesson, \$152.00 (\$112.00 for MCC members) for four lessons, or \$288.00 (\$208.00 for MCC members) for eight lessons. All private lessons are 30 minutes. To schedule your private lesson today, contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

### Pool Hours

Monthly pool and lap swim calendars are available on our website at: [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Printed copies may also be picked up at the admissions and customer service desks. Please note that pool hours vary during sessions of swim lessons; those changes are listed in the pool and lap swim calendars.



### Lap Pool Adult Only Swim Time

We now offer "Adult Only" swim times on Tuesdays and Thursdays from 1:00 - 3:00PM. We've also added an adult only time on Wednesday nights from 8:00 - 9:00PM. No one under the age of 18 will be allowed in the lap pool during these times except on school release days. Adult non-members can pay the very low admission rate of \$3 (plus tax) on Tuesdays and Thursdays from 1:00 - 3:00PM. Some exceptions may apply. Check the monthly pool schedule for specific dates and exceptions. **This program ends for the season on June 9.**

### Water Safety Instructor Training

**MONDAY - FRIDAY, JUNE 15 - 19, 9:00AM - 6:00PM**

Are you interested in being trained as a Red Cross Water Safety Instructor? We are now offering WSI training for individuals ages 16+. Cost is \$225.00.

### Water Safety Aide Program

**SATURDAY, JUNE 13, 1:00 - 6:00PM**

**SATURDAY, AUGUST 29, 1:00 - 6:00PM**

We now offer FREE training to individuals over the age of ten, who have completed Red Cross Level 4 and are interested in being a volunteer aide for Maplewood Community Center swim lessons. For more information contact Ron at 651.249.2206 or at [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

### Lifeguarding Class (Includes Waterfront Certification)

**MONDAY - FRIDAY, JUNE 22 - 26, 9:00AM - 4:30PM**

Lifeguard Training class is offered through the MCC to train and certify perspective candidates to be lifeguards. If you are interested in a job that provides good pay and teaches lifesaving skills, then this is the class for you! Cost is \$180.00 (\$150.00 MCC members).

## Snorkeling

SATURDAY, AUGUST 22

8:30 - 9:45AM (AGES 6 - 11)

10:00 - 11:30AM (AGES 12 AND UP)

This training is great for those planning a warm water vacation. Whether it is a cruise, barefoot sailing to remote islands, or a popular destination such as Hawaii, Cayman Islands, or the Bahamas - the skills you acquire in this snorkeling class will enhance your enjoyment and safety in the water. Private snorkeling lessons may be arranged at the private swim lesson rate. For more information or to arrange a private lesson, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Girl Scouts and Boy Scouts Swimming Programs

The Maplewood Community Center offers Swimming Merit Badge Training as well as summer camp swimming tests. Bring your scouts here for their summer Camp Tomahawk Swim Test for only \$3 per participant. And! Visit the community center on Saturday, June 13 from 10:30AM - 2:30PM for Scout Day when scouts will receive reduced community center admission rates (pre-registration required). For more information or to arrange a program for your scouts, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Aquatic Center Events

### Flotation Fridays

FRIDAYS, MAY 29, JUNE 26, JULY 31, AUGUST 28, 5:00 - 8:00PM

Come jump, splash, float, slide and meet lots of people. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer. The Inflatable Magic Island, beach balls, tubes and everything else the MCC has that floats will be available in the pool for everyone to enjoy. Bring your friends and family! Cost is free to members and included in the price of daily admission for non-members.

### Other Flotation Days

WEDNESDAY, JUNE 10, JULY 8, AUGUST 5, 1:00 - 4:00PM

Special flotation days are held either during days off from school or for a Maplewood Community Center special event. They're just as much fun during the day! Cost is free to members and included in the price of daily admission for non-members.



# Summer 2009 Evening Swim Lessons

Summer Session 1				Summer Session 2			
Monday and Wednesday	Tuesday and Thursday	Monday and Wednesday	Tuesday and Thursday	Monday and Wednesday	Tuesday and Thursday	Monday and Wednesday	Tuesday and Thursday
June 16	June 18	July 20	July 21	July 20	July 21	July 20	July 21
July 2 & 7				July 1 & 6			
Preschool Swimming Classes (All Classes are 30 Minutes Long)							
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
6:30 PM	1516.281	5:30 PM	1511.281	5:30 PM	1511.282	5:30 PM	1516.281
4:30 PM	1516.281	4:30 PM	1512.281	6:00 PM	1512.285	6:00 PM	1516.282
5:30 PM	1511.281	5:30 PM	1511.281	6:30 PM	1511.282	6:30 PM	1511.282
6:00 PM	1512.281	4:30 PM	1512.281	6:30 PM	1512.285	7:00 PM	1512.285
7:00 PM	1512.282	6:00 PM	1512.282	6:00 PM	1512.284	7:00 PM	1512.284
6:00 PM	1513.281	6:00 PM	1513.281	7:00 PM	1513.282	8:00 PM	1513.282
		6:30 PM	1514.281			4:30 PM	1514.282
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)							
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
5:30 PM	1501.281	6:30 PM	1501.281	5:30 PM	1501.282	5:30 PM	1501.282
6:30 PM	1502.281	4:30 PM	1502.281	4:30 PM	1502.282	7:30 PM	1502.282
4:30 PM	1503.281	7:30 PM	1503.281	6:30 AM	1503.282	4:30 PM	1503.282
7:30 PM	1504.281	6:30 PM	1504.281	7:30 PM	1504.282	7:30 PM	1504.282
		7:30 PM	1505.281	7:30 PM	1505.281	6:30 PM	1505.282
7:30 PM	1506.281						
Level 6: Assessment							

I love my Red Cross swim instructor at the Maplewood Community Center!



## Summer 2009 Weekday Swim Lessons

	Monday-Thursday Session 1 June 15-20 None	Monday-Thursday Session 2 July 13-20 None	Monday-Thursday Session 3 July 27-August 3 None	Monday-Thursday Session 4 August 10-20 None	Monday-Thursday Session 5 August 24-September 3 None
Beginning and Ending Date No Classes Held During					

Preschool Swimming Classes (All Classes are 30 Minutes Long)					
	Time	Activity #	Time	Activity #	Time
Parent/Child Tot Swim	10:00 AM	1516.211	10:00 AM	1516.221	10:00 AM
	11:30 AM	1516.211	11:30 AM	1516.221	11:30 AM
Preschool 1	9:30 AM	1511.211	9:30 AM	1511.221	9:30 AM
	10:30 AM	1512.211	10:30 AM	1512.221	10:30 AM
	11:30 AM	1513.212	11:30 AM	1513.222	11:30 AM
	10:30 AM	1512.213	10:30 AM	1512.223	10:30 AM
	11:30 AM	1513.213	11:30 AM	1513.223	11:30 AM
Preschool 2	9:00 AM	1513.211	9:00 AM	1513.221	9:00 AM
	10:00 AM	1513.212	10:00 AM	1513.222	10:00 AM
Preschool 3	10:00 AM	1513.212	10:00 AM	1513.222	10:00 AM
	11:30 AM	1513.213	11:30 AM	1513.223	11:30 AM
Preschool 4	10:30 AM	1514.211	10:30 AM	1514.221	10:30 AM
	11:30 AM	1513.213	11:30 AM	1513.223	11:30 AM

Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)					
	Time	Activity #	Time	Activity #	Time
Level 1	8:30 AM	1501.211	8:30 AM	1501.221	8:30 AM
	10:30 AM	1501.212	10:30 AM	1501.222	10:30 AM
Level 2	8:30 AM	1502.211	8:30 AM	1502.221	8:30 AM
	10:30 AM	1502.212	10:30 AM	1502.222	10:30 AM
Level 3	8:30 AM	1503.211	8:30 AM	1503.221	8:30 AM
	10:30 AM	1503.212	10:30 AM	1503.222	10:30 AM
Level 4	8:30 AM	1504.211	8:30 AM	1504.221	8:30 AM
	10:30 AM	1504.212	10:30 AM	1504.222	10:30 AM
Level 5	8:30 AM	1505.211	8:30 AM	1505.221	8:30 AM
	10:30 AM	1505.212	10:30 AM	1505.222	10:30 AM
Level 6 Personal Water Safety			10:30 AM	1506.231	
Teen Swim					10:30 AM
Adult			10:30 AM	1523.221	

Semi-Private Lessons - Maximum of 3 students (All Lessons are 30 Minutes Long)					
Preschool 2 & 3	12:00 PM	1557.211	12:00 PM	1557.221	12:00 PM
Level 1 & 2	12:00 PM	1541.211	12:00 PM	1541.221	12:00 PM
Level 3 & 4	12:00 PM	1543.211	12:00 PM	1543.221	12:00 PM

## Summer 2009 Weekend Swim Lessons

		Saturday June 20 - August 13 July 4		Sunday June 21 - August 16 July 6	
Preschool Swimming Classes (All Classes are 30 Minutes Long)					
	Times	Activity #	Times	Activity #	Activity #
Parent/Child	10:00 AM	1516.261			
	9:30 AM	1078.261			
	11:30 AM	1078.262			
Preschool 1	11:00 AM	1511.261	11:00 AM	1511.271	1511.271
	8:30 AM	1072.261	11:30 AM	1072.271	1072.271
	10:50 AM	1572.262			
	12:00 PM	1572.269			
Preschool 3	9:30 AM	1513.261			
	12:00 PM	1513.262			
Preschool 4	11:30 AM	1574.261			
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)					
	Times	Activity #	Times	Activity #	Activity #
Level 1	9:30 AM	1501.261	10:00 AM	1501.271	1501.271
Level 2	9:30 AM	1002.261	12:00 PM	1002.271	1002.271
	11:30 AM	1502.262			
Level 3	8:30 AM	1503.261			
	10:30 AM	1503.262			
Level 4	8:30 AM	1504.261			
	9:30 AM	1504.262			
	10:30 AM	1504.269			
Level 5	10:30 AM	1505.261			
Level 6 Preschool Swim	11:30 AM	1506.261			
Adult	8:30 AM	1523.261			

## Summer 2009 Beach Swim Lessons

		Balline Beach-White Bear Lake Monday-Thursday June 13-23		Maitromed Beach-White Bear Lake Monday-Thursday July 27-August 6	
Preschool Swimming Classes (All Classes are 30 Minutes Long)					
	Times	Activity #	Times	Activity #	Activity #
Preschool 1	12:45 PM	1611.211	11:45 AM	1711.201	1711.201
Preschool 2	11:00 AM	1072.211	11:00 AM	1712.201	1712.201
Preschool 3			11:00 AM	1713.201	1713.201
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)					
Level 1			11:45 AM	1707.201	1707.201
Level 2	11:45 AM	1602.221	10:00 AM	1702.201	1702.201
Level 3	10:00 AM	1602.221	10:00 AM	1702.201	1702.201

# Fitness Programs

Child Care Packages Available! Call 651.249.2218 for reservations.



## Ditch the Workout and Join the Party with Zumba at MCC!

7-WEEK SESSIONS

TUESDAYS, MAY 12 - JUNE 23, 5:30 - 6:30PM

THURSDAYS, MAY 14 - JUNE 25, 5:30PM - 6:30PM

SATURDAYS, MAY 9 - JUNE 27, 9:30 - 10:30AM

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. You can burn up to 1,000 calories in an hour depending upon your exertion and fitness level! The best thing about Zumba is that you forget you're exercising because you're having so much fun—it's like a dance party! When you participate in Zumba you will dance to the hottest Latin, Pop, and Reggaeton music using "interval training" which is great for your body and your heart. You will pick up Latin steps like Salsa, Meringue, Cha Cha, Bachata, and Cumbia with no partner or dance experience necessary. Zumba is appropriate for ages 16 and up. Cost for a seven-week session is \$56.00 (\$42.00 for MCC members). Bring a great attitude, a towel and water. Wear comfortable and breathable workout clothing including aerobic or dance sneakers.



## Kids Yoga

THURSDAYS, MAY 14 - JUNE 18, 5:00 - 5:45PM

Held In the Motion Zone

Yoga helps children develop better body awareness, self-control, flexibility, and coordination. Help your little ones find their balance with this fun class! Best for ages 6 - 12 years. Cost is \$48.00 (\$36.00 for MCC members).

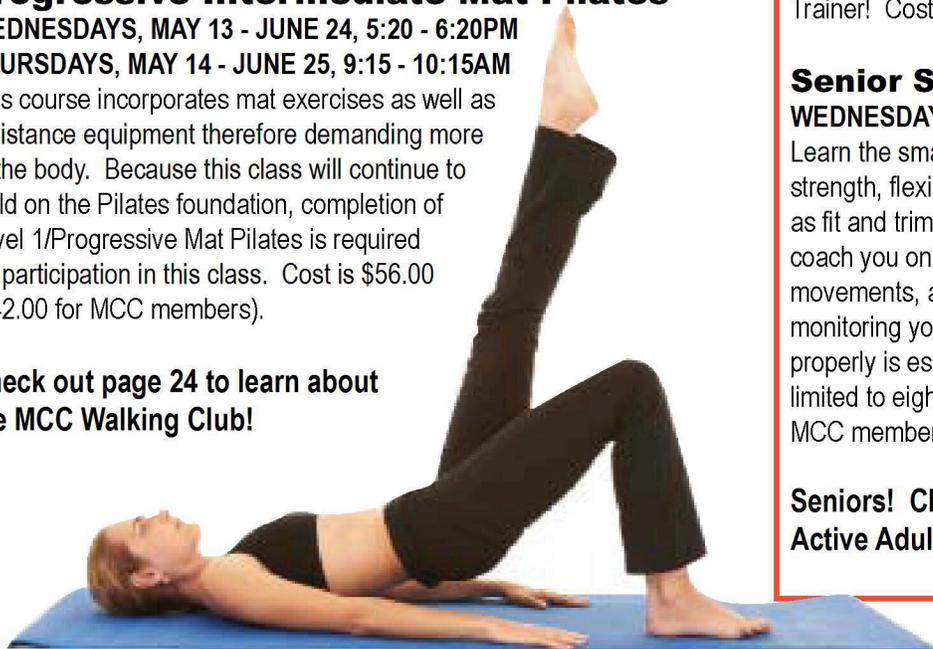
## Progressive Intermediate Mat Pilates

WEDNESDAYS, MAY 13 - JUNE 24, 5:20 - 6:20PM

THURSDAYS, MAY 14 - JUNE 25, 9:15 - 10:15AM

This course incorporates mat exercises as well as resistance equipment therefore demanding more of the body. Because this class will continue to build on the Pilates foundation, completion of Level 1/Progressive Mat Pilates is required for participation in this class. Cost is \$56.00 (\$42.00 for MCC members).

Check out page 24 to learn about the MCC Walking Club!



## Senior Group Fitness

### Senior BOSU Balance Training

THURSDAYS, MAY 14 - JUNE 18, 8:15 - 9:00AM

This class, using the BOSU Balance Trainer, will improve your balance and stability and overall body control like no other training device! Because of its versatility and quality the BOSU is excellent for all aspects of training and rehabilitation. It provides training of both upper and lower extremities as well as core. Improve your motor skills, strength, balance and stability using the BOSU Balance Trainer! Cost is \$48.00 (\$36.00 for MCC members).

### Senior Strength Group Training

WEDNESDAYS, MAY 13 - JUNE 17, 9:00 - 10:00AM

Learn the smart way to workout in order to maintain strength, flexibility, and balance all while keeping your body as fit and trim as possible. The trainer will teach and coach you on how to properly lift weights, execute cardio movements, and build flexibility. You will learn why monitoring your heart rate is important and why exercising properly is essential. Don't wait to register - this class is limited to eight participants! Cost is \$125.00 (\$75.00 for MCC members).

Seniors! Check out page 24 for more Active Adult activities!

## Preschool Programs



### New! MCC Kids Club Camp

TUESDAY - THURSDAY, 9:00 - NOON

SESSION 1: JUNE 23 - 25

SESSION 2: JULY 14 - 16

SESSION 3: JULY 28 - 30

SESSION 4: AUGUST 11 - 13

Make your child's first camp experience a positive one at the Maplewood Community Center! Our pre-school camp is for children wishing to go to camp, but not yet ready for a full day. Our camps feature weekly themes, cooking, nature activities, arts and crafts projects, swimming, games, free play, music, story time and more! Campers will have an opportunity to learn and play both indoors and out. All children MUST BE POTTY TRAINED. Cost is \$50.00 (\$45.00 for MCC members) and includes a camp t-shirt. Staff ratio is 1 staff for every 5 campers and is limited to 20 campers per session. Call 651.249.2230 to register.

### More Camp Options!

Head to the Gyms for more exciting camp adventures. Your child will burn energy in the jump castle, giggle with different silly science projects, and more. Cost is \$45.00.

#### Carver Community Gym

2680 Upper Afton Road

JUNE 30 - JULY 2

9:00 - 12:00 NOON

#### Edgerton Community Gym

1929 Edgerton Street

AUGUST 18 - 20

9:00 - 12:00 NOON

### Exploring Nature & Taking Care Of The Earth

SATURDAY MAY 9, 10:00 - 11:30AM

THEME: BUGS RULE/PLANTING NATIVE PLANTS

ECFE teachers collaborate with nature center naturalists for this unique series. Fun activities highlight a different theme each month with stories, crafts, puppets, and exploring in the woods. Adults learn about resources that help them become eco-friendly parents as well as ways to teach their children about the outdoors. Class takes place at Maplewood Nature Center, 2659 7th St. East and the cost is \$4.00 per child. Visit [www.isd622.org](http://www.isd622.org) or call 651.748.7280 to register.

### Nature In The Backyard Series

SATURDAY JUNE 13: EXPLORING WITH WATER

SATURDAY, JULY 25: ANIMALS BIG AND SMALL

SATURDAY, AUGUST 8: HIDDEN CREATURES

10:00 - 11:15AM

This pre-school class is offered at the Maplewood Nature Center to children ages 5 & under with an adult. Join us for this Nature Play Series for young children and the adults in their life (parents, grandparents, neighbors, etc.). We will be outside exploring in nature. Studies show that playing in nature is beneficial for kids' health, observation skills, creativity, and ability to focus, so we'll give you ideas for lots more nature fun on your own! For this month's theme we will explore rainwater, puddles, mud, and ponds. Dress in your play clothes, we will get dirty! Cost is \$4.00 per child and pre-payment is required by June 11. Send or drop off payment to the nature center by June 11.



### The Power Of Drawing For Kids

Young Rembrandts Pre-School

"Learn to Draw" Class

Ages 3-5 years

1. WEDNESDAYS, JUNE 17 - JULY 22

10:00 - 10:45AM

2. SATURDAYS, JUNE 20 - AUGUST 1

10:00 - 10:45AM

Young Rembrandts teaches pre-school children the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Our weekly program prepares them as learners so they will be successful in kindergarten. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$54.00 per session.

# Day Camp

## Summer Day Camp Ages 6 - 12

MONDAY – FRIDAY, JUNE 15 – SEPTEMBER 4, 9:00AM - 4:00PM

REGISTRATION GOING ON NOW!

We are proud to welcome you to our Summer Day Camps. We combine **educational activities, arts and crafts, fitness and special events** to create an exciting, quality camp experience for our participants. Our camps are held at the fun and energizing Maplewood Community Center, giving us the access to 'State of the Art' facilities including the aquatics center, theater and gymnasium. Weekly field trips, swimming, drama, Nature Center activities and sports are just a few of the things we have to offer. We pride ourselves with staff who are responsible, high-energy individuals trained to provide a fun and rewarding experience to our participants. The ratio of counselors to children is 1:10 daily and 1:8 on field trips.

**Field Trips: Each week we will focus our activities around the following themes:**

- Week #1 Pump It Up! Party Zone
- Week #2 Cosmic Bowling – Starz & Strikes
- Week #3 Nickelodeon Universe
- Week #4 Wild Mountain
- Week #5 MN Lynx
- Week #6 Wild Woods Water Park
- Week #7 Grand Slam
- Week #8 Science Museum
- Week #9 Cascade Bay Water Park
- Week #10 ValleyFair
- Week #11 MN Zoo/Imax
- Week #12 Marcus Theater/Pizza Party

Cost: Full Time (M-F) \$150.00 per week per child  
Sibling Discount: After one member of family is signed up each additional sibling fee will be \$130.00 per week, per child. Discount is available for full time campers only. A non-refundable \$30 deposit holds your spot each week (see registration packet for details).  
Part Time: (3-day Minimum) \$42.00 per day, per child.

Extended hours: Available from 7:00-9:00AM and 4:00-6:00PM. AM or PM \$14.00 per week per child, both AM & PM are \$20.00 per week per child. Drop in Before & After Care for campers, is available for \$3.00/hour.

**Call 651.249.2230 to register or for more information.**



## NEW! PROGRAMS OFFERED FOR DAY CAMPERS!

### SWIM INSTRUCTION

Day Campers can learn to swim with lower rates (SAVE up to \$25 off the regular rate) and classes that fit the Day Camp schedule. These convenient classes are shorter in length (six classes verses eight) and still qualify the swimmer to move to the next level.

**Levels 1-4 (American Red Cross Courses)** will be offered Monday, Tuesday, and Thursday afternoons for 2 weeks from 12:30 - 1:15PM.

### KARATE

**MONDAYS: 3:00-3:45PM**

**FREE DEMO DAY: TUESDAY, JUNE 16, 3:00-3:45PM**

**SESSION ONE: JUNE 22 - JULY 13**

**SESSION TWO: AUGUST 3 - AUGUST 24**

Mr. Abboud from "The Edge Martial Arts" will teach this great karate program specifically for day campers. Cost is \$35 (no uniform required) Minimum 4-5.

### KID'S BEATS- JULY 7 - 28, 9:15 - 10:00AM

Kid's Beats can only be described as FUN! Every child is born with the ability to move and feel rhythm. Join us in the unique activity that will guide children through a program of drumming, movement and creative exploration. Drums Alive combines learning with physical activity. The components of fitness-cardiovascular, strength and coordination are part of a successful drumming program.

**More information will be included in your registration packets.**

# Youth Programs

## Red Cross Babysitting Class

**SESSION ONE: SATURDAY, MAY 9, 9:00AM - 3:30PM**

**SESSION TWO: SATURDAY, JULY 18, 9:00AM - 3:30PM**

This ever-popular class is back with a new curriculum! A certified Red Cross Instructor will teach this hands-on course dealing with the challenges and rewards of caring for younger children. Students will learn and put into practice valuable concepts and problem solving skills and upon course completion will be Red Cross certified babysitters. Class is appropriate for participants ages 11 and up and will meet in the MCC Activity Room. Cost is \$60.00 and includes a \$10.00 Red Cross Kit. Students should bring a bag lunch or money for the MCC Concessions Counter. Class size is limited so please register early! **Call 651.249.2230 to register.**

## Beginner Horseback Riding

**MONDAY - FRIDAY, AUGUST 18 - 22, 9:00AM - 12:00PM**

We have teamed up with Mark Ward at the Windy Ridge Ranch to offer children ages 10+ an opportunity to delve into the world of horseback riding! This program will teach them the correct way to groom, tack, and control a horse at a walk, trot, and canter. They will build social skills, self confidence, responsibility and courage in a safe, supervised environment. Transportation is provided to and from the facility which is located in Woodbury. Children should wear leather shoes or boots, and long pants – no shorts! A permission slip must be signed before the first class. Enrollment for this program is limited. Cost is \$170.00. **Call 651.249.2230 to register by August 5.**

## Congratulations!

Maplewood Mercury wins the Rec State girls 7/8th grade State Championship by defeating a Rochester, MN team 20-19 in the championship game.



**Bottom row from left to right:** Rachel Bennett, Madalyn Brady, Lucy Yang, Abby Riley, Kiyasha Rockette, Rhaveana Rockette

**Top left to right:** Kenard Rockette -Head Coach, Emily Schmitt, Fiona Boler, Kate Uphus, Kennidi Schultz, Anissa Ng, Michelle Hoffer, Brian Uphus - Assistant Coach, Keri McWilliams - Assistant Coach/Scorekeeper

## Enjoy The Game of Tennis!

Maplewood offers a variety of tennis lessons for youth ages 4 to 16. Lessons are taught by Tom Westling, PTR Certified Teaching Professional, who has instructed over 1600 players during his 10 plus years of teaching career. Class sizes are limited. Register online or call 651.249.2230.

### MONDAY/WEDNESDAY EVENINGS, JUNE 8 - 24 AT PLEASANTVIEW PARK

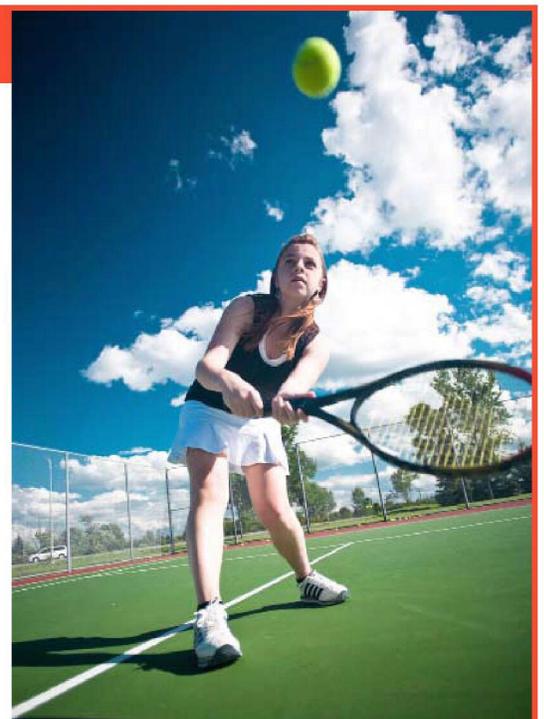
Little Stars	6:00 - 6:45PM	Parent/Child (Ages 4-6)
Big Stars	6:45 - 7:30PM	Ages 7-9
Youth Beginner	7:30 - 8:30PM	Ages 10-12

### MONDAY/WEDNESDAY EVENINGS, JULY 6 - 22 AT VISTA HILLS PARK

Little Stars	6:00 - 6:45PM	Parent/Child (Ages 4-6)
Big Stars	6:45 - 7:30PM	Ages 7-9
Youth Adv. Beg.	7:30 - 8:30PM	Ages 12-14

### TUESDAY/THURSDAY EVENINGS, AUGUST 4 - 20 AT PLEASANTVIEW PARK

Little Stars	6:00 - 6:45PM	Parent/Child (Ages 4-6)
Big Stars	6:45 - 7:30PM	Ages 7-9
Youth Intermediate	7:30 - 8:30PM	Ages 12 and older



# Youth Programs



## 3rd Lair Skate Park Camp

SESSION 1: JUNE 22 - 26, 8:15AM - 3:00PM

SESSION 2: JULY 13 - 17, 8:15AM - 3:00PM

SESSION 3: JULY 27 - 31, 8:15AM - 3:00PM

Try out skateboarding at one of the nation's finest indoor/outdoor skate-parks - the 3rd Lair! Ages 8 - 16 and all skill levels are welcome. The campers are taught the basics: balance, pushing, dropping in, skatepark safety and etiquette. Equipment needed for camp: skateboard, and helmet. Knee pads, elbow pads, and wrist guards are recommended. **Registration deadline is one week before camp.** Cost is \$180.00 which includes transportation from the MCC. Lunch may be purchased at the skate-park for \$4.00 or you can bring a bag lunch.

Campers will receive: a 2009 skateboard camp t-shirt, 3rd Lair photo ID card, free open skate everyday after camp, free pad and equipment rental, 10% off in the SkateShop during the week, most improved rider will receive special prize, and certificates of completion for every rider.

## Skyhawks Sport Camps

MONDAY - FRIDAY, JUNE, JULY & AUGUST, AT VARIOUS TIMES

Maplewood Recreation and Skyhawks Sports will be offering soccer, basketball, mini hawk, multi sport, S.N.A.G., youth golf, volleyball, and lacrosse to 3 to 15 year olds this summer. Camps are scheduled to run one week at Carver and Edgerton Gyms in Maplewood. Space is limited! Visit the website or call 651.249.2124 for dates and times. Register at Maplewood Community Center 651.249.2230.

## Maplewood Nature Center Family Events!



### Junior Volunteers

THURSDAY, JUNE 11, 6:30 - 8:00PM (informational mtg)

TUESDAYS, JUNE 16 - JULY 21, 9:30 - 11:15AM

Children ages 10-14 are invited to make new friends and learn about the outdoors. Assist the naturalist with on-going trail projects at the nature center and nearby city-owned neighborhood preserves. Use hand tools to clear brush, pull buckthorn and plant and maintain wildflowers. Help take care of the live animals. Informational meeting: Parent and child attendance required. Free to the first 16 registrants! Call 651.249.2170 to register

### BIRTHDAY CELEBRATIONS

Celebrate your child's BIRTHDAY PARTY at Maplewood Nature Center! Basic birthday party includes up to 12 children, one hour naturalist-led nature program and outdoor hike, party favors. Cost is \$45.00 Party room is available to rent for one hour before your party. Cost is \$30.00

Call 651.249.2170 today to book your date!

### Looking To Spend Some Time In The Great Outdoors?

**Stop by the Maplewood Nature Center & Neighborhood Preserves!**

Free nature exhibits for families including a crawl through log, children's puppet theatre, Alex the Frog computer game, real skulls and fur to touch and feel, and much more!

Visitor Center Hours: Tuesday - Saturday  
8:30PM - 4:30PM

Trails Open Every Day

From 1/2 hour before sunrise to 1/2 hour after sunset

2659 East Seventh Street  
651.249.2170  
[www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc)

# Adult Programs

## Cooking With Joor!

Join caterer and personal chef, Joor Erin in the Maplewood Community Center kitchen for an evening of food and fun as you learn how to whip up delicious cuisine. Each two hour session includes all materials, ingredients, recipes, and of course, dinner. Come hungry – there will be a lot to eat. Join Joor for one session or sign up for all three! Cost is \$55.00 (\$50.00 MCC members).

### Intro to Mexican Dishes

Session 1: TUESDAY, JULY 7, 11:00AM - 1:00PM

Session 2: TUESDAY, JULY 7, 6:00PM - 8:00PM

A cooking class for Mexican food lovers! Cook Salsa Verde, Red Enchilada Sauce, Pico de Gallo, Guacamole, Chicken Enchiladas, Beef Enchiladas, Mexican Rice and Black Beans.

### Intro to Pasta Dishes

Session 1: TUESDAY, JULY 8, 11:00AM - 1:00PM

Session 2: TUESDAY, JULY 8, 6:00PM - 8:00PM

Perfect cooking class for adult beginners! Learn how to make five delicious pasta dishes including Pasta Lazio, Aglio Olio, Shrimp in a Creamy Roasted Red Pepper Sauce and Spinach Basil Pesto, and Alfredo Sauce accompanied with Italian Bread.

### Chinese Take-In I

Session 1: TUESDAY, AUGUST 25, 11:00AM - 1:00PM

Session 2: TUESDAY, AUGUST 25, 6:00PM - 8:00PM

Learn how to make the Chinese food you crave without leaving the house! We'll make Chicken with Broccoli, Moo Goo Gai Pan, Lemon Chicken, Cream Cheese Wontons, Egg Rolls and Egg Drop Soup.

Joor's company, Soup du Joor, is based in the Twin Cities. She makes regular appearances on Showcase Minnesota and enjoys teaching and sharing her cooking creations. **Call 651.249.2230 to register.**



## Maplewood Nature Center Adult Events!

### Living On The Water's Edge (FREE)

THURSDAY, MAY 7, 6:30 – 8:30PM

Gladstone Fire Station, 1955 Clarence Street, Maplewood  
Learn about types of wetlands, natural buffers, goose control, and see how local residents are restoring and managing their wetlands and shorelines. Call to preregister at 651.792.7965 or email [shelly@rwmwd.org](mailto:shelly@rwmwd.org).

### Peer Into The Pond (FREE)

SATURDAY, JUNE 13, 1:00 – 2:30PM

Adults & Children 5 and up with adult are invited to catch, identify and release snails, waterbugs and minnows from our floating boardwalk. View them live under our TV video cam. Fred the Fish will show you how to help protect wetlands and water quality. Call 651.249.2170 to register.

### Composting Workshop Eureka Recycling

MONDAY, MAY 11, 7:00 – 8:30PM

SATURDAY, MAY 23, 10:00 - 11:30AM

Reduce your trash bill, create your own lawn and garden fertilizer! Discover all the benefits of composting at these workshops by Eureka Recycling compost experts. Everybody's doing it – you can, too!! Not only do you learn how to compost, all Maplewood citizens will be able to purchase at a very reduced cost the "Earth Machine" compost bin to take home! Best for Adults and youth ages 8+. You may register for just the class (\$5.00), or both the class and the compost bin (\$50.00). You must take the class in order to receive the compost bin. Please fill out the order form on the city website [ci.maplewood.mn.us/recycling/compostworkshops](http://ci.maplewood.mn.us/recycling/compostworkshops) and send it with a check for \$50.00 to the Maplewood Nature Center, 2659 East 7th St., Maplewood, MN 55119.

**All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street).  
Call 651.249.2170 to register!**

### Group Fitness Classes for Seniors Non-Members Welcome!

The Maplewood Community Center offers Group Fitness classes specifically designed for active aging adults. You can improve your quality of life and it doesn't take long to feel and see results! Strength training has incredible results for everyone-especially for seniors. Classes are free to members or \$6.00 per class when purchasing a 10 visit passcard for non-members.

**Stability Sculpt** M - F 12:45 - 1:30PM

This class will provide body conditioning that focuses on improving the body through a series of stability & strength exercises. The use of a chair is used in this class for improved flexibility, strength, balance, and stability. Resistance bands and light hand weights are used in this class.

**Yoga Light** M, W F 7:00 - 7:45AM

This class offers a lighter version of Yoga, focusing on gentler movements and poses. This class will help improve flexibility & strength. Modifications will be offered for specific health restrictions.

**Low Impact** M, W, F 8:00 - 9:00AM

This is a traditional aerobic class that offers lower stress, cardio vascular activity. This class includes a warm-up, 25-35 minutes of cardio vascular exercise, and ends with strength and core exercises on a mat.

### WATER FITNESS

The benefits of water exercise include improved circulation, low impact on joints, low to mid intensity cardio vascular exercise, and resistance training using water fitness equipment. You do not have to be a swimmer to participate! Our pool has steps for more convenient entry.

**H2O-** M 9:30-10:15AM W 7:00-7:45AM and 9:30-10:15AM

This class offers a low intensity workout in the shallow end of the pool. The focus is on balance and improving your strength to help assist in everyday living activities.

**Aqua Challenge-** M & F 7:00-7:45AM T & Th 9:30-10:15AM

This class offers a more mid to high level of cardio vascular intensity workout by using movement in the pool like water jogging, skiing, and some jumping. This class continues to offer the same benefits of being easy on the joints and yet challenges those that would enjoy a more intense workout. This class may use a flotation devise such as a noodle or waterbelt for deep water exercise.

**Deep Water-** T & TH 7:00-7:45AM

Take your water workout to the deep end of the pool! Floatation devises are used for the best benefits of this class! This class begins with a shallow water warm up and then proceeds to the deep

### FREE Health and Well Being Seminars for Seniors MONDAYS, GOING ON NOW - JUNE 15, 10:30 - 11:30AM



The Maplewood Community Center and Metropolitan Area Agency On Aging are partnering to bring seniors FREE seminars touching many topics, all concerning the health and well being of your mind and body. These informational seminars

will be held at the MCC. **Pre-registration is REQUIRED** as space is limited, so call early to reserve your spot. Don't forget to tell your friends- it is not necessary to be an MCC member to attend. Stay after the seminars for MCC Card Club and play 500, Bridge, Rummy, Cribbage and more!

### Seminar Topics and Dates:

- MAY 18-** Medicare Basics/How to Choose an Insurance Plan
- JUNE 15-** Vital Aging Network: Helping older adults become self-sufficient

### Monday Cards & Soup MONDAYS, 11:30AM - 1:30PM ONGOING

Monday is the meeting of the MCC Cards and Soup Club from 10:30 - 11:30AM. We provide the cards, soup lunch and tables while all we require from you is the desire to have fun and meet new people. All level of card players are welcome. Open to everyone so bring your friends! The cost is \$3.00 at the door (\$1.00 without a lunch). Soup lunch includes a bowl of our soup of the day, roll, crackers, and a beverage.

### Walking Club MONDAY-FRIDAY, 10:00AM - 1:00PM, ONGOING

Get active and meet new people at the Maplewood Community Center with the Walking Club! Program participants will receive a "Walking Club" lanyard which will get you into the MCC for free use of track, bike, and treadmills and allows you to also identify other "Walking Club" members. New participants will receive a pedometer and water bottle. Participate Monday - Friday from 10:00AM - 1:00PM. After a great walk around the MCC Walking Track, join other members in the common area for coffee and conversation. Walkers are invited to go at their own pace and program staff will record the number of steps you walk. Cost is \$20.00/first month and \$13.00/month renewal rate.

# Family Programs

## **MCC Youth Choir Camp**

**MONDAY, TUESDAY, & THURSDAYS, JUNE 15 - AUGUST 26, 2:00 - 5:00PM**

Not just a summer camp. . . An experience for kids AGES 7-12 who love music! Join local musician and vocal coach Dave Roby who is instructing this engaging, innovative and contemporary choir camp. Camp goals focus on becoming good performers and singers, as well as to instilling confidence, a sense of accomplishment and a general feeling of well being. In addition to vocal instruction this structured program includes scheduled recreation activities and meal/snack breaks. The campers will be performing at the Taste of Maplewood on Thursday, August 13 and at the year end choir banquet on Monday, August 31. Choir camp informational meeting dates: June 2, 6:00 - 7:00pm or June 9, 5:00 - 6:00PM. Cost is \$300.00 (\$270.00 for MCC members). Call 651.249.2230 to include your child in this fantastic summer experience.



## **Maplewood Nature Center Family Events!**

### **Waterfest At Lake Phalen**

**SATURDAY, MAY 16, 9:30AM – 2:00PM (FREE!)**

All ages- a family outdoors event by the Ramsey-Washington Metro Watershed District. Look for the Maplewood Nature Center booth and lots of other fun displays and hands-on activities including: canoe rides, fishing lessons, a 5 K run (starting at 9:30AM), prizes, games, kids exhibits, performances and more! Visit [www.rwmwd.org](http://www.rwmwd.org) for more information.

### **Geocaching (FREE!)**

**SATURDAY, JUNE 6, 10:00AM – NOON**

Adults and youth ages 8+ are invited to go on a high tech treasure hunt! Use your GPS to find your way around. See if you can discover the two geocaches at the Maplewood Nature Center. Learn about the Geocaching website and how it works. If you own a hand-held GPS unit, please bring it. Call 651.249.2170 to register by June 4.

### **Snakes Alive! (FREE!)**

**THURSDAY, JUNE 11, 10:00 – 11:15AM**

Snakes rule! Meet the Nature Center's new Western Hognose Snake, get up close and personal. Do a snakey craft, play dead like a hog-nose snake, see our amazing fabric 8-foot snake. Hike outside to play snake bingo. Call 651.249.2170 to register by June 10.

### **PEER INTO THE POND**

**SATURDAY, JUNE 13, 1:00 – 2:30PM**

Children 5+ with adult can catch, identify and release snails, waterbugs and minnows from our floating boardwalk. View them live under our TV video cam. Fred the Fish will show you how to help protect wetlands and water quality. Free for all ages. Call to register.

### **Turtle Tales**

**THURSDAY, JUNE 18, 6:30 – 7:45PM**

Take a hike to look for turtles, touch and see one up close. Share your turtle stories, and discover the several kinds that live in MN. Best for families with children ages 3+. Cost is \$3.00/child. Send or drop off payment to the nature center by June 16.

### **Wild Animals Puppet Show**

**WEDNESDAY, JUNE 17, 10:00 – 11:30AM**

Laugh and sing along with our wild animal puppets as they show you how they rely on wetlands. Make a "nature scope" to help you detect wildlife on a nature bingo hike with a naturalist. Best for ages 3-8 with adult, also small day care groups (up to 8 children) Cost is \$2.00/person. Send or drop off payment to the nature center by June 16.



**All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street). Call 651.249.2170 to register!**

# Martial Arts/CPR

## Unleash Your Child's Potential With The Power Of Martial Arts! Hear Your Voice, Find Your Strength, And Become Empowered!

The Maplewood Community Center is pleased to announce its recent partnership with The Edge Martial Arts, based in Stillwater, Minnesota. This premier karate studio was founded to promote and practice a hybrid style of martial arts that combines both competition and self-defense. Now "The Edge" Instructor Mr. Joe Abboud, invites you to join him for karate programs offered in the Maplewood Community Center Motion Zone. Cost is \$60.00 (\$45.00 for MCC members). **REGISTER FOR 3 MONTHS AND RECEIVE \$5.00 OFF EACH MONTH!** Classes include:

### Lil' Dragons Program

**MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6**

Put your child in center stage with their participation in Martial Arts! Your child will learn basic karate techniques in addition to essential developmental skills such as taking turns, respect, listening, sharing, body control and movement and following directions. Abduction prevention is a key element and students learn in a fun, yet progressively challenging way to ensure that safe living is a normal part of their day.

### Kids Beginner Karate

**MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12**

Help your child to become more focused, disciplined, and confident while having fun and learning to be more respectful! Kids progress at their own pace, and learn that achieving success is only possible with hard work and dedication. The foundations of the Martial Arts will be emphasized, which brings their training outside of the classroom.

### Teen To Adult

**MONDAYS, 7:15 - 8:00PM - AGES 13 TO ADULT**

Mr. Joe Abboud's teaching style, knowledge and talent draws a high demand for training. Each student receives the individual attention they deserve, ensuring success and helping them attain their highest personal potential.

For more information, visit [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com).



### CPR/AED and First Aid Classes

These classes are designed to inform people how to respond in emergency and life-threatening situations. After successful completion of the course participants will receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members).

**CHILD CPR/AED AND INFANT CPR WITH FIRST AID:  
SATURDAY, SATURDAY, MAY 9  
10:00AM - 5:00PM**

**COMMUNITY CPR:  
(Adult and Child CPR/AED and Infant CPR)  
SATURDAY, JUNE 6, 10:00AM - 5:00PM**



**ATTENTION CHILDCARE PROVIDERS!  
Child CPR/AED & Infant CPR with First Aid  
is designed to meet state CPR and  
First Aid requirements.**

# City of Maplewood

1830 County Road B East  
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www.ci.maplewood.mn.us

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### Play Racquetball and Wallyball at the Maplewood Community Center

Challenge yourself with one of these enjoyable sports. Wallyball fees per court/per hour/per group are \$14.00 plus tax (\$11.00 plus tax for MCC members). Racquetball court fees are free for members and are included in the cost of daily admission for non-members. To reserve a court call 651.249.2210.





**Carina & Carrie**



**FREE UPCOMING  
1 HOUR SEMINARS**

- **First-Time Home Buyers**  
How to take advantage of the \$8,000 Tax Credit while it lasts!
- **Selling Tips For Seniors**  
Ready to downsize? Step by step guide for a profitable, stress free move!

Call MCC at 651.249.2230 or Carina and Carrie for dates and times.

**Carina McCall Schafer  
(651) 308-6898**

**Carrie Troske  
(651) 341-6633**

*Certified Senior Selling Advisors*



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All offices:  
651-225-2700 [www.cccu.com](http://www.cccu.com)





# Maplewood Monthly

June 2009 City Newsletter

## Save The Date

- **Scout Day**  
Saturday, June 13, 10:30 - 2:30PM  
at the Maplewood Community Center
- **July 4th- New!**  
All American LumberJack Show & Fireworks
- **National Night Out**  
Tuesday, August 4
- **Taste of Maplewood**  
Thursday, August 13  
with Belladiva, Lamont Cranston & Radio Disney
- **Family Movie Night**  
Friday, August 21, 7:30PM  
at the Bruentrup Farm

## Get Your Forks Ready!

THURSDAY, AUGUST 13, 4:00 - 9:00PM



### FREE ADMISSION!

Back by popular demand, the Taste of Maplewood & Friends packs an impressive range of fun activities into one special evening. Your entire family will enjoy the many events on tap for Maplewood's tastiest celebration on the Maplewood Community Center campus located at 2100 White Bear Avenue. Parking will be available at the south end of the community center lot. Additional parking will be available at Aldrich Arena. Shuttle service provided by NEST.

### Epicurean Delights and Lively Entertainment

You'll find over 70 food booths with taste-tempting items, beer, margarita and mojito tents, two outdoor stages with heart-pounding musical thrills by **Lamont Cranston** and **Belladiva**. From 6:00 to 7:00PM Radio Disney Party Patrol will feature lively music, prizes and games. Visit the marketplace with wonderful treasures and don't miss the "JuiceBox" that offers numerous kid's activities with face painting, rock star hair make-overs, carnival games, giant inflatables, a petting zoo with pony rides, rock climbing walls, monkey motion, and more.

(story continued on page 4)



Thanks to our media sponsors:



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- 3 Council Corner
- 4 Ramsey County Fair
- 4 Flotation Days
- 5 Stimulus Fund
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- 12 Adult
- 13 Active Adult (55+)
- 14 Family

## Rolling Out The July 4th Celebration

SATURDAY, JULY 4, 4:30 - DUSK FREE ADMISSION

Where do you plan to celebrate Independence Day this year? The place to be is Hazelwood Park, 1663 E. County Road C in Maplewood with the first All American Lumberjack Show! This thrill-seeking event offers lumberjack activities "live" in the park for all ages. You will see athleticism and showmanship with a log rolling competition, chain saw carving, races across floating cedar logs, climbing trees, two team saw contests and more. Kids will also have an opportunity to participate in a Lumberjack Sport Camp.

"This event draws families and kids." "The noise, the competition part of the event are really amazing and it is truly something different that you do not see every day." "A lot of people have seen these activities on TV but they have never seen them live." People will be amazed at the Maplewood July 4th Celebration when they see this show.

(story continued on page 4)



Lumberjack log rolling competition

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, June 8 & 22 at 6:30PM  
 Community Design Review Board: Tuesday, June 9 & 23 at 6:00PM  
 Environmental & Natural Resource Commission: Tuesday, June 2 at 5:15PM  
 Housing & Redevelopment Authority: Wednesday, June 10 at 7:00PM  
 Citizen Forum: Saturday, June 6 at 10:00AM  
 Park Commission: Wednesday, June 17 at 7:00PM  
 Planning Commission: Tuesday, June 2 & 16 at 7:00PM  
 Historical Preservation Committee: Thursday, June 18 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



### Grow Your Business!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). Thank you to the advertisers who support this publication!

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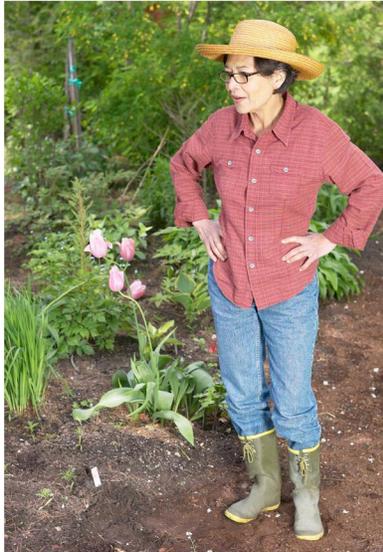
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## Community Gardens Returning To Maplewood

If you have lived in Maplewood long enough you will remember the Heritage Gardens on Edgerton. Many people enjoyed the fresh vegetables and the social life of that garden. The buildings and the gardens are long gone and replaced by the Edgerton School parking lots. Several residents have expressed an interest in having community gardens in Maplewood again. The City of Maplewood and a group of citizen volunteers are planning for a community garden to open in 2010.



At the June 17, 2009 Parks Commission meeting, city staff will present two possible sites for community gardens on city land. Commissioners will review the options and give staff guidance on which site to pursue. A design for the garden will be done this summer, site preparation will begin in fall, and the garden will open in 2010. The garden will have plots that individuals can rent for the season.

While planning for 2010 is in the works, a small group of volunteers wanted to get something going to create excitement about community gardens in Maplewood. They are partnering with Ramsey County and the City of Maplewood on gardens at the Ramsey County Extension barn on White Bear Avenue.

In the front of the barn a group of volunteers will create a demonstration site for gardening. Plans for this include a paper and garden waste compost, heirloom vegetables, patio gardens, intensive gardening and rain gardens. Each volunteer has selected his or her own project for the site. There is still space for one or two more demonstration projects. Best practices in gardening will be featured at the demonstration site. By the end of this growing season, each of the demonstrations will have explanations of these features along side the gardens.

If you are interested in helping with demonstration gardens or have questions about the community garden project, please contact Ginny Gaynor at 651. 249.2416.

## Municipal Election 2009 Filing For Candidacy For Mayor or City Council Member

Eligible individuals desiring to become a candidate for Mayor or Council Member are required to file an affidavit of candidacy with the city clerk. The office of Mayor and two council member positions (Erik Hjelle and Kathleen Juenemann) are open for filing. These are four-year terms. **The filing period opens on Tuesday, July 7, 2009 and will close at 5:00PM on Tuesday, July 21, 2009.**

State Statutes require that if more than twice the number of individuals to be elected to a City office file for nomination for an available office, their names shall be placed upon the primary ballot for an election to be held on September 15, 2009. If not, there will be no primary election.

If you have questions, please contact Karen Guilfoile, Director of Citizen Services at 651.249.2002 or at karen.guilfoile@ci.maplewood.mn.us

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**“Whatever befalls the earth, befalls the children of the earth. We are part of the earth, and the earth is part of us.”**

(Attributed to Chief Seattle, 1855)

The responsibility to guard, protect and enhance our natural resources and environment is on all of us. We are reminded frequently of our collective need and ability to “take care of our world.” The phrases “Reduce-Reuse-Recycle,” “Go Green,” the “Greening of America” are ever present reminders to us to be always vigilant and to do our part.

The City of Maplewood has a history of over twenty years of the will to protect our environment and “go green.” In 1987 the original Open Space Committee was created to try to preserve Fish Creek, and a recycling drop-off center was established on the city hall campus. In 1991 the Open Space Committee was organized, by citizen request, and 66 parcels of potential natural open space were carefully evaluated; the concept of curbside recycling took form that year also. 1993 was the banner year for natural resource activism: the citizens of Maplewood passed a \$5 million referendum for the acquisition of natural open space. The Environmental Committee was formed, by city council action, in 2003-04 as an advisory board to gather information and research programs to help move the city forward in being responsible stewards of our environmental resources. This board was given the status of Environmental and Natural Resource Commission (ENRC) in 2006 to advise the city council on significant environmental issues: e.g. water quality, trees, greenways, natural resource education, recycling, waste hauling, etc. The city raised the priority status of the “greening” and sustainability of Maplewood in early 2008 with the reorganization of the Planning Department to include Community Development-Parks-Environmental Planning.

**“Sometimes leadership is planting trees under whose shade you will never sit.”** (Gov. J.M. Granholm, Michigan)

As with all successful city government initiatives, environmental and natural resource protection is a group/team effort. City council, city staff and citizens – we must all be leaders in this stewardship endeavor. We city councilmembers must be aware and responsible and make the difficult policy decisions to put the environment first while still assisting residents, developers, business owners with accepting and utilizing ordinances and guidelines for the benefit of the whole community, now and into the future. The city environmental staff and the ENRC, as well as the Parks and Planning commissions are our primary advisors as well as the receptors of public input on projects and issues of environmental protection and management.

Our role as residents is of utmost importance; our stewardship is the vital key to program/project success. We need to be aware of current initiatives and programs that affect us and require our participation: e.g. recycling, tree preservation, wetland buffers, etc. In our day to day living we must consistently remind ourselves of the habits we can acquire that make a difference – use compact CFL or LED light bulbs, choose Energy Star appliances, plant appropriate trees and native plants, remember weekly recycling, etc.

“Going green” is a constant journey; “being green” must become a way of life. It is my hope that we will all move together to become a green city. I wish you great success and reward in your green journey. Have a safe, productive enjoyable summer!

*References: Carol Mason Sherrill, Environmental and Natural Resources Commission Chair (June Maplewood Monthly). 2009 Environmental Goals Shann Finwall, Environmental Planner (June Maplewood Seasons). Wetlands Add Value to Our Community*

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*



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# Special Events

## Taste of Maplewood (story continued from cover)



Maplewood Community Center, will be hosting Zumba For A Cause honoring The Second Harvest Food Shelf. Zumba is a dance sensation that fuses dynamic music and easy-to-follow moves to create an exhilarating and fun fitness program. The event will take place 5:00 - 8:00PM and tickets are \$10.00.

Call 651.249.2230 for more information.

## Online Taste of Maplewood & Friends Auction

New this year! Watch for details on the Taste of Maplewood Online Auction where you can bid on great items such as Bath & Body baskets, theater tickets, restaurant gift certificates, massage gift certificates, family vacations and more! If you would like to donate an item for the auction, contact Pauline Staples at 651.249.2124 or pauline.staples@ci.maplewood.mn.us.

It's not too late to get involved! Visit [www.ci.maplewood.mn.us/taste](http://www.ci.maplewood.mn.us/taste) to find out how. Opportunities for advertising and sponsorships are still available. Be part of your community.

## July 4th Celebration (story continued from cover)

The All American Lumberjack Show is sure to be a crowd pleaser! You'll also enjoy food vendors, adult beverages from Bleachers Bar & Grill, giant inflatables from USA Inflatables, and the best fireworks display around. Don't miss it! For more information, contact Pauline Staples at 651.249.2124 or pauline.staples@ci.maplewood.mn.us.



## Ramsey County Fair

The 96th Annual Ramsey County Fair will be held July 8-12. The Fair will feature five days of fun-filled activities at the County Fairgrounds near Aldrich Arena – White Bear Avenue at Frost in Maplewood. There will be a variety of entertainment – bands on stage, kids can be “farmer for the day”, children’s petting zoo, talent contest, fireworks, carnival rides, and a parade. Other fair highlights - commercial exhibits, carnival rides, food vendors, beer and bingo and more. Stop in at the Maplewood Community Center to pick up discounted carnival ride tickets. For a complete list of events and times, call the county fair office at 651.770.2626 or visit the website at [www.ramseycountyfair.com](http://www.ramseycountyfair.com). The Fair opens at 5:00PM on Wednesday and Thursday and Noon the rest of the week. The admission to the County Fair is free.

## Maplewood Historical Society Events

### ICE CREAM SOCIAL AT BRUENTRUP HERITAGE FARM WEDNESDAY, JUNE 10, 6:00 - 8:00PM

The 10th Year Celebration of SAVE BRUENTRUP HERITAGE FARM located at 2170 E. County Rd. D, Maplewood. Join us for an evening of LIVE MUSIC and COOL TREATS. Call 651.748.9009 for more information.

### WALKING TOUR OF VICTORIAN HEADSTONES

**SATURDAY, JUNE 13, at 1:00PM** at Forest Lawn Cemetery  
A Fundraiser for Maplewood Historical Society  
Call Janice at 651.735.3280 for more information.

## Flotation Fridays

### FRIDAYS, JUNE 26, JULY 31, AUGUST 28, 5:00 - 8:00PM

Come to the Maplewood Community Center and jump, splash, float, slide and swim in the huge aquatic center. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer. The Inflatable Magic Island, beach balls, tubes and everything else the MCC has that floats will be available in the pool for everyone to enjoy. Bring your friends and family!

## Other Flotation Days

### WEDNESDAY, JUNE 10, JULY 8, AUGUST 5, 1:00 - 4:00PM

Special flotation days are held either during days off from school or for a Maplewood Community Center special event. They're just as much fun during the day!

Cost is free to members and included in the price of daily admission for non-members. Call 651.249.2230 for more information.

## City Secures Stimulus Funds

By Chuck Ahl, Assistant City Manager/Public Works Director

On February 17, 2009, President Obama signed legislation called the American Recovery and Reinvestment Act (ARRA) which has also been called "stimulus funding". The City of Maplewood has been actively seeking the public portion of these funds. A majority of the funds for public agencies are for infrastructure and energy initiatives and are very competitive as numerous agencies are also looking for assistance.

The transportation portion of ARRA funding is provided to area communities through MnDOT and the Metropolitan Council. The state of Minnesota received over \$502 million in transportation ARRA funds with a 50-50 split between the metro area and outstate Minnesota. Of the metro funds, the Met Council received about \$75 million that they made available for projects on the federal highway system. In the two rounds of solicitations open to the seven counties and the 87 cities in the metro area, there were over \$1.0 billion in project requests and ideas. After many rounds of submittals and debates, the Met Council decided that a joint project proposed by Maplewood and Ramsey County for County Road D between White Bear Avenue and Southlawn would be one of five projects selected. We received approval for \$2.6 million of ARRA funds that will become available in June 2009. The project on County Road D will include new pavement, turn lanes, a new signalized access to Maplewood Mall and a signal at the Southlawn – Best Buy entrance. The project should begin construction in early July 2009. This \$2.65 million is in addition to the \$7.1 million in federal funds that we have already secured for the improvement of White Bear Avenue from County Road D to south of Beam Avenue. The White Bear Avenue improvement will begin in 2010.

The City of Maplewood also will receive ARRA funding for trail and drainage improvements along Stillwater Road between Century Avenue and Lakewood Drive. The Stillwater Road project through the Met Council. There originally were over \$350 million in project requests but a Met Council committee decided that they only

have money for 9 or 10 trail enhancement projects. Fortunately, our Stillwater Road project was rated sixth overall and funding should be forthcoming later in 2009 as final project decisions are made.

The staff continues to work on finding other ARRA (Stimulus) and external funding opportunities. Following are project/proposals that are being explored:

**1. TH 36 – Rice Interchange:** a new interchange to replace and expand the aging bridge and address congestion is needed along with the \$20-\$25 million for this intersection. The state office of DEED identified \$1.5-\$2.0 million of funds that may be available for right of way acquisition for this joint project with Ramsey County, Little Canada, Roseville and MnDOT. MnDOT has indicated that they are identifying \$5.0-\$8.0 million for a future project. It appears that a variety of sources may come together to get this project completed in the next 3-5 years.

**2. JAG Grants and COPs Grants:** Chief Thomalla reports that the first portion of these grants funds are becoming available. The JAG Grant of \$74,000 is being used for replacement equipment for our Police Department. The COPS grant is a competitive grant that Maplewood is hoping will provide \$740,000 over 3 years to add 3 Police Officers to our force.

**3. Energy Efficiency Block Grant:** The City is eligible for up to \$163,900 in a block grant to be used to reduce energy consumption in public facilities. The staff and Council will be reviewing potential projects for submittal for the use of these funds including a replacement of the boilers at City Hall, upgrading the lighting at Goodrich fields, replacement of windows at MCC, purchasing electric patrol vehicles for our neighborhood VIC program and training programs / building code upgrades involving our building officials that all relate to being more energy efficient.

**4. High Priority Project (HPP) Funding:** Congresswoman Betty McCollum is currently considering HPP funding requests for our area as part of the federal transportation bill. HPP funding is only for sections of the federal highway system, so it can't be used on local improvements, our work involves cooperative efforts with Ramsey County and MnDOT. Ramsey County submitted four projects, in order of priority with both Maplewood projects first on their list:

- TH 36 – Rice Street interchange [noted above]
- I-694 – White Bear Avenue interchange upgrade
- I-694 – Rice [in Shoreview]
- I-35E – TH 96 [in White Bear Lake]

**5. TH 36 – English interchange:** the staff is working to prepare a proposal for a possible interchange to remove the signal at TH 36 and English that is due to the Met Council in June 2009 that would provide funding for a 2013 – 2015 timeframe project.

The City will continue to pursue available grants and ARRA funding. For comments or additional information on these or other Maplewood proposals, please contact [Chuck.ahl@ci.maplewood.mn.us](mailto:Chuck.ahl@ci.maplewood.mn.us).



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10:30AM - 2:30PM



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## Crimes Of Opportunity

By David Thomalla, Police Chief



Edgerton Park

As summer gets into full-swing, the Maplewood Police Department wants everyone to have a safe and restful summer as we take advantage of our many recreational areas. The assaults in Phalen

Park in the past several months remind us that although parks are great areas to relax and be enjoyed by all, in today's environment we need to be cognizant of our personal safety everywhere.

Many crimes are crimes of opportunity. If the opportunity is eliminated, the crime, in turn may be eliminated. Taking positive steps in regards to your own personal safety may eliminate those opportunities. Some reminders:

- Walk with a friend - especially when fewer people are present in the parks or darkness is near.
- Carry a cellphone - you or someone else may need assistance at any time.
- Be aware of your surroundings – especially in remote areas.
- Always lock your car and leave valuables at home.
- Always immediately report suspicious people or activities.

The Maplewood Parks and Recreation Department manages 700 acres of park and open space lands in Maplewood, including 34 parks and 14 open space sites. The Maplewood Police Department has opportunities for you to do your part in helping to ensure our parks are safe:

- If you live near a park, form a park watch group. This can be done similar to Neighborhood Watch groups with an emphasis on safeguarding your park. Be the eyes and ears of the police.
- Apply to be a Maplewood Volunteer in Police Service (VIPS) or Police Reserve. Become a community volunteer and help make our community safer. Contact the police department for more information.
- Report graffiti you observe - Our city policy is to remove graffiti within 24 hours of being reported.
- Be attentive as you use the parks and report anything suspicious.

As we enjoy the summer months, do your part and help the police by being the eyes and ears of the police and join us in making Maplewood a safe place to live, work and play.

## Council Highlights

Council approved the Silver Star Banner Day Proclamation Honoring the Sacrifice of the Men and Women in the Armed Forces.

Approved the Agreement between the City of Maplewood and the City of Mahtomedi for lifeguard services and the Agreement between the City of Maplewood and the Town of White Bear Lake for lifeguard services.

Approved the maintenance agreement with Ramsey County for the future traffic control signals located at the intersection of Lakewood Drive Maryland Avenue.

Approved a resolution adopting no parking restrictions on the west side of Prosperity Avenue from Frost Avenue to the north entrance of the Wakefield Park parking lot.

Approved the lease extension agreement with Gethsemane Church in the amount of \$2,200 a month for the period from May 1, 2009, through April 30, 2010, with the following provision: "The \$2,200 per month lease payment (\$26,400 total) will be credited back to the City as an offset against the purchase price of the proposed park land". The \$8,800 the city has previously paid to Gethsemane Church, per signed agreement, will also be credited back towards the purchase price.

Approved a resolution Supporting Senate House File No. 2055 the Fish Creek Natural Area Greenway Bill.

Approved a resolution accepting the assessment roll and ordering an assessment hearing on May 28, 2009 for Castle Avenue Improvements, City Project 08-12.

Conducted an assessment hearing for Century Avenue Improvements (Brookview Drive to Lower Afton Road), City Project 03-15, and approved a resolution certifying the assessments to benefitting properties.

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## Tree Planting Rebates Offered For 2009

In 2009 the City of Maplewood is offering a purchase rebate to residential and commercial property owners for planting shade trees on landscaped property in Maplewood. The Tree Purchase Rebate will encourage planting shade trees on private property. It will also help property owners replace trees lost to Dutch elm disease or oak wilt.

The purchase price of a shade tree will be reimbursed by the City at a cost-share of 50%-up to \$100 per tree. For each household, up to 4 trees may be purchased, at a total maximum reimbursement of \$200. First the tree is bought and installed, then the purchase receipt and the Tree Purchase Rebate Form are submitted to the City for reimbursement. Certain requirements must be met to qualify for the rebate. For details and to print off the rebate form please visit the city website at [www.ci.maplewood.mn.us/naturalresources/trees](http://www.ci.maplewood.mn.us/naturalresources/trees) or call Maplewood Nature Center at 651.249.2170 and we can mail you the information.

Before planting, call GOPHER STATE ONE CALL (651.454.0002) to have utilities located. It's the law.

## On the Police Scanner

In April, the Maplewood Police Department responded to 2,060 calls for service. Included in this number were the following incidents:

- 31 Assault Cases
- 2 Robbery Case
- 22 Burglary Cases
- 125 Theft Cases
- 50 Criminal Damage to Property Cases
- 11 Auto Theft Cases
- 46 Theft from Vehicle Cases

In addition, Officers made 67 arrests for shoplifting, 21 arrests for DWI.



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Grades 1-7



### Wildcat Workshop

Learn songs and dances from Disney's High School Musical.

June 22-26

Grades 6-12



Camp dates: July 6-24  
Show dates: July 24-26 and  
July 31-Aug 2

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## Can The \$5 Billion Dollar Stimulus Program Help You?

As part of the economic stimulus program, the federal government has allocated more than \$5 billion to help Americans make their homes more energy efficient.

1. If you have an annual household income of less than \$44,100 for a family of four, you may qualify for up to \$6,500 in improvements through the Dept. of Energy (DOE) Weatherization Assistance Program.
2. The DOE's Energy Efficiency and Conservation Block Grants Program is awarding an additional \$3.2 billion to state, county, and city governments to parcel out for local projects that improve the energy efficiency of residential and commercial buildings.

For more information, visit [Parade.com/energy](http://Parade.com/energy).

## 2009 Environmental Goals



The Environmental and Natural Resources Commission (ENRC) was established in 2006 as an advisory commission to the city council with seven members serving three-year terms. Prior to that, the commission had been a committee for several years.

With the change in status, the ENRC has become more visible and is reviewing and participating in more issues affecting the city's environment. As our awareness and concern increases regarding the state of our natural resources, the ENRC senses a demand for more time to be spent on these important issues. As a relatively new commission, we are still "finding our way" as to what environmental issues to focus on in advising the city council. While we find our focus from the ENRC mission statement, we also see the need to work with other commissions such as the Parks Commission on projects such as recycling in our parks.

At the ENRC goal setting meeting in November 2008, our commission brainstormed a laundry list of environmental goals we hoped to accomplish in 2009. The list was narrowed down to a realistic set of three goals to focus on in 2009 which include greenways (protection measures for the city's newly established greenway corridors), waste hauling (environmental impacts of multi trash haulers within the city), and storm water (surface water management). The commission will address these goals throughout 2009 while keeping in mind the work we already have in progress or that we must attend to throughout the year such as the recycling contract with Eureka, Arbor Day celebration, buckthorn removal, clean up days, environmental protection ordinance, Tree City USA, the Heritage Tree program, wind turbine ordinance, and South Maplewood.

One environmental goal the ENRC recently completed was the drafting of the wetland ordinance. Many hours (and years), much thought and discussion, and scientific review has gone into crafting this ordinance to provide the people of Maplewood with an opportunity to protect and preserve our valuable water and natural resources while protecting the rights of property owners in the

process. The city council held the first reading of the draft ordinance in April, requesting modifications prior to second reading which should take place the end of June.

The main component of the wetland ordinance is the requirement for wetland buffers. Wetland buffers are the most important part of a wetland and include the band of vegetation surrounding the lake, stream, or wetland that literally "buffers" (protects) the water, adds beauty, and provides habitat for wildlife. The wider the buffer, the better it protects as it provides greater infiltration of runoff and pollutants and prevents them from reaching the water. Wetlands planted with native plants are the best buffers due to their deep root systems. Turf grass has a shallow root system and does not provide habitat or food for wildlife. Shorelines with turf grass usually erode. Native plants compose a high quality buffer while providing beauty, food, and habitat and protecting water quality.

The Environmental and Natural Resources Commission will continue to address issues that affect our natural resources. We invite and appreciate input and feedback from Maplewood residents and encourage citizens to be involved in the community. We are all responsible for the quality and beauty of the environment in Maplewood. Together we can...



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# Maplewood Community Center



## Ditch the Workout and Join the Party!

7-WEEK SESSIONS

TUESDAYS, JULY 14 - AUGUST 25, 5:30 - 6:30PM

THURSDAYS, JULY 9 - AUGUST 27, 5:30PM - 6:30PM

SATURDAYS, JULY 11 - AUGUST 22, 9:30 - 10:30AM

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. You can burn up to 1,000 calories in an hour depending upon your exertion and fitness level! The best thing about Zumba is that you forget you're exercising because you're having so much fun—it's like a dance party! Zumba is appropriate for ages 16 and up. Cost for a is \$56.00 (\$42.00 for MCC members). Bring a great attitude, a towel and water. Wear comfortable and breathable workout clothing including aerobic or dance sneakers. Call 651.249.2230 for more information.



New! Incline Elliptical



New! StairMaster StepMill

## Maplewood Community Center... A Fitness Center Designed For Today's Fast Moving Lifestyles

Dedicated to helping members maintain a healthy well being and lifestyle, the MCC offers a motivating state of the art fitness center to assist all ages and activity levels reach and maintain their fitness goals. The MCC fitness team is excited to announce the addition of the following equipment to the cardio and strength centers:

### StairMaster StepMill- Step Up Your Workout!

For 25 years the StairMaster StepMill has been called the toughest workout in the gym. This revolving staircase provides a low-impact, high-intensity workout. Although often called the workout you love to hate- it is one of the most efficient and popular pieces in the cardio center.

### Nautilus Upright Bike

A durable innovative design, variety of resistance levels and ultra-smooth performance will offer the highest quality biking experience.

### Matrix Incline Ellipticals

This elliptical will rise to any challenge with an adjustable ramp that inclines allowing users to vary the intensity of their workout and range of motion.

### Nautilus Adjustable Hip Extension and 0-90 Utility Bench

The Nautilus Hip Extension and Utility Bench are refined to help promote safe and proper exercise motions. They provide optimum support and are easily adjustable for all heights.

For instruction on how to utilize the new equipment, personal trainers are available in the Fitness Center Mondays 10:00AM to noon, Wednesdays 5:00-7:00PM and Saturdays 9:00-11:00AM.

## Offering More Than Ever Before.



**\$0 initial fee\* on annual memberships!**

Offer Starts June 1st. Ends June 30th, 2009!

Get Paid to Work Out! With qualifying Definity, Blue Cross Blue Shield, UCARE, Medica and HealthPartners plans.

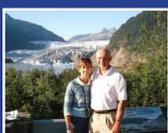
Voted Best Fitness Center 8 Times! Ranked #6 in The Minneapolis/St. Paul Journal's "Top 25 Metro Area Fitness Centers."

\*If applicable. Some restrictions apply.

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[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)



"Because I am a nurse and work varying shifts I am not able to sign up for specific fitness classes. I appreciate at the Maplewood Community Center that I can simply drop in to the classes that are offered every day of the week at varying hours."

—Cher Rafferty, MCC Member

# Preschool Programs



## New! MCC Kids Club Camp

TUESDAY - THURSDAY, 9:00 - NOON

SESSION 1: JUNE 23 - 25

SESSION 2: JULY 14 - 16

SESSION 3: JULY 28 - 30

SESSION 4: AUGUST 11 - 13

Make your child's first camp experience a positive one at the Maplewood Community Center! Our pre-school camp is for children wishing to go to camp, but not yet ready for a full day. Our camps feature weekly themes, cooking, nature activities, arts and crafts projects, swimming, games, free play, music, story time and more! Campers will have an opportunity to learn and play both indoors and out. All children MUST BE POTTY TRAINED. Cost is \$50.00 (\$45.00 for MCC members) and includes a camp t-shirt. Staff ratio is 1 staff for every 5 campers and is limited to 20 campers per session. Call 651.249.2230 to register.

## More Camp Options!

Head to the Gyms for more exciting camp adventures. Your child will burn energy in the jump castle, giggle with different silly science projects, and more. Cost is \$45.00.

### Carver Community Gym

2680 Upper Afton Road

JUNE 30 - JULY 2

9:00 - 12:00 NOON

### Edgerton Community Gym

1929 Edgerton Street

AUGUST 18 - 20

9:00 - 12:00 NOON

## Nature In The Backyard Series

SATURDAY, JULY 25: ANIMALS BIG AND SMALL

SATURDAY, AUGUST 8: HIDDEN CREATURES

10:00 - 11:15AM



This pre-school class is offered at the Maplewood Nature Center to children ages 5 & under with an adult. Join us for this Nature Play Series for young children and the adults in their life (parents, grandparents, neighbors, etc.). We will be outside exploring in nature. Studies show that playing in

nature is beneficial for kids' health, observation skills, creativity, and ability to focus, so we'll give you ideas for lots more nature fun on your own! For this month's theme we will explore rainwater, puddles, mud, and ponds. Dress in your play clothes, we will get dirty! Cost is \$4.00, call 651.249.2170 to re-register.



## The Power Of Drawing For Kids

Young Rembrandts Pre-School

"Learn to Draw" Class (Ages 3-5 years)

WEDNESDAYS, JUNE 17 - AUGUST 12

*no class the week of June 29*

10:00 - 10:45AM

Young Rembrandts teaches pre-school children the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Our weekly program prepares them as learners so they will be successful in kindergarten.

Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$67.00 per session.

**Call 651.249.2230 to register.**



# Youth Programs

## The Power Of Drawing For Kids



Young Rembrandts Elementary Class

(Ages 6-12 years)

**NO CLASS JUNE 29-JULY 4**

**1. THURSDAYS, JUNE 18 -AUGUST 13**  
6:30 - 7:30PM

**2. SATURDAYS, JUNE 20 - AUGUST 15**  
11:00-NOON

At Young Rembrandts, we teach drawing, the fundamental skill of all

visual arts. We believe that drawing is a skill that can – and should – be learned by all children. While Young Rembrandts' classes are structured and educational, children learn best when they are entertained and engaged. Young Rembrandts combines the best of both worlds – foundational art skills in a fun, nurturing environment – that gives your child the academic advantage. Class will be held at the Maplewood Community Center and cost is \$67.00 per session. **Call 651.249.2230 to register.**

## 3rd Lair Skate Park Camp

**SESSION 1: JUNE 22 - 26, 8:15AM - 3:00PM**

**SESSION 2: JULY 13 - 17, 8:15AM - 3:00PM**

**SESSION 3: JULY 27 - 31, 8:15AM - 3:00PM**

Try out skateboarding at one of the nation's finest indoor/outdoor skate-parks - the 3rd Lair! Ages 8 - 16 and all skill levels are welcome. The campers are taught the basics: balance, pushing, dropping in, skatepark safety and etiquette. Equipment needed for camp: skateboard, and helmet.

Knee pads, elbow pads, and wrist guards are recommended. **Registration deadline is one week before camp.** Cost is \$180.00 which includes transportation from the MCC. Lunch may be purchased at the skate-park for \$4.00 or you can bring a bag lunch.

Campers will receive: a 2009 skateboard camp t-shirt, 3rd Lair photo ID card, free open skate everyday after camp, free pad and equipment rental, 10% off in the SkateShop during the week, most improved rider will receive special prize, and certificates of completion for every rider.



## Swim lesson registration going on NOW!

## Red Cross Babysitting Class

**SATURDAY, JULY 18, 9:00AM - 3:30PM**

A certified Red Cross Instructor will teach this hands-on course dealing with the challenges and rewards of caring for younger children. Students will learn and put into practice valuable concepts and problem solving skills and upon course completion will be Red Cross certified babysitters. Class is appropriate for participants ages 11 and up. Cost is \$60.00 and includes a \$10.00 Red Cross Kit. Students should bring a bag lunch or money for the MCC snack bar. **Call 651.249.2230 to register.**

## Junior Volunteers

**THURSDAY, JUNE 11, 6:30 - 8:00PM (informational mtg)**

**TUESDAYS, JUNE 16 - JULY 21, 9:30 - 11:15AM**

Children ages 10-14 are invited to make new friends and learn about the outdoors. Assist the naturalist with on-going trail projects at the nature center and city-owned neighborhood preserves. Free to the first 16 registrants! Call the Nature Center at 651.249.2170 to register.

## Guitar Lessons

(FREE DEMO DAYS JUNE 15 & 16, 6:30 - 7:30PM)

**SESSION 1: MONDAYS, JUNE 22 - JULY 27**

**SESSION 2: TUESDAYS, JUNE 23 - JULY 28**

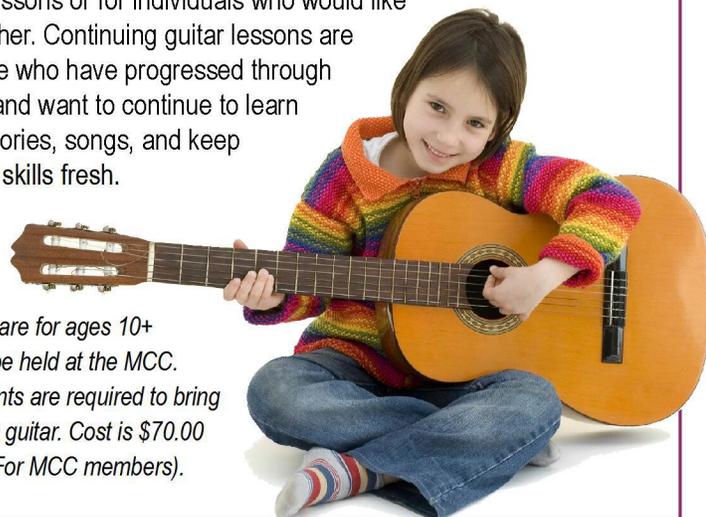
### Beginning Guitar Lessons 6:30 - 7:25PM

If you always wanted to learn how to play guitar, here is your chance. Dave Roby, a local musician is offering lessons for those who want to learn to play guitar the easy way. Learn to play chords, your favorite songs and tune your guitar with one on one instruction!

### Level 2 7:30 - 8:25PM

Level 2 guitar lessons, are for those who have completed beginning guitar lessons or for individuals who would like a refresher. Continuing guitar lessons are for those who have progressed through level 2 and want to continue to learn new theories, songs, and keep aquired skills fresh.

*Lessons are for ages 10+ and will be held at the MCC. Participants are required to bring their own guitar. Cost is \$70.00 (\$60.00 For MCC members).*



# Adult Programs

**Joor cooking classes start in July!**

[www.ci.maplewood.mn.us/index.asp?nid=642](http://www.ci.maplewood.mn.us/index.asp?nid=642)

## Summer Table Tennis Tournament

**SATURDAY, JUNE 27, 2:30PM**

Test your skills against other players in a Maplewood Community Center table tennis tournament— only ONE will leave with bragging rights and the trophy! Best for ages 13+ and pre-registration is required by June 25. Cost is \$5.00 (or \$3.00 for MCC members). Call 651.249.2230 to reserve your space!

## Summer Table Tennis League

**JUNE 20 - AUGUST 22**



Join an adult co-ed community Table Tennis league at the Maplewood Community Center! A schedule of weekly pairings will be generated for the league participants. League members call and arrange a time to play each other for the week they are paired. Cost is \$45.00 (or \$30.00 for MCC members). Call 651.249.2230 for more information.

## Adult Dance

**SUNDAYS, JUNE 21 - AUGUST 2**

Cost for couples is \$110.00 (\$85.00 for MCC members) and cost for individuals is \$65.00 (\$50.00 for MCC members).

**Call 651.249.2230 to register.**

**LINE DANCE 5:00 - 6:00PM**

Learn the line dances you can use at weddings, on your next vacation, and at country dances in this fun, aerobic dance class!

## SOCIAL BALLROOM SAMPLER CLASS

**Waltz, Salsa, Swing 6:00 - 7:00PM**

Social Sampler Class will cover many styles and tempos of music, for many dancing occasions.

## T'ai C'hi Ch'uan

**WEDNESDAYS, JULY 15 - SEPTEMBER 16, 7:30 - 8:30PM**

T'ai Chi Ch'uan uses slow relaxed movements to develop strength while eliminating tension. While doing so you will strengthen your arms and legs, improve balance and flexibility, reduce stress and help increase energy levels. Class is held at Dragons Kung Fu Studio in North St. Paul and cost is \$65.00. Call 651.249.2230 to register.

## Maplewood Nature Center Programs!

### Composting Workshops

**SATURDAY, JUNE 20, 10:00 - 11:30AM**

**MONDAY, JUNE 22, 7:00 - 8:30PM**

Reduce your trash bill, create your own lawn and garden fertilizer! Discover all the benefits of composting at these workshops by Eureka Recycling compost experts. All Maplewood citizens will be able to purchase at a very reduced cost the "Earth Machine" compost bin to take home! Best for Adults and youth 8 and older. To register, please fill out the order form on the city website [ci.maplewood.mn.us/recycling/compostworkshops](http://ci.maplewood.mn.us/recycling/compostworkshops) and send it in with a check for \$50.00 to Maplewood Nature Center, 2659 E. 7th St., Maplewood, MN 55119.

### Tree Disease Workshop (FREE)

**OAK WORKSHOP: THURSDAY, JUNE 25, 7:00 - 8:15PM**

Maplewood has several large centers of oak wilt. See a slide show about oak diseases and find out what you can do to protect your oaks. Optional: 45-minute hike after program to see oak wilt control measures in nature center woods. Call 651.249.2170 to register.

### Project Learning Tree

**FRIDAY, JULY 24, 9:00 - 3:30PM**

*A Seminar For: Early childhood educators, Kindergarten and Grade 1 teachers, Scout leaders, Head Start teachers, naturalists, and environmental educators.* As children discover, explore, and experience their environment, guided activities will help them gain valuable skills: observing, listening, identifying, classifying, making sensory comparisons, and communicating. Cost is \$40.00 and includes the three curriculum books, lunch, and six hours of continuing education credits. Registration is required by July 17. To register, go to [www.mndnr.gov/plt](http://www.mndnr.gov/plt) or call Laura Duffey at 651.259.5263 or 888.646.6367.

### Living On The Water's Edge (FREE)

*Co-sponsored by Ramsey Washington Watershed District*

**1. Peer Into The Pond:**

**SATURDAY, JUNE 13, 1:00 - 2:30PM**

**2. Tamarack Swamp Nature Hike**

**THURSDAY, JULY 16, 6:30 - 8:30PM**

**3. Lake Phalen Wildflower Walk**

**WEDNESDAY, JULY 22, 6:30 - 8:30PM**

To register, call the Watershed District at 651.792.7965 or email [shelly@rwmwd.org](mailto:shelly@rwmwd.org). For more information, visit [www.rwmwd.org](http://www.rwmwd.org) or [www.maplewood.ci.mn.us](http://www.maplewood.ci.mn.us).

# Active Adults 55+

## Walking Club

**MONDAY - FRIDAY, 10:00AM - 1:00PM, ONGOING**

Get active and meet new people at the Maplewood Community Center! You will receive a "Walking Club" lanyard which will get you into the MCC for free use of track, bike, and treadmills and allows you to also identify other "Walking Club" members. New participants will receive a pedometer and water bottle. Participate Monday - Friday from 10:00AM - 1:00PM. Walkers are invited to go at their own pace and program staff will record the number of steps you walk. Cost is \$20.00/first month and \$13.00/month renewal rate.

## Pickleball

**MONDAY, WEDNESDAY & FRIDAY, 7:00 - 9:00AM ONGOING**



Pickleball is a combination of Ping-Pong, tennis, and badminton and has been enjoyed by people of all ages. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. Call 651.249.2230 for more information.

## FREE Seminars For Seniors

**MONDAYS 10:30 - 11:30AM**

The Maplewood Community Center and Metropolitan Area Agency On Aging are partnering to bring seniors valuable seminars touching many topics, all concerning the health and well being of your mind and body. Call 651.249.2230 to register.



**JUNE 15- Vital Aging Network:** Helping older adults become self-sufficient, live fulfilling and meaningful lives, and contribute to vital communities. Learn, Engage, Lead!

**JUNE 29, JULY 27, AUGUST 24**

### LIFE WRITE WITH LAURAROSE PARADISE

A way to tell your stories—have you ever wanted to tell your story or parts of your life story? Has your family ever asked about you and your life or about certain times in your life? This presentation encourages you to remember stories, record them, write them, or just tell them. Come to all dates as a series and get help with ideas as your story progresses. Bring your friends or family!

## Purchase a Simon Giftcard

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## Monday Cards & Soup

**MONDAYS, 11:30AM - 1:30PM ONGOING**

Monday is the meeting of the MCC Cards and Soup Club from 10:30 - 11:30AM. We provide the cards, soup lunch and tables you get to have fun and meet new people. All level of card players are welcome. Open to everyone so bring your friends! The cost is \$3.00 at the door (\$1.00 without a lunch). Soup lunch includes a bowl of our soup of the day, roll, crackers, and a beverage.

## MID-DAY MEMBERSHIPS

Monday - Friday 10:00AM - 2:00PM

Individual \$75.00 for 3 Months

Family \$120.00 for 3 Months

## 651.249.2230

# Family Programs

## Maplewood Nature Center Events

### Peer Into The Pond

**SATURDAY, JUNE 13, 1:00 – 2:30PM (FREE!)**

Children 5 and up with adult can catch, identify and release snails, waterbugs and minnows from our 600 foot floating boardwalk. View them live under our TV video cam. Fred the Fish will show you how to help protect wetlands and water quality.

### Turtle Tales

**THURSDAY, JUNE 18, 6:30 - 7:45 PM**



Take a hike to look for turtles, touch and see one up close. Share your turtle stories, and discover the several kinds that live in Minnesota. Best for families with children ages 3 and up. Cost is \$3.00/child. Call 651.249.2170 to pre-register by June 4.

### Wild Animals Puppet Show

**WEDNESDAY, JUNE 17, 10:00 – 11:30AM**

Laugh and sing along with our wild animal puppets as they show you how they rely on wetlands. Make a "nature scope" to help you detect wildlife on a nature bingo hike with a naturalist. This show is best for ages 3-8 with adult, also small day care groups (up to 8 children) Cost is \$3.00/child. Call 651.249.2170 to register.

### Fantastic Fish

**SATURDAY, JUNE 27, 10:00 – 11:15AM**

Children 3-8, with adult can hear a fishy story, net some minnows from the floating boardwalk, and make a fish to take home. Cost is \$4.00/child. Pre-pay by July 8.

### Firefly Magic

*Co-sponsored by Friends of Maplewood Nature*

**FRIDAY, JULY 10, 8:30 - 10:00PM**

Fireflies are magical bugs with their own compact light. Sit around the campfire to listen to a firefly story, then take a night hike in search of them. Make your own, glow in the dark, firefly to take home. Early registration recommended. Membership included in the fee. Best for families with kids 3-8 years. Cost is \$15.00/family (fee includes a membership to the Friends group). Pre-pay by July 8.

### Wilderness Wisdom

**SATURDAY, JULY 11, 9:30 – 11:00AM**

Woodticks, mosquitoes, and berries, oh my! Hike with the naturalist around the pond and become more woods wise in the ways of animals and plants. Learn to avoid poison ivy & itch weed. Find out which berries are safe to eat. Cost is \$4.00/child.

### Live Animals

**SATURDAY, JULY 18, 2:00 - 3:00PM (FREE!)**

All ages are invited to touch and see our hognose snake, tree frog, toad, and tiger salamander. Watch some of them slurp up a treat! Learn how they live, and what you can do to ensure their survival in the wild. Call 651.249.2170 to register.

### Batty About Bats!

**THURSDAY, JULY 30, 7:30 - 9:30PM (FREE!)**

Adults, families and children 6 and up can hike the trails at twilight to look for bats and listen for their clicks and chirps with our electronic echo-locator. What do bats eat? Where do bats live? Examine a bat house and receive free bat house plans. Cost is \$3.00/person and you must preregister by July 28.

**All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street). Call 651.249.2170 to register.**

## Maplewood Community Center

### Magic Class

**WEDNESDAYS, JULY 8 - AUGUST 12, 6:00 - 7:00PM**



Learn how to perform magic! Every class teaches several skills which help to develop creativity and ingenuity. Learn secrets which will astound your friends and family. Participants will receive a beginner "Magic Kit". Cost is \$70.00 (\$60.00 for MCC members). Call 651.249.2230 to register.

### CPR/AED and Infant First Aid Class

**SATURDAY, JULY 11, 10:00AM - 5:00PM**

This class is designed to inform people how to respond in emergency and life-threatening situations. After successful completion of the course participants will receive Red Cross Certifications.

**This class meets state CPR & First Aid requirements. Cost is \$80.00 (\$60.00 for MCC members). Call 651.249.2230 to register.**



# City of Maplewood

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Jeffrey Ronning, 2009 Lose2Win  
Winter Challenge Winner.  
Lost 53 Pounds in 12 weeks!

### A 550 Pound Success From The Winter Challenge At The Maplewood Community Center

Congratulations Jeffrey Ronning on losing 53 pounds (the greatest percentage of weight lost) and winning the MCC Winter Lose2Win Weight Loss Challenge! On February 17th, 43 participants began their journey to transform their body, mind, and life one pound at a time. Over the following 12 weeks the participants lost a combined total of 550 pounds! Each week the participants had the opportunity to attend an educational seminar, a fitness challenge and a small group personal training session designed to assist participants in creating a lifestyle change versus a diet with temporary results. In addition to improving their physiques, creating healthy habits and working towards optimal health, the "winning losers" won great prizes from local sponsors. Please visit the MCC Fitness Programs webpage at [maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com) to become inspired by other participants as they share their many achievements from the challenge.




**Join Us This June For A FREE Seminar!**  
**First-Time Home Buyers**  
 How to take advantage of the \$8,000 Tax Credit while it lasts!  
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 8500 Hudson Blvd N, Lake Elmo

All offices:  
 651-225-2700 [www.cccu.com](http://www.cccu.com)





# Maplewood Monthly

July 2009 City Newsletter

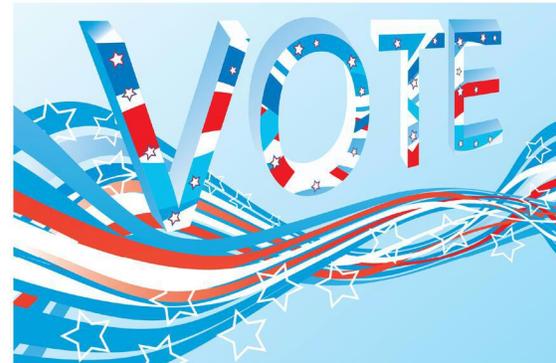
## Save The Date

- **Taste of Maplewood**  
Thursday, August 13  
with Belladiva, Lamont  
Cranston & Radio Disney
- **Family Movie Night**  
Friday, August 21, 7:30PM  
at the Bruentrup Farm
- **College Fair**  
Saturday, September 26, 11:00AM  
at the Community Center
- **Health Fair & MCC  
Visitor Open House**  
Sunday, October 4,  
11:00AM - 4:00PM  
at the Community Center

## Municipal Election- September 15, 2009

### Filing for Candidacy for Mayor or City Council Member

Eligible individuals desiring to become a candidate for Mayor or Council Member are required to file an affidavit of candidacy with the city clerk. The office of Mayor and two council member positions (Erik Hjelle and Kathleen Juenemann) will be open for filing. These are four-year at large terms. The filing period opens on Tuesday, July 7, 2009 and will close at 5:00PM on Tuesday, July 21, 2009.



Affidavit of candidacy, petition, and withdrawal forms are available at city hall located at 1830 County Road B East. The office will be open for filings from 8:00AM to 4:30PM on each day of the filing period except Tuesday, July 21, when office hours will be 8:00AM to 5:00PM.

A list of candidates who have filed for office will be posted daily on the city website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). If you have questions, please contact Karen Guilfoile, Director of Citizen Services at 651.249.2002 or at [karen.guilfoile@ci.maplewood.mn.us](mailto:karen.guilfoile@ci.maplewood.mn.us)

## Bring Your Neighbors Together With National Night Out Tuesday, August 4th



This year National Night Out celebrates 26 years of bringing neighbors and neighborhoods together. National Night Out is a great way to meet and interact with your neighbors. It provides a time to get to know one another and make your neighborhood more of a community than a common location.

Parties are held in many different formats including: pot luck, bar-b-que, snacks and beverages, kids games, pool parties or any other ideas you may come up with.

The date for National Night Out is August 4, 2009 and parties usually take place between the hours of 5:00PM and 9:00PM. Police Officers and Firefighters attend most of the parties and you can request a K9 officer or the McGruff character to attend your party.

For more information or to register your party, call 651.249.2700. You can also register on the website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) by clicking on Police and Community Programs.



POLICE • COMMUNITY PARTNERSHIPS

Thank you to the following individuals and businesses for your generous donation to the Maplewood Youth Scholarship Fund: Jerome Hughes, Bruce Mogren, Incorporated and Bruce and Majorie Cuthbert.

2 City Manager Recognized

3 Council Corner

5 Joy Park Update

9 Community Center

10 Preschool

11 Youth

12 Adult

13 Active Adult (55+)

14 Family

15 Commission Vacancy

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

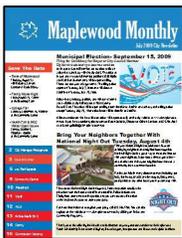
General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, July 13 & 27 at 6:30PM  
 Council Workshop: July 6 at 5:00PM  
 Community Design Review Board: Tuesday, July 14 & 28 at 6:00PM  
 Environmental & Natural Resource Commission: Monday, July 20 at 7:00PM  
 Housing & Redevelopment Authority: Wednesday, July 8 at 7:00PM  
 Citizen Forum: Saturday, July 11 at 10:00AM  
 Park Commission: Wednesday, July 15 at 7:00PM  
 Planning Commission: Tuesday, July 7 & 21 & 16 at 7:00PM  
 Historical Preservation Committee: Thursday, July 16 at 7:00PM  
 All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



### Grow Your Business!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

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## Wild Mountain

## International City Manager Association (ICMA) Recognizes City Manager James Antonen with Longevity Award



Maplewood City Manager James Antonen, recently received a 30 year service award from ICMA, the premier local government leadership and management organization. Mr. Antonen's achievement will be celebrated at a special ceremony on Wednesday, September 16, as part of the 95th ICMA Annual Conference in Montreal.

ICMA Service Awards recognize and celebrate members' dedication to public service and professional management at the local level. Awards are based on the number of years of full-time employment in local government. Mr. Antonen is qualified by 30 years of professional local government experience. Prior to his appointment in 2009 as City Manager of Maplewood, he served as City Manager of Davis, California; Moorhead, Minnesota; Vermillion, South Dakota and Sartell, Minnesota.

Highlights of Mr. Antonen's ICMA membership includes being in the first group to receive the ICMA Credentialed Manager designation and Legacy Leader status. Jim has also made significant contributions to a number of other organizations including Chair of the League of Minnesota Cities Insurance Trust Board and President of the Minnesota City County Management Association. In addition, he has served on the Board of Directors for the California ICMA.

### About ICMA

ICMA advances professional local government worldwide. Its mission is to create excellence in local governance by developing and advancing professional management of local government. ICMA, the International City/County Management Association, provides member support; publications, data, and information; peer and results-oriented assistance; and training and professional development to city, town, and county experts and other individuals and organizations throughout the world. The management decisions made by ICMA's 9,000 members affect 185 million individuals living in thousands of communities, from small villages and towns to large metropolitan areas.

## New Maplewood Police In-Squad Video

Maplewood squad cars are now equipped with a new digital video camera capable of recording video and audio.



Back in the mid 1990's, Maplewood purchased one VHS system and installed it in a squad car. The system proved to be cumbersome and was used very little. For the past several years, the department has requested money through the budget process to purchase this new

state-of-the-art system. The video system was approved as part of the 2009 budget. Today's system is an all-digital format that automatically uploads video from the officer's shift each time the squad car returns to the police department.

The system's main purpose is to obtain evidence to be used in the prosecution of those who violate the law. Video interactions are needed for court purposes and can be burned to a DVD and played in court. Officers are expanding on the capabilities of the system each day to help them do their jobs more efficiently.

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This month we celebrate our nation's Declaration of Independence, which asserts that "governments are instituted among men, deriving their just powers from the consent of the governed." We give that consent through elections – choosing representatives to govern us, and holding them accountable for their performance.

This is an election year in Maplewood, and soon after Independence Day we'll see who officially throws their hats into the electoral ring. The office of mayor as well as two city council seats, currently held by Erik Hjelle and Kathleen Juenemann, are up for election.

### Filing for Office

From July 7th to 21st, residents can file Affidavits of Candidacy to officially enter the races for mayor or council. Councilmembers are elected "at large" by and for the entire city. A candidate must be a resident of Maplewood and an eligible voter. In other words, if you don't meet the legal requirements to vote in Maplewood (citizenship, for example), you're not able to run for these offices.

### Fundraising

It costs thousands of dollars to run an effective campaign today – to print signs and literature, buy postage, and so forth. Some people think candidates should pay for it entirely from their own pockets. I strongly disagree; we shouldn't limit our elected officials to those of a particular social class or income level who can afford to self-finance, but should give all citizens the opportunity to fully participate in the political process.

State law limits contributions and requires reports on campaign receipts and expenditures. The reports are filed with the city clerk, and are public documents; you can find them posted on the city website (<http://www.ci.maplewood.mn.us/index.aspx?nid=93>).

### Identifying Likely Voters

City elections attract far fewer voters than statewide and federal races. Maplewood has an official population of 36,717 today. In

2007, there were 22,584 registered voters, but only 6,456 ballots were actually cast in the general election. This was an 18% increase over 2005's turnout, but still less than one third of the city's potential voters.

Campaigns can obtain lists of registered voters from the Secretary of State. If you've voted in recent city elections, it's likely that campaigns and their volunteers will contact you. They figure you're likely to vote in city elections again, and they'd like you to support their candidate.

If you're just starting to get interested in city elections, you may find that you need to be more proactive to learn about the candidates. Call them for information, visit their websites, and attend candidate forums sponsored by local civic groups.

### Voter Registration

If you're not currently registered, it's easy to do so in advance of the elections – you can do it in person at City Hall. If you miss the registration deadlines (August 25 for the primary, October 13 for the general election), you can still register at the polls on election day. For all the details, visit the Ramsey County Elections web page (<http://www.co.ramsey.mn.us/elections/register tovote.htm>).

### Election Days

There will probably be a primary, held on September 15th. A primary is required if five or more candidates file for the two council seats, or if three or more candidates file for mayor. You're allowed to vote for one mayoral candidate, and up to two city council candidates. The two mayoral candidates and four council candidates who get the most votes in the primary advance to the general election on November 3rd. The three November winners will have four-year terms that begin on January 4, 2010.

### Participate!

A strong democracy depends on the participation of citizens. When more than two thirds of registered voters aren't making it to the polls for local elections, it's clear that Maplewood can do much better. Many generations before us struggled for our right to self-governance. Honor their sacrifices by becoming informed and turning out to vote in our city's elections this year!

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*

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# Special Events

## Don't Miss The July 4th Celebration!



### SATURDAY, JULY 4, 4:30 - DUSK FREE ADMISSION

Where do you plan to celebrate Independence Day this year? The place to be is Hazelwood Park, 1663 E. County Road C in Maplewood with the first All American Lumberjack Show! The All American Lumberjack Show is sure to be a crowd pleaser! You'll also enjoy food vendors, adult beverages from Bleachers Bar & Grill, giant inflatables from USA Inflatables, and the best fireworks display around. Don't miss it! For more information, contact Pauline Staples at 651.249.2124 or pauline.staples@ci.maplewood.mn.us.



### Flotation Fridays

FRIDAYS, JULY 31, AUGUST 28, 5:00 - 8:00PM

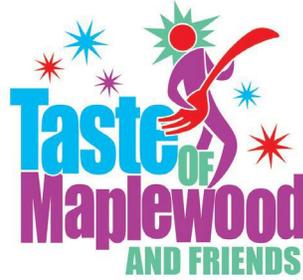
Come to the Maplewood Community Center and jump, splash, float, slide and swim in the huge aquatic center. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer.

### Other Flotation Days

WEDNESDAY, JULY 8, AUGUST 5, 1:00 - 4:00PM

Special flotation days are held either during days off from school or for a Maplewood Community Center special event. They're just as much fun during the day!

Cost is free to members and included in the price of daily admission for non-members. Call 651.249.2230 for more information.



Gold Sponsors



The city of Maplewood is excited to announce the third annual Taste of Maplewood and Friends on August 13, 2009 from 4:00 - 9:00PM. This family event with **FREE ADMISSION** takes place on the Maplewood Community Center Campus at 2100 White Bear Avenue. Maplewood's tastiest community celebration packs an impressive range of fun activities and includes: more than 40 food vendors, two outdoor stages with live music from local legends Lamont Cranston & Belladiva, The Radio Disney Party Patrol, MPLS. ST. PAUL Magazine's Juice Box, beer, margarita and mojito tents, face painting, giant inflatables, a photo booth, Rock Star Hair Makeovers, carnival games, petting zoo with pony rides, Zumba For A Cause raising money for the Second Harvest Food Shelf, and more. This non-stop fun event offers something for everyone!

New to the Taste of Maplewood and Friends event, is an online auction hosting great items to bid on including; a two night stay at Bluefin Bay Resort, a signed Vikings Jersey, a scenic boat cruise package on the St. Croix River, a catered Margarita party for 30 from Acapulco Restaurant, Minnesota Twins tickets, six months of math prep from Sylvan Learning Center, Maplewood Community Center membership package, Saints North Party Package for 20 friends, professional tax preparation, Girl Scout Cookie basket, restaurant gift cards and much more! Check out the website at [www.maplewood.cmarket.com](http://www.maplewood.cmarket.com) for more details! **Bidding begins August 7, 2009 at 8:00AM and closes August 14, 2009 at 7:00AM.** Proceeds help benefit a local Youth Scholarship Fund.

It's not too late to get involved! Visit [www.ci.maplewood.mn.us/taste](http://www.ci.maplewood.mn.us/taste) to find out how. Opportunities for advertising and sponsorships are still available. Be part of your community.

Thanks to our media sponsors:



Thanks to our Bronze sponsors:

Angus Meats, Baker's Square, Countryside Travel, Imagewerks, Lutheran Church of Peace Preschool, Maplewood Dental, Premier Bank, Presentation of Mary, Redeeming Love Church, Saints North, Walker at Hazelridge, Days Inn, Mogren Development Company, Sprint



## Joy Park Update

By Ginny Gaynor, Natural Resource Coordinator



The new Lake Links Trail through Joy Park

In 2008, Maplewood City Council approved Phase I improvements for Joy Park. Work began in fall 2008 and continues in 2009. Progress on Phase I activities are highlighted below. Maplewood's 2009-2013 Capital Improvement Plan sets aside an additional \$350,000 for future phases of this project, which will cover some of the amenities proposed in the site Master Plan.

**Lake Links Trail** A mixed-use trail (walking and biking) was constructed south of Joy Road from Century Avenue to Bellaire. This off-road trail is part of the Lake Links Regional Trail. Trail signs will be installed this summer. The Joy Park trail is already a popular walking trail for park neighbors. Part of the trail winds through the woods, giving visitors the special experience of strolling through one of Maplewood's best oak woodlands.



Boat launch parking lot at Joy Park

**Boat Launch Parking Lot** The boat launch parking lot was reconstructed to provide better access and parking for boaters. There are five parking stalls for trailers and an additional five stalls for cars. Signs will be installed this summer.

**Stormwater Management** Stormwater runoff from the eastern parking lot previously drained untreated into Silver Lake. The new parking area has five rain gardens to capture and filter runoff. The gardens were constructed in 2008 and will be planted this summer by staff and volunteers.

**Wetland Mitigation** Construction of the Lake Links trail through the park had some impacts on wetlands and required wetland mitigation. Rather than creating new wetlands, the city was permitted to enhance an existing series of wetlands on the southwest side of the park. These wetlands and buffers had some native vegetation but were degraded by an invasive plant – reed canary grass. Restoration of the wetlands began last fall with herbicide treatment of reed canary. Weed management continues in 2009 and the wetlands and buffers will be seeded later in the year. It's rewarding to see the native plants respond to the restoration treatments and some of this area will come back on its own, without seeding. After the wetland plants establish, a channel on the western wetland will be bermed a few inches so the wetland will hold a bit more water.

**Savanna and Woodland Restoration** The savannas and woodlands adjacent to the wetland mitigation area are being restored. Buckthorn was cut last fall and a prescribed burn was done this spring. There are many native plants in this area of the park and it is exciting to see the changes in vegetation that the restoration has triggered.

**Shoreline Restoration** Phase I of the Joy Park project includes shoreland restoration along Silver Lake. In 2009, the city will begin restoring a section of shoreline south of the western parking lot. This project will include adding a stepping stone platform to provide access to the water, repairing eroded areas, installing biologs (rolls of natural fibers) to help establish vegetation, and planting the slopes and shoreland with native prairie and shoreland plants.



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## What To Do About Emerald Ash Borer?

As you may be aware, Emerald Ash Borer, was discovered in the city of Saint Paul several weeks ago. State authorities are currently trying to determine the extent of the infestation.



Emerald Ash Borer (EAB)-*Agrilus planipennis* Fairmaire is an invasive insect that was introduced to the United States

in packing materials from Asia. The insect was discovered in 2002 in SE Michigan and Windsor, Ontario.

Named for its metallic green color and taste for ash wood- the emerald ash borer lives outside of the ash tree during the summer, usually in the upper canopy. Larvae create tunnels just under the bark, disrupting the flow of nutrients in the living tissue of the tree. Mature larvae are about one inch long. At this time the insect chews its way out of the tree leaving a distinct "D" shaped exit hole in the bark of the tree. Adults live for 3- 6 weeks during which they mate and lay eggs on the bark of the tree.

## What can I do if I suspect I have found EAB?

First visit the [www.extension.umn.edu](http://www.extension.umn.edu) website to see if you can clearly rule out EAB. Please note- there are many different kinds of emerald green bugs- so look for other signs noted below. If cannot rule out EAB, then, contact the City's Tree Disease hotline at 651.249.2177. Other options include contacting the Forest Resource Extension and Outreach at 612.624.3020 to find an EAB First Detector near you. You can also contact the Minnesota Department of Agriculture (MDA) on their Arrest the Pest Hotline at 651.201.6684 or 1.888.545.6684 to report your suspicions. Their website is [www.mda.state.mn.us](http://www.mda.state.mn.us). If you are approached by a tree contractor, make sure that they have a certified arborist on staff.

## What are the Warning signs?

Infested trees typically lose their top leaves and sprout branches at the base of the tree. D-shaped holes in the bark are diagnostic.

## How does it Spread?

Most commonly through the transport of infested firewood, nursery stock or ash logs. There is a state quarantine on the movement of ash products. Homeowners are strongly encouraged to leave your firewood at home- don't move it to your summer campground. To read quarantine details go to [www.mda.state.mn.us/plants/pest-management/eabhomeowners.htm](http://www.mda.state.mn.us/plants/pest-management/eabhomeowners.htm)

## Should I be treating my ash?

Certain pesticides can deter the ash borer, but their application is usually required annually. University of Minnesota Extension officials offer tips at [extension.umn.edu](http://extension.umn.edu).

## Council Highlights

Adopted a resolution establishing an interest rate of 5.4% for assessments on 2009 street projects.

Approved resolutions adopting the assessment roll, receiving bids and awarding the construction contract for the Carsgrove Meadows Area Street Improvements.

Approved a conditional use permit (CUP) revision for Minnesota Waldorf School to build a permanent classroom building and add additional office space to the existing building.

Recommended moving forward with the planning and development process for Legacy Park "Tot Lot" improvements, solicit neighborhood feedback and set a not-to-exceed budget of \$80,000 to be funded by the existing Legacy Park Development escrow account.

Approved to enter into a Joint Powers Agreement with the State of Minnesota - Child Sexual Predator Program.

### In-Home Business Expo Series at Maplewood Mall



Maplewood Mall presents to its shoppers an opportunity to have the latest products and services from their favorite in-home businesses and party-based solutions all in one place! This series includes a variety of businesses to treat yourself to something special, find a great gift for friends and family, or find out more information about becoming a consultant or hosting a party.

Be sure to stop by Maplewood Mall on the following days to see your favorite businesses, sign up to host a party, or purchase your favorite products, which are usually only available at a party!

Thursday, July 2, 2009	Saturday, August 1, 2009
Friday, September 4, 2009	Saturday, October 10, 2009
Saturday & Sunday, November 21-22, 2009	
Saturday & Sunday, December 12-13, 2009	

Interested vendors should contact Ann Wendorff  
by phone at 651-770-3863 or by email [awendorff@simon.com](mailto:awendorff@simon.com)

## Follow The Signs



Signs are an integral component of a city's complex built environment and are needed to communicate information to both the public and private sectors. Sign codes are written to protect the public health, safety, and welfare and to give guidelines to businesses for visibility and promotion.

Maplewood's sign code was adopted over 30 years ago, with no major revisions since that time. In 2006, after two year's of review and public process, the community design review board (CDRB) recommended amendments to the sign code. The amendments updated the code by creating a more comprehensive signage program for the city based on communicating a message visibly while ensuring the protection of adjacent property owners. Since that time no formal action has been taken by the city on the proposed amendments.

During a recent review of the 2006 sign code amendments by the city council, the city council requested that the sign code be brought back to the CDRB to begin a second public comment process. The city is committed in this sign code amendment process to maintain a cooperative spirit, and invites interested parties to review and offer feedback on the proposed sign code amendments. You can access the sign code amendment at [www.ci.maplewood.mn.us/signs](http://www.ci.maplewood.mn.us/signs). Direct any questions to Shann Finwall, AICP, Environmental Planner at 651.249.2304 or [shann.finwall@ci.maplewood.mn.us](mailto:shann.finwall@ci.maplewood.mn.us).

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## Warning!

Did you know standing water in tires, toys and similar things that hold water can be a breeding ground for mosquitoes and can attract rodents?

Minnesota Department of Health has issued a warning for the potential of LaCrosse Encephalitis Virus (LAC) and the West Nile Virus (WNV). Please take your tires to a tire recycling facility or store them within an accessory structure. Keep water from accumulating in containers and children's toys. The Metropolitan Mosquito Control District, Metro Counties will pick your tires up as long as they are off the rims. If you have any questions or concerns please contact the Metropolitan Mosquito Control District, Metro Counties, Government Center, 2099 University Ave. West, St. Paul, MN 55104-7646 in writing or by telephone: 651.645.9149, or email: [mmcdmosq@mmcd.org](mailto:mmcdmosq@mmcd.org).

### New Police Leadership



Lieutenant Kerry Crotty, Deputy Chief Dave Kvam, Chief David Thomalla, Sergeant Michael Dugas, Lieutenant Dick Doblar,

The Maplewood Police Civil Service Commission and Chief David Thomalla would like to announce several promotions within the Police Department. At the May 11, 2009 City Council meeting, these promotions were formally recognized as each officer was awarded the

new badge which corresponds with their new position. The newly promoted officers are:

#### Deputy Chief Dave Kvam

Deputy Chief Kvam has 18 years of Law enforcement experience, 14 of them with Maplewood. He holds a Bachelors degree from Bellevue University and Master's degree from the University of St. Thomas. He is also a graduate of the 231st session of the FBI National Academy in Quantico, Virginia. He has served as a Patrol Officer, Field Training Officer, Investigator, Sergeant and has been a Lieutenant since May 2003.

#### Lieutenant Dick Doblar

Lt. Doblar has been a member of the Maplewood Police Department since January of 2000. He also worked as a part-time officer in Cottage Grove, LeSeuer and for the Minnesota State Fair. Lt. Doblar retired from the United States Air Force where he served a tour of Duty in Kuwait. He holds a Bachelors degree and a Master's Degree from St. Mary's University. He has held the rank of Sergeant for the past three years.

#### Lieutenant Kerry Crotty

Lt. Crotty has been a Maplewood Police Officer since 1996. She is a former member of the US Air Force National Guard. She holds a Bachelors degree from St. Cloud State University and graduated from the Alexandria Technical College Skills Program. She has served the City of Maplewood as a Police Officer Paramedic, Field Training Officer and Retail Crime Officer. She has held the rank of sergeant since 2006.

#### Sergeant Michael Dugas

Sergeant Dugas has been a Maplewood Police Officer for over seven years. Sergeant Dugas holds a Bachelors degree and a Masters Degree from St. Mary's University. He joined the Department as a Police Officer Paramedic and has acted as a Field

Training Officer. He was the department's first Drug Recognition Expert (DRE). He became a Use of Force Instructor and he is currently a Team Leader with the Ramsey County SWAT team. He instituted a tactical medic program with the SWAT team.

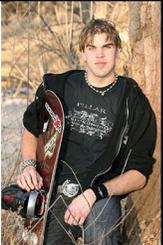
Retirements and restructuring prompted a process to rebuild the management team of the Police Department. These officers have expressed a desire to lead the Department into the coming years. These officers not only performed well on the necessary Civil Service exams, but more importantly, they have demonstrated their abilities through their efforts each and every day of their careers. Congratulations to all of you!

### On The Police Scanner

In May, the Maplewood Police Department responded to 2,189 calls for service:

28 Assault Cases	1 Robbery Case
22 Burglary Cases	52 Theft Cases
54 Theft from Vehicle Cases	22 Auto Theft Cases
46 Criminal Damage to Property Cases	

Officers made 65 arrests for shoplifting and 15 arrests for DWI.





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# Maplewood Community Center

Customer Service Office Closed Friday, July 3rd  
Building Closed Saturday, July 4th



**Ditch the Workout and Join the Party!**  
**TUESDAYS, JULY 14 - AUGUST 25, 5:30 - 6:30PM**  
**THURSDAYS, JULY 9 - AUGUST 27, 5:30 - 6:30PM** (no class Aug. 13)  
**SATURDAYS, JULY 11 - AUGUST 22, 9:30 - 10:30AM**

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. You can burn up to 1,000 calories in an hour depending upon your exertion and fitness level! The best thing about Zumba is that you forget you're exercising because you're having so much fun—it's like a dance party! Zumba is appropriate for ages 16 and up. Cost for a is \$56.00 (\$42.00 for MCC members). Call 651.249.2230 for more information.

## Intermediate Mat Pilates

**WEDNESDAYS, JULY 15 - AUGUST 26, 5:20 - 6:20PM**  
**THURSDAYS, JULY 16 - AUGUST 27, 9:15 - 10:15AM**



This course incorporates mat exercises as well as resistance equipment therefore demanding more of the body. Because this class will continue to build on the Pilates foundation, completion of Level 1/ Progressive Mat Pilates is required for participation in this class. Cost is \$56.00 (or \$42.00 for MCC members).

## CPR/AED and First Aid Classes

After successful completion of the course participants will receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members).

**CHILD CPR/AED AND INFANT CPR WITH FIRST AID:**  
**SATURDAY, SATURDAY, JULY 11, 10:00AM - 5:00PM**

**COMMUNITY CPR: (Adult & Child CPR/AED & Infant CPR)**  
**SATURDAY, AUGUST 8, 10:00AM - 5:00PM**



## New & Improved Classes!

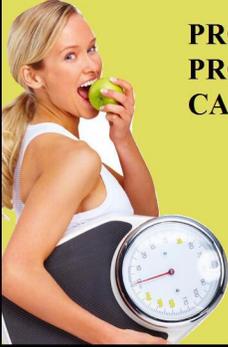
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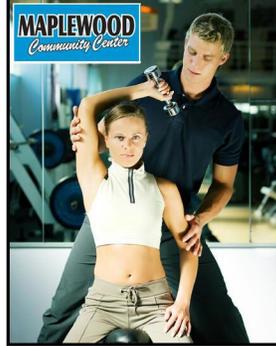
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- LUNA BARS**
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- APPLE DIPPERS**

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 Sat. 6:00AM - 5:30PM  
 Sun. 9:00AM - 5:30PM



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# Preschool Programs

Preschoolers: Don't Miss Summer Camp Fun at the MCC. There are limited spots left! 651.249.2230

## Preschool Programs

Scientific studies show that gymnastics and early childhood movement education can be directly attributed to developing neurological pathways in students and promoting reading readiness. So get your children off to the right start with one of these gym, tumbling, or movement programs designed for preschool students!

### Beginning Tumbling

**SESSION ONE: FRIDAYS, JULY 10 - AUGUST 14, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION TWO: SATURDAYS, JULY 11 - AUGUST 15, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

These classes are designed especially for little ones to practice their coordination while learning to take turns, follow directions, interact with others and most importantly, have fun! They will be introduced to floor mats, wedges, and low and high balance beams. All classes will meet in the MCC Motion Zone and cost \$36.00 (or \$33.00 for MCC members). Registration deadline is one week before classes begin.

### NEW! Preschool Gymboree Summer Fun

**TUESDAYS, JULY 21 - AUGUST 18, 6:30 - 8:30PM**

Preschool Gymboree is designed for children ages 1 - 5 with energy to burn. Join us in the gym for a roly-poly good time! We provide the balls, mats, toys, and games - you bring the fun! Because this is not a structured program, children must be accompanied by an adult at all times and any outside equipment brought along must be approved by the gym monitor. Cost is \$3.00 per child, per day for members and \$4.00 per child, per day for non-members.

**Jump castle included in admission price!**

### Gym and Swim

**MONDAYS, JULY 13 - AUGUST 17, 5:30 - 6:30PM**

Give your energetic preschooler (ages 3 - 6) the opportunity to burn off some energy with gym and swim! Fun gym games and plenty of splashing in the pool is bound to make for a fun and fabulous day. Cost is \$36.00 (or \$33.00 for MCC members). Please have your child dressed with a swimsuit under their clothes. Your child must be picked up from the pool area within 15 minutes of the conclusion of class.

### Tots in Motion

**TUESDAYS, JULY 14 - AUGUST 18, 5:15 - 6:00PM**

This class is designed for parents or grandparents and toddlers from walking age - 3 years old. Learn simple dance moves, activity and sing-a-long songs, and most of all, have a great time with your little ones! Cost is \$36.00 (or \$33.00 for MCC members). Class will meet in Motion Zone.

### Preschool Sports Spectacular

**WEDNESDAYS, JULY 15 - AUGUST 19, 5:30 - 6:15PM**

You and your child (3 - 5 years of age) will learn the ABC's of beginner sports in a fun, safe way. Our goal is for both parent and child to have a positive experience so that they continue on in sports. We'll learn a new sport each week! Cost is \$37.00 (or \$32.00 for MCC members). Parent must accompany child during class.





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**WWW.MAPLEWOODCOMMUNITYCENTER.COM**

# Youth Programs

## MCC Softball Clinic

THURSDAYS, JULY 30 - SEPTEMBER 10 (no class Aug 13)

K-2nd Grade: 5:30 – 6:25PM

3rd - 5th Grade: 6:30 – 7:25PM

6th - 8th Grade: 7:30 – 8:25PM

Join Coach Kevin Yartz who for 17 years has coached a variety of co-ed sports and is currently a Tri-County youth softball coach in this great experience. In this clinic your ball players will learn the most recent techniques of the basic fundamentals of throwing, catching, fielding infield and out field, ground balls, pop flies and hitting. Step by step instruction and fun games will help each student learn technique the easy way while keeping it fun. This clinic will be held at the Maplewood Community Center Gym. The cost is \$50.00 (or \$40.00 for MCC members). **Call 651.249.2230 to register.**

## MCC Soccer Clinic

WEDNESDAYS, JULY 22 - AUGUST 26

K-1st Grade: 5:30 - 6:30PM

2nd - 3rd Grade: 6:30 - 7:30PM

4th - 5th Grade: 7:30 - 8:30 PM

Join certified Coach Peter DeGrande whose years of experience coaching state and traveling teams will make learning the sport of soccer fun and easy. The philosophy of the clinic is to provide a sound foundation and refine the skills for beginners, and enhance team play. Enhance physical fitness, coordination and motor skills while having fun learning the booming sport of soccer. Participants will receive cool clinic shirt. The clinic will be held in the Maplewood Community Center Gym. The cost is \$50.00 (or \$40.00 for MCC members). **Call 651.249.2230 to register.**

## Tennis Lessons

Maplewood Recreation offers a variety of tennis lessons for youth ages 4 to 16. Classes are \$45.00. Register online or at 651.249.2230.

### JULY 6 - 22 VISTA HILLS PARK

Little Stars	6:00 – 6:45PM	Parent & Child ages 4 to 6
Big Stars	6:45 – 7:30PM	7 to 9 years of age
Youth Adv. Beg.	7:30 – 8:30PM	10 to 12 years of age

### AUG. 4 - 20 PLEASANTVIEW PARK

Little Stars	6:00 – 6:45PM	Parent & Child ages 4 to 6
Big Stars	6:45 – 7:30PM	7 to 9 years of age
Youth Adv. Beg.	7:30 – 8:30 pm	10 to 12 years of age

## Magnificent Monarches

SATURDAY, AUGUST 29, 10:00 - 11:30AM

AT THE MAPLEWOOD NATURE CENTER



Children ages 4-10 with an adult are invited to visit the butterfly garden and prairie to look for Monarch Butterflies. Learn how to safely catch and tag one to help researchers keep track of butterfly populations and migration routes. Make your own crafty butterfly; enjoy a snack. Cost is \$4.00 per child and you must register by August 27 at 651.249.2170.

## Martial Arts

### Unleash Your Child's Potential With The Power Of Martial Arts!

The Maplewood Community Center and the Edge Martial Arts, based in Stillwater offer a great karate program for kids and adults. Cost is \$60.00 (or \$45.00 for MCC members). **Register for 3 months and receive \$5 off each month.**

### Lil' Dragons Program

MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6

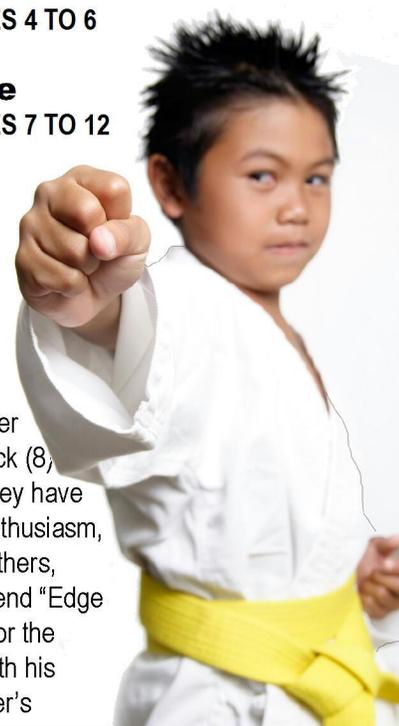
### Kids Beginner Karate

MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12

### Teen To Adult

MONDAYS, 7:15 - 8:00PM  
AGES 13 TO ADULT

**Testimonial:** "Our family has really benefited from "the Edge Karate" offered at MCC with master Abboud. Not only do our boys, Nick (8) and Jack (5), have a great time they have learned and shown dedication, enthusiasm, and respect for Mr. Abboud and others, "Yes, Sir", and we highly recommend "Edge Karate." I commend Mr. Abboud for the motivation and skills he shares with his students." - The Regnier's



[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

# Adult Programs

See PG 9 for MCC adult fitness classes including Zumba & Pilates!



## Meet: KRISTEN ROLFZEN 3rd Degree Black Belt PowerKick & KarateCore Instructor

Kristen's passion is teaching others about fitness and exercise, while still teaching students how to defend themselves, feel safe, and most importantly feel confident. She is committed to learning new techniques, and challenges herself and her students to reach their highest fitness potential.

### KarateCore

**MONDAYS, JULY 20 - AUGUST 24, 10:30 - 11:30AM**

This high-intensity program challenges your core from the inside out, burns calories and develops strong powerful bodies. Join Kristen Rolfzen, 3rd degree black belt with over 15 years of experience, in Martial Arts as she mixes Pilates, Yoga, and Karate techniques to reach your highest fitness potential. Experience the benefits of cross training! Cost is \$48.00 (or \$36.00 for MCC members). Call 651.249.2230 for more information.

### PowerKick

**SATURDAYS, JULY 18 - AUGUST 22, 5:30 - 6:15PM**

PowerKick invites you to jab, hook and snap kick to a leaner toned body in this great full body cardio workout program!!! PowerKick combines basic kickboxing techniques and boxing drills on snap pads. Great for all fitness enthusiasts! This class is choreographed to challenge both the mind and body and is an invigorating, stress-relieving workout. Encourage a "sparring" partner to register with you or participants will be partnered in class. Gloves are required and are sold at the MCC pro shop. Cost is \$48.00 (or \$36.00 for MCC members). Call 651.249.2230 for more information.

### MCC Golf League

**WEDNESDAYS, AUGUST 5 - SEPTEMBER 23, 5:00PM**

This league will take place at Island Lake Golf & Training Center in Shoreview. This short, user friendly course features 9 holes with 8 par 3's and 1 par 4. You do not need to be a MCC member to participate. Tee times may rotate, but it will be close to 5:00PM each week. Each week there will be a fun on-course competition where you can win "MCC dollars". At the end of the league, the value you win will be put onto a gift certificate for use at the Maplewood Community Center. This certificate can then be applied towards great items. Don't miss the Championship and Cook-out Day on September 23! Cost is \$160.00 (or \$145.00 for MCC members). This includes all your green fees, prizes and end of the year cook-out. Riding carts are available and can be rented weekly for only \$4/player. Call 651.249.2230 to reserve your space!

Maplewood Community Center: 651-249-2230

## Maplewood Nature Center Programs!

### Project Learning Tree

**FRIDAY, JULY 24, 9:00 - 3:30PM**

*A Seminar For: Early childhood educators, Kindergarten and Grade 1 teachers, Scout leaders, Head Start teachers, naturalists, and environmental educators. Learn hands-on environmental educational education activities you can do with very young children. As children discover, explore, and experience their environment, these guided activities will help them gain valuable skills: observing, listening, identifying, classifying, making sensory comparisons, and communicating. Cost is \$40.00 and includes the three curriculum books, lunch, and six hours of continuing education credits. Registration is required by July 17. To register, go to [www.mndnr.gov/plt](http://www.mndnr.gov/plt) or call Laura Duffey at 651.259.5263 or 888.646.6367.*

### Tamarack Swamp Nature Hike (FREE)

**THURSDAY, JULY 16, 6:30 - 8:30PM**

*Co-sponsored by Ramsey Washington Watershed District*  
This boardwalk tour at Tamarack Nature Preserve in Woodbury, will explore the locally rare plant communities of Tamarack Swamp. Learn about plant associations and the wild variety of wetland habitats. Preregistration requested, 651.792.7965 or email [shelly@rwmwd.org](mailto:shelly@rwmwd.org).

### Lake Phalen Wildflower Walk (FREE)

**WEDNESDAY, JULY 22, 6:30 - 8:30PM**

*Co-sponsored by Ramsey Washington Watershed District*  
Tour the incredible shoreland plantings at Lake Phalen! Learn to identify some of our native wildflowers and hear the story of how this shoreline was restored. Preregistration requested, 651.792.7965 or email [shelly@rwmwd.org](mailto:shelly@rwmwd.org).



# Active Adults 55+

## Walking Club

**MONDAY - FRIDAY, 10:00AM - 1:00PM, ONGOING**

Get active and meet new people at the Maplewood Community Center! You will receive a "Walking Club" lanyard which will get you into the MCC for free use of track, bike, and treadmills and allows you to also identify other "Walking Club" members. New participants will receive a pedometer and water bottle. Participate Monday - Friday from 10:00AM - 1:00PM. Walkers are invited to go at their own pace and program staff will record the number of steps you walk. Cost is \$20.00/first month and \$13.00/month renewal rate.

## Pickleball

**MONDAY, WEDNESDAY & FRIDAY, 7:00 - 9:00AM ONGOING**



Pickleball is a combination of Ping-Pong, tennis, and badminton and has been enjoyed by people of all ages. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. Call 651.249.2230 for more information.

Alan Spearman/The Commerical Appeal

## FREE Seminars For Seniors

**LIFE WRITE WITH LAURAROSE PARADISE**

**MONDAY, JULY 27 & AUGUST 24, 10:30 -11:30AM**

Life Write: A way to tell your stories—have you ever wanted to tell your story or parts of your life story? Has your family ever asked about you and your life or about certain times in your life? This is an opportunity to remember and tell stories. LauraRose will provide memory prompts and questions to help group members reminisce and remember. This presentation encourages you to remember stories, record them, write them, or just tell them. Medical evidence shows that telling your life story increases self esteem, lowers blood pressure, and can draw family members closer together. Come to all dates as a series and get help/ideas as your story progresses although each session is independent of the others and you can come to any date to start! Call 651.249.2230 to register.

## Monday Cards & Soup

**MONDAYS, 11:30AM - 1:30PM ONGOING**

All level of card players are welcome. We provide the cards and tables while you have fun and meet new people. Open to everyone so bring your friends! The cost is \$3.00 (\$1.00 for Non-MCC Members w/o soup lunch) and is paid at the door.

*Soup lunch includes a bowl of soup of the day, crackers and a beverage.*

## Apply For Your Passport!



US Citizens are now required to have a US Passport when traveling by land, sea or air. This includes Canada and Mexico. For more information, call City Hall at 651.249.2005 or visit the city website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).

Passport Services Hours  
Monday - Friday 8:00AM - 4:30PM  
Saturday 8:00AM - 12:00 noon

**MAPLEWOOD**  
Community Center

## MID-DAY MEMBERSHIPS

Monday - Friday 10:00AM - 2:00PM

Individual \$75.00 for 3 Months

Family \$120.00 for 3 Months

**651.249.2230**



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### Firefly Magic

Co-sponsored by Friends of Maplewood Nature

**FRIDAY, JULY 10, 8:30 - 10:00PM**

Fireflies are magical bugs with their own compact light. Sit around the campfire to listen to a firefly story, then take a night hike in search of them. Make your own, glow in the dark, firefly to take home. Early registration recommended. Membership included in the fee. Best for families with kids 3-8 years. Cost is \$15.00/family (fee includes a membership to the Friends group). Pre-pay by July 8.

### Wilderness Wisdom

**SATURDAY, JULY 11, 9:30 - 11:00AM**

Woodticks, mosquitoes, and berries, oh my! Children ages 3 and older are invited to hike with the naturalist around the pond and become more woods wise in the ways of animals and plants. Learn to avoid poison ivy & itch weed. Find out which berries are safe to eat. Cost is \$4.00/child.

### Live Animals

**SATURDAY, JULY 18, 2:00 - 3:00PM (FREE!)**

All ages are invited to touch and see our hognose snake, tree frog, toad, and tiger salamander. Watch some of them slurp up a treat! Learn how they live, and what you can do to ensure their survival in the wild. Call 651.249.2170 to register.

### Batty About Bats!

**THURSDAY, JULY 30, 7:30 - 9:30PM**

Adults, families and children 6 and up can hike the trails at twilight to look for bats and listen for their clicks and chirps with our electronic echo-locator. What do bats eat? Where do bats live? Examine a bat house and receive free bat house plans. Cost is \$3.00/person and you must preregister by July 28.

### Inviting Butterflies To Your Yard

**SATURDAY, AUGUST 1, 10:00 - 11:30AM**



Learn to identify native caterpillars and butterflies commonly found in backyards. Tour the nature center gardens to get ideas of what you can do to attract butterflies to your garden. Best for adults and families with children ages 8 and older. Cost is \$3.00/person or \$5.00/family. Pre-pay by July 30.

### Super Spiders

**TUESDAY, AUGUST 11, 10:00 - 11:30AM**

Spiders are nature's bug – zappers! Meet live Spiders and learn about webs and spider silk. Make a spider snack. Put together a spider identification book to take home. Hike to look for orb, funnel, jumping and crab spiders. Wear shoes suitable for hiking. Cost is \$4.00/person. This program is best for ages 4-10 with an adult. Pre-pay by August 9.

### Dragonflies By Digital Cameras

**SATURDAY, AUGUST 22, 1:00 - 3:00PM**

Join dragonfly experts John Arthur and Pamela Deerwood for a detailed look at dragonflies. Hike to catch and identify the common ones at the nature center. Photos taken by John will help us identify them when we get back inside. Children accompanied by their adults are welcome. Cost is \$5.00/family. Pre-pay by August 20.

All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street). Call 651.249.2170 to register for free programs. For free based programs, please send a check to the nature center.

## COOKING WITH JOOR!



Fun & affordable cooking classes available in the Maplewood Community Center Kitchen!

Intro to Mexican - July 7

Intro to Pasta - July 8

Chinese Take-In - August 25

**CALL TO REGISTER NOW  
- 651.249.2203**

**REGISTER FOR ALL THREE CLASSES AND RECEIVE  
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\*OFFER EXPIRES 8/25/09!

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# City of Maplewood

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### One Vacancy On The Housing And Redevelopment Authority

The Maplewood Housing and Redevelopment Authority (HRA) is a five-member committee that reviews housing matters and policies for the city. Topics the HRA reviews for the city council include proposed housing related code changes or ordinance amendments, possible changes to the housing chapter of the Maplewood Comprehensive Plan and senior or subsidized housing development proposals. The Housing & Redevelopment Authority meets on the second Wednesday of each month in the Maplewood City Hall Council Chambers at 1830 County Road B East at 7:00PM. There is currently one vacancy on the HRA. The City Council appoints residents who volunteer to serve on City commissions and boards. If you are interested in applying for the HRA, you can download the Boards and Commissions Application of the city website on the HRA webpage or pick up an application at the City Hall front desk. The **deadline for applications is July 24, 2009**. For more information, call City Hall at 651.249.2000.



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8500 Hudson Blvd N, Lake Elmo  
All offices:  
651-225-2700 [www.cccu.com](http://www.cccu.com)



# Maplewood Monthly

August 2009 City Newsletter



## Surf In With Savings

### Now Is The Time To Learn To Swim!

The Maplewood Community Center is offering BIG SPLASH SAVINGS. Simply visit one of the following local businesses listed below to receive a BIG SPLASH coupon for up to \$18.00 OFF a fall swim lesson registration. This offer is valid August 1 through September 11, 2009.

Can you believe it? A highly rated swim lesson program for only \$50.00? That is less than \$7.00 for each class—the **best price around for swim lessons!** You must present the coupon at time of registration to receive the BIG SPLASH SAVINGS.

The Maplewood Community Center offers over 500 Red Cross Swim Lessons for all ages. The zero-depth entry leisure pool is kept at a comfortable 87 degrees which creates a warm environment for your family's swim lessons. After the lessons, don't forget to enjoy the 120-foot twirling water slide and spraying fountains. Also, the last Friday of the month (except for October) the aquatic center is transformed into a floating frenzy for Flotation Friday! You'll see some of the largest floating devices you've ever laid eyes on. (See page 14 for lesson dates & times)



### Event Guide Inside!

#### Where To Pick Up Your BIG SPLASH SAVINGS Coupon:

Call 651.249.2230 for more thrilling details.



## Place Your Bid And Swoop Up A Bargain

[www.maplewood.cmarket.com](http://www.maplewood.cmarket.com)

New to the Taste of Maplewood & Friends this year is the online auction! **Bidding will begin at 8:00AM on August 7th and will conclude August 14th at 7:00AM.** This is a terrific way to give back to the community's local Youth Scholarship Fund while enjoying a fantastic purchase from a wide variety of auction items.



There is something for everyone: **Group Of 31 Tickets to the Monday Night Vikings vs. Green Bay Packers Game**, Autographed Justin Morneau Bat, Relaxing Bluefin Bay Vacation For 2, Scenic Boat Cruise On The St. Croix River, Bath & Body Works Basket, Massage Gift Certificates, The Myth Night Club Luxury Suite Tickets with VIP Access, Wild Mountain Super Day Pass With Kayaking & Alpine Slides, MN State Fair Family Fun Pack with Vouchers, Saints North Party Package, Luau Birthday Bash at the Maplewood Community Center, USA Inflatable Moon Walk (One Day Free Rental), a Catered Margarita & Mojito Party for 30 Friends Anywhere In The Twin Cities, Personal Tax Preparation, Sylvan Learning Gift Certificate, Restaurant Gift Certificates, Autographed Football by the Minnesota Vikings, Jared Allen, Minnesota Twins Tickets (right behind home plate), And Much More! Don't miss your opportunity to bid. Take a look at all the items today at [www.maplewood.cmarket.com](http://www.maplewood.cmarket.com). Call 651.249.2124 for more information or to donate your item today. (See the Taste Event Guide inside for more details)

2 City News

11 Special Events

12 MCC

13 Aquatic Programs

17 Preschool Programs

19 Youth Programs

21 Adult/ Active Adult (55+)

23 Racquet Sports & CPR

24 Holiday Lose2Win

25 Fitness Programs

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Information 651.249.2103  
 Group Information 651.249.2203  
 Birthday Party Information 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)

Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, August 10 & 21 at 6:30PM  
 City Council Workshop: Monday, August 3 at 5:00PM  
 Community Design Review Board: Tuesday, August 11 & 25 at 6:00PM  
 Environmental & Natural Resource Commission: Monday, August 17 at 7:00PM  
 Housing & Redevelopment Authority: Wednesday, August 12 at 7:00PM  
 Citizen Forum: Saturday, August 1 at 10:00AM  
 Park Commission: Wednesday, August 19 at 7:00PM  
 Planning Commission: Tuesday, August 4 & 18 at 7:00PM  
 Historical Preservation Committee: Thursday, August 20 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.

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## Program Registration Options

Register for most classes online today at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) or:

### Visit Us:

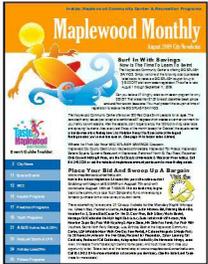
At MCC Customer Service  
2100 White Bear Ave.  
Monday: 9:00AM - 7:00PM  
Tuesday - Friday: 9:00AM - 5:00PM  
Saturday: 9:00AM - 12:00PM

### By Phone:

MCC/P&R Programs  
651.249.2230  
  
Nature Center Programs  
651.249.2170  
(For free programs only)

To register for nature center programs, mail or drop off check to Maplewood Nature Center, 2659 E. 7th St. Call 651.249.2170 to register for free programs.

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## Thank You Kline Volvo of Maplewood

The City of Maplewood would like to thank Kline Volvo of Maplewood for their generosity in loaning two of their cars for use in the White Bear Avenue Ramsey County Parade.

Maplewood Community Center



## Did Your Know That The Maplewood Community Center Offers Homeschool Programs?

Fall Sessions Starting Wednesdays, Mid September 1:00 - 3:00PM

Swim Lessons, Sports Platter, Karate, Basketball, Youth Booth Camp New! Red Cross CPR/AED Classes & Intro to Racquetball! A Maplewood Community Center membership is not required to participate. Call 651.249.2230 to register or for more information.

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**Saturday, September 19**

**7:30PM**

**Tickets: \$23.00 - \$25.00**

*An Evening With*  
**Billy McLaughlin**  
*And Guests*

**MAPLEWOOD Community Center** 2100 White Bear Avenue • Maplewood, MN 55109  
[maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com) • 651.249.2230

Dear Friends and Neighbors

Greetings! As a child, summer was a favorite time of year for me. However, by the time August rolled around, my thoughts turned to planning for the new school year. Now, as an elected official, I am busy planning next year's city budget.

### **CITY BUDGET PLANNING FOR 2010**

On June 22, 2009 the City Council took the lead by passing a motion to freeze the cost-of-living increase scheduled for the 2010 council salaries by unanimous vote. The action item was placed on the agenda by Council member Hjelle. The annual pay for the position of mayor is approximately \$12,300 while council members receive an annual salary of approximately \$10,800. In comparison, the City Manager earns \$130,600 and the Assistant City Manager earns \$120,536. Also on the June 22 agenda was Council member Hjelle's proposal that each council member take a 50% pay cut. Although council members weren't on board with Council member Hjelle's proposed 50% cut to their minimal salary, all indicated they were open to a pay cut paralleling what city employees may have to suffer in contract negotiations this summer.

On July 6, 2009, a workshop was held where the City Council met with City Manager Jim Antonen about possible adjustments to our 2009 city budget "due to changes in current revenue" and financial forecasts for 2010. We discussed six (6) different options to address the projected 2010 shortfall of approximately \$375,000. One option included a tax levy to reclaim the homestead credit already given to homeowners. Other options included reducing program expenditures; mandatory employee furloughs; and deferring cost of living increases.

### **MAPLEWOOD – PLAN B CITY**

Maplewood is one of approximately 13 cities in the State of Minnesota that is organized under MN Stat. § 412.611 Council-Manager Plan. Under this plan, the council primarily determines ordinances, matters of policy and votes on the City's spending and annual property tax levy. The statute clearly states "the city manager shall be the head of the administrative branch of the government and shall be responsible to the council for the proper administration of all affairs relating to the city." Recently, I attended a conference sponsored by the Minnesota Association of City Attorneys in cooperation with the League of Minnesota Cities. At that conference, they provided information to attendees that it is the City Manager's purview to assess a city's need for staffing, organizational structure and contract negotiation. Simply put, Maplewood's overall administration of day-to-day operations is based on a 'chain of command' model where the Maplewood city manager is in charge.

Occasionally, citizens look to the mayor or the council to address city employee matters. Occasionally, citizens may hear individuals accuse certain council members or the mayor of terminating past Maplewood city employees. However, more and more of our citizens are coming to realize that as a result of Maplewood being a plan B city, organized under MN Stat. §412.611, that all city staff employment questions they may have should be directed to the City Manager – the person with the real authority to evaluate staff, terminate city workers or manage the day-to-day affairs of the City.

### **PUTTING THE PUBLIC BACK INTO 'PUBLIC' POLICY**

As I understand it, Maplewood was originally organized using the city manager chain of command model back in the late 50's to provide for the day to day management of the city by a city manager similar to a CEO while the part time council met twice a month to ratify the expenditures, address development matters, create public policy and approve an annual budget.

Today, however, Maplewood is much more than the home of family truck farms and a few new subdivisions. The complexity of our community has become more diverse and multi-faceted. More citizen and council involvement in setting the policy and direction of Maplewood's future is called for. The struggle I see our City wrestling with is determining the degree to which citizens can be, and should be, involved when the council creates public policy or determines City spending. Personally, I find citizens an invaluable resource. Citizens want and deserve greater access to much-needed information so they can make informed, balanced decisions; participate in the community dialogue; and determine if their elected officials are making informed, balanced decisions on behalf of our community. Public involvement in creating public policy is critical.

### **WETLAND ORDINANCE**

One example where the citizens have stepped forward and said "We want a place at the table", is the amending of Maplewood's wetland ordinance. Our Council over the past several months have had numerous workshops and meetings to discuss proposed changes to the current wetland ordinance that was originally adopted in 1996. Citizen involvement has been instrumental in our understanding of the issues created by the proposed changes and the impact on property owners.

Presently, if a property owner has a wetland on their property and they have questions about what setback to comply with or what buffer width is required, they must turn to Maplewood's current wetland ordinance as well as the regulations of the Ramsey-Washington Metro Watershed District ("RWMWD"). An important component of wetland regulations is setting the requirements for the width of vegetative

buffers on the land surrounding wetlands and streams. These buffers help wetlands maintain their health and ecological value or function.

On June 1, 2009, the City Council held a workshop to discuss specific concerns voiced by citizens at the April 13, 2009 city council meeting. Please see the full on-line version of this article on the city web site to get a detailed list of those concerns and the new proposed Maplewood buffer requirements.

This ordinance change may particularly affect you if you live next to a wetland or along the shore line of a lake or other water body. Watch the June 1, 2009 workshop. Call City Hall: 651.249.2002. Order the DVD from Ms. Karen Guilfoile.

### INFORMAL CITIZEN SURVEY

To better understand the needs and direction desired by Maplewood citizens, taking time to speak with them is essential! In addition to speaking with citizens at the monthly Citizens' Forum, I have been presenting an informal survey to citizens throughout Maplewood as part of a 2009 citizen outreach initiative. This initiative is to clarify what Maplewood issues should be on the Council's priority "to-do" list. If I missed you and you would like to participate, please clip out the following survey questions and return to me at my office located at 1321 Frost Avenue E., Suite A, Maplewood, MN 55109.

The questions are simple and straight to the point.

- Yes  No  Unsure - We should take steps today to permanently protect our City's Neighborhood Preserves from future commercial or residential development.
  - Yes  No  Unsure - Code Enforcement should be a City priority.
  - Yes  No  Unsure - I believe we should do more to encourage growth of good-paying jobs and businesses in Maplewood.
  - Yes  No  Unsure - Property taxes are a big issue for me. I wish the City would: \_\_\_\_\_

---

  - Yes  No  Unsure - I think the City should mandate one designated residential trash collector.
  - Yes  No  Unsure - Working with MTC to increase metro bus service to Maplewood and improving bus stops should be a City priority.
  - Yes  No  Unsure - There is adequate police patrolling of our neighborhood.
- Need additional information or comments? \_\_\_\_\_

At the time this article was submitted, only a partial tally of the completed surveys was available. However, with that said, the survey results as of July 1, 2009 are as follows:

Question	Total Responses	% Yes	%No	% Unsure
Protect Preserves	74	83	13	4
Code Enforcement	65	72.3	12.3	15.4
Jobs	74	81.9	6.9	11.2
Taxes	74	52.8	29.2	18
One Trash Collector	65	16.9	69.2	13.9
Improve Bus Service	9	44.4	33.4	22.2
Adequate Police Coverage	9	78	11	11

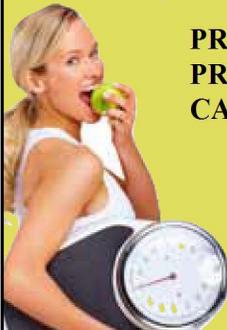
As an FYI, the questions pertaining to improving bus service/stops and police patrolling evolved later in the survey process as a result of verbal comments received from citizens which appeared to be significant enough to garner seeking public comment.

I hope you have found this month's Council Corner informative. My next opportunity to write in the Maplewood Monthly is the end of the year. This is pursuant to the directive of the current council majority (including Council members Rossbach and Juenemann) to eliminate the monthly Mayor's column and limit the extent to which council members may write in our Maplewood Monthly to communicate with all citizens of our community.

As always, I welcome your comments and suggestions on all matters. One and all are invited to attend the monthly Citizen's Forum, hosted by myself, held the first Saturday at Maplewood City Hall in the Maplewood Room from 10:00 a.m. to noon or call me at 651.214.0859 or email to [mayorlongrie@yahoo.com](mailto:mayorlongrie@yahoo.com).  
Best Regards, Mayor Diana Longrie

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*

## Offering *More* Healthy Snack Options



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M-F 5:30AM - 7:30PM  
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Sun. 9:00AM - 5:30PM



## When Missions Intersect

By Jean Hartman, St. Paul's Monastery & Michael Thompson, City Engineer

When the missions of a religious organization and two non-profits intersect, amazing results occur. Add two construction firms, a road construction company, consultants, numerous sub-contractors, the watershed district, a variety of City departments, commissions, and concerned neighbors, and it could have been a recipe for disaster. Instead, the missions permeated everyone's work resulting in a campus that features a new spiritual home for the Sisters of St. Benedict of St. Paul's Monastery, 48 affordable family townhomes and 40 future apartments for seniors through CommonBond, and a new location for Tubman that serves victims of domestic violence. The campus is about mothers, children, family and seniors; and trust.

Every Monday, for almost a year, representatives of the above groups would meet to discuss the work of the last week and the plans for the upcoming week. Problems were hashed through with a lot of humor but no finger pointing. Everyone worked toward win-win solutions for all parties involved. An update of construction activities was posted on websites, sent out to a neighborhood advisory committee and shared with everyone impacted by the construction process.

The process culminated in a Grand Opening event on the corner of Century and Larpenteur Avenues on Tuesday, June 23. The event featured tours, and the dedication of a campus Peace Pole. The project, accomplished without government subsidy, enhances the City of Maplewood, making it an even stronger community.



Celebrating the dedication of Peace Pole on the campus are from left, Beverly Dusso, executive director and president, Tubman Family Alliance; Sister Lucia Schwicklerath OSB, prioress, St. Paul's Monastery; Paul Fate, president, CommonBond Communities; Sisters Margaret Kramer, OSB, and LaVerne Hudalla, OSB, St. Paul's Monastery; and Melvin Giles, World Citizen, Inc.

## Volunteers Plant Demonstration Gardens

By Dr. Julie Binko, Resident



A volunteer group working on community gardens has completed the first phase of demonstration gardens at the Ramsey County Extension offices. The group is partnering with City of Maplewood, Ramsey County, Ramsey County Master Gardeners, and others on this project.

Volunteers installed two raised-bed gardens, a thriving zucchini patch, and an edible flower garden. Every time I turn around more beans, peas, zucchini, corn and okra pop up. The group also

planted a patio demonstration garden at the site with perennial flowers. Pots on the patio have peppers, cucumbers and herbs. We hope to install a cold frame and a 3-bin compost system. The compost bin will be a paper and vegetable matter compost demonstration. Ramsey County is drawing up plans for a rain garden for the site and volunteers hope to plant the rain garden in July. All installations will eventually be labeled to educate people on best practices in gardening.

Ramsey County is interested in working with the volunteers and the City of Maplewood to offer garden rental plots at the Extension site in 2010. In addition, City staff and Parks and Recreation Commissioners are reviewing possible city-owned sites for a community garden.

The City of Maplewood and the Ramsey County Master Gardeners have been great in sending volunteers and helping coordinate the installation. Home Depot has provided supplies for the project and the City has provided soil and mulch. Thank you everyone for all your assistance. Stop by the Barn and take a look at the future home of Community Gardening in Maplewood! We are around most evenings. Contact Dr. Julie Binko at [jbinko007@mac.com](mailto:jbinko007@mac.com) for more information.

## Learn To Make Dirt, Not Waste By Composting

Reduce your trash—and your trash bill—and create your own natural lawn and garden fertilizer!

Composting is a naturally occurring process that converts organic materials like food scraps and yard waste into a nutrient-rich soil amendment. By setting up a home composting system, you can reduce the amount of trash your household sends to incinerators or landfills while producing a rich, safe soil amendment for your flower and vegetable gardens or houseplants.



Many people believe that throwing food scraps into a landfill is harmless because they biodegrade. However, most people are surprised to learn that when these materials break down in a landfill, they become powerful contributors to greenhouse gas emissions. In the anaerobic (without oxygen) conditions of a landfill, food scraps produce methane, a powerful greenhouse gas which has 23-71 times greater heat trapping capabilities than carbon dioxide.

There is an alternative to wasting our food scraps—to make dirt, not waste. Composting your materials at home in your backyard, right at the source, directly reduces greenhouse gas emissions associated with waste. When you compost your food scraps, leaves, and lawn clippings, you also produce a nutrient-rich amendment that is needed to maintain healthy and productive soil.

To help YOU start composting, the city is offering the “Earth Machine” compost bins for the reduced price of \$45.00 (normally retailing at \$100). In addition, the Maplewood Nature Center will be offering two compost workshops:

**HOW TO COMPOST; TREAT FALL LEAVES AS A RESOURCE**  
**MONDAY, AUGUST 11 OR THURSDAY, SEPTEMBER 10**  
**7:00 - 8:00PM**

Leaves are a wonderful resource! Put them to work in your compost bin. Learn some tips and strategies about composting. This class is best for adults and youth 8 and older. Cost is \$5.00 for the class, \$45.00 for the bin, \$50.00 for both. You do not need to take the class to get a bin. Visit the city website for registration forms, or just send your check to Maplewood Nature Center, 2659 E. 7th St., Maplewood, MN 55119. Indicate your preference for class, bin, or both.

## The Boot And Sole Connect Maplewood Firefighters Prepare To “Fill Their Boots” To Carry On Tradition Benefitting The Muscular Dystrophy Association SATURDAY, AUGUST 1 & 2, 10:00AM - 6:00PM

at three Maplewood locations:  
CUB Foods (two locations), 2390 White Bear Avenue,  
100 County Road B West & Maplewood Mall

The Muscular Dystrophy Association (MDA), in conjunction with the Maplewood Fire Fighters will be conducting its first annual “Fill the Boot” event August 1st and 2nd benefiting research and local services for the Twin Cities Chapter of the Muscular Dystrophy Association.



“Fill the Boot” is a 50-year tradition that began in Boston in 1952 when a local fire fighter was approached by a friend whose child was diagnosed with muscular dystrophy. Five fire fighters headed out in their station's neighborhood that year and collected over \$5,000. Since that humble beginning, the International Association of Fire Fighters have continued this first heroic act across the country and officially adopted the MDA as their “Charity of Choice” in 1954. Since then, members of the International Association of Fire Fighters from across the United States have raised over \$300 million to support MDA's Summer Camp programs, research and services.



### Massage Envy

**\$39\*** Introductory 1-Hour  
Massage Session

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Franchises Available | [MassageEnvy.com](http://MassageEnvy.com)  
\*See clinic for details. © 2009 Massage Envy Limited, LLC.

## Get Caught Recycling And Win \$50.00



You may be the lucky winner of \$50.00 if we catch you recycling. Each month during August through December, an address will be randomly selected. City staff will check to see if the residents at that address have recyclables out on the curb by 7:00AM that morning. If they do, they win \$50.00. It's that simple.

Maplewood continues to be a committed recycling community. Although the amount of material recycled in 2008 was down slightly from 2007, almost 2,700 tons were recycled by Maplewood residents.

But more importantly, there was a 5% increase in participation from 67% of residents recycling in 2007 to 72% participation in 2008.

It's easier and more convenient to recycle if you have a red Maplewood recycling bin. To ensure that everyone who wants a recycling bin has the chance to get one, the City of Maplewood and our recycling partner, Eureka Recycling will be distributing bins during National Night Out on August 4. If your block is having an event and would like to have bins distributed to your neighbors, please contact the Maplewood Public Works Department at 651.249.2400 to arrange for delivery on August 4. Bins are also available at the Maplewood Public Works building at 1902 County Road B East, Monday through Friday, 8:00AM to 4:30PM.

Remember to Rethink, Reduce, Reuse and Recycle. If you don't recycle, you don't win. And, neither does our environment. For more information, contact the Public Works Department at 651.249.2400.

## Stormwater Management is Everyone's Responsibility



As a property owner, it is your responsibility to help protect Maplewood's water resources by practicing healthy household habits that will help save and protect our water resources.

- Keep grass clippings and fertilizer off hard surfaces such as driveways and sidewalks. Use a mulching mower and reduce your fertilizer use.
- Use zero phosphorous fertilizer- IT'S THE LAW. If you fertilize your lawn, look for a "0" in the middle number on the fertilizer bag. Phosphorous accelerates algae growth in our lakes and wetlands, degrading water quality and harming vegetation and fish.
- Reduce storm water runoff from your property. Direct down spouts onto your lawn, not on hard surfaces. Use rain barrels to collect rain water for watering plants. Reduce the hard surfaces on your property by replacing them with vegetation or rain gardens.
- Properly dispose of pet waste and household hazardous waste such as gasoline, paint, pesticides, antifreeze, motor oil and compact fluorescent light bulbs. Call 651.633.EASY (3279) or go to [www.co.ramsey.mn.us/ph](http://www.co.ramsey.mn.us/ph) for Ramsey County's A to Z Disposal Guide, and Ramsey County waste sight locations and schedules.
- Remember, storm sewers are intended for one thing only- storm water. The dumping of motor oil, antifreeze, leaves, grass and other illicit discharges into storm sewers is not only illegal, it is polluting. If you are aware of an illicit discharge, please call Maplewood's Public Works Department at 651.249.2400.

For more information go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) under Environmental & Natural Resources or visit the Ramsey-Washington Metro Watershed District's website at [www.rwmwd.org](http://www.rwmwd.org).

## On The Police Scanner

In June, the Maplewood Police Department responded to 2,003 calls for service. Included in this number were the following incidents:

- 26 Assault Cases
- 4 Robbery Cases
- 10 Burglary Cases
- 85 Theft Cases
- 54 Criminal Damage to Property Cases
- 21 Auto Theft Cases
- 47 Theft from Vehicle Cases



In addition, Officers made 55 arrests for shoplifting, 24 arrests for DWI.

## Council Highlights



Approved a resolution awarding the Lake Links Trail bid for County Road D Street Improvements to T.A. Schifsky and Sons in the amount of \$128,534.21.

Approved a resolution to submit seven projects totaling \$163,900 for an Energy Efficiency and Block Grant.

Approved a resolution adopting an ordinance establishing the Maplewood Area Development Authority.

Received a purchase agreement from Roadmaster of Minnesota LLC for the parcel on Van Dyke Street North at Castle Avenue.

Approved the Lawful Gambling Premise License and Resolution for Lady Slipper Chapter ABWA to operate at Dean's Tavern.

Approved entering into an agreement with the DNR for the installation of a fishing pier on Wakefield Lake.

Approved a resolution authorizing a request for state bonding funds for the design and construction of a Regional Fire Training Facility on property at Highway 5 and Highway 120.

Swore in new Police Officers Daniel Martin and Bradley Rezny.

Approved and adopted the resolution of support for STP (Surface Transportation Program) Application for the Gladstone Area sidewalk and trail improvements.

Approved a resolution of support for the Maplewood Mall Transit Center Park & Ride located at the northeast corner of Southlawn Drive and Beam Avenue.

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kristina.bennettphoto@yahoo.com

## College Fair

**Saturday, September 26**  
**12:00 - 4:00PM**

*Pencil In The Date!*

One-stop higher education resource - meet dozens of college reps and hear great guest speakers!

**MAPLEWOOD Community Center** | **100 White Bear Avenue • Maplewood, MN 55109**  
**maplewoodcommunitycenter.com • 651.249.2103**

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**annual exam, vaccinations, dental procedures, spaying or neutering, laser surgery, grooming, boarding, and more!**

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**\$25.00 OFF AN OFFICE VISIT**  
Must present coupon at time of visit.  
Offer expires September 30, 2009.

## Pride of Maplewood

Each month, the City of Maplewood will be recognizing an outstanding employee who goes above and beyond. This employee will be nominated by their fellow co-workers and will receive a Pride of Maplewood mug, a \$30.00 gift certificate and will be announced in the Maplewood Monthly. At the end of the year, one Annual Pride of Maplewood recipient will be selected and recognized by City Council. This recipient will receive a plaque and a \$100.00 gift card.



Terrie Rameaux, Human Resources Coordinator & Edna Spangler, Office Specialist

Congratulations to Terrie Rameaux, Human Resources Coordinator, for being chosen as the first Pride of Maplewood Award recipient.

Terrie joined the City of Maplewood in 1990 and was nominated for her knowledge, friendliness and helpfulness.

Here is what some of her co-workers say about Terrie.

"Terrie goes above and beyond her job by giving assistance to employees when they have questions regarding any human resources issue."

"Terrie does an amazing job coordinating all the interviews and testing for department hiring."

"Terrie assisted in the transition from one health insurance plan to another by using clear examples and answering all questions, and she has done it all with a smile."

"Terrie is a great role model for the City of Maplewood."

Thank you, Terrie for all your years of service to the City of Maplewood employees.



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**Book Your Party Today! 651.249.2203**

**Mention this ad and receive \$10.00 OFF your Theme Party!\***  
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**maplewoodcommunitycenter.com**



## Commission Corner:

### A Farewell To Past and Welcome To New CDRB Members

By Mike Martin, City Planner

2009 has been a year of change for the Community Design Review Board. In May, the board said goodbye to two of its members, while welcoming two new members who have volunteered their time to serve the City of Maplewood.

Linda Olson served on the Community Design Review Board for more than eight years – since March 26, 2001. Ms. Olson also served as the chairperson for the last three years. Her expertise and dedication will be missed. John Demko served on the community design review board for the last two years – since February 26, 2007. Mr. Demko was an integral member of the board and his insight will be missed.

The Maplewood city council recently passed resolutions of appreciation for both of these outgoing members. The City of Maplewood thanks both Linda Olson and John Demko for their multiple years of service, hard work, and most importantly taking time to serve their community.

With two members leaving the board the city council needed to appoint new members. Fortunately, the city received numerous applications from highly qualified candidates. After an interview process the council appointed two new members – Michael Mireau and Jason Lamers.

Mr. Mireau has been a resident of Maplewood for more than a year and works as an architect holding a Masters in Architectural Studies from the University of Wisconsin-Milwaukee. He has worked on several projects around the Twin Cities metropolitan area and his diverse skill set will be of great use while reviewing projects for the community design review board.

Mr. Lamers has been a resident of Maplewood for more than a year. He recently graduated from the University of Minnesota with a Masters in Landscape Architecture with a focus in storm water design and function. Mr. Lamer's educational and professional background will be a huge benefit to the Community Design Review Board.

The City of Maplewood welcomes Mr. Mireau and Mr. Lamers to the Community Design Review Board and thanks them for dedicating their time to serve the community. More information about the community design review board can be found at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).

## Dear Fellow Citizens

I would like to introduce myself. I am your elected Ramsey Conservation District Board Supervisor. As an environmentally minded citizen and elected official I work to resolve issues that affect the environment impacting human and animal habitats; groundwater integrity; and air quality.

Together with the staff at the Ramsey conservation district center I have been promoting awareness of what the district does. There are many aspects of conservation and the environment that the district handles and assists with.

One of the many programs where the conservation district works with citizens is the NATURE Cost-Share Program:

The Native plant Alternative Toward Urban Restoration & Environment program (NATURE) provides free technical assistance for restoration projects and up to 50% of eligible materials cost (maximum of \$1000.00).

### Program Goals:

Program goals include; protecting surface and groundwater quality, increasing storm-water infiltration, increasing wildlife habitat and increasing diversity.

If you are interested in seeing how this program may be useful to you and your needs, please call and speak with Ryan Johnson Urban BMP Specialist directly at 651.266.7275 or email him at: ryan.johnson@co.ramsey.mn.us.

Ryan is a great advocate for clean water and native plants etc. He can assist you on planning environmentally wise projects and has a wealth of other information on other programs or resources that may be of interest or assistance.

The Ramsey Conservation District does a great service to our community. They have many programs and many opportunities where citizens can volunteer and learn at the same time. I encourage everyone to contact the Ramsey Conservation District to see what they can do for you. The web site is: [www.co.ramsey.mn.us/cd/index.htm](http://www.co.ramsey.mn.us/cd/index.htm). I invite you to contact Tom Petersen District Manager at 651.266.7272. Tom is a great person to talk with and he is an invaluable source of information.

As a citizen representative, I strive to work together with the communities that I represent while utilizing the many business and citizens talents that exist. To that end, we can all work in partnership

together to accomplish the end goal of creating a smaller footprint on our environment. I would like to share one such success that may be insightful for all citizens and businesses that are considering upgrading or enhancing their properties with water gardens, native planting areas or even a vegetable garden.

I have found a product that I refer people to when they are investing in projects as listed above: STEPS®. STEPS®, an award-winning fertilizer created by a locally owned and operated company, is a two-step fertilizer made from recycled organic ingredients and is 100% eco-green! This new product is a specially blended ph balanced fertilizer is made from ground-up recycled material and is suitable for plants, trees, gardens, grass and flowers. STEPS® contains no hazardous materials. I have been impressed with STEPS® for many reasons: 1. The health and safety aspects of it. 2. The measurable growth it brings to my plants 3. The potential it has of helping to protect our groundwater. To find out more about STEPS®, click on [www.wipersrecycling.com](http://www.wipersrecycling.com).

Our children and our grandchildren are our future. I think it is safe to say that we all have the desire to restore and preserve our environment for them. More and more people and businesses are discovering that there are many benefits to following Best Management Practices (BMPs) in all that we do and that the opportunities are almost endless. Not only do we get the environmental benefits and the personal satisfaction of doing the right thing, but often our efforts may qualify for a cost sharing program or a tax break for doing good things to protect us all. Together we can all be good neighbors and stewards of the land.

Until next months issue, enjoy the weather and cherish life and everything around us.

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*



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# Special Events

## Big Splash Event At Bellaire Beach

FRIDAY, AUGUST 7 (FREE!)

Flotation Fun: 5:00 - 8:00PM

Limbo Contest: 8:15 - 8:30PM

Movie: 8:30 - 10:00PM

Join the Maplewood Community Center aquatics staff for a Luau at Bellaire Beach! Enjoy free tropical punch, Kool Aide and popcorn during the movie. We'll have our Magic Island in the water with tons of inflatable tubes for you to relax and enjoy during our first-ever beach flotation event. After floating, join us for a limbo contest and a movie in the park featuring Disney's **Lilo and Stitch**. We'll have **free leis for the first 100 people at the event**. Bellaire Beach is located on south side of White Bear Lake at the intersection of Bellaire Ave. and South Shore Blvd. **Call 651.249.2206 for more information.**



## Maplewood Movie Night at the Farm

FREE for all ages!



SATURDAY, AUGUST 22

Pre-show Activities: 7:30PM

Movie: 8:30PM

at the Bruentrup Farm

2170 E. County Road D

Additional parking at KinderCare, 2036 E. Cty Rd D

Enjoy the exciting story of Bolt at the original Bruentrup Farm. BOLT is the story of super-dog BOLT (voice of JOHN TRAVOLTA), every day

is filled with adventure, danger and intrigue, at least until the cameras stop. Bring the whole family and play games, purchase hot dogs, popcorn, pop, and cookies from the Historical Society. Cozy up to the toasty fire and enjoy the movie. Don't miss this great event! Bring a chair, blanket, and bug spray.

## FREE Family Movie Night

FRIDAY, SEPTEMBER 25, 7:00PM

AT CARVER COMMUNITY GYM

2680 Upper Afton Road

Concessions will be made available in the gym.

Film to be announced.

## SAVE THE DATE!

### Youth Dances

FRIDAY, OCTOBER 23, 7:00-9:00PM

FRIDAY, DECEMBER 4, 7:00-9:00PM

AT CARVER COMMUNITY GYM

2680 Upper Afton Road

Concessions will be made available in the gym.



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## 2 Exciting Packages

**2-Hour Rental, Balls, Hoops, & Parachute included in both. Giant Inflatable, Paper Products & Additional Gym Rental also available. (651) 249.2124**

# Maplewood Community Center

Note: The pool will be closed Sept. 6 - 11 for routine cleaning. It will reopen at 5:00PM on Sept. 11.

## Holiday Schedule

The Maplewood Community Center will be closed Monday, September 7 in observance of Labor Day.

## Does Your Fitness Center Offer More Than 75 Group Fitness Classes Per Week?

Spin, step, dance, or sculpt and rejuvenate with yoga at the Maplewood Community Center. **Over 75 FREE classes per week** are available to MCC members. Day, evening and weekend classes are available to accommodate all schedules. **NON-MEMBERS ARE WELCOME! Purchase a 10-Visit pass card for only \$60.00 and enjoy access to the entire facility.**

## SAVE BIG!

### Now Offering \$0 Initial Fee on Monthly Memberships

**Hurry! Offer is only valid August 1-31, 2009**

**Call 651.249.2230 Today.**

Get paid to workout! If you participate in qualifying Definity, Blue Cross Blue Shield, Health Partners, UCare or Medica insurance programs, you may qualify for up to \$20.00 toward dues per month! Working out on a regular basis is great preventative medicine.

## Rent the Gymnasium or the Motion Zone at the Maplewood Community Center

### GYMNASIUM

The Maplewood Community Center has a two court (one full) gymnasium which offers a great variety of options for your rental needs. Each 1/2 court has three ball hoops and is lined for basketball, volleyball, and badminton.

### MOTION ZONE

Now offering a 1,316 square foot Motion Zone for your next event. Rent this great space (with wireless internet capabilities) for educational needs, certification renewal, table tennis tournaments, birthday parties, boy/girl scout troop outings, team celebrations, or your next meeting!



Contact Recreation Coordinator, Neil Breneman at 651.249.2204 for more information.

## Monthly Membership Fees After Fitness Discount

*For 3-month and annual memberships, insurance fitness discounts are applied upon renewal.*

*For monthly memberships, insurance discounts are applied monthly.*

Work out 8-12 times per month for reimbursements	Qualifying <b>Definity, Blue Cross Blue Shield, and Health Partners</b> Members		Qualifying <b>UCARE</b> Members <i>(must be 65 years of age)</i>		Qualifying <b>Medica</b> Members	
	Maplewood Resident	Non-Resident	Maplewood Resident	Non-Resident	Maplewood Resident	Non-Resident
	Youth/Senior	\$5	\$7	\$5	\$7	\$5
Senior Household	\$0*	\$1*	\$0*	\$1*	\$18	\$21
Adult	\$15	\$25	NA	NA	\$15	\$25
Couple/Dual	\$10*	\$16*	\$30	\$36	\$30	\$36
Family/Household*	\$15*	\$20*	\$15*	\$20*	\$35	\$40

*\*Two participants per membership.  
Sales tax will be assessed before the discount.*

# Aquatics

Note: The pool will be closed Sept. 6 - 11 for routine cleaning. It will reopen at 5:00PM on Sept. 11.

## FALL MCC SWIM REGISTRATION IS GOING ON NOW!

Now is the time to learn to swim. The MCC offers exceptional swim programs for all ages. Maplewood lifeguards and water safety instructors are certified by the American Red Cross and participate in regular in-service training updates. Course descriptions may be found on our website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Please refer to the schedule on the following pages to find the class that is right for you. All fall full session classes include eight lessons and cost \$68.00 (\$53.00 for MCC members). Semi-private lessons are available on Saturdays at a rate of \$115 (\$90 for MCC members) per eight lessons.

**To register**, stop by the Maplewood Community Center Customer Service Desk (Monday 9:00AM - 7:00PM, Tuesday - Friday 9:00AM - 5:00PM, Saturday 9:00AM - 12:00PM). Online registration is also available at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) (click on I Want To or E-Services). Or register by phone at 651.249.2230.

Private lessons are also available by arrangement at a rate of \$40.00 (\$30.00 for MCC members) for one lesson, \$152 (\$112 for MCC members) for four lessons, or \$288 (\$208 for MCC members) for eight lessons. All private lessons are 30 minutes. To schedule your private lesson today, contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Pool Hours

Monthly pool and lap swim calendars are available on our website at: [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com). Printed copies may also be picked up at the admissions and customer service desks. Please note that pool hours vary during sessions of swim lessons; those changes are listed in the pool and lap swim calendars.



**Surf In For  
BIG SPLASH  
SAVINGS!  
Check out the  
front cover for details.**

## Adult Only Swim Time

Take advantage of the "Adult Only" swim times on Tuesdays and Thursdays from 1:00 - 3:00PM. We've also added an adult only time on Wednesday nights from 8:00 - 9:00PM. No one under the age of 18 will be allowed in the lap pool during these times except on school release days. Adult non-members can pay the very low admission rate of \$3 (plus tax) on Tuesdays and Thursdays from 1:00 - 3:00PM. Some exceptions may apply. Check the monthly pool schedule for specific dates and exceptions.

## Water Safety Aide Program

**SATURDAY, AUGUST 29, 1:00PM - 6:00PM**

We now offer FREE training to individuals over the age of ten, who have completed Red Cross Level 4 and are interested in being a volunteer aide for Maplewood Community Center swim lessons. For more information contact Ron at 651.249.2206 or at [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## Join The Team!

The City of Maplewood is looking for lifeguards and water safety instructors. You must have current certifications. For more information or an application, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us)

# Aquatics

## Snorkeling

SATURDAY, AUGUST 22

8:30 - 9:30AM (AGES 6 - 11)

9:30 - 10:30AM (AGES 12 AND UP)

This training is great for those planning a warm water vacation. Whether it is a cruise, barefoot sailing to remote islands, or a popular destination such as Hawaii, Cayman Islands, or the Bahamas - the skills you acquire in this snorkeling class will enhance your enjoyment and safety in the water. Private snorkeling lessons may be arranged at the private swim lesson rate. For more information or to arrange a private lesson, contact Ron Horwath at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).



## Aquatic Center Events

### Flotation Fridays

FRIDAYS, AUGUST 28 & SEPTEMBER 25 5:00 - 8:00PM

Come jump, splash, float, slide and meet lots of people. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer. The Inflatable Magic Island, beach balls, tubes and everything else the MCC has that floats will be available in the pool for everyone to enjoy. Bring your friends and family! Cost is free to members and included in the price of daily admission for non-members.

### New! FREE Family Swim Time

During the TUESDAY & THURSDAY 9:30 - 11:30AM Swim Lessons

Parents, caregivers, and siblings of students enrolled in the Tuesday and Thursday morning swim lessons will be allowed to swim in the leisure pool for FREE during lessons.



Don't forget to visit the Taste of Maplewood Online Auction at [www.maplewood.cmarket.com](http://www.maplewood.cmarket.com) to swoop up your family vacation bargains! You can preview the items today. **Bidding will begin at 8:00AM on August 7th and will conclude August 14th at 7:00AM.** Don't miss the action on the auction



# Fall 2009 Mornings/Afternoons

		Saturdays		Sundays		Tuesday and Thursday Mornings Session 1		Tuesday and Thursday Mornings Session 2		
Dates Classes Held		September 19, 26, October 3, 10, 24, 31, November 7, 14		September 20, 27, October 4, 11, 25, November 1, 8, 15		September 22, 24, 29, October 1, 6, 8, 13, 15		October 20, 22, 27, 29, November 3, 5, 10, 12		
No Classes Held Date(s)		No Lessons October 17 (MEA)		No Lessons October 18 (MEA)						
Preschool Swimming Classes (All Classes are 30 Minutes Long)										
Parent/Child	Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #	Activity #	
Tot Swim	10:30 AM	1516.311			9:30 AM	1516.381			9:30 AM	1518.381
	9:00 AM	1518.311								
Preschool 1	9:00 AM	1511.311			10:00 AM	1511.381			10:00 AM	1511.382
	10:00 AM	1511.312								
	11:30 AM	1511.313								
Preschool 2	8:30 AM	1512.311	12:00 PM	1512.321	10:30 AM	1512.381			10:30 AM	1512.382
	9:30 AM	1512.312								
	10:30 AM	1512.313								
	11:00 AM	1512.314								
	11:30 AM	1512.315								
Preschool 3	8:30 AM	1513.311			11:00 AM	1513.381			11:00 AM	1513.382
	10:30 AM	1513.312								
	11:00 AM	1513.313								
Preschool 4	11:30 AM	1513.314								
	11:00 AM	1514.311								
Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)										
	Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #	Activity #	
Level 1	9:30 AM	1501.311								
	10:30 AM	1501.312								
Level 2	8:30 AM	1502.311	10:00 AM	1502.321						
	9:30 AM	1502.312								
	11:30 AM	1502.313								
Level 3	8:30 AM	1503.311	11:00 AM	1503.321						
	9:30 AM	1503.312								
	10:30 AM	1503.313								
	11:30 AM	1503.314								
Level 4	8:30 AM	1504.311	12:30 PM	1504.321						
	9:30 AM	1504.312								
	11:30 AM	1504.313								
Level 5	9:30 AM	1505.311								
Level 6 <small>Fitness Swimmer</small>	10:30 AM	1506.311								
Adult	8:30 AM	1523.311								
Semi-Private Lessons - Maximum of 3 students (All Lessons are 30 Minutes Long)										
Preschool 2 & 3	12:00 PM	1552.311								
Level 1 & 2	12:00 PM	1541.311								
Level 3 & 4	12:00 PM	1543.311								

# Fall 2009 Evenings

	Monday	Tuesday	Wednesday	Thursday	Friday
Dates Classes Held	September 21, 28, October 5, 12, 19, 26, November 2, 9	September 22, 29, October 6, 13, 20, 27, November 3, 10	Leisure Pool is closed 4:30pm-6:00pm and Lap Pool is closed 6:00-7:00pm for lessons September 16, 23, 30, October 7, 14, 21, 28, November 4, 11	September 17, 24, October 1, 8, 22, 29, November 5, 12 No Lessons October 15 (MEA)	September 18, 25, October 2, 9, 23, 30, November 6, 13 No Lessons October 16 (MEA)
No Classes Held Date(s)					

## Preschool Swimming Classes (All Classes are 30 Minutes Long)

	Time	Activity #						
Parent/Child	5:30 PM	1516.331	6:00 PM	1516.341	5:00 PM	1516.351	5:00 PM	1516.361
Tot Swim	5:00 PM	1518.331	5:30 PM	1518.341	5:00 PM	1518.351	7:00 PM	1518.361
	7:00 PM	1518.332						
	7:00 PM	1511.331	6:30 PM	1511.341	4:30 PM	1511.351	5:30 PM	1511.361
Preschool 2	6:00 PM	1512.331	5:00 PM	1512.341	4:30 PM	1512.351	5:30 PM	1512.361
	6:30 PM	1512.332	7:00 PM	1512.342	5:30 PM	1512.352	6:30 PM	1512.362
	5:30 PM	1513.331	5:00 PM	1513.341	4:30 PM	1513.351	6:00 PM	1513.361
Preschool 3			7:00 PM	1513.342	5:30 PM	1513.352	7:00 PM	1513.362
	5:00 PM	1514.331	5:30 PM	1514.341	4:30 PM	1514.351	5:00 PM	1514.361

## Red Cross Levels 1-6 and Adult Lessons (All Classes are 45 Minutes Long)

	Time	Activity #						
Level 1	6:00 PM	1501.331	5:00 PM	1501.341	5:00 PM	1501.351	5:00 PM	1501.361
Level 2	6:00 PM	1502.331	6:00 PM	1502.341	5:00 PM	1502.351	6:00 PM	1502.361
Level 3	7:00 PM	1503.331	7:00 PM	1503.341	6:00 PM	1503.351	7:00 PM	1503.361
Level 4	5:00 PM	1504.331	7:30 PM	1504.341	6:00 PM	1504.351	6:00 PM	1504.361
Level 5	7:30 PM	1505.331	6:00 PM	1505.341	6:00 PM	1505.351	7:30 PM	1505.361
Level 6 Personal Water Safety					6:00 PM	1506.351		

# Preschool Programs

## Beginning Tumbling

**SESSION ONE: FRIDAYS, SEPTEMBER 18 - OCTOBER 30**

**9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION TWO: SATURDAYS, SEPTEMBER 19 - OCTOBER 31**

**9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

These classes are designed especially for little ones to practice their coordination while learning to take turns, follow directions, interact with others and most importantly, have fun! They will be introduced to floor mats, wedges, and low and high balance beams. All classes will meet in the MCC Motion Zone and cost \$36.00 (\$33.00 for MCC members). Registration deadline is one week before classes begin.

## Young Rembrandts

**New! Pre-School Artastic Class "Learn to Draw"**

**WEDNESDAYS, SEPTEMBER 23 - NOVEMBER 4**

**5:45 - 6:45PM**

Young Rembrandts teaches pre-school children the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$48.00 per session.

## Music Together

**1. WEDNESDAYS, SEPTEMBER 23 - DECEMBER 2**

**9:30-10:15AM OR 10:30-11:15AM**

**2. SATURDAYS, SEPTEMBER 26 - DECEMBER 5**

**9:30-10:15AM OR 10:30-11:15AM**

**3. SUNDAYS, SEPTEMBER 27 - DECEMBER 6**

**4:30-5:15PM OR 5:30-6:15PM**

You'll move, dance, sing, play rhythm instruments and receive CDs and songbooks of the session's song collection so the fun and learning can continue at home. Music Together is for children from birth to age 6 and their accompanying adults. Class is held at the Maplewood Community Center and cost is \$160.00 for the first child and \$90.00 for each additional child. For more information visit [www.MusicTogetherClasses.com](http://www.MusicTogetherClasses.com) or to register call 651.439.4219.

## Preschool Gymboree

**THURSDAYS, OCTOBER 8 - DECEMBER 17**

**10:00 - 11:30AM**

Preschool Gymboree is designed for children ages 1 - 5 with energy to burn. Join us in the Maplewood Community Center gym for a roly-poly good time! We provide the balls, mats, toys, and games - you bring the fun! Because this is **not** a structured program, children must be accompanied by an adult at all times and any outside equipment brought along must be approved by the gym monitor. Cost is \$3.00 per child, per day for members and \$4.00 per child, per day for non-members. Jump castle is included in admission fee!

## Gym and Swim

**MONDAYS, SEPTEMBER 28 - NOVEMBER 2**

**5:30 - 6:30PM**

Give your energetic preschooler (ages 3 - 6) the opportunity to burn off some energy with gym and swim! Fun gym games and plenty of splashing in the pool is bound to make for a fun and fabulous day. Cost is \$36.00 (\$33.00 for MCC members). Please have your child dressed with a swimsuit under their clothes. Your child must be picked up from the pool area within 15 minutes of the conclusion of class.



**TUESDAY - THURSDAY, 9:00 - NOON**

**SESSION 3: JULY 28 - 30**

**SESSION 4: AUGUST 11 - 13**

Our camps feature weekly themes, cooking, nature activities, arts and crafts projects, swimming, games, free play, music, story time and more! Campers will have an opportunity to learn and play both indoors and out. All children **MUST BE POTTY TRAINED**. Cost is \$50.00 (\$45.00 for MCC members) and includes a camp t-shirt. Staff ratio is 1 staff for every 5 campers and is limited to 20 campers per session. Call 651.249.2230 to register.

# Preschool Programs



## MONDAY, TUESDAY, & WEDNESDAY

**SEPTEMBER 14 - DECEMBER 16, 9:30 - 11:00AM**

If your little ones between the ages of 3 - 6 love crafts, swimming, sports, music, and fun, then the MCC Kids Club is for you! The Kids Club meets in the MCC Activity Room. Your child will make new friends, learn new skills, and most importantly, have a great time! Sign up for one day or the whole week. Cost is \$7.00/day (\$5.00 for MCC members) or \$18.00/week (\$12.00 for MCC members). Pre-registration is required at least one week in advance of the class. Note: Parents do not need to stay at the MCC during our program but all participants must be potty-trained.

## MCC Kids Club Fabulous Field Trips!

Kids Club is heading out on the road for two great adventures! Our fabulous field trips will leave right after our Wednesday sessions and return to the Maplewood Community Center by 2:00PM. Parents are welcome to join us but must drive separately. Parents will also need to provide a car seat or booster for their children when appropriate. Join us for these great trips! Call 651.249.2230 to register.

## New!

## Preschool Gymnastics Summer Fun

**TUESDAY, AUGUST 18, 6:30 - 8:00PM**

This is for all kids ages 1-5 with energy to burn and the grownups who love them! Join us in the Maplewood Community Gym for a roly poly good time. We provide the balls, mats, toys & games – you bring the fun. Don't miss this great opportunity to play (grown ups too!) and make new friends. Preschool Open Gym is **not** a structured program and children must be accompanied by an adult at all times. If you bring outside equipment along, it must be approved by the gym monitor. Cost is \$3.00 per child, per day for members and \$4.00 per child, per day for non-members. Adults and children under the age of 1 are free. Jump castle is included in the cost of admission! Call 651.249.2125 for more information.

## Tots In Motion

**TUESDAYS, SEPTEMBER 15 - OCTOBER 20**

**5:15 - 6:00PM**

This class is designed for parents or grandparents and toddlers from walking age - 3 years old. Learn simple dance moves, activity and sing-a-long songs, and most of all, have a great time with your little ones! Cost is \$36.00 (\$33.00 for MCC members). Class will meet in the Activity Room at the Maplewood Community Center.

## Preschool Sports Spectacular

**WEDNESDAYS, OCTOBER 7 - NOVEMBER 11**

**5:15 - 6:00PM**

We've teamed up with the START SMART program to offer you this fun and exciting class. You and your child will learn the ABC's of beginner sports in a fun, informative and safe way with out the threat of competition. Our goal is for both parent and child to have a positive first time experience so that they continue in sports beyond the introductory level. Your child will be introduced to new sports/activities each week. Parent must accompany child during class. Cost is \$37.00 (\$32.00 for MCC members).



# Youth Programs

## Youth Fall Soccer – K-9th Grade



The Maplewood Recreation Department's Youth Fall Soccer Program is designed to provide youth of all skill levels with an opportunity to participate in organized recreational soccer.

All participants will have an equal opportunity to play. Girls and boys will play in separate leagues, except for the co-rec ages 4-8 league. Please register for the grade attending during the 2009-2010 school year. The soccer season is scheduled to run from September to late October. For K – 2nd grade we will continue to follow our training format. For 3rd and 4th grade this will be a 10 game season. For all other ages it will be an 8 game season with a two game guarantee end of the year tournament. Co-rec leagues cost \$57.00 and all other leagues cost \$62.00. Visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) or call 651.249.2230 for more information.

## Red Cross Babysitting Class

**SESSION ONE: SATURDAY, SEPTEMBER 12, 9:00AM - 3:00PM**

**SESSION TWO: SATURDAY, OCTOBER 24, 9:00AM - 3:00PM**



This ever-popular class is back! A certified Red Cross Instructor will teach this hands-on course dealing with the challenges and rewards of caring for younger children. Students will learn and put into

practice valuable concepts and problem solving skills and upon course completion will be Red Cross certified babysitters. Class is appropriate for participants ages 11 and up and will meet in the MCC Activity Room. Cost is \$60.00 and includes a \$10.00 Red Cross Kit. Students should bring a bag lunch or money for the MCC Concessions Counter. Class size is limited so please register early!

## Carver Community Gym

2680 Upper Afton Road in Maplewood

This gymnasium facility offers four courts and is available for rental for basketball, volleyball and tournaments. We also offer Birthday Party options and special events.

## Carver Gym Jammers

MONDAY - FRIDAY 3:45 - 5:30PM

This alternative after school program is for grades K through 5. We provide structured games and activities both inside and outside with the major focus on fun. Cost is \$4.50/day per student. Reservations are required. Call 651.249.2135 to register your child.

## Edgerton Community Gym

1929 Edgerton Street in Maplewood

This gymnasium facility is available for rentals, special events, tournaments and youth Birthday Parties. Rental information is available on the website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) or by contacting 651.249.2124.

Adult Open Volleyball is held on Tuesday evenings from 6:30PM to 9:30PM. The entry fee is \$4.00/person and payable at the door.

## After School Open Gym

Tuesday and Thursdays 3:30 - 5:30PM

This program is an alternative after school program for youth grades 3 to 6. We provide structured gym activities, open gym, and an emergency card is required. Fee is \$3.00/person per day. Call 651.249.2124 for more information.

## Young Rembrandts

**New! Elementary Artastic Class "Learn to Draw"**

**SESSION ONE: THURSDAYS, SEPT. 24 - NOV. 5  
6:30 - 7:30PM**

**SESSION TWO: SATURDAYS, SEPT. 26 - NOV. 7  
6:30 - 7:30PM**

Create amazing drawings! Discover drawing techniques like perspective and how to use warm and cool colors to deliver cool artistic affects. You will build artistic skills with step-by-step instructions from an enthusiastic and talented teacher. This class will expand your knowledge in art. Class will be held at the Maplewood Community Center and cost is \$48.00 per session.

# Youth Programs



## Guitar Lessons

TUESDAYS, AUGUST 25 - OCTOBER 6

Beginning Guitar (6:00 - 6:55PM) Level 2 (7:00 - 7:55PM)

Continuing Guitar (8:00 - 8:55PM)

**FREE DEMO NIGHT, TUESDAY, AUGUST 18, 6:00PM**

If you always wanted to learn how to play guitar, here is your chance. Dave Roby, a local musician is offering beginning, level 2 and continuing guitar lessons for children ages 10+ who want to learn to play guitar the easy way. Learn to play chords, your favorite songs and tune your guitar the easy way with easy to follow instruction! Participants are required to bring their own guitar. Dave's years of experience as a performer and professional music teacher will help you to simplify the art of playing. Have questions? Come to the demo day for a quick lesson and a Q and A with Dave Roby. Call 651.249.2230 to register.

## Unleash Your Child's Potential With The Power Of Martial Arts! Hear Your Voice, Find Your Strength, And Become Empowered!

The Maplewood Community Center and the The Edge Martial Arts, based in Stillwater, Minnesota offer a great karate program for kids and adults of all ages. Cost is \$60.00 (\$45.00 for MCC members). **REGISTER FOR 3 MONTHS AND RECEIVE \$5.00 OFF EACH MONTH!**

Classes include:

### Lil' Dragons Program

MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6

### Kids Beginner Karate

MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12

### Teen To Adult

MONDAYS, 7:15 - 8:00PM - AGES 13 TO ADULT



"Our family has really benefited from "The Edge Karate" offered at MCC with master Abboud. Not only do our boys, Nick (8) and Jack (5), have a great time. They have learned and shown dedication (postponing a trip until after karate Monday night), enthusiasm, and respect for Mr. Abboud and others, "Yes, Sir", and we highly recommend "Edge Karate." I commend Mr. Abboud for the motivation and skills he shares with his students.

- The Regnier's

For more information, visit [maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com).

## Youth Volleyball

Volleyball - can you dig it? Join youth in grades 3 - 8 to form teams from Maplewood, Woodbury, Little Canada, Oakdale and Stillwater for fun, yet competitive league play. Games are played on Saturday mornings and afternoons with one practice during the week at various locations. The season will conclude with an all day tournament at Carver and Edgerton Community Gyms. This is a recreational league -- the emphasis is on good sportsmanship and fun. League will run September 19 - November 8. Cost is \$52.00. Registration deadline is September 19.

### Volunteer Coaches Needed!

The Maplewood Parks and Recreation Department is in need of volunteer coaches for the Fall Volleyball Program. If you are interested, please call Audra at 651.249.2125.



# Adult Programs

## Grab Bag Bingo

SEPTEMBER 3 - DECEMBER 3

The First Thursday Of Each Month, 1:00 - 2:30PM

10:00AM - 1:00PM AND/OR 12:00 - 3:00PM

Join us for a fun, new twist on Bingo the first Thursday of each month in the Maplewood Community Center Banquet Room! Ten or more games are played and the winners choose from an assortment of grab bags. Costs is \$2.00 at the door. Coffee and treats are provided!

## Adult Dance 16+

SUNDAYS, SEPTEMBER 13 - OCTOBER 18

at the Maplewood Community Center

**SOCIAL BALLROOM SAMPLER: WALTZ, SALSA, SWING- 5:00 - 6:00PM**

Social Sampler Class will cover many styles and tempos of music, for many dancing occasions. Find out how beneficial dancing can be for your social, mental, and physical health and how much fun it can be! In this session, the instructor

will help you get comfortable on the dance floor as you learn the basic steps of the most popular dances. Cost for couples is \$110.00 (\$85.00 for MCC members) and cost for individuals is \$65.0 (\$50.00 for MCC Members). Call 651.249.2230 to register.

**LINE DANCE- 6:00 - 7:00PM**

Learn the line dances you can use at weddings, on your next Florida vacation, and at country dances in this fun, aerobic dance class! You will learn how line dances can be applied to different types of music, and places to show off your new dance moves! No partner required. Line dances taught include the ever-popular Electric Slide, Tush Push, Cowboy Cha-Cha, The Samba Line Dance, and more!

## 18+ Open Dodgeball League

UPPER DIVISION (JOIN THE TOUGHER COMPETITION) SATURDAYS, SEPTEMBER 19, 3:00 - 9:00PM

LOWER DIVISION (THOSE THAT JUST WANT TO HAVE FUN) FRIDAYS, SEPTEMBER 18, 6:00 - 9:00PM

For all those who loved the childhood game, here is a ramped up adult league for the exciting old school game! Join other people interested in experiencing the fun of a recreational dodgeball league in a structured and exciting environment! Each team must consist of 6-10 participants containing any combination of males or females. The league will be 8 weeks long with a 4 team playoff the 9th week. League champions will receive FREE entry to the winter league and their name on the MCC Dodgeball League Champions Plaque! Cost is \$300.00 per team.



## Nature Center Programs For Adults & Families

### Low-Input Lawncare Protecting Water Quality

THURSDAY, SEPTEMBER 3, 7:00 - 8:30PM

at the Maplewood Nature Center

Learn about low impact lawn care from U of M Horticulture extension educator Bob Mugaas. His presentation will focus on ways to maintain lawn with minimum use of fertilizers and chemicals – and other methods that help protect the environment and water quality. Cost is \$5.00 per family. Call 651.249.2170 to register.

### Dragonflies By Digital Cameras

SATURDAY, AUGUST 22, 1:00 - 3:00PM

at the Maplewood Nature Center

Adults and families with children ages 7 and up are invited to join dragonfly experts John Arthur and Pamela Deerwood for a detailed look at dragonflies. Hike to catch and identify the common ones at the nature center. Photos taken by John will help us identify them when we get back inside. Cost is \$5.00 per family. Call 651.249.2170 to register.

### Magnificent Monarchs SATURDAY, SEPTEMBER 3, 7:00 - 8:30PM, at the Maplewood Nature Center

Visit the butterfly garden and prairie to look for Monarch Butterflies. Learn how to safely catch and tag one to help researchers keep track of butterfly populations and migration routes. Make your own crafty butterfly; enjoy a snack. You must register by August 27 and the cost is \$4.00 per child. Call 651.249.2170 to register.



### Walking Club

**MONDAY - FRIDAY, 10:00AM - 1:00PM, ONGOING**

Get active and meet new people at the Maplewood Community Center with the MCC Walking Club! Each participant will receive a pedometer and water bottle. After an invigorating walk around the MCC walking track, join other members in the common area for coffee and conversation. Cost is \$20.00/first month and \$13.00/month renewal rate.

### Lunch Bunch

**SEE DATES BELOW**

Looking for great food and even better company? Join the Lunch Bunch and come with us as we explore local hot spots and St. Paul eateries. The Lunch Bunch meets **September 17, October 15, November 19, from 11:30AM to 1:30PM.** Transportation is provided and we will depart from and return to Maplewood Community Center. Cost is \$4.00 per trip or \$3.00 if you sign up for three or more dates. Please note that this fee covers only transportation and does not include the cost of the meal. Entrees will typically cost between \$6.00 - \$15.00 (plus tax and gratuity).

The destinations will be determined by our participants! Plus - what's your great food find? Let us know and we'll add it to our "Must Visit!" list.

Space is very limited - reserve your spot today. Reservations are taken on a first come, first serve basis. Please let Customer Service know of any special dietary needs at the time of registration.

**Seniors! Check out page 26 for BOSU Senior Balance Training. Both great programs for improving balance and flexibility.**

### FREE Senior Health and Well Being Seminars

**MONDAYS, 10:30 - 11:30AM** (unless otherwise noted)

**AUGUST 10:** Benefits of Touch and Massage w/Sister Rosalind

(TIME FOR THIS SEMINAR IS 11:30 - 12:30PM)

Sister Rosalind nursing background and 35 years of experience in massage will bring a wealth of knowledge about how massage can affect your physical, spiritual and mental health.

**AUGUST 17:** Memory Loss and Aging

This class will identify normal changes in memory during the aging process, offer tips on how to maintain and improve memory, explain the causes of significant memory loss and provide resources for those who are concerned about memory loss. Offered in conjunction with Alzheimer's Association.

**AUGUST 24:** Life Write with LauraRose Paradise

Have you ever wanted to tell your story or parts of your life story? Has your family ever asked about you and your life or about certain times in your life? This is an opportunity to remember and tell stories.

**AUGUST 31:** English Tea Afternoon

Join others for a nice afternoon of Tea and snacks. Offered in conjunction with Synergy Home Care.

**SEPTEMBER 14:** Prescription Drug Coverage and RX Connect

Find information about resources available to pay for prescriptions at a lower cost during the "gap" or for those without insurance. Offered in conjunction with Metropolitan Area Agency on Aging.

### Monday Cards And Soup

**MONDAYS, 11:30AM - 1:30PM ONGOING**

All level of card players welcome. Open to everyone so bring your friends! The cost is \$3.00 at the door (\$1.00 without a lunch). Soup lunch includes a bowl of our soup of the day, roll, crackers, and a beverage.

### Pickleball

**MONDAY, WEDNESDAY & FRIDAY, 7:00 - 9:00AM ONGOING**

Pickleball is a combination of Ping-Pong, tennis, and badminton and has been enjoyed by people of all ages. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. Call 651.249.2204 for more information.

# Racquet Sports & CPR



## Racquetball Clinics

**Free for everyone!**

**ADULT CLINIC (AGES 15+)  
SATURDAY, SEPTEMBER 26  
12:00 - 1:00PM**

**KIDS CLINIC (AGES 10-14)  
SATURDAY, SEPTEMBER 26  
1:00 - 2:00PM**

Call 651.249.2230 for more information.

## CPR/AED and First Aid Classes

These classes are designed to inform people how to respond in emergency and life-threatening situations. After successful completion of the course participants will receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members).

**ADULT & CHILD CPR/AED & INFANT CPR:  
SATURDAY, AUGUST 8  
10:00AM - 5:00PM**

**CHILD CPR/AED & INFANT CPR WITH FIRST AID:  
SATURDAY, SEPTEMBER 19, 10:00AM - 5:00PM**

**ATTENTION CHILDCARE PROVIDERS!  
Child CPR/AED & Infant CPR with First Aid is  
designed to meet state CPR and  
First Aid requirements.**



## RACQUETBALL LEAGUES

**SEPTEMBER 26 - DECEMBER 11**

Racquetball leagues are now being formed at the MCC. These are adult co-ed recreational leagues at B+ and B- levels. The coordinator will generate a schedule of players and numbers for weekly matches. Opponents call each other to schedule matches and court times during the week they are scheduled to play each other. Cost is \$44.00 (\$14.00 MCC members). Registration deadline: September 18 (no exceptions) Schedules can be picked up beginning September 23 at 5:00PM. Any schedules not picked up will be mailed out.

### Co-Rec Leagues

Level B+ (Very Competitive)

Level B- (Competitive)

## New! Racquetball Challenge Ladders

Racquetball challenge ladders will be held on the first Saturday of each month from 9:00AM - 12:00PM. The cost of the challenge ladder is \$4.00+ tax per participant. These ladders are designed for experienced to expert players.

## MAPLEWOOD MALL WOMEN & CHILDREN'S EXPO

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28-30**

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## SHAPE UP FOR THE HOLIDAYS

**TRANSFORM YOUR BODY, MIND, AND LIFE...ONE POUND AT A TIME.**

Let the Maplewood Community Center's team of personal trainers help you **get in shape for the Holiday Season** while meeting new friends and competing for GREAT PRIZES! The winter 2009 Lose2Win winning-loser **lost a total of 53 lbs in 12-weeks!** This **FUN** 8-week program includes education seminars, fitness challenges, and group personal training sessions designed to transform your physique and assist you in **making a healthy lifestyle change.**

### Education Seminars Include:

Healthy Holiday Party Options, Cooking with Joor, Five Steps to Boost Metabolism, Foods for Great Energy, Nutrition and Portion Control, and The Fast Food Jungle

### Fitness Challenges Include:

ZUMBA, Yoga, KarateCore, PowerKick, Martial Arts, Line Dancing, Boot Camp, Racquetball, and Lap Swimming

### LOSE2WIN Prizes

**1st Prize-** Wild Mountain Ski Package for Two (Includes Ski or Snowboard Rental Packages, Lift Tickets and One night stay at Holiday in Express)

**2nd Prize-** 6 One Hour Personal Training Sessions and NordicTrack heart rate monitor package (Includes wireless chest strap and watch)

**3rd Prize-** 3 Month MCC Membership Package (Includes MCC sweatshirt and water bottle)

**4th Prize-** 3 One Hour Massage Session Package

**5th Prize-** \$100 Target Gift Card

**Mid-Way Prizes:** Massage Package, Noodles & Company – Gift Cards

Full payment is due at registration. Registration includes free challenge T-shirt, discounted rates on Fitness Programs and individual Personal Training sessions.

Registration **opens Monday, August 3** and **closes Friday, August 28**. The 8 week challenge runs September 21 through November 16. Cost is \$255.00 and includes a 2 Month Membership (\$144.00 for MCC members).

**Initial Weigh-in:** August 3

**Mid-point Weigh-in:** October 19

**Final Weigh-in:** November 16

### Sponsors





## Meet Fitness Instructor Carolyn Warner

Carolyn Warner is a Nationally Certified Group Exercise instructor who has worked in the fitness industry for 19 years. She also holds certifications in Personal Training, Spinning, Aqua, NETA Active Aging Adults, and YogaFit. Carolyn enjoys helping people

build self esteem through exercise and motto is: Not every day can be a race day! Embrace where you are today!

### Visit one of Carolyn's Classes

Mondays at 10:30AM – Spinning

Wednesdays at 6:45AM & 7:45AM – H2O, Straight Up Strength at 9:15AM

Thursdays at 11:40AM – Yoga Light

Fridays at 11:40AM – Yoga, Stability Sculpt at 12:45PM



## Ditch the Workout and Join the Party with Zumba at MCC!

### 7-WEEK SESSIONS

**TUESDAYS, SEPTEMBER 15 - OCTOBER 27, 5:30 - 6:30PM**

**THURSDAYS, SEPTEMBER 10 - OCTOBER 22, 5:30 - 6:30PM**

**SATURDAYS, SEPTEMBER 12 - OCTOBER 24, 9:30 - 10:30AM**

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. You can burn up to 1,000 calories in an hour depending upon your exertion and fitness level! The best thing about Zumba is that you forget you're exercising because you're having so much fun—it's like a dance party! When you participate in Zumba you will dance to the hottest Latin, Pop, and Reggaeton music using "interval training" which is great for your body and your heart. You will pick up Latin steps like Salsa, Meringue, Cha Cha, Bachata, and Cumbia with no partner or dance experience necessary. Zumba is appropriate for ages 16 and up. Cost for a seven-week session is \$56.00 (\$42.00 for MCC members). **Sign up for all 3 sessions for \$138 (\$96.00 MCC members).** Bring a great attitude, a towel and water.

## Class Descriptions

**SPINNING**—Spinning is a wonderfully intense, non-impact, instructor led exercise class performed on stationary bikes. The workout simulates various biking adventures by continuously changing the bike's intensity and your riding position throughout the workout. The workout is fun and the time will race by. Be sure to arrive to class a minimum of ten minutes early your first time so the instructor can set you up properly on a bike.

**STABILITY SCULPT** —This class will provide body conditioning that focuses on improving the body through a series of stability exercises. The use of chairs will be used in this class for improved flexibility, strength, balance and stability! This class is appropriate for Active Older Adults that want to improve their overall health & wellness!

**H2O**—An excellent low to mid intensity cardiovascular workout in chest deep water. Since this class is easy on the joints, it's a wonderful option for pregnant women as well as for anyone recovering from knee/joint injuries. Come join us; you don't need to be a swimmer to participate and enjoy!

**STRAIGHT UP STRENGTH**—If you have reached a plateau in your fitness, it is probably due to lack of resistance training. This class will get your heart rate up by working every major muscle group in your body. Enjoy the benefits of resistance and weight training while in a fitness class setting. All levels welcome. You will start to see results in no time at all.

**YOGA**—Class is designed to accommodate the needs of all levels. Yoga is the original mind/body fitness exercise that has been around for thousands of years. While working with the breath, the yoga poses and postures will improve flexibility, enhance circulation, build strength, increase energy & stamina, reduce stress & fatigue, and increase an overall feeling of calmness, peace, and serenity. Come give it a try!

**YOGALIGHT**—A lighter version of our yoga, focusing more on softer, gentler movements. This is great for beginners, older adults, and pregnant women.

# Fitness Programs

## **Walk N' Stroll**

**MONDAYS, SEPTEMBER 21 - OCTOBER 26, 10:00 - 11:00AM**

Functional stroller fitness gets you moving and energized as you exercise and strengthen the muscles necessary to keep up with the day-to-day care of your baby! Keeping your baby within arm's reach while you exercise is the ultimate time and energy saver; no nursery or baby sitters needed. Turn your stroller into a portable fitness machine!

Walk N' Stroll Fitness lets you play with your baby while you exercise. This class also encourages plenty of group interaction so baby is always having new experiences! Time at the end of class is used to take baby out of the stroller for strength, stretching, and interactive play. This program is not just for moms! Dads and their babies are welcome as well! Please bring your stroller, water bottle and a towel and wear comfortable workout clothing and athletic shoes. Your child should be able to sit comfortably in the stroller for approximately 30 minutes. Cost is \$48.00 (\$36.00 for MCC members).

## **Parent/Child Yoga**

**THURSDAYS, SEPTEMBER 17 - OCTOBER 22, 4:30 - 5:15PM**

Children ages 8 to 12 years old will be introduced to age appropriate yoga poses, individual and partner exercises with the parent. The program will focus on breathing, balance, and yoga technique. Although participants are encouraged to bring their own mats, yoga mats are available. Cost is \$48.00 (\$36.00 for MCC members).

## **Ultimate Get Fit Boot Camp!**

**TUESDAYS & THURSDAYS, SEPTEMBER 15 - OCTOBER 8, 9:30 - 10:30AM OR 5:00 - 6:00PM**

Work out twice a week in a small group setting with 6-8 people. A trainer will lead you through a challenging full body workout! This training is designed to get your heart pumping while working all muscle groups to improve your overall level of fitness! Small Group Training offers you the benefits of working with a Certified Personal Trainer at a reduced cost! And, best of all...it's FUN! Find a group of friends and register! Cost is \$160.00 (\$128.00 for MCC members).

## **Senior Group Fitness**

### **Senior BOSU Balance Training**

**THURSDAYS, SEPTEMBER 17 - OCTOBER 22, 8:15 - 9:00AM**

This class, using the BOSU Balance Trainer, will improve your balance and stability and overall body control like no other training device! Because of its versatility and quality the BOSU is excellent for all aspects of training and rehabilitation. It provides training of both upper and lower extremities as well as core. Improve your motor skills, strength, balance and stability using the BOSU Balance Trainer! Cost is \$48.00 (\$36.00 for MCC members).

### **Senior Strength Small Group Training**

**TUESDAYS & THURSDAYS, SEPTEMBER 15 - OCTOBER 6, 11:00 - 12:00PM**

Research shows that all age groups experience equal benefits from strength training. Learn the smart way to workout in order to maintain strength, flexibility, and balance all while keeping your body as fit and trim as possible. The trainer will teach and coach you on how to properly lift weights, execute cardio movements, and build flexibility. You will learn why monitoring your heart rate is important and why exercising properly is essential. Don't wait to register! This class is limited to 6 participants! These group trainings are specially priced for seniors! Cost is \$115.00 (\$90.00 for MCC members).

**Seniors! Check out page 22 for more Active Adult activities!**

# City of Maplewood

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### Buckthorn May Be Lurking In Your Yard



Buckthorn is an aggressive, invasive European shrub that is taking over our native woodlands. We encourage residents to remove it from their properties. Unlike native shrubs, buckthorn retains green leaves late into the fall, long after other leaves have turned color or fallen.

This is the easiest way to identify buckthorn for removal.

Buckthorn prevents the growth of native oaks, ferns and wildflowers. Uncontrolled buckthorn growth may lead to the loss of our native woodlands.

Nominate your neighborhood for FREE curbside pick-up of buckthorn only. This service will be available to neighborhoods with three

or more registered households, in early November. To register, contact your neighbors about joining the buckthorn removal program! Email Carol Gernes at [carole.gernes@ci.maplewood.mn.us](mailto:carole.gernes@ci.maplewood.mn.us) for more information.

**FREE BUCKTHORN SEMINAR** at Applewood Park on Saturday, September 26, 10:00 -11:15AM. Call to register by September 22. Learn to differentiate these invasive shrubs from similar beneficial native shrubs. We will discuss tools, herbicides and disposal options.

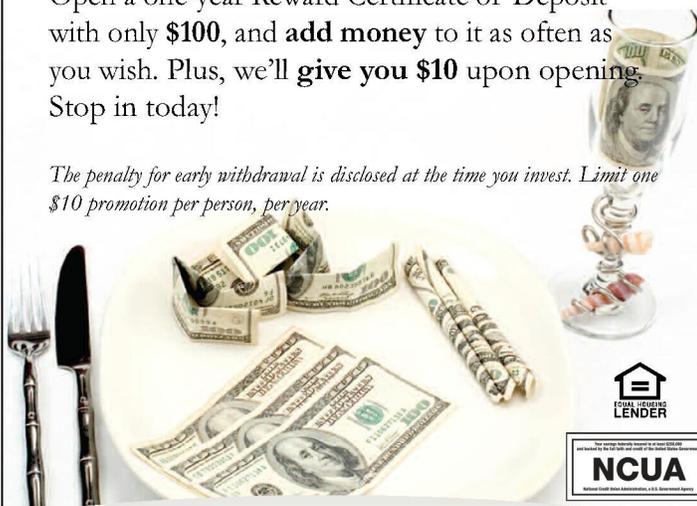
**VISTA HILLS PARK COMMUNITY BUCKTHORN PULL: SATURDAY, OCTOBER 24, 9:30AM - 2:00PM (FREE!)**  
Groups Welcome! We'll pull buckthorn in the morning (kids 11 +) and cut and herbicide in the afternoon (adults only). Training and refreshments provided. Registration required by October 20. To register, call the Maplewood Nature Center at 651.249.2170.

## Taste the Savings

### Earn CD rates with only \$100

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Carrie Troske (651) 341-6633

[www.servingupSOLDS.com](http://www.servingupSOLDS.com)





# Maplewood Monthly

September 2009 City Newsletter

## Save The Date

**• Buckthorn Demo**

Saturday, September 26  
10:00 - 11:15AM  
at the Nature Center

**• Visitor Open House**

Sunday, October 4  
11:00AM - 4:00PM  
at the Community Center See PG 9!

**• Bridal Expo**

Saturday, October 17  
12:00 - 4:00PM  
at the Community Center

**• Wine & Jazz Festival**

Friday, October 23  
7:00 - 9:30PM  
at the Community Center

4 Special Events

5 City Budget Reduced

9 Community Center

10 Preschool

11 Youth

11 Dance

12 The Big Splash

13 Adult/Active Adult (55+)

14 Family/Fitness

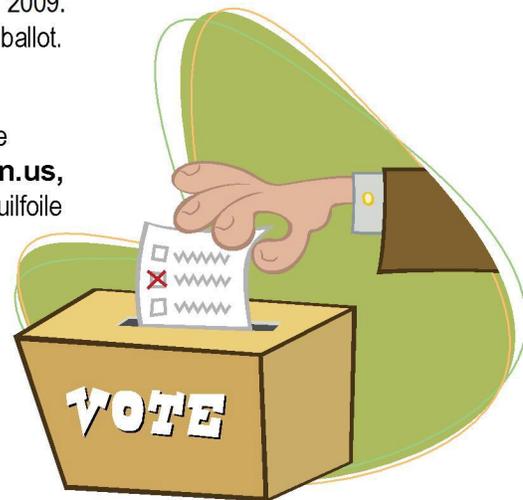
14 Weight Loss Challenge

## Municipal Election: September 15, 2009

### Get Out And Vote!

There will be a municipal Primary Election on September 15, 2009. The office of Mayor and two Council members will be on the ballot.

To see a list of the candidates who are on the ballot, to find your polling place and for additional information regarding the election visit the city website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us), click on the Citizen Services Department or contact Karen Guilfoile at 651.249.2002 or [karen.guilfoile@ci.maplewood.mn.us](mailto:karen.guilfoile@ci.maplewood.mn.us).



## Jump-Start Your Future At The Maplewood Community Center College Fair

Saturday, September 26, 12:00 – 4:00PM

High schools students and their families are invited to the FREE College Fair that takes place at the Maplewood Community Center located at 2100 White Bear Avenue. When making an important decision that involves your academic future you need all the information you can get! College representatives from more than 20 schools including U of M Twin Cities, Concordia, Augsburg, Winona State, U of M Morris, U of M Crookston, Northwestern, Northern State, many Community Colleges, and more will be available to help you explore your higher education options quickly and efficiently. Collect brochures and applications for both admission and financial aid from most of the schools at the fair.

If you are unsure how to finance your education, be sure to stop by at 1:15PM when City & County Credit Union will present, "Financial Tips for Students." Later in the day, former Director of Football Operations for the University of Minnesota, Randy Taylor will be available to discuss college recruiting tips and tricks. Don't miss his 2:15PM presentation, "College Recruiting Simplified" in which Randy will cover the benefits of playing collegiate sports, strategies to maximize an athlete's recruiting potential, and the five things that every student-athlete must do in order to get recruited. AND learn how to "Ace the ACT" with the Minnesota Kaplan Center at 3:15PM. Don't miss this great opportunity to jump-start your future! Call 651.249.2103 for more information.

Thanks to our sponsors



# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, September 14 & 28 at 6:30PM  
 Community Design Review Board: Tuesday, September 8 & 22 at 6:00PM  
 Environmental & Natural Resource Commission: Monday, September 21 at 7:00PM  
 Housing & Redevelopment Authority: Wednesday, September 9 at 7:00PM  
 Citizen Forum: Saturday, September 5 at 10:00AM  
 Park & Recreation Commission: Wednesday, September 16 at 7:00PM  
 Planning Commission: Tuesday, September 1 & 15 at 7:00PM  
 Historical Preservation Committee: Thursday, September 17 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



### Grow Your Business!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). Thank you to the advertisers who support this publication!

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651-748-1185 **HALLOWEEN EXPRESS**

## Protecting Fish Creek For The Future By Ginny Yingling, Fish Creek Greenway Commission Chair

In May, the Maplewood City Council approved the formation of the Fish Creek Greenway Ad Hoc Commission. The commission is tasked with developing recommendations and priorities for protecting natural lands in the Fish Creek Natural Area Greenway, in south Maplewood, and identifying issues and opportunities for passive recreation in that greenway.



Fish Creek

This beautiful area is one of four areas identified in the city's draft Comprehensive Plan where the city has the unique opportunity to protect and buffer natural areas and enhance wildlife habitat. While much of the creek itself is already protected as county open space, several large parcels of private land adjoining the creek, including a significant stretch of the creek itself, could be developed in the near future if not protected in some form. Commission members toured the greenway in July and will hold a series of meetings over the next five months to discuss available protection options, which may include some land acquisition, conservation easements, and other approaches. Input from residents living within the Fish Creek Greenway will be solicited in a variety of ways, including meetings specifically with those residents.

The commission is composed of six voting members and several ex officio members who will advise the commission on various aspects of land protection. The voting members of the commission are Cliff Aichinger representing the Ramsey-Washington Metro Watershed District, Ron Cockriel (Vice Chair) of Friends of Maplewood Nature; Ginny Gaynor, the city's Natural Resources Coordinator; John Moriarty representing Ramsey County Parks Department, Carolyn Peterson representing the Maplewood Parks and Recreation Commission; and Ginny Yingling (Chair) representing the Maplewood Environment and Natural Resources Commission. More information can be found on the city website at [www.ci.maplewood.mn.us/index.aspx?nid=655](http://www.ci.maplewood.mn.us/index.aspx?nid=655)

Input from the public is invited. For more information about the natural area greenways concept in Maplewood, see the Natural Resources chapter of the city's draft Comprehensive Plan at: <http://mn-maplewood.civicplus.com/DocumentView.aspx?DID=720>.

## Help Keep Our Parks Clean

The Maplewood park maintenance staff needs your help to keep our parks safe and clean. When park rules are observed, everyone will have a more enjoyable time in our wonderful 35 parks.

- Parks are open one-half hour before sunrise to one-half hour after sunset, except by permit or City scheduled activity.
- Vehicles may be in parking lots only when parks are open.
- Pets must be on a leash. The person in control of the pet must clean up any feces.
- Noise and nuisance ordinances will be enforced.
- No motorized vehicles are allowed in the parks, including snowmobiles.
- Golfing is not permitted in Maplewood parks.
- Be considerate of others and please use the trash receptacles.

Our park maintenance staff is responsible for the upkeep and year round maintenance of 35 parks and over 500 acres of parkland. Major duties include turf maintenance, trash removal, repair of buildings and equipment, maintaining baseball, softball and soccer fields; snowplowing of parking lots and park trails; and hockey & pleasure skating rink maintenance. To find out more on park locations, features and amenities, visit [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).

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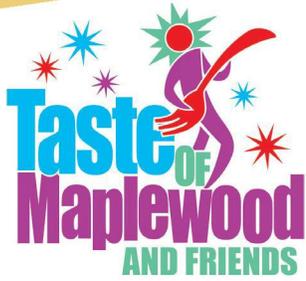
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This pass is for individual use only. Expires 8/30/09



The Maplewood Monthly article schedule is divided such that each councilmember has two city newsletter issues to write in a year and the Mayor has four city newsletter issues to write in a year. Councilmember Rossbach was scheduled to write an article for the September issue but has declined since he is on the September 15, 2009 Primary Election ballot.



## Your Neighbors Were There. Were You?



This year's August 13th Taste of Maplewood & Friends event packed an impressive line-up including over 90 food and marketplace vendors, live music by Lamont Cranston & Belladiva, the Radio Disney Party Patrol the Minnesota Vikings cheerleaders, St. Paul Saints, and much more! Estimated attendance topped out at over 4,000 making the community center campus "the place to be" in Maplewood. Watch for details on next year's Taste event as it expands to a two-day feeding frenzy with even more action packed activities! Call 651.249.2021 to learn how your business can sponsor this event.



**Thanks to our Gold sponsors:** City County & Credit Union, David Grupa Portrait  
**Thanks to our Bronze sponsors:** Angus Meats, Baker's Square, Imageworks, Lutheran Church of Peace Preschool, Maplewood Dental, Premier Bank, Presentation of Mary, Redeeming Love Church, Saints North, Walker at Hazelridge, Days Inn, Mogren Development Company, Sprint

Thanks to our media sponsors:



## Now Accepting Applications 2010 Charitable Gambling Funds

The City of Maplewood is now accepting applications for the use of the 2010 proceeds of the City's 10% Charitable Gambling Tax. The application deadline is September 23, 2009.

In order to qualify an organization must be a non-profit corporation with an IRS 501(c) (3) designation serving the citizens of Maplewood. The first priority will be given to funding City of Maplewood organizations and second priority to organizations from outside the city proposing to meet the needs of Maplewood residents. In general, requests from organized athletic groups are not funded.

The City Council awarded a total of \$46,000 in Charitable Gambling Tax Funds in 2009. Funds went to the following groups: Friends of Maplewood Nature, Maplewood Community Center, Heritage Theater Company, the Ramsey County Fair, Maplewood Police Explorers, Maplewood Police Reserves, Maplewood Area Historical Society, Walker at Hazel Ridge, the American Red Cross, and the Dispute Resolution Center.

The funds are awarded by a vote of the Maplewood City Council. Applications are available on the city website [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) or by calling Sarah Burlingame at 651.249.2051.

## Maplewood Business & Economic Development Commission

The New Maplewood Business & Economic Development Commission (BEDC) is an advisory commission to the Maplewood Area Economic Development Authority (EDA); the EDA will consist of the five members of the City Council. The BEDC will make recommendations on economic development and redevelopment projects and issues to the EDA. It is anticipated that the BEDC will meet monthly. The BEDC will consist of 7 members, 3 whom must be small business owners.

Submit an application to Maplewood City Hall either by mail or in person by 4:30PM on October 2nd, 2009. For more information, call 651.249.2051.



**2009 FALL Bridal Expo**  
 Saturday, October 17 12:00 - 4:00PM

Everything you need to plan your special day. Register for great prizes, talk to wedding experts & see our fabulous fashion show!

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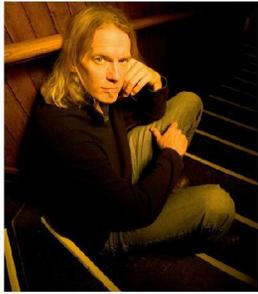
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# Special Events

## An Evening With Billy McLaughlin And Special Guests

SATURDAY, SEPTEMBER 19, 7:30PM



Maplewood Community Center is pleased to present Billy McLaughlin live in concert on Saturday, September 19 at 7:30PM. If you go to just one guitar concert in 2009 make it this one! Five-time MN Music Award winner and National Campus Entertainer of the Year, Billy McLaughlin, returns to Maplewood Community Center for a night of brilliant acoustic guitar. This

intimate show showcases Billy's solo guitar work with just few very special guests. Come find out who will join Billy for this extraordinary evening of acoustic music! Tickets cost \$23/In Advance (\$25/Everyone Day of Show). **Call 651.249.2230 to reserve yours today!**

## Flotation Fridays

FRIDAY, SEPTEMBER 25, 5:00 - 8:00PM

Come to the Maplewood Community Center and jump, splash, float, slide and swim in the huge aquatic center. On Flotation Fridays we bring out the best inflatable fun the MCC has to offer. Cost is free to members and included in the price of daily admission for non-members. Call 651.249.2230 for more information.

## Old Fashioned Barn Dance

SATURDAY, SEPTEMBER 19, 5:00 - 9:00PM

Join the Maplewood Historical Society for an old-fashioned barn dance at the historical Bruentrup Heritage Farm located at 2170 E. County Road D in Maplewood. Enjoy foot-stompin' good fun with music, friends, and other entertainment. Call 651.748.9009 for more details.

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Baker, Wadd & Williams LLP



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[www.bakerwaddlaw.com](http://www.bakerwaddlaw.com)

## Family Movie Night At Carver Gym

FRIDAY, SEPTEMBER 25, GAMES: 6:15PM MOVIE: 7:00PM



Bring the entire family and enjoy the film "Incredibles". This fun-filled movie is rated PG and tells the story of one of the world's top masked crimefighters, Bob Parr--known to all as "Mr. Incredible"--fought evil and saved lives on a daily basis. This event is FREE to all attendees and concessions will be available for purchase. Bring your own chairs, blankets or pillows to sit on. For more information, call 651.249.2124.

## Youth Dance At Carver Gym

FRIDAY, OCTOBER 23, 7:00 - 9:00PM

Join your friends and DJ Steve Reed and get your groove on at the Carver Community Gym Dance. This event is for students in **grades 4 - 6 only**. Student attendees will be locked in the school and parents will be required to come into the school to pick them up. Concessions will be available at the dance for purchase. Cost is \$4.00 at the door. For more information, call 651.249.2124.

## 2009 MINNESOTA Renaissance Festival

FEATURED EVENTS:

- NEW - HYPNOTIST SHOW
- 5K/ 10K RUN
- HEALTHY LIVING & FITNESS FESTIVAL
- GO GREEN DEMOS
- 3RD ANNUAL WORLD AMATEUR
- HIGHLAND HEAVY GAMES
- NEW - NATL. BIRD SHOW
- BELLY DANCE LESSONS
- BOCCE BALL TOURNAMENT
- 3RD ANNUAL PET FEST
- FREE BEER & WINE TASTINGS
- FREE VOW RENEWALS
- NEW - MEDITERRANEAN CARNIVALE
- NATL. HOMEBREW COMPETITION
- AND MUCH MORE . . .

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## City Budget Reduced

By Chuck Ahl, Assistant City Manager/Public Works Director

The City, just like many businesses, is seeing a reduction in the revenues necessary to operate the necessary City services. In response to these reduced funds coming into the City coffers, the City Council approved a plan for reduced expenditures and use of reserves to remain within budget for the remainder of 2009. To begin looking at the 2009 budget, the City looks at how it ended 2008. A shortfall of \$147,550 in ending 2008 was due to the failure in the last five days of 2008 of the state of Minnesota to provide their second half payment of Market Value Homestead Credit (MVHC) of \$244,473. [If the MVHC payment had been made, the City would have ended 2008, with an extra \$96,000 for property tax reduction in 2009] The MVHC is an amount that the state pays to the City to offset property owner property tax payments. To understand MVHC: the Maplewood Council determines and sets a budget each year. For example, let's assume that a Maplewood taxpayer has a tax payable to the City of \$100 to make the budget. Under MVHC, the state tells the taxpayer that they only need to pay \$97 and the state will use other revenues to pay Maplewood the remaining \$3, except in this case, the state does not make the payment, shorting Maplewood of the \$3.

In addition to the MVHC shortfall of \$147,550 in 2008, the state has again notified Maplewood that they will be unable to make the \$514,877 payment expected for 2009. Thus, Maplewood taxpayers will be short of \$662,427 from the state of Minnesota. Other revenue shortfalls are

\$264,000 in reduced tax payments due to a settlement by Ramsey County with valuations for 3M and properties at Maplewood Mall; \$500,000 in building permit and plan review fees, \$150,000 in reduced interest on city investments and \$40,000 in passport and licensing fees resulting in a reduction of \$1,460,000 in the taxes-supported General Fund. This is approximately 8% of the General Fund revenues, which accounts for many of the operating expenses, such as Police services, Fire services, Street services, Planning services and Administrative Services. Utility expenses, such as sewer, water, storm water, ambulance and recreational services are not impacted by this shortfall.

On July 20, 2009, the City Council approved a plan to reduce 2009 expenditures to address this revenue shortfall that included recognizing savings from lower fuel prices due to a contract negotiated that allows the City to buy fuel in 2009 at \$1.60 per gallon [\$103,000]; continue leaving 5 staff positions [3 in Public Works, 1 in Administration and 1 at Community Center] unfilled into 2010, which is a result of a hiring freeze in-place since October 2008 [\$258,000]; recognize two transfers and hiring delays of personnel [\$219,000]; recognize increased efficiency at Maplewood Community Center [\$80,000]; reduce support for recreation programs [\$43,000] and overall department reductions of 1.46% [\$264,000]. The total expenditure reductions from these revisions are \$967,000.

The City Manager has also negotiated agreements with all seven of the City's bargaining groups and unions that provide a Mandatory Leave program. This results in an additional savings of \$190,000. Mandatory Leave is an employee giveback of benefits where employees are not allowed to maintain leave balances for use in their extend illness accounts, retirement accounts or deferred compensation banks. In addition, contracts with employees now provide over 85% of the employees with health care coverage now are on high-deductible plans, where the employee pays for the first \$2,000 of medical expenses. This provision should help control the major growth in health care expenses and is estimated to save the City over \$200,000 in health care expenses going into 2010 and 2011.

The total reductions in 2009 expenditures are \$1,157,000 out of the \$1,460,000 revenue shortfall, meaning that the City will be spending \$303,000 of reserves in 2009. This reduction in reserves still allows the City adequate reserves to continue to make on-going expenditures and operating expenses at a safe level to allow all operations to continue. Impacts to services of some of the reductions may not be noticeable as staff attempts to deal with the reductions. Persons visiting City Hall may notice slightly longer waits for service due to the staff shortages, and there may be delays in clearing of parking lots, streets and sidewalks during snow events. Additionally, some building maintenance activities may be slightly delayed, although staff is working to minimize any inconveniences. At this point, police and fire personnel have not seen major personnel reductions in their 2009 budget. The Council is beginning deliberations on the budget and outlook for 2010 with the reduced reserves and reduced levels of staffing in place. Further hiring delays and staff vacancies are expected to approach 10 positions in 2010 and impact many other services. The Council discussions on the budget are anticipated to occur between September and November, with a final budget approved in December 2009. Watch for updates in future issues of the Maplewood City News.



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As tickets go on sale, you can use our convenient on-line ticketing to purchase your tickets.

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651-274-8020

## Coming Soon: Sustainable Trails at Maplewood Nature Center

Most visitors to the nature center are families and adults who come to hike the trails, watch birds and photograph wildlife. The nature center trails are being renovated this fall with visitor safety and enjoyment in mind.

The trail improvements will use sustainable trail design concepts. This includes strategies to reduce erosion and lessen negative environmental impacts. For example, the trail will be routed along the contour of a slope rather than straight downhill. Stretches of trail subject to spring flooding and erosion will be rerouted to drier land.

Sustainable trails are designed for specific users. For instance, because this type of trail avoids doing straight down a slope, and may have many tight curves, it is a great trail for hiking but not for cross-country skiing. Trails designed in this manner allow hikers to move through a natural area with minimal impact, and require less maintenance over time.

The nature center is fortunate to have many partners on this project including: Trail Source, will use a 4 ft. wide walk-behind grader to construct the trail. Then Minnesota Conservation Corps will do the fine grading work with hand tools. Community partners include St. Paul Audubon and Century College Field Biology students, who will be seeding and planting compacted soils to establish native vegetation. This project is supported by the City of Maplewood and by a Federal Park and Recreational Trails grant.

## Council Highlights

- Swore in new Firefighters James Johnson and Jeffery Morgan.
- Adoption of the 2010-2014 Capital Improvement Plan was approved.
- Approved the acceptance of a donation to the Maplewood Police Reserves.
- Approve the JAG2009 Stimulus Agreement.
- A Joint Powers Agreement with North St. Paul was approved.

## On The Police Scanner

In July, the Maplewood Police Department responded to 2,272 calls for service:

33 Assault Cases	6 Robbery Case
27 Burglary Cases	52 Theft Cases
42 Theft From Vehicle Cases	24 Auto Theft Cases
47 Criminal Damage to Property Cases	

Officers made 64 arrests for shoplifting and 15 arrests for DWI.

## Pride of Maplewood Award

Congratulations to Audra Robbins for being chosen as a Pride of Maplewood recipient.

Audra works in the Citizen Services Department, Recreation Division, as Recreation Program Supervisor. She started working for the City of Maplewood in 1999 at the Carver Gym, and has since been promoted to Recreation Program Supervisor. Audra is in charge of 26 programs for all ages ranging from preschool to seniors.



Edna Spangler, Office Specialist, Audra Robbins, Recreation Program Supervisor, & Terrie Rameaux, Human Resource Coordinator

"She is a very hard worker and devoted employee. Every morning during Day Camp days, Audra starts her day early to make sure all is ready for the first child that is dropped off."

"Audra works extremely well with the public, and receives letters about the fine service she provides to the citizens of Maplewood and all who take part in her programs."

"Audra goes above and beyond in her service to Maplewood."

Thank you, Audra, for all you do.

## A FESTIVAL FOR FAMILIES!!!

This fun family event is a safe place where you can bring the whole family to have a great time.

Fall Family Expo will include products, services, and activities for the whole family, along with samples, and lots of giveaways!

*Be a part of this awesome show!*



**Maplewood Mall**  
**St Paul, MN**  
**September 12 & 13**

Looking for more name branding? Sponsorships available!! Call for details!

### WHY EXHIBIT?

- Network with 25+ family-friendly vendors, non-profits, and organizations
- Introduce products/services to hundreds of families
- Sell products
- Gain 100s of leads for customers & recruits for your business

Reserve your booth today! 828-489-2961  
[www.InspiredProductionsInc.com](http://www.InspiredProductionsInc.com)

## Engineering News Fixing Deteriorated Streets

There are 180 miles of street within the city limits of which 135 miles are maintained by the city; the remaining mileage is maintained by the County and State. In 1999 the city council implemented a pavement management policy which gave direction to fix the older deteriorated streets and aging utilities within Maplewood. There has been a major investment since 1999 with many neighborhoods benefiting from new streets and utilities.

Reconstruction projects also provide an opportunity to clean stormwater runoff by removing pollutants. Constructing infiltration basins, ponds, porous pavement, and raingardens are techniques that help meet this goal before stormwater enters lakes and wetlands. The city of Maplewood is a leader in treating stormwater and continues to partner with the Ramsey-Washington Metro Watershed District for grant opportunities. Cities, universities, and various public entities across the U.S. periodically contact the engineering department for information on our successful raingarden program.

The condition of Maplewood streets continues to improve and the new infrastructure will last many years into the future. This year the staff engineers and technicians designed and prepared plans for

three projects, and are providing full-time construction inspection this summer and fall. The projects consist of County Road D from McKnight to Bellaire, Castle Avenue east of White Bear Avenue near the Goodwill (includes a roundabout at Castle/Vandyke), and the neighborhood streets south of County Road C, west of Hwy 61. If you have questions about the street reconstruction program you can contact the engineering department at 651.249.2400.

Also, please visit the city of Maplewood website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) to find out more about the engineering department and project information.

## Pedestrian Improvements

Installation of sidewalk and trail along existing roadways in coordination with street reconstruction projects has been a priority of the department. Recently sidewalk was installed along Hazelwood Street between Frost Avenue and Hwy 36, and on Beam Avenue between White Bear Avenue and McKnight Road. Also sidewalk is planned north and south of the Lakewood/Maryland intersection, after Ramsey County installs a traffic signal this year.

Installation of a portion of the Lake Links Trail along Lydia Avenue from Bellaire Ave to McKnight Road (and extending north along a portion of McKnight Rd) is planned this year, which will provide a necessary connection for this east-west regional trail.

The street maintenance department is also working with the engineering staff on preparing a construction plan to build a sidewalk on County Road C near White Bear Avenue, and also on English Street near Burke Circle.



## New! 3 Month Memberships

Enjoy **GREAT SAVINGS** with our **CONVENIENT, SHORT TERM, 3 Month Massage Membership.**

- \$165 (\$144 for MCC Members) for 3 one hour massages
- Unlimited additional massages during the 3 month membership at a great rate of \$52 (\$45 for MCC Members)

Call **651.249.2230** today!



2100 White Bear Avenue • [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

## Buckthorn Herbicide Coupon

Join the City's effort to remove buckthorn from Maplewood. To help with this important community environmental issue, these businesses are offering Maplewood residents a discount on buckthorn herbicide products. Bring your buckthorn brochure to make sure that you buy effective chemical concentrations! For more information, call the Buckthorn Hotline at 651.249.2188.

### Dege Garden Center: 25% OFF!

Concentrated Kills-All®, with surfactants (41% Glyphosate)  
Ferti-Lome® Brush and Stump Killer (8% Trichlopyr)  
831 Century Ave N., Maplewood, MN 55119 • 651.739.5296

### Gertens: \$5 OFF all Glyphosate products!

5500 Blaine Ave, Inver Grove Heights, MN 55076 • 651.450.1501

### Bachman's: 20% off Bonide® Stump and Vine Killer and Vine-X® products! (Maplewood store only)

2600 White Bear Ave • Maplewood, MN 55109 • 651.770.0531

Coupon Good through 10/15/09

## What Is A Historic Structure

What is a historic structure? What does one look like? How old does it have to be? The Maplewood Historical Commission pondered this very question during some of its recent meetings. The commission is currently working on a Proposed Historical Preservation Survey List that builds upon the work done by the commission ten years ago. The goal of the current Maplewood Historical Commission is to update the list.

In Ramsey County there are 110 structures on the National Register of Historic Places. There is only one structure that is on



the National Register in Maplewood. This is the Poor Farm Barn at 2020 White Bear Avenue. Some of the key factors for the National Register are age and integrity. The property

Poor Farm Barn in Maplewood, nationally registered as a Historic Structure

generally has to be old enough to be considered historic (generally 50 years) and retain as much as its original look as possible.

In 1997, the Maplewood Historical Commission identified "century homes" for sites that would be 100 years old for the 40th anniversary of Maplewood. This list is being used to find candidates for the final historic property list. Over the years many sites have been lost, but notable ones remain such as the Forest Lawn Cemetery Mausoleum and the Seaholm P. Gottfried House at 1800 East Shore Drive. For the next few meetings, the list will be revised and hopefully can be a guide to historical and architecturally significant sites in Maplewood.

There are still many sites in Maplewood that need to be documented. For instance, does anyone have a photograph of the 1970's orange and yellow interior of Maplewood Mall before the remodeling was done in the 1980's? Who could forget the circular food court in the center with the noisy wooden chairs that could be heard throughout the mall? Not everything has to be really old to have historical significance, sometimes it is a slice of everyday life that needs to be photographed, recorded and remembered for years to come.

## WINE & JAZZ FESTIVAL

Friday, October 23, 2009 (7:00 - 9:30PM)

Swirl, twirl & taste the greatest wines under \$20.00. With over 80 samples available there is sure to be something for everyone! Enjoy a variety of delicious hors d'oeuvres and impeccable jazz music from Alison Scott.

Tickets:  
\$30.00/advance • \$35.00/door

**A portion of proceeds will be donated to:**



[www.giveuswings.org](http://www.giveuswings.org)

**RESERVE YOUR TICKETS TODAY - CALL 651-249-2230!**



**MAPLEWOOD** Community Center **2100 White Bear Avenue**  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)







## Bennett Photography

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Note: The pool will be closed Sept. 6 - 11 for routine cleaning. It will reopen at 5:00PM on Sept. 11.

## October - April Building Hours

Monday-Friday 5:30AM - 10:00PM  
Saturday 6:00AM - 9:00PM  
Sunday 9:00AM - 9:00PM

### FREE Visitor Open House

**SUNDAY, OCTOBER 4, 11:00AM - 4:00PM**

Visitors are invited to be our guest for the day and enjoy a **FREE workout in the fitness center, play a game of racquetball, swim laps in the Aquatic Center, shoot hoops in the gym or simply relax and enjoy the hot tub.** Kids will enjoy the **FREE flotation event featuring the magic island**, a variety of inflatable toys and of course the **120-foot water slide.** Drawings will be held for **great prizes in including an annual membership, a theme birthday party, personal training packages, swim lessons, and more.**

Visit a wide variety of Health/Wellness and Recreation booths providing information on Massage Therapy, Lose2Win Weight Loss Challenge, Personal Training, Nutrition, Swim Lessons, Adult Recreation Leagues, Unique Programs (Zumba, Cooking, Guitar, Golf Lessons and CPR), MCC Child Care Memberships and more!

Discover for yourself why the **Maplewood Community Center was voted Readers Choice Award for Best Fitness Center for the 9th time!** Call 651.249.2230 or visit [maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com) for more information.

### Maximize Your Workout & Gain Results

Get educated on the proper setup and use of the MCC strength and cardio equipment with FREE fitness orientations for all members. Non-members are welcome for a fee of \$10.00 for ages 16+ and \$5.00 for youth 12-15. Adult orientations are not required but highly recommended for all new adult members. Youth fitness orientations are required for all youth between 12-15 years of age prior to being allowed in the fitness center. Parents are required to accompany each child during the youth orientation. Sessions are offered at a variety of times each week to accommodate all schedules. Register at the admissions counter or by calling 651.249.2210.

### CPR/AED and First Aid

After successful completion of the course participants will receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members). Call 651.249.2230 to register.

#### COMMUNITY CPR

(Adult & Child CPR/AED & Infant CPR)

**SATURDAY, OCTOBER 10, 10:00AM - 5:00PM**

## Meet Fitness Instructor Marcus Tupy



Meet Nationally Certified Group Exercise Instructor Marcus Tupy! Marcus has worked in the Fitness Industry for almost 10 years. He holds certifications in Personal Training, YogaFit, and Spinning. He has also attended several workshops specializing in Pilates and Core Training. Marcus enjoys teaching and motivating people to work to their

maximum potential. His motto is: Never give up and push forward to unlock all of the potential you are capable of!

### Visit one of Marcus's Classes:

**Core Training-** Mondays at 4:30PM

**Yoga-** Mondays & Wednesdays at 6:30PM

**Spinning-** Wednesdays at 5:45AM, Fridays at 5:30PM & Saturdays at 7:30AM

Visit [maplewoodcommunitycenter.com](http://maplewoodcommunitycenter.com) for a complete fitness schedule or call 651.249.2230 for more information.

**New Members Only**

# Buy 12 Get 2 FREE Months!\*

**\$0 initial fee**

**At The Visitor Open House Only**

**Offering More Than Ever Before.**

**Sunday October 4, 2009 11AM - 4PM**

**Call 651.249.2230 today!**

\*Annual memberships only



2100 White Bear Avenue - [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

# Preschool Programs

## Young Rembrandts

New! Pre-School Artastic Class "Learn to Draw"

**WEDNESDAYS, SEPTEMBER 23 - NOVEMBER 4, 5:45 - 6:45PM**

Young Rembrandts teaches pre-school children the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$60.00 per session.

## Music Together

**1. WEDNESDAYS, SEPTEMBER 23 - DECEMBER 2**

9:30-10:15AM OR 10:30-11:15AM

**2. SATURDAYS, SEPTEMBER 26 - DECEMBER 5**

9:30-10:15AM OR 10:30-11:15AM

**3. SUNDAYS, SEPTEMBER 27 - DECEMBER 6**

4:30-5:15PM OR 5:30-6:15PM

You'll move, dance, sing, play rhythm instruments and receive CDs and songbooks of the session's song collection so the fun and learning can continue at home. Music Together is for children from birth to age 6 and their accompanying adults. Class is held at the Maplewood Community Center and cost is \$160.00 for the first child and \$90.00 for each additional child. For more information visit [www.MusicTogetherClasses.com](http://www.MusicTogetherClasses.com) or to register call 651.439.4219.

## Exploring Nature & Taking Care Of The Earth

**SATURDAYS, OCTOBER - MAY, 10:00 - 11:30AM**

**SEE THEMES BELOW**

ECFE teachers collaborate with nature center naturalists for this unique series. Fun activities highlight a different theme each month with stories, crafts, puppets, and exploring in the woods. Adults learn about resources that help them become eco-friendly parents as well as ways to teach their children about the outdoors. Class takes place at Maplewood Nature Center, 2659 7th St. East and the cost is \$4.00 per child. Visit [www.isd622.org](http://www.isd622.org) or call 651.748.7280 to register.

<u>DATE</u>	<u>CHILDREN'S THEME</u>	<u>PARENTS TOPIC</u>
OCT 3, 2009	Forest Fun	Family Outdoor Tips
NOV 21, 2009	Meet the Live Animals	Animals in your Backyard
DEC 12, 2009	Forts (bring your own box)	Free & Green Winter Activities
JAN 16, 2010	Tracking Safari	Energy Conservation
FEB 13, 2010	Owl Families	Book Discussion
MAR 13, 2010	Wild Animal Olympics	Creating Outdoor Play Areas
APR 10, 2010	Sap into Syrup	Native Trees and Shrubs
MAY 1, 2010	Spring Pond Creatures	Rainwater Gardens & Barrels



**MONDAY, TUESDAY, & WEDNESDAY**

**SEPTEMBER 14 - DECEMBER 16, 9:30 - 11:00AM**

If your little ones between the ages of 3 - 6 love crafts, swimming, sports, music, and fun, then the MCC Kids Club is for you! The Kids Club meets in the MCC Activity Room. Your child will make new friends, learn new skills, and most importantly, have a great time! Sign up for one day or the whole week. Cost is \$7.00/day (\$5.00 for MCC members) or \$18.00/week (\$12.00 for MCC members). Pre-registration is required at least one week in advance of the class. Note: Parents do not need to stay at the MCC during our program but all participants must be potty-trained.

## Wonder-Fall Trees Puppet Show

**TUESDAY, SEPTEMBER 22, 10:00 - 11:15AM**

**AT THE MAPLEWOOD NATURE CENTER**

Help the puppets celebrate the first day of fall! Then hike along with a naturalist to look for trees and colorful leaves. Create a colorful leaf craft to take home. Best for children ages 3 and up with adult or small family daycares. Cost is \$3.00 per child. Call 651.249.2170 to register.



# Youth Programs



## Step it Up with MCC Youth Dance!

**THURSDAYS, OCTOBER 8 - JANUARY 14**

Help your children find their rhythm with Maplewood Community Center's Youth Dance Program. All classes meet once a week and are designed to promote teamwork and self-esteem. A group rehearsal and performance, held on January 16, will conclude the session. All classes and the final performance will take place at the Maplewood Community Center. Cost for all youth group dance classes is \$150 (\$140 for MCC members). Call 651.249.2230 for more information.

## Beginning Ballet & Jazz 5:30 - 6:15PM

This class is designed for beginners, ages 3 - 4 with little to no previous dance experience. The focus will be on improving motor skills, balance and listening and of course, having a good time! Costumes are included. Ballet shoes are required.

## Ballet & Jazz 7:05 - 7:50PM

Beginner level students (ages 3 - 8) will learn progressive classical ballet and modern jazz. Focus will be on improving motor skills, balance techniques and listening skills. Costumes are included. Ballet shoes are required.

## Beginning Tap & Jazz Combo 6:20 - 7:05PM

This class is designed for the beginner dancer (ages 3 - 8) who would like to try tap and jazz dance. The focus will be on the fundamentals of movement, balance, and listening skills. Costumes are included. Ballet and tap shoes are required.

## Tap & Jazz Combo 7:50 - 8:35PM

These classes are for students ages 3 - 8 who have taken previous tap and jazz class. Focus will be on improving technique and balance and will progress in difficulty.

## Schools Out!

**THURSDAY, OCTOBER 15- PINZ BOWLING / PIZZA LUNCH**

**FRIDAY, OCTOBER 16- MARCUS THEATRE / POPCORN & POP**

Are you looking for a great way to spend those non-school days? We have the answer for you! Send children ages 5 - 12 to the Maplewood Community Center! From 9:00AM - 4:00PM kids are invited for action packed days full of sports, swimming, crafts and more. AND check out our great field trips! Bring your tennis shoes, swimsuit, and towel and we'll bring the fun! Cost is \$35.00 per child.

## Unleash Your Child's Potential With The Power Of Martial Arts!

The Maplewood Community Center and the Edge Martial Arts, based in Stillwater offer a great karate program for kids and adults. Cost is \$60.00 (or \$45.00 for MCC members). **Register for 3 months and receive \$5 off each month.**

### Lil' Dragons Program

**MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6**

### Kids Beginner Karate

**MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12**

### Teen To Adult

**MONDAYS, 7:15 - 8:00PM**

**AGES 13 TO ADULT**

## Kids Cook One

**TUESDAY, OCTOBER 27, 6:00 - 8:00PM**

Your child will participate in cooking cheese calzones, dessert snacks, a sandwich on a stick, homemade lemonade and more! Children will also take part in a blindfold taste test and discuss their favorite and least favorite foods. Recipes will be sent home for later use! This program is best for children ages 4 -10 and meets in the Maplewood Community Center banquet room next to the kitchen. Call 651.249.2230 to register.



# Youth Programs

## Magic Class

**WEDNESDAYS, OCTOBER 7 - NOVEMBER 11, 6:00-7:00PM**  
**FREE DEMO DAY: WEDNESDAY, SEPTEMBER 30, 6:00-7:00PM**  
 In this class you will not only learn how to perform magic but also ways to take the magic you learn and make it your own. Every class teaches several skills which build on each other to help develop creativity, ingenuity, and gives the student the ability to learn magic on their own after the class is finished. Learn secrets which will astound your friends and family! Participants will receive a beginner "Magic Kit". This class is for participants ages 8 -14 and cost is \$70.00 (or \$60.00 for MCC members). Call 651.249.2230 to reserve your space!

## Young Rembrandts

**New! Elementary Artastic Class "Learn to Draw"**  
**SESSION ONE: THURSDAYS, SEPT. 24 - NOV. 5**  
**6:30 - 7:30PM**  
**SESSION TWO: SATURDAYS, SEPT. 26 - NOV. 7**  
**10:00 - 11:00AM**

Create amazing drawings! Discover drawing techniques like perspective and how to use warm and cool colors to deliver cool artistic affects. You will build artistic skills with step-by-step instructions from an enthusiastic and talented teacher. This class will expand your knowledge in art. Class will be held at the Maplewood Community Center and cost is \$48.00 per session.

## Youth Basketball Clinic

**THURSDAYS, OCTOBER 1 - NOVEMBER 5, (see times below)**  
 This clinic is designed for boys and girls in grades K - 5 who want to learn the basic skills of basketball or want to be introduced to a new sport. Participants will learn the basics first: rules of the game, the different lines on a court, dribbling, passing, shooting, offensive and defensive positioning, among other skills, leading to game play. Basketball hoop heights will be adjusted to meet the needs of participants. Each player will receive a cool clinic shirt! This is a great opportunity for your child to try something new. Cost is \$50.00 (or \$40.00 for members).  
 K - 1st 5:30 - 6:25PM  
 2nd - 3rd 6:30 - 7:25PM  
 4th - 5th 7:30 - 8:25PM



## NOW Is The Time To Learn To Swim

Visit one of the following businesses listed below and receive a **BIG SPLASH** coupon for **up to \$18.00 OFF** a fall swim lesson registration. This offer ends September 11, 2009.

## Simply The Best Price Around!

A highly rated swim lesson program for only \$50.00? That is less than \$7.00 for each class (8 classes)! *You must present the coupon at time of registration to receive the BIG SPLASH SAVINGS.*

**www.maplewoodcommunitycenter.com**  
**Call (651) 249-2230 for more information.**

## Where To Pick Up Your BIG SPLASH SAVINGS Coupon



*Cinderella*  
**November 20 - 22, 2009**  
 Friday - 7:30PM  
 Saturday - 7:30PM  
 Sunday - 2:00PM  
**Tickets \$12.00 - \$20.00**  
**Call 651-249-2230 to reserve your seat today!**

# Adult & Active Adult 55+ Programs

## **ADULT WILDFLOWERS AND SEEDS** **WEDNESDAY, SEPTEMBER 16, 4:00 - 6:30PM** **AT THE MAPLEWOOD NATURE CENTER**

Join the naturalist to collect seeds at our various open space sites. There will be an orientation on the first evening to a variety of plants and their seeds. Participants will carpool to the sites. Instructions provided for stratification of seeds for starting a flat at home next winter. Cost is \$5.00 per person, call 651.249.2170 to register. Program is free to open space monitors, and nature center volunteers.

## **Intro To Pasta Dishes**

**TUESDAY, OCTOBER 6, 6:00 - 8:00PM**

This is the perfect cooking class for adult beginners! Learn how to make five delicious pasta dishes including pasta lazio, alglio olio, shrimp in a creamy roasted red pepper sauce, and spinach basil pesto accompanied with an assortment of Italian bread and salad with balsamic vinaigrette. This two-hour session will include all ingredients, materials, recipes and dinner. Be sure to bring your appetite – there will be lots to eat! Cost is \$55.00 (or \$50.00 for MCC members). Call 651.249.2230 to register.



## **Table Tennis League**

**SEPTEMBER 26 - DECEMBER 5**

Join a Table Tennis league at the Maplewood Community Center! The MCC is offering an adult co-ed community league. A schedule of weekly pairings will be generated for the league participants. League members call and arrange a time to play each other for the week they are paired. Fee includes table usage and a FREE package of 3-star balls. Schedules will be available for pick up with the balls beginning Monday September 21st. Remaining schedules will be mailed out September 23rd. Registration deadline is September 18th. Cost is \$45.00 (or \$30.00 for MCC members).

## **MCC Monday Cards & Soup**

**MONDAYS, 11:30AM - 1:30PM ONGOING**

All level of card players are welcome. We provide the cards and tables while you have fun and meet new people. Open to everyone so bring your friends! The cost is \$3.00 (\$1.00 for Non-MCC Members w/o soup lunch) and is paid at the door. *Soup lunch includes a bowl of soup of the day, crackers and a beverage.*

## **Grab Bag Bingo**

**SEPTEMBER 3 - DECEMBER 3**

**The First Thursday Of Each Month, 1:00 - 2:30PM**

Join us for a fun, new twist on Bingo the first Thursday of each month in the Maplewood Community Center Banquet Room! Ten or more games are played and the winners choose from an assortment of grab bags. Costs is \$2.00 at the door. Coffee and treats are provided!

## **FREE Senior Health Seminars**

**MONDAYS, 10:30 - 11:30AM** (unless otherwise noted)

**SEPTEMBER 14:** Prescription Drug Coverage and RX Connect Find information about resources available to pay for prescriptions at a lower cost during the "gap" or for those without insurance. Offered in conjunction with Metropolitan Area Agency on Aging.

**SEPTEMBER 21:** Know the 10 Signs: Early Detection Matters

This class will provide information about the difference between normal aging and Alzheimer's disease, the benefits of early detection, risk factors for dementia, what is involved in getting a diagnosis, as well as tips to follow up on any concerns that attendees may have about themselves or someone they care about. Offered in conjunction with Alzheimer's Association.

**SEPTEMBER 21:** Life Write w/LauraRose Paradise

Have you ever wanted to tell your story or parts of your life story? Has your family ever asked about you and your life or about certain times in your life? This is an opportunity to remember and tell stories. **(TIME FOR SEMINAR IS 11:30-12:30PM)**

**SEPTEMBER 28:** Karaoke (specialized for seniors)

Join other seniors for this fun time of singing and socializing. Offered in conjunction with Synergy Home Care.

**OCTOBER 19:** Life Write w/LauraRose Paradise

(See description above)

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(See description above)

**OCTOBER 19:** Life Write w/LauraRose Paradise

(See description above)

## **Hike Fish Creek (FREE)**

**SATURDAY, OCTOBER 17, 1:00 - 3:00PM**

**Sponsored by Friends of Maplewood Nature Center**

Discover the beauty of Maplewood's southern most Greenway. Fish Creek has been in the news lately. Local citizens want to preserve it's valley and surrounding bluffs. Hike along the creek to experience the natural environment and learn about it's history and value to biodiversity. The fall colors will be an added benefit for all. Be prepared for primitive trails and uneven terrain. Meet at the Maplewood Nature Center. Call 651.249.2170 to register by October 15.

# Family Programs & Fitness

## Going Green With Granny

SATURDAY, SEPTEMBER 12, 10:00 - 11:30AM

This is a hands-on, outdoor cooperative learning class for 5-10 year old children and a grandparent or parent who is still a kid at heart. Fine tune your senses for animal watching in the woods and pond. Grab some gloves and pitch in to help make the nature center a better place for wildlife. Taught by Rita Hussman, a real life grandmother! Cost is \$5.00 per family, please call 651.249.2170 to register at the Maplewood Nature Center.

## T'ai Chi Ch'uan

WEDNESDAYS, OCTOBER 7 - DECEMBER 9, 7:30 - 8:30PM

Join us on Wednesdays from 7:30PM - 8:30PM for this fun and exciting class! T'ai Chi Ch'uan, practiced in China for 2500 years, uses slow relaxed movements to develop strength while eliminating tension. While doing so you will strengthen your arms and legs, improve balance and flexibility, reduce stress and help increase energy levels. A growing body of research also suggests that practicing T'ai Chi Ch'uan has many benefits for seniors, including a reduced risk of falling and a significant improvement in quality of life! Come experience the benefits for yourself! Cost is \$65.00.



October 13 - November 19, 2009

Tuesdays & Thursdays 12:00 - 12:45PM

Meet twice a week for Fitness and Nutritional education that will motivate you to either Kick-up your current fitness routine, or perhaps get you "back on track". The program offers seminars and workshops that focus on nutrition and fitness topics. These lunch and learn meetings are not workouts, but rather a time to gather important information on maintaining an appropriate weight and a healthier lifestyle! Bring your "brown bag" and join us for the **Lunch Time Lose2Win Educate2Motivate program!** Registration opens Monday, September 14 and closes Friday, October 9. Cost is \$99 (\$79 for MCC members) (\$129 includes a 10-visit pass card which allows access to the entire facility) Full payment is due upon registration. Registration fee includes all Fitness & Nutritional Seminars, SloMo Ball, Thera Band, and a Journal. Visit [www.maplewoodcommunity-center.com](http://www.maplewoodcommunity-center.com) or call 651.249.2230 for more details!

Meet: KRISTEN ROLFZEN

3rd Degree Black Belt PowerKick  
& KarateCore Instructor



Kristen's passion is teaching others about fitness and exercise, while still teaching students how to defend themselves, feel safe, and most importantly feel confident. She is committed to learning new techniques, and challenges herself and her students to reach their highest fitness potential.

## KarateCore

MONDAYS, SEPTEMBER 28 - NOVEMBER 2, 10:30 - 11:30AM

FREE DEMO DAY: MONDAY, SEPTEMBER 21, 10:30 - 11:30AM

This high-intensity program challenges your core from the inside out, burns calories and develops strong powerful bodies. Join Kristen Rolfzen, 3rd degree black belt with over 15 years of experience, in Martial Arts as she mixes Pilates, Yoga, and Karate techniques to reach your highest fitness potential. Experience the benefits of cross training! Cost is \$48.00 (or \$36.00 for MCC members). Call 651.249.2230 for more information.

## PowerKick

SATURDAYS, OCTOBER 3 - NOVEMBER 14, 5:30 - 6:15PM

FREE DEMO DAY: SATURDAY, SEPTEMBER 26, 5:30 - 6:15PM

PowerKick invites you to jab, hook and snap kick to a leaner toned body in this great full body cardio workout program!!! PowerKick combines basic kickboxing techniques and boxing drills on snap pads. Great for all fitness enthusiasts! This class is choreographed to challenge both the mind and body and is an invigorating, stress-relieving workout. Encourage a "sparring" partner to register with you or participants will be partnered in class. Gloves are required and are sold at the MCC pro shop. Cost is \$48.00 (or \$36.00 for MCC members). Call 651.249.2230 for more information.



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### Caught Recycling: \$50 Winner!

The Dobihal family at 1276 Lark Avenue is the lucky winner of \$50 for recycling during the month of August. Each month through December, one randomly selected resident from each of Maplewood's five trash/recycling districts will be caught recycling and will be the winner of \$50. The recyclables must be on the curb by 7:00AM. It's that simple!

When asked why they recycle, most people say that "it's the right thing to do." But, the 3 E's of Recycling- Energy, Economy and Environment- provide three more good reasons to recycle. Recycling provides many economic and environmental benefits including dramatically reducing the need for landfill space, reducing CO2 emissions, reducing water and energy consumption and conserving natural resources. For more information, call the Recycling & Disposal hotline at 651.633.EASY (3279).



**FREE Educational Seminar at the MDC**  
**Thursday, September 17 at 6:30PM**  
Learn how to take advantage of your  
**\$8,000 Tax Credit that expires 12/31/2009**  
Please call to reserve your spot.

  
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 (651) 388-6228

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**Ryan Colbert**  
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 651-225-2700 [www.cccu.com](http://www.cccu.com)





# Maplewood Monthly

October 2009 City Newsletter

## Save The Date

- **Bridal Expo**  
Saturday, October 17 See pg. 5  
12:00 - 4:00PM  
at the Community Center
- **Wine & Jazz Festival**  
Friday, October 23  
7:00 - 9:30PM  
at the Community Center
- **Fall Clean-Up**  
Saturday, October 24  
8:00AM - 1:00PM  
at Gethsemane Lutheran Church

Fall Family Activities on Page 8!

2 Fall Clean Up

3 Council Corner

5 Bridal Expo

5 Deer Management

7 Your Sewer System

8 Fall Family Fun

9 Youth Dance Classes

10 Buckthorn Pull

10 Adult Programs

11 55+ Health Seminars

## SPOOKY SPLASH! A Spell-Binding Low-Scare Adventure For The Whole Family

Saturday, October 24 , 5:30 – 8:30PM  
Maplewood Community Center, 2100 White Bear Avenue

Families looking for a spooky, splashin' good time need look no further than the Maplewood Community Center, home of the city's annual Halloween celebration, "Spooky Splash." This event is unlike any other combining all of the fun the Community Center has to offer! The aquatics center is transformed into a "spooky environment" with only underwater lights and dimmed overhead lights providing illumination. Those looking for a drier Halloween experience can

stop by the gym to participate in the costume contest, **Fright Farm's Low Scare Haunted House** or coloring contest. Youngsters are also invited to touch and see the MN Hognose snake, tiger salamander and toad brought in by the nature center. Come to win great prizes including gift certificates to Cub Foods, Toys-R-Us and Target! Mini-games will also be available including a freaky fish pond and, the Halloween classic, apple bobbing!

The Community Center concession stand will also be open for those looking to grab a quick bite. Enjoy delicious snacks such as pizza, hot dogs, warm pretzels, nachos and more! This event is free for MCC members and the cost of daily admission for non-members. For more information, call 651.249.2230.



An Awesome New Addition!



Thank You To



**VOTE In The Municipal Election On NOV. 3, 2009!**  
On the ballot for Mayor:

Diana Longrie and Will Rossbach

**For Council (Vote for up to two):**

Rebecca Cave, Dave Hafner, Kathleen Juenemann and James Llanas.

For more information, visit the city website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "vote". Or contact Karen Guilfoile at 651.249.2002 or [karen.guilfoile@ci.maplewood.mn.us](mailto:karen.guilfoile@ci.maplewood.mn.us).

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on  
 "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council Workshop: Monday, October 5 at 5:00PM  
 City Council: Monday, October 12 & 26 at 6:30PM

Community Design Review Board: Tuesday, October 13 & 27 at 6:00PM

Environmental & Natural Resource Commission: Monday, October 19 at 7:00PM

Housing & Redevelopment Authority: Wednesday, October 14 at 7:00PM

Citizen Forum: Saturday, October 3 at 10:00AM

Park & Recreation Commission: Wednesday, October 21 at 7:00PM

Planning Commission: Tuesday, October 6 & 20 at 7:00PM

Historical Preservation Committee: Thursday, October 15 at 7:00PM

Public Meeting on Fish Creek Natural Area: Thursday, October 1 at 7:00 pm

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.



### Grow Your Business!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

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 Community Center

## WINE & JAZZ FESTIVAL

Friday, October 23, 2009 (7:00 - 9:30PM)

Swirl, twirl & taste the greatest wines under \$20.00. With over 80 samples available there is sure to be something for everyone! Enjoy a variety of delicious hors d'oeuvres and impeccable jazz music from Alison Scott.

Tickets:  
 \$30.00 in advance  
 \$35.00 at the door

**RESERVE YOUR TICKETS TODAY - CALL 651-249-2230!**

**2100 White Bear Avenue • Maplewood, MN 55109**  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

## Fall Clean-up

**SATURDAY, OCTOBER 24, 8:00AM TO 1:00PM**

**Gethsemane Lutheran Church, 2410 Stillwater**



Maplewood residents, with proof of residency, will be able to dispose of appliances, tires, construction debris, mattresses, furniture, car parts, scrap metal, other assorted junk, and all electronic equipment such as televisions,

computers, monitors and cell phones. **NO BRUSH OR TREE WASTE WILL BE ACCEPTED.**

Last year a new Minnesota State law required electronics manufacturers to help pay for the recycling of e-waste which allowed Maplewood to waive the disposal fees that we charged in the past. However, manufacturers reached the recycling goals set by state law sooner than expected, and are no longer required to accept e-waste for free. Since the City must now pay for the disposal of e-waste, re-establishment of past fees is necessary.

Bicycles in any condition will be collected by Re-Cycle, a used bicycle shop in Minneapolis. Many of the bicycles will be restored and returned to the road for re-use. Others will be stripped for parts. A re-used bicycle saves approximately 175 pounds of carbon dioxide emissions by reducing the need to produce a new bicycle. For more information, visit [re-cycle.com](http://re-cycle.com).

In conjunction with this event, Maplewood will also be sponsoring a food drive for the Second Harvest Food Bank. Containers will be set up to collect food items. Tuna, peanut butter, macaroni and cheese, canned soups and vegetables, infant items, dried foods and cash are needed.

### COLLECTION FEES (CASH OR CHECK ONLY)

TYPE OF LOAD		E-WASTE	
Cars without a trailer	\$15	Televisions	\$10
Cars with a trailer	\$20	Computers	\$15
Pickup Trucks	\$20	Printers	\$5
Large loads	\$50+	DVD/VCR	\$10

### INDIVIDUAL ITEMS

Car tires on or off rims	\$4
Appliances	\$15

Please call 651.249.2400 with any questions that you may have.

## Take The Energy Challenge

By Shann Finwall, AICP, Environmental Planner

The average Maplewood household spends over \$4,000 a year on energy use - learn how to save energy and money with the Minnesota Energy Challenge! The Energy Challenge is a pledge where you can promise to take one or more actions to reduce the annual energy use of your household. When you take the Energy Challenge, you also join the City of Maplewood's team and help us achieve our goal of 200 households pledging! To take the challenge, visit [www.ci.maplewood.mn.us/sustainability](http://www.ci.maplewood.mn.us/sustainability) and click on the Energy Challenge emblem to add your savings to our team.

The City of Maplewood will be taking great strides toward energy conservation with the creation of an Energy Efficiency and Conservation Strategy. The strategy will describe the city's energy goals to provide a roadmap for reducing energy use and lowering energy costs for government, business, and residents. The Environmental and Natural Resources Commission will be reviewing the draft goals in October. To participate in the discussion and share your ideas, please join the commission on October 19 at 7:00PM or share your ideas with the commission staff liaison, Shann Finwall, at 651.249.2304 or [shann.finwall@ci.maplewood.mn.us](mailto:shann.finwall@ci.maplewood.mn.us).



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## Reflections...

My past City News articles have reported on subjects ignored by the local shopping news. It is truly amazing how government and its supporters work very hard to hide the facts and reality of what government does. These dirty little secrets have at times sickened me and hardened my opinion that government is the problem, not the solution. For my last article I will reflect on the last 4 years.

## Biggest accomplishments

1) Reducing the growth of government and voting for a \$0 Budget increase in 2008. 2) Voting to hire more Police Officers and Firefighters in 2007 and 2008. 3) Voting to eliminate over \$1 million in annual Management payroll in 2007.

**What I am most proud of:** 1) The citizens and Wood Smoke Task Force members that defied threats of Police action to resist Councilmember Rossbach's attempt to ban backyard recreational fires in Maplewood. At the March 26, 2009 Smoke Task Force meeting, Councilmember Rossbach threatened Police action against residents who challenged his effort to include the word "visible" smoke in the current City ordinance regulating recreational backyard fires. It is impossible to have a fire without some kind of smoke and if Councilmember Rossbach had succeeded, a total ban would have resulted. When threatened by Councilmember Rossbach, they stood firm and prevailed. 2) The re-introduction of discussion and debate at City Council meetings. I will be the first to admit that I often complain about meetings lasting until midnight. But after years of 5-0 votes, citizens being denied a voice, and a complete lack of any discussion with closed door meetings and limited access, it is refreshing to once again have vigorous debate and dissension. The only people who benefit from a "quiet" and "peaceful" City Council are the politicians themselves who shun any scrutiny. Sadly, there is no objective local media so most people have to watch the meetings on Cable TV to find out what their government is doing. I have sat between 2 council members for almost 4 years that regularly comment on how much a "hassle" citizens are. They routinely complain about having to "listen" to taxpayers at public hearings. The voters deserve to see this conduct for themselves and ALL City meetings are now televised.

**What I regret:** 1). Accepting the 2005 Campaign endorsement of the City employee Labor Union, AFSCME. I never took their money, but I sincerely regret accepting their endorsement. City Council persons work for the Citizens, not the employees. Maplewood is blessed with many excellent City employees that work very hard to deliver first class services. Having been threatened by AFSCME union officials from Council 5 in South St. Paul, I never should have accepted their support and I do apologize to the taxpayers for that. 2) Not taking Campaign "donations" when running for election in 2005. By NOT accepting ANY campaign "donations", I have been vilified and attacked by many simply because they could not

control me. I actually had a land developer explain to me how he "donated" cash via his extended family and friends in amounts under \$100 (not reportable) to various politicians (some currently in office) in Maplewood. This person had over 50 people making such contributions. The supposed \$300 "donation" limit is ignored routinely. To be clear, I did mistakenly make an "illegal" campaign donation from my own company to myself and was fined by an administrative judge for the infraction. The fact that I had corrected the mistake PRIOR to being "discovered" did not matter. Bribing yourself is a punishable offense in MN. Making \$99 "donations" via 50 friends and relatives is perfectly legitimate. 3) I regret never pushing for "even year" City elections. Our current system of "odd year" elections favor the Unions and special interest groups that control a few motivated partisans that sway the election process. The current system also costs taxpayers extra money. 4) In addition to having even year elections, Maplewood needs to change its current system of government from PLAN B, to a Charter City. Plan B cities rely on a City Manager who controls everything. The only option a City Council has in PLAN B to assert authority over a City Manager is termination. There is a reason why only a handful of Cities in MN have PLAN B governments, it simply encourages bad government. Citizens that create their own Charter, can determine their own rules and controls over government and represent true democracy.

## The most shameful

The 2008 City Council vote to give a double retroactive pay raise to the Managers Union. Rossbach, Juenemann, Nephew voted YES; Longrie, Hjelle voted NO. The Council Majority allowed the interim City Manager (a founding member of the Managers Union) to hand out Double Retroactive pay raises to Department Heads. If Maplewood was a Charter city, the citizens could have re-called the Council members who voted for this.

## What I will NOT miss

1) Taxpayers complaining about high property taxes, and when asked who they voted for, they name a Councilmember who voted to RAISE their taxes! My response to them is pretty simple, STOP VOTING FOR PEOPLE WHO RAISE YOUR TAXES! The 2009 Maplewood City Budget increased by almost 3%. Rossbach, Juenemann, Nephew voted YES; Longrie, Hjelle voted NO. The current majority is looking to increase the 2010 budget another 5% with higher fees as well. Did you get a 5% pay raise this year? The Social Security increase for 2010 is slated to be 0%! Stop blindly following some political party or Union and vote for yourself!

## My advice to new Councilmembers

1) Verify, Verify, Verify. In August, I discovered that the City was violating its own ordinance on spending authority. I had voted in 2006 to make the ordinance a \$5,000 spending cap on non-budgeted items. The ordinance had been \$10,000. In 2008, the Council Majority (Rossbach, Juenemann, Nephew) voted to set a policy

-continued on next page

-continued from page 3

spending limit of \$10,000 but never voided the city ordinance limit of \$5,000. Since ordinance is law and policy is not, ordinances trump policy. So since the vote in 2008 to change the policy, the City has been violating its own ordinance. Of course nobody is going to make government accountable and these violations will be ignored, but a Councilmember needs to verify, verify, and verify everything. Next time the City issues you a citation/ speeding ticket, tell them you "forgot". That excuse worked for them.

I never ran for City Council to be "liked" by anyone. I never ran for City Council to be "hated" by anyone either. I have been threatened by Union bosses, land developers, terminated employees, current employees, survived two lawsuits, and a "coincidental" tax audit initiated by a political/union opponent. I promised the day I was sworn into office that I would never run again. I never took money from anyone (except myself). I never backed down to anyone's threats and for that I can sleep at night without any reservation. Remember those that serve this great country and never forget the sacrifices of those that paid the ultimate price for our freedom. I would rather die on my feet, than live on my knees. Goodbye.

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*



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Director: Debbie Wells

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Nixle is a Community Information Service providing one source for access to credible real-time community information.



Nixle is a free service that allows you to receive trusted, up-to-the-minute, neighborhood information for where you live, work, visit - or for where your family and friends are located throughout the country.

You choose the information you want, for the locations you want, from urgent public safety alerts to less time sensitive advisories and community information. The information can be received over your cell phone, by text message, by email, or over the web. Stay connected to what is happening in the communities and the locations that are relevant to you!

Registration is FREE, SIMPLE, and SECURE. Visit [www.nixle.com](http://www.nixle.com) and click "Register Now".



# Cinderella

**NOVEMBER 20 - 22**

**FRIDAY - 7:30PM**  
**SATURDAY - 7:30PM**  
**SUNDAY - 2:00PM**

Thank you to 

**Get Invited To An Exclusive Cinderella Tea Party!**

Purchase one of the first 100 tickets sold to each show and be invited to an exclusive tea party. Take photos with Cinderella and the Prince, enjoy refreshments, and get your very own princess crown. Buy your tickets today to take advantage of this exclusive opportunity!

**MAPLEWOOD Community Center** **TICKETS \$12.00 - \$20.00**  
**CALL 651-249-2230 TO RESERVE YOUR SEAT!**

## Fall Bridal Expo

**SATURDAY, OCTOBER 17, FROM 12:00 - 4:00PM  
AT THE MAPLEWOOD COMMUNITY CENTER**

Meet with dozens of Minnesota's top wedding professionals and learn about everything from cake and catering to flowers and photos. Offering a comprehensive collection of vendors including event planners, photographers, florists, DJs, and transportation specialists, the Maplewood Community Center Bridal Expo is your one-stop wedding planning resource.

Bring your family, your friends, and of course, your wedding party for a day of fun, food, and fashion! Maplewood Community Center caterers will offer exquisite samples of their wonderful cuisine. Be sure to stay long enough to see our fabulous fashion show sponsored by Wedding Connection. From the perfect bridesmaid dress to the perfect bridal up-do, this show will feature a variety of looks, including the must-see fashions of fall! While you are there register to win one of our many fabulous door prizes including three complimentary tuxedo rentals from Savvi formalwear, luggage from Countryside Travel, or a weekend getaway package courtesy of Wild Mountain (package includes a one night hotel stay, lift tickets and ski or snowboard rental for two). To purchase your tickets, call 651.249.2230. Tickets are \$5.00 in advance and \$7.00 at the door.



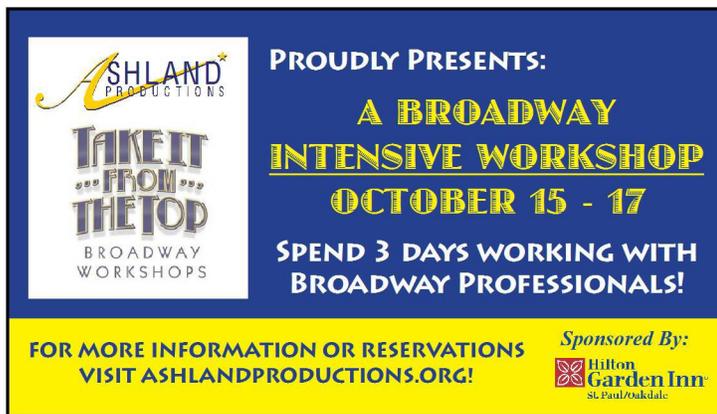
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## Deer Management

**By Ginny Gaynor, Natural Resources Coordinator**

This fall, the City of Maplewood will conduct archery deer hunts at Priory Neighborhood Preserve. The hunts are part of a cooperative effort between Maplewood and Ramsey County. The county will conduct archery deer hunts on selected county lands, including Fish Creek Open Space and Battle Creek Park. The Priory Preserve is closed to the public during the hunts: September 25-27, October 9-11, October 31-November 1, and November 20-22.

Deer numbers in Ramsey County exceed the Minnesota Department of Natural Resources recommendations for a healthy deer herd. A high deer population impacts public safety through deer/car collisions, and high deer numbers also adversely affect vegetation on public and private lands.

As in prior years, the hunts are held with the assistance of Metro Bowhunters Resource Base (MBRB). Archers for this year's hunt have already been selected. People interested in future hunts can contact MBRB at [www.mbrb.org](http://www.mbrb.org). All participating hunters take a DNR archers safety class, a shooting proficiency test, and follow special hunt rules.

To learn more about deer population trends in Maplewood, please join us for a free presentation by John Moriarty, Natural Resources Manager for Ramsey County Parks (program details below). John has coordinated the hunts in the county since 1999 and conducts the annual aerial deer survey.

### DEER MANAGEMENT IN MAPLEWOOD (FREE!)

WEDNESDAY, OCTOBER 14, 7:00 - 8:30PM  
AT THE MAPLEWOOD NATURE CENTER

Learn how the city and county are managing deer populations. Find out how to deter deer from your landscape using fencing and plants that are less desirable to deer. Call 651.249.2170 to register.

### On The Police Scanner

In August, the Maplewood Police Department responded to 2,197 calls for service.

23 Assault Cases	3 Robbery Cases
29 Burglary Cases	153 Theft Cases
21 Auto Theft Cases	40 Theft from Vehicle Cases
50 Criminal Damage to Property Cases	

Officers also made 66 arrests for shoplifting and 17 arrests for DWI.

## Maplewood's Big Tree Registry



Do you have a really BIG tree in your neighborhood? Maplewood is searching for its largest trees to list on the new Maplewood Big Tree Registry. This fall volunteers will be following-up nomination leads by measuring the tree's circumference, height and crown spread. Your nomination could be the champion of its species. The link to the nomination form is on the City's Tree page: <http://mn-maplewood.civicplus.com/index.aspx?NID=396>. Mature trees are an important part of our community. They help us by:

- Reducing air pollution and releasing oxygen
- Slowing soil erosion and storing storm water
- Reducing noise and trapping dust
- Sheltering us from sun and wind
- Increasing property value
- Providing food and shelter for wildlife
- Giving beauty and relieving emotional stress

## Pride of Maplewood Award



Police Sergeant Flint Karis and Police Officer Brett Kroll

Congratulations to Officer Brett Kroll for being nominated for the Pride of Maplewood Award.

Officer Kroll joined the Maplewood Police Department in 2001. He was nominated for his excellence in service to the residents of Maplewood.

"Officer Kroll sets the highest standard for customer service and genuine compassion and empathy for citizens experiencing stressful event in their lives." Example: At a domestic disturbance where children are present, Officer Kroll will talk with the children about their favorite video games and help distract their thoughts and put them at ease.

"He is straightforward with teenagers about their options, never judgmental, and has the ability to help them find solutions to the conflict at hand."

Thank you and congratulations Officer Brett Kroll for your service to the Maplewood Police Department and the citizens of Maplewood.

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651-340-3810      kristina.bennettphoto@yahoo.com

Girl Scouting builds girls of **courage**, **confidence**, and **character**, who make the world a better place.

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800-845-0787 • [www.girlscoutsv.org](http://www.girlscoutsv.org)

## Your Sanitary Sewer System

### Overview

Your sanitary sewer system is very much like your water heater—you don't think about it much until it doesn't work. If only one section of plumbing does not drain, it is usually an internal plumbing problem. However, if no drains work or the entire system drains slowly, or the worst case scenario occurs, waste water comes back up through the basement floor drain, the problem is outside of the house in either the sewer service line or the sewer main.

### Upgrades and Maintenance

The Public Works Department has continued to repair or replace many miles of sewer main in conjunction with road reconstruction projects. This investment ensures the continued reliability of the system which is comprised of 155 miles of sewer main pipe and 9 lift stations. Upgrades also include fixing locations where groundwater (infiltration) or rainwater (inflow) enters the sewer system. The sanitary

sewer system is not designed to treat clean water. Groundwater and rainwater is design to enter the storm sewer system (not sanitary) which travels to ponds and lakes, not a treatment plant.

### Blockage or Backup

If you suspect a blockage outside of your house, contact the public works department at 651.249.2400 (or call Maplewood Police at 651.777.8191 after normal business hours). Our utility department will check the sewer main through a manhole to determine if there is a blockage in the sewer main line. If there is no problem in the street, the blockage is probably between the house and sewer main line. Tree-root invasion, at the old style clay pipe, is a common problem where mature trees exist. If there is a blockage in the sewer service line, it is the homeowner's responsibility. Our utility department requests that they be notified before your sewer service line is cleaned. When a service company cleans the line, tree roots and sewage is pushed into the main line which can cause sewer backups to other homes.

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10,000 Different items

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Needs Under One Roof

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651-748-1185 **HALLOWEEN EXPRESS**

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[www.nightmarehalloween.com](http://www.nightmarehalloween.com)  
Visit the webfright for a chance to win FREE tickets.

## Make Halloween A Treat For Your Teeth



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**Northeast Professional Center**  
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SW Corner of Hwy 36 & White Bear Ave.  
**651-770-3831**  
[www.maplewooddental.com](http://www.maplewooddental.com)



**MAPLEWOOD DENTAL ASSOCIATES, P.A.**

# Fall Family Fun

## Fall Farm Harvest & Pumpkin Patch Trip At The Hugo Animal Farm

WEDNESDAY, OCTOBER 7, 10:00AM - 1:30PM

This trip has all the ingredients for a perfect day of fun! We'll enjoy a hayride to the pumpkin patch to pick the perfect one to carve. Come see the bees make honey, pet farm animals, milk a dairy goat, dress a scarecrow and more! There is even a hay maze to explore. We'll round out the fun with a picnic lunch (weather permitting). All tours are guided by Farm Experts who are dedicated to providing a safe, enjoyable and educational time for visitors. Cost is \$12.00 per person – This includes tour, pumpkin, transportation and picnic lunch. Call 651.249.2230 to register.

## Halloween Hike

FRIDAY, OCTOBER 16, 7:00 - 9:00PM

AT THE MAPLEWOOD NATURE CENTER

Participate in some "batty" activities as you hike the nature trail at night with no flashlights and meet some giant nature characters. If weather permits we'll tell stories and have treats around the campfire. Educational with an element of surprise! Great for families with children ages 5-10. Cost is \$8 per child, prepayment requested. Call 651.249.2170 to register.

## Holiday Craft Fun!

THURSDAY, OCTOBER 29, 6:15 - 7:15PM

Celebrate Halloween! Children ages 4-8 are invited to the Maplewood Community Center to create a fun and easy spooky craft, guaranteed to put you in a festive mood. We'll have fun music playing and a delicious snack prepared so grab your paint shirt and come join us for a great time! Cost is \$7.00 and pre-registration is required one week prior to class date. Call 651.249.2230 to register.

## Halloween Hoedown

FRIDAY, OCTOBER 16, 6:00 - 9:00PM

Join the Maplewood Historical Society at the Maplewood Community Center, 2100 White Bear Avenue for a family-fun evening of music by Kidsdance, dancing, art projects, games and contests, fish pond, pumpkin painting, silent auction, food, DMC cards, and the Spooky Room. Admission includes 4 tickets for activities or food and is \$3.00 for children and \$5.00 for adults. Don't forget to wear your costume! 651.748.9009



RAMSEY COUNTY SHERIFF'S DEPARTMENT

# FRIGHT FARM

## HAUNTED HOUSE

RAMSEY COUNTY FAIRGROUNDS BARN  
WHITE BEAR AVE & FROST AVE, MAPLEWOOD

OCTOBER 9-10, 16-17, 23-24, 30-31

7PM - 10PM  
ONLY \$7.00!

WARNING! DO NOT COME ALONE!

NOT RECOMMENDED FOR YOUNG CHILDREN!

FOR THE KIDS: Low-Score Matinee  
Sunday, October 25, Noon - 4pm

www.frightfarm.org

# TRICK-OR-TREATING

A SPOOKTACULAR EVENT WITH ACTIVITY STATIONS

CHANCES TO WIN GREAT PRIZES!

Visit Simon Guest Services, located lower level Macy's to receive your trick-or-treat goodie bag to bring to participating stores.

**MAPLEWOOD MALL**  
Mall-Wide Trick-or-Treating  
Saturday, October 31st  
4:00 - 6:30 pm

Masks are allowed only on children 12 years old and younger. No toy weapons. Costumes should be worn only during event hours.

Located two blocks South of Hwy 694 on White Bear Avenue.  
Shopping line ☎651.770.5020.

SIMON more choices

# Youth Programs

## Feed The Animals FREE!

SATURDAY, OCTOBER 31, 10:30 - 11:30AM  
AT THE MAPLEWOOD NATURE CENTER

Meet our snake, toad and salamander. Watch them slurp up a treat that you find under a log. Touch and see them up close. Call 651.249.2170 to register.

## Scout Wildlife Badge

SATURDAY, NOVEMBER 14, 10:00 - 12:00PM  
AT THE MAPLEWOOD NATURE CENTER

Visit various hands-on learning stations and become familiar with Minnesota wildlife. Hike with binoculars to spy on critters in the wetland and woods. Learn about shrews, bats, and birds while earning your badge. Cost is \$4.00 per child. Call 651.249.2170 to register by November 10.

## Drop-In and Experience Nature

TUESDAYS, NOVEMBER - MARCH, 12:15 - 1:30PM  
(NOV. 3, DEC. 15, JAN. 5, FEB. 16, & MAR 23)

Offered at the Maplewood Nature Center in collaboration with the Early Childhood Family Education Program (ECFE). This class is designed for parents and children to "drop-in" and enjoy the indoor exhibits, sort and match with nature activities and explore the trails. No registration is necessary-pay at the door. Cost is \$3.00 per child.

## Guitar Lessons

TUESDAYS, NOVEMBER 3 - DECEMBER 8 (SEE TIMES BELOW)  
FREE DEMO NIGHT TUESDAY, OCTOBER 27, 6:00 - 7:00PM

Dave Roby, a local musician is offering beginning, level 2 and continuing guitar lessons for those who want to learn to play guitar the easy way. Participants are required to bring their own guitar.

Classes take place at the Maplewood Community Center. Cost is \$70.00 (\$60.00 for MCC members). Call 651.249.2230 to register.

Beginning 6:00 - 6:55PM

Level 2 7:00 - 7:55PM

Continuing 8:00 - 8:55PM

## MCC Youth Soccer Clinic

THURSDAYS, NOVEMBER 12 - DECEMBER 17 (no class Nov. 26)  
(SEE TIMES BELOW)

Fine tune your soccer skills in this fun and exciting clinic. This co-ed MCC Youth Soccer clinic is designed for novice players. Participants will receive a cool clinic shirt. Classes take place at the Maplewood Community Center. Cost is \$42.00 (\$33.00 for MCC members). Call 651.249.2230 to register.

K-1st 5:30 - 6:25PM

2nd-3rd 6:30 - 7:25PM

4th-5th 7:30 - 8:25PM

## Schools Out

THURSDAY, OCTOBER 15- PINZ BOWLING / PIZZA LUNCH

FRIDAY, OCTOBER 16- MARCUS THEATRE / POPCORN & POP

Are you looking for a great way to spend those non-school days? We have the answer for you! Send children ages 5 - 12 to the Maplewood Community Center! From 9:00AM - 4:00PM kids are invited for action packed days full of sports, swimming, crafts and more. AND check out our great field trips! Bring your tennis shoes, swimsuit, and towel and we'll bring the fun! Cost is \$35.00 per child.

## Step it Up With MCC Youth Dance

THURSDAYS, OCTOBER 8 - JANUARY 14

Help your children find their rhythm with Maplewood Community Center's Youth Dance Program. All classes meet once a week and are designed to promote teamwork and self-esteem. A group rehearsal and performance, held on January 16, will conclude the session. All classes and the final performance will take place at the Maplewood Community Center. Cost for all youth group dance classes is \$150 (\$140 for MCC members). Call 651.249.2230 for more information.

Beginning Ballet & Jazz 5:30 - 6:15PM

Ballet & Jazz 7:05 - 7:50PM

Beginning Tap & Jazz Combo 6:20 - 7:05PM

Tap & Jazz Combo 7:50 - 8:35PM

## "Discover Autumn" Annual Apple Festival

Saturday - Sunday, Oct. 3 - 4 and Oct. 10 - 11

### Afton Apple:

Open Daily 10am - 7pm

You Pick Apples (pre-picked available)

Pick your own pumpkins

Family fun for everyone!

Offering a Corn Maze, Hayrides, Cider Pressing Demonstrations, Face Painting, Playground, Petting Farm, Concessions, Music and More!

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& Sun. 10am-6pm.

Hayrides available  
Sat.-Sun. 10am-6pm  
Mon.-Fri. 3-6pm



# Adult Programs

## Buckthorn Pull At Vista Hills Park

**SATURDAY, OCTOBER 24, 9:30AM - 2:00PM FREE!**

Groups Welcome! We'll pull buckthorn in the morning (kids 11+) and cut and herbicide in the afternoon (adults only). Training and refreshments provided. Wear long sleeved shirts and long pants, plus sturdy shoes. For herbiciding, bring boots and rubber gloves. Meet at north border of woods. Parking is available in lot off Mailand Rd. or along Marnie St. on the west side of the park. Registration required. Call the Maplewood Nature Center at 651.249.2170 to register by October 20.

## Nature Photography Class

**SATURDAY, OCTOBER 10, 8:30 - 11:30AM**

**AT THE MAPLEWOOD NATURE CENTER, 2659 E 7TH ST.**

Join photographer Ellen Wold for tips and tricks for taking better nature photos. Bring your own camera and tripod for a photo session along the nature center trails. Cost is \$10.00 per person. Call 651.249.2170 to register.

ENTER YOUR PICTURES IN A PHOTO CONTEST!

You may enter your best shots for the Friends of Maplewood Nature Calendar Photo Contest. There will be \$25.00 prizes and one \$100.00 prize. For more information call the Maplewood Nature Center or go to [www.ci.maplewood.mn.us/nc](http://www.ci.maplewood.mn.us/nc).

## Adult Golf Lessons

**WEDNESDAYS, OCTOBER 21 - NOVEMBER 18 (SEE TIMES BELOW)**

If you are an avid golfer or new to the sport this series of 5 lessons is for you! You will learn all aspects of golf improvement with special emphasis on improving your fitness with golf-specific testing and drills. Cost is \$105.00 (\$95.00 for MCC members). Call 651.249.2230 to register.

Beginner/Novice 6:15 - 7:00PM

Intermediate/Advance 7:15 - 8:00PM

## Fall Table Tennis Tourney

**SATURDAY, OCTOBER 17 (CHECK-IN: 11:30AM, TOURN: 12:00PM)**

Prepare for a game of competition and fun and the MCC. Pre-registration is required by October 15. Cost is \$5.00 (\$3.00 for MCC members). Call 651.249.2204 for more information.

## CPR and First Aid

Learn how to respond in emergency situations. Get a Red Cross Certification at the Maplewood Community Center. Call 651.249.2230 to register. Cost is \$80.00 (\$60.00 for MCC members).

**Community CPR (Adult & Child CPR/AED & Infant CPR)**

**SATURDAY, OCTOBER 10, 10:00AM - 5:00PM**

**Child CPR/AED & Infant CPR with First Aid**

**SATURDAY, NOVEMBER 14, 10:00AM - 5:00PM**

## Meet Fitness Instructor

### LaDonna Holmberg



LaDonna Holmberg is a Nationally Certified Group Exercise Instructor at the MCC who's passion for fitness & wellness has been a part of her life for many years! She holds certifications in YogaFit, Personal Training, Spinning, Water Fitness, and Active Aging Adults. The winner of the winter 2009 Lose2Win Weight Loss Challenge was a participant on LaDonna's team! LaDonna specializes in Small Group Weight Training for Active Aging Adults along with Balance BOSU training. LaDonna's motto is: Combining Fitness and good nutrition becomes a habit when the road to wellness begins at where you are today! Visit one of LaDonna's Classes:

**Monday:** Spinning at 5:45AM, Forever Fit at 8:00AM

Straight Up Strength at 9:15AM

**Tuesday:** 9:30am Aqua Challenge

**Thursday:** Yoga at 8:00AM, Step Mix at 9:15AM

## Ditch the Workout and Join the Party at MCC!



**TUESDAYS, NOVEMBER 3 - DECEMBER 15, 5:30 - 6:30PM**

**\*THURSDAYS, NOVEMBER 5 - DECEMBER 17, 5:30 - 6:30PM**

**SATURDAYS, NOVEMBER 7 - DECEMBER 19, 9:30 - 10:30AM**

Zumba ("Zoom-Ba") is a dance fitness sensation that incorporates music from around the world into an hour-long group class. Cost for a seven-week session is \$56.00 (\$42.00 for MCC members). **Sign up for all 3 sessions for \$138 (\$96.00 MCC members).**

\*6-week session \$42.00 (\$36 for MCC members)

## Personal Training Special!



6 One-Hour sessions that includes a Nutritional Consultation with a registered dietitian and Heart Rate Assessment!

**\$450 Value!**

**(651) 249-2230**

\$325.00 (\$225.00 MCC members)



## Holiday Craft & Gift Expo



*Shop 'Til You Drop!*

**SATURDAY, DECEMBER 5, 2009**

**9:00AM - 3:00PM**

**ENJOY FREE PHOTOS WITH SANTA & COOKIES & COCOA WHILE YOU SHOP FOR THE PERFECT HOLIDAY GIFT!**

**2100 White Bear Avenue • Maplewood, MN 55109  
www.maplewoodcommunitycenter.com • 651-249-2103**

# City of Maplewood

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### Fall Family Karate Fun



The Maplewood Community Center and The Edge Martial Arts, based in Stillwater, Minnesota offer a great karate program for kids and adults of all ages. **Register for 3 months and receive \$5.00 OFF EACH MONTH!** Cost is \$60.00 (\$45.00 for MCC members). Call 651.249.2230 to register.

**LIL' DRAGONS (AGES 4-6)**  
MONDAYS, 5:15 - 6:00PM

**KIDS BEGINNER (AGES 7-12)**  
MONDAYS, 6:15 - 7:00PM

**TEEN TO ADULT (AGES 13-ADULT)**  
MONDAYS, 7:15 - 8:00PM

### FREE Senior Well Being Seminars

**MONDAYS, 10:30 - 11:30AM**

At the Maplewood Community Center, 2100 White Bear Ave.

**October 19:** Life Write w/Laura-Rose Paradise: This presentation encourages you to remember stories, record them, write them, or just tell them.

**October 26:** Holiday Craft

Project: Join others in making a clay-pot pumpkin bell. Presented by Synergy Home Care.

**November 9:** Medicare D: Information about Medicare insurance and open enrollment. Presented by Metropolitan Area Agency on Aging. Call 651.249.2230 to register.



### Member Appreciation Special

# 2 FREE Months

When you purchase or renew an annual membership

## One Day Only!

## \$0 initial fee

## October 8, 2009

# 8<sup>28</sup> AM 8<sup>PM</sup>

Annual memberships only

## Offering More Than Ever Before.

### Call 651.249.2230 today!



2100 White Bear Avenue • www.maplewoodcommunitycenter.com

### Saving Made Simple

## Earn CD rates with only \$100

Open a one-year Reward Certificate of Deposit with only **\$100**, and **add money** to it as often as you wish. Plus, we'll **give you \$10** upon opening. Stop in today!

*The penalty for early withdrawal is disclosed at the time you invest. Limit one \$10 promotion per person, per year.*



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All offices:  
651-225-2700 [www.cccu.com](http://www.cccu.com)





# Maplewood Monthly

November 2009 City Newsletter

## City Council Sets Maximum Levy Increase For 2010 At 5%

By Chuck Ahl, Assistant City Manager & Public Works Director

On September 14, 2009, the City Council adopted a resolution setting the maximum levy increase for the 2010 Budget at a 5.0% increase over the 2009 levy amount. In total dollars, this levy increase is: \$15,876,235 [09Levy] X 5% = \$793,810. The tax levy is the amount of funds that the City collects from property taxes. The tax levy of \$16,670,045 proposed for 2010 is out of a total budget of over \$41 million. The other revenues in the budget are sewer fees, environmental utility fees, along with charges for service at the Maplewood Community Center and Recreation Programs. The budget also includes fees for the ambulance services and charges for building permits. The 5% tax levy increase was set based upon a preliminary analysis of the City's needs. A tracking of governmental expenses, called the Implicit Price Deflator, indicated that typical costs for governmental services have increased by 0.83%. The city staff have estimated that the major increase in expenses for 2010 are mainly in the



area of employee expenses for cost of living increases and health care costs, plus debt service to pay for bonds sold to pay for neighborhood roadway reconstruction.

**(City Council Sets Maximum Levy article continued on page 3)**

## One Day Shop 'Til' You Drop: Holiday Gift Expo

Visit the Maplewood Community Center, 2100 White Bear Ave. on **Saturday, December 5 from 9:00AM – 3:00PM** for the Shop 'Til You Drop Holiday Craft and Gift Expo. Whether you are shopping for a new and unusual treasure or looking to make a dent in your holiday gift list, this event offers something for everyone! Artisans, crafters, local businesses, and in-home business consultants will be available for convenient, one-stop shopping. Find something unique and one of a kind for everyone on your list.

A Holiday Expo just wouldn't be complete without a visit from Santa Claus himself so be sure to stop by from 10:00AM – 2:00PM to see Santa and receive a complimentary photo. Take a break to fuel up with cookies and cocoa provided by Cub Foods and take advantage of FREE holiday face painting.

If you are feeling creative be sure to pre-register you and your family for the Snowman Building Contest. Held from 11:00AM – 12:00PM on Maplewood Community Center grounds this FREE contest is open to participants of ages and will be judged by Santa himself! Families or individuals will compete for a holiday gift basket. Don't miss this fun and festive family event! For more information or to register to be a vendor call 651.249.2103.



Thank you to our sponsor  
**Cub**

### Save The Date

- **Cinderella**  
November 20 - 22  
Fri & Sat 7:30PM Sun 2:00PM  
at the Community Center
- **Family Movie Night**  
November 13, 6:15PM  
at Carver Community Gym
- **Holiday Gift Expo**  
December 5, 9:00AM - 3:00PM  
at the Community Center
- **New Year's Party**  
December 31, 6:00 - 8:00PM  
at the Maplewood Nature Center

**2 Residents Win \$50**

**2 New City Initiative**

**5 Special Events**

**6 Preschool Programs**

**7 Youth Programs**

**8 Aquatics**

**9 Adult Programs**

**9 Health Seminars 55+**

**10 Fitness**

**11 Birthday Party Ideas**

# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on  
 "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, November 9 & 23 at 6:30PM  
 Community Design Review Board: Tuesday, November 10 & 24 at 6:00PM  
 Environmental & Natural Resource Commission: Monday, November 16 at 7:00PM  
 Housing & Redevelopment Authority: No meeting scheduled in November  
 Citizen Forum: Saturday, November 7 at 10:00AM  
 Park & Recreation Commission: Wednesday, November 18 at 7:00PM  
 Planning Commission: Tuesday, November 17 at 7:00PM  
 Historical Preservation Committee: Thursday, November 19 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.

City Hall will be closed: November 11 (Veteran's Day)  
 November 26 & 27 (Thanksgiving)



### Grow Your Business!

Make a statement in your community. Reach over 18,200 homes, businesses, and apartments with the Official Maplewood City Newsletter. The entire newsletter is featured on the city website. For more information, contact Heidi Carey at 651.249.2021 or [heidi.carey@ci.maplewood.mn.us](mailto:heidi.carey@ci.maplewood.mn.us). **Thank you to the advertisers who support this publication!**

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## Caught Recycling

The Friesen family at 1291 Myrtle Street North is the lucky winner of \$50 for recycling during the month of September. The Bergsruds at 2990 Furness Street North were also caught recycling during the month of October and won \$50. Each month through December, one randomly selected resident from each of Maplewood's five trash/recycling districts will be caught recycling and will be the winner of \$50. The recyclables must be on the curb by 7:00AM.



The Friesen Family



The Bergsrud Family

Do you need a recycling bin so that you can be a winner like the Friesens and the Bergsruds? Stop by the Public Works building at 1902 County Road B East to get your distinctive red Maplewood recycling bin. We are open Monday through Friday, 8:00AM to 4:3PM. For answers to all of your recycling questions, call 651-633-EASY (3279) or go to [www.RethinkRecycling.com](http://www.RethinkRecycling.com).

It's more convenient to recycle if you have a bin. Remember, if you don't recycle, you don't win. And neither does the environment.

## Take the Pledge to Recycle MORE

November 15 is America Recycles Day and to celebrate we are asking you to take the pledge. Take the pledge to recycle more, because it's easier to make a difference now more than ever before!

Recycling is one of the easiest ways you can help stop global warming. For example, one ton of recycled paper saves enough energy to power a three bedroom house for an entire year. And it all starts with recycling your household paper and magazines once a week.

So this year take five minutes to reevaluate your recycling routine. See if you can do more. Then get a friend to do the same. Start by letting us know that you're answering the call to recycle by signing the online pledge at <http://www.americarecyclesday.org>.



## New City Initiative

On July 27, 2009, the city council passed an ordinance establishing an Economic Development Authority (EDA). The purpose of the EDA is to "carry out economic and industrial development and redevelopment within the Maplewood area pursuant to Bylaws as may be adopted by the Authority. It shall confer with other City departments, and other public and private groups on matters relating to business and industrial development and periodically survey the area's industrial and commercial climate." The EDA will be comprised by the mayor and city council.

The council also passed an ordinance establishing the Maplewood Business and Economic Development Advisory Commission (BEDC). The BEDC will be a seven-member committee. Three of the members must be small business owners. The BEDC will be advisory to the EDA, the city council, and will make recommendations on economic development and redevelopment projects and related issues. Business owners and residents are encouraged to apply.

If you are interested in being a member of the BEDC, please check the city's web page at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) for further details or call the city manager's office at 651.249.2051 for an application. The application deadline has been extended to November 27, 2009.

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\*Valid for first one hour session which consists of a 50-minute massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. © 2008 Massage Envy Limited, LLC.

## NESA FUTSAL SOCCER LEAGUES



North East Soccer Association (NESA) is currently organizing indoor soccer (futsal) leagues for girls and boys ages 8 to 19. Three 6-game sessions are being offered and will be played at Edgerton Gym. Session dates are:

- **Session 1:** November 7 through December 20
- **Session 2:** January 7 through February 14
- **Session 3:** February 20 through March 28

Session prices are \$200 per team or \$40 per free agent player. Additional league information and registration forms are available at [www.nesasoccer.org](http://www.nesasoccer.org).

Questions? Contact Dave Morck (NESA Technical Director) at [nesasoccer@gmail.com](mailto:nesasoccer@gmail.com)

City of Maplewood

2

November 2009

## **(City Council Sets Maximum Levy continued from cover)**

City Manager Jim Antonen presented three options for the City Council to consider, while recommending a 7.0% levy increase to allow for options to remain open prior to setting the final levy in December 2009. The maximum levy is an amount for the council to consider and appears on property tax statements. The levy can decrease based upon additional consideration from the City Council, but cannot be raised over the amount set in September. The three options presented were:

### **Zero Based Levy Option**



This option was prepared assuming that there would be no increase in taxes collected in 2010. The staff prepared draft budgets based upon this scenario. The reduction in the general fund, which contains a majority of the funds levied for taxes is from a budget approved for 2009 of \$18,488,200 to \$17,384,517, a reduction of \$1,103,683 or 5.97%. This biggest reduction in revenue to the City will be due to a loss of \$759,337 from the state

of Minnesota through the unallotment process. The outcome would result in ten positions within the City remaining unfilled [retirements and vacancies would not be filled, but no layoffs would be required]. These positions include 2 in the Police Department, 4 in Public Works, 2 in Parks/Recreation area, 1 in Information Technology and 1 in Building Maintenance at MCC. Additionally, the demonstrated need to add firefighter paramedics would not be met, along with cuts to animal control, squad car replacement, a delay in replacement of a fire truck, and other impacts within street maintenance services, snow plowing, and park maintenance. The largest impact is on the programs for Parks and Recreation, which has been diminished in past years, and due to retirements will be down from a high of 7 employees in 2005 to a proposed 2.5 employees assigned to these programs. A list of unmet needs estimated by the staff is over \$2,100,000. In addition, a return to the 2008 levy for debt service would be necessary, but under this option would not occur. Under this option, the average residential property in Maplewood has seen a decrease in the taxable value of their property due to the ongoing recession, which if all taxing agencies have no change in their levy will result in a \$90 to \$112 reduction in property taxes in 2010. [Note that Maplewood property taxes account for only 30-35% of the property tax bill.]

### **Levy Limit Option**

The City is mandated to keep their levy at a minimal increase based upon state legislation. This option considers raising the levy up to the maximum allowed by that statute. In 2009, the City was allowed to raise the levy by 3.9%, but the Council decided to reduce that amount to 2.1%. This means that although the 2010 levy increase is limited to less than 1% at 0.83% increase, the base is higher and funds are still available. Under this option an increase of 3.8% is allowed because the City Council chose to hold a lower levy in 2009, which is still available for consideration and would generate an increase of \$591,045 over the 2009 levy. Under this scenario, the median Maplewood home would see a \$20 decrease in their property taxes of less than \$10 annually, assuming a Ramsey County increase at 2.8%. A slight decrease of less than \$10 would occur if the School Districts increase their levy by 3-4% as anticipated. The increase in taxes will be borne by a higher percentage by commercial – industrial-apartment properties, because those properties have seen a small increase or very minor decrease in the average property values.

Under this scenario, the budget would allow some of the priority items that would need to be cut in 2010 to be addressed, including the filling of two vacancies within the Police Department, adding two firefighter paramedics to the Fire Department, re-establishment of 2.5 employees to Recreation and Parks Administration, codification of the City Code, maintenance of the Animal Control services and filling of one of the three vacant Public Works maintenance positions.

### **Unallotment Levy Option**

This option proposes that the City pursue a special levy to refund the budget for the funds lost to the State of Minnesota through the 2008 Unallotment of Market Value Homestead Credit [MVHC] of \$244,473 and 50% of the 2009 Unallotment of MVHC of \$257,432. This would add \$501,905 to the overall levy for 2010 of funds that the state of Minnesota has used to balance their budget out of the Maplewood levy from these years. This scenario would propose to move further down the Unmet Needs list to use the funds as designated. Under this scenario, the City would increase the levy to the maximum level and include a special levy of the unallotment amounts. A total increase of 7.0% in funding of \$1,092,959 would result from this approach. A comparison to 2009 noted that with a 7.0% increase in the levy, the City would have fewer funds available in the General Fund due to the decrease in MVHC payments from the state of Minnesota and a decrease in building activity, reducing fees paid on building permits. Under this maximum option, there would be a decrease in the General Fund of \$10,724. The impact of this option of the median Maplewood home would be an increase of \$40-\$55 annually, or about \$4-\$5 per month in City taxes.

-continued from page 3

The City Council did not approve any of the above options, but selected an option between the recommended Unallotment Levy Option increase of 7.0% and the Levy Limit Option increase of 3.8%. The selected option proposed a maximum increase of 5.0%, which allows for all the needs identified to be addressed under the Levy Limit approach to be addressed, while adding an additional \$200,000 for debt service needs and to replenish reserves used to cover reductions in state payments in 2009. The 5.0% levy increase will generate an additional \$793,810 which is approximately the amount that the city failed to receive in MVHC payments from the state of Minnesota [\$759,337]. Property tax statements will be mailed to all property owners estimating taxes on their property in 2009. It is estimated that under this option, the median Maplewood homeowner will see a slight decrease of less than \$5 annually in total property taxes to be paid in 2010. The amount shown is the maximum amount that the City Council can approve in their final budget. The Council will debate options to reduce the levy amount at their **2010 Budget Hearing on Monday, December 7 at 7:00PM in the City Council Chambers**. All persons wishing to be heard should either appear at this hearing, or provide comments to the Council members prior to this date. The Council will be holding work session meetings to review the impacts of the 2010 budget recommendations and to identify any further reductions. A final budget recommendation and summary will be presented by City Manager Jim Antonen in November, so a final budget document will be available prior to the Public Hearing that may include reductions below the 5.0% levy increase. The budget document will be available on the City's website as it becomes presented. Copies will also be available for review at City Hall and local libraries.

## Voice your Opinion

The City Council will continue reviewing options for reducing the levy, plus other potential reductions on December 7. Property owners are welcome to attend or can provide written correspondence to the attention of City Manager, Jim Antonen at [Jim.Antonen@ci.maplewood.mn.us](mailto:Jim.Antonen@ci.maplewood.mn.us) or by mailing comments to City Hall.



**KERI NOBLE**  
FRIDAY, JAN. 8  
SATURDAY, JAN. 9

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## Pride Of Maplewood Award

Congratulations to Heidi Carey for being chosen as a Pride of Maplewood recipient.

Heidi started working for Maplewood on June 11, 2001. She works in the Citizen Services Department and manages all of the advertising and marketing for the City of Maplewood, the Maplewood Community Center, Recreation Programs, Maplewood Monthly (City News), City events including Taste of Maplewood & Friends, and selling sponsorships and ad space.



Edna Spangler, Office Specialist, Terrie Rameaux, Human Resource Coordinator, Heidi Carey, Marketing & Advertising Manager, & Pauline Staples, Recreation Program Manager

"She is extremely professional all the time, and her work is top quality." We have been told by marketing agencies that her work is "exceptional". "Heidi works closely and very well with co-workers and is always there to give support and assistance." "She strives for excellence and perfection with each product produced. It is a pleasure to work with such a professional."

Thank you, Heidi, for all you do to promote the City of Maplewood.

# Cinderella

**NOVEMBER 20 - 22**

**FRIDAY - 7:30PM**  
**SATURDAY - 7:30PM**  
**SUNDAY - 2:00PM**

Thank you to 

**Get Invited To An Exclusive Cinderella Tea Party!**  
Purchase one of the first 100 tickets sold to each show and be invited to an exclusive tea party. Take photos with Cinderella and the Prince, enjoy refreshments, and get your very own princess crown. Buy your tickets today to take advantage of this exclusive opportunity!

**MAPLEWOOD** Community Center  
**TICKETS \$12.00 - \$20.00**  
**CALL 651-249-2230 TO RESERVE YOUR SEAT!**

# Special Events

## Family Movie Night

FRIDAY, NOVEMBER 13  
GAMES AT 6:15PM MOVIE AT 7:00PM  
AT CARVER COMMUNITY GYM

Bring the entire family and enjoy the Disney film The Lion King (Rated G). Follow a young lion cub, Simba, as he struggles to find his place in nature's "circle of life". This movie will be shown on the big screen in the Carver Gym located at 2680 Upper Afton Road. Admission is FREE. Concessions will be available for a small fee. Bring a chair, blanket, or pillow to sit in comfort. Parental supervision is required at this event. For more information, call 651.249.2124.

## Turkey Holiday Fun

THURSDAY, NOVEMBER 19, 6:15 - 7:15PM  
AT THE MAPLEWOOD COMMUNITY CENTER

Prepare your children (ages 4-8) for Thanksgiving with fun and easy holiday crafts. The festivities continue with fun music and a delicious snack so grab your paint shirt and join us for a great time! Cost is \$7.00 and pre-registration is required at least one week before class date.

## Hey Kids! Get Your Holiday Groove On

FRIDAY, DECEMBER 4, 7:00 - 9:00PM  
AT CARVER COMMUNITY GYM

Join your friends and DJ Steve Reed and get your groove on at the Carver Community Gym Holiday Dance. This event is for students in grades 4 to 6 only. Student attendees will be locked in the school and parents are required to come into the school to pick them up. Cost is \$5.00/person. Concessions will be available for a small fee. For more information, call 651.249.2124.

## New! Letters For Santa Workshop

TUESDAY, DECEMBER 15, 6:00 - 7:00PM  
AT THE MAPLEWOOD COMMUNITY CENTER

Calling all boys and girls ages 2+! Bring your wish lists and join us for our Letters For Santa Workshop. Our elves will have everything that you need to write and decorate the perfect letter to Santa – we'll even mail it for you! Enjoy holiday stories and delicious treats while you create. Parents are welcome to stay. Space is limited, so be sure to register early! Cost is \$3.00 per child. Call 651.249.2230 to register by December 8.

## Holiday Happenings Party!

FRIDAY, DECEMBER 18, 6:00 - 8:00PM  
AT THE MAPLEWOOD COMMUNITY CENTER

Hey kids, come join Santa and the gang for a fun-filled evening while parents are out shopping and preparing for the holidays. Activities include: Santa's visit, games, music, snack, movies, arts and crafts, and holiday stories. Bring an unwrapped gift for Toys for Tots and receive a special prize! Cost is \$9.00 (\$7.00 for MCC members). Call 651.249.2230 to register by December 11.

## New Year's Party at the Nature Center

THURSDAY, DECEMBER 31, 6:00 - 8:00PM

Help us bring in the nature center's 31st year with games, treats, crafts and cold weather fun! We'll provide hotdogs and a campfire, You provide the laughter and new year's stories! This event is great fun for the whole family (best for ages 3-8 with adult). Cost is \$15.00 per family, call 651.249.2170 to register.

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**Goddess Group**  
[water.com](http://water.com)

**Info: Carmen @**  
**914-779-4952**

**Get Green Today Expo**

A Production of [www.GetGreenTodayExpo.com](http://www.GetGreenTodayExpo.com)  
**561-863-7884** [info@getgreentodayexpo.com](mailto:info@getgreentodayexpo.com)



## Exploring Nature & Taking Care Of The Earth

A SERIES OFFERED AT THE NATURE CENTER WITH EARLY CHILDHOOD & FAMILY EDUCATION (ECFE)

**SATURDAYS, NOW - MAY, 10:00 - 11:30AM**

This parent/child class, for children ages infant to five years, will meet each month at the Maplewood Nature Center during the school year beginning in October. ECFE teachers are collaborating with nature center naturalists for this unique program. Fun activities highlight a different theme each month with stories, crafts, puppets, and exploring in the woods. Cost is \$4.00 per child, per time. **To register call 651.748.7280 (Early Childhood & Family Education Programs Office) or go to the district website at [www.isd622.org](http://www.isd622.org) (click on Early Childhood & Family Education Program) for the registration flyer.**

### Dates and topics:

November 21 - Meet Live Minnesota Animals In Your Back Yard  
December 12 - Forts (bring your own box) Free and Green Winter Family Activities

## Drop-In and Experience Nature

**TUESDAY, DECEMBER 15, JANUARY 5, FEBRUARY 16, & MARCH 23, 12:15 - 1:30PM**

**AT THE MAPLEWOOD NATURE CENTER**

Join us for our "5" Drop-In and Experience Nature Classes that are offered at the Maplewood Nature Center in collaboration with the Early Childhood Family Education Program (ECFE). This unique class is designed for parents and children birth to 5 years old (before kindergarten enrollment) to just "drop-in" and enjoy the indoor exhibits, sort and match with nature activities, create with nature and other materials, and explore the nature trails. Wear comfortable clothing for indoor and outdoor activities. No registration necessary. Cost is \$3.00 per child which can be paid at the door.

## Preschool Gymboree

**THURSDAYS, NOW - DECEMBER 17, 10:00 - 11:30AM**

Preschool Gymboree is designed for children ages 1 - 5 with energy to burn. Join us in the gym for a roly-poly good time! We provide the balls, mats, toys, and games - you bring the fun! Because this is not a structured program, children must be accompanied by an adult at all times and any outside equipment brought along must be approved by the gym monitor. Cost is \$3.00 per child, per day for members and \$4.00 per child, per day for non-members.

## Young Rembrandts Pre-School Artastic Class

**SATURDAYS, NOVEMBER 7 - DECEMBER 19, 10:00-11:00AM**

Young Rembrandts teaches pre-school children ages 3-5 the skills necessary to draw more complex images. As pre-schoolers learn to draw and color with our step-by-step method, they develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. Our weekly program prepares them as learners so they will be successful in kindergarten. Participating in Young Rembrandts' creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task. Class will be held at the Maplewood Community Center and cost is \$60.00 per session.

## Gym and Swim

**MONDAYS, NOVEMBER 16 - DECEMBER 21  
5:30 - 6:30PM**

Give your energetic preschooler (ages 3 - 6) the opportunity to burn off some energy with gym and swim at the MCC! Fun gym games and plenty of splashing in the pool is bound to make for a fun and fabulous day. Cost is \$36.00 (\$33.00 for MCC members). Please have your child dressed with a swimsuit under their clothes. Call 651.249.2230 to register.



## Beginning Tumbling

**SESSION ONE (A): FRIDAYS, NOVEMBER 13 - JANUARY 8, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION ONE (B): SATURDAYS, NOVEMBER 14 - JANUARY 9, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION TWO (A): FRIDAYS, NOVEMBER 13 - JANUARY 8, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

**SESSION TWO (B): SATURDAYS, NOVEMBER 14 - JANUARY 9, 9:00 - 9:45AM (AGES 2 - 3) OR 9:45 - 10:30AM (AGES 4 - 6)**

These classes are designed especially for little ones to practice their coordination while learning to take turns, follow directions, interact with others and most importantly, have fun! They will be introduced to floor mats, wedges, and low and high balance beams. All classes will meet in the MCC Motion Zone and cost \$36.00 (\$33.00 for MCC members). Registration deadline is one week before classes begin.

# Youth Programs



## Young Rembrandts

### Elementary Class (Ages 6-12 years)

**SATURDAYS, NOVEMBER 7 - DECEMBER 19, 10:00-11:00AM**

At Young Rembrandts, we teach drawing, the fundamental skill of all visual arts. We believe that drawing is a skill that can – and should – be learned by all children. While Young Rembrandts' classes are structured and educational, children learn best when they are entertained and engaged. Young Rembrandts combines the best of both worlds – foundational art skills in a fun, nurturing environment – that gives your child the academic advantage. Class will be held at the Maplewood Community Center and cost is \$60.00 per session. Call 651.249.2230 to register.



## MCC Kids Club

**MONDAY, TUESDAY, & WEDNESDAY**

**NOVEMBER 2 - DECEMBER 16, 9:30 - 11:00AM**

If your little ones between the ages of 3 - 6 love crafts, swimming, sports, music, and fun, then the MCC Kids Club is for you! The Kids Club meets in the MCC Activity Room. Your child will make new friends, learn new skills, and most importantly, have a great time! Sign up for one day or the whole week. Cost is \$7.00/day (\$5.00 for MCC members) or \$18.00/week (\$12.00 for MCC members). Pre-registration is required at least one week in advance of the class. Note: Parents do not need to stay at the MCC during our program but all participants must be potty-trained.

## By The Light Of The Owl Moon

**WEDNESDAY, DECEMBER 2, 6:30 - 8:00PM**

**AT THE MAPLEWOOD NATURE CENTER**

Ages 7 and older with adult and small youth groups will learn to identify by sight and sound 4 Minnesota owls, then hike the trail by the light of the full moon to look and listen for their calls. Dissect an owl "pellet" to discover what they eat. Cost is \$4.00 per person. Call 651.249.2170 to register and prepay by Nov. 31.

## Edgerton Community Gym

### After School Open Gym

**TUESDAYS & THURSDAYS, NOW THROUGH JUNE**

**3:30 - 5:30PM**

This fun after school program is for youth grades 3 to 6 immediately following school dismissal in the gym. Activities will be planned to include floor hockey, basketball, volleyball, and other gym games. Cost is \$2.00 per student payable at the door.

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# Aquatics

## SWIM REGISTRATION IS GOING ON NOW! December Mini and Winter Full Session

The time has come once again for you to register your water baby (or yourself!) for Maplewood Community Center swim lessons. Course descriptions may be found on our website at [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com), click on Aquatics and Seasonal Lesson Schedule to the right under Quick Links. All December mini-session classes include six lessons and cost \$50.00 (\$40.00 for MCC members). All winter full session classes include eight lessons and cost \$68.00 (\$53.00 for MCC members). Semi-private lessons are available on Saturdays at a rate of \$115.00 (\$90.00 for MCC members) per eight lessons.

To register, stop by the Maplewood Community Center Customer Service Desk (Monday 9:00AM - 7:00PM, Tuesday - Friday 9:00AM - 5:00PM, Saturday 8:00AM - 12:00PM). Online registration is also available at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) (click on Recreation Programs). If you are registering for our programs online for the first time you will need to pre-register for your online account before registering on this day! Or register by phone at 651.249.2230.

Private lessons are also available by arrangement at a rate of \$40.00 (\$30.00 for MCC members) for one lesson, \$152.00 (\$112.00 for MCC members) for four lessons, or \$288.00 (\$208.00 for MCC members) for eight lessons. All private lessons are 30 minutes. To schedule your private lesson today, contact Ron at 651.249.2206 or [ron.horwath@ci.maplewood.mn.us](mailto:ron.horwath@ci.maplewood.mn.us).

## FLOTATION FRIDAYS FRIDAY, NOVEMBER 27 5:00 - 8:00PM

Come jump, splash, float and slide! During Flotation Fridays we bring out the best inflatable fun the MCC has to offer. Cost is free to members and included in the price of daily admission for non-members.



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651-274-8020

# Adult & 55+ Programs

## 18+ Open Dodgeball League

SATURDAYS, NOVEMBER 21 - JANUARY 23  
(NO GAMES DEC. 26)

Dodge, duck, run and throw to a fun time! Join other people interested in experiencing the fun of a recreational dodgeball league in a structured and exciting environment! Each team will consist of six to ten participants containing any combination of males and females. The leagues will be 8 weeks long with a 4 team playoff the 9th week. League champions will receive FREE entry to the Spring league. Rate is \$300 per team. Registration deadline is November 12.

## Winter Botany Event

SATURDAY, DECEMBER 5, 9:00AM - 12:00PM  
AT THE MAPLEWOOD NATURE CENTER

Join botanist Scott Milburn for some in-depth identification and study of our winter hardy native plants. We'll be studying wide assortment of woody and herbaceous species likely to find at the nature center. Dress for the outdoors! This event is free but pre-registration is required by calling 651.249.2170.

## Karate

Lil' Dragons: MONDAYS, 5:15 - 6:00PM - AGES 4 TO 6  
Kids Beginner: MONDAYS, 6:15 - 7:00PM - AGES 7 TO 12  
Teen - Adult: MONDAYS, 7:15 - 8:00PM - AGES 13 TO ADULT

The Maplewood Community Center and The Edge Martial Arts, based in Stillwater, Minnesota offer a great karate program for kids and adults of all ages. Cost is \$60.00 (\$45.00 for MCC members). Register for 3 months and receive \$5.00 OFF EACH MONTH!

## FREE Senior Well Being Seminars

MONDAYS, 10:30 - 11:30AM

At the Maplewood Community Center  
2100 White Bear Ave.



### November 16: Life Write w/LauraRose Paradis

This presentation encourages you to remember stories, record them, write them, or just tell them.

### November 30: Holiday Card Making

Homemade holiday card craft project. Presented by Synergy Home Care.

### December 7: Understanding Alzheimer's

General community with an interest in learning more about Alzheimer's disease and the Alzheimer's Assoc. services. Presented by Alzheimer's Association.

### December 14: Digital Camera Class

Get comfortable with a digital camera to capture all those precious holiday moments. Presented by Synergy Home Care.

### December 21: Life Write w/LauraRose Paradis

This presentation encourages you to remember stories, record them, write them, or just tell them. Call 651.249.2230 to register.

## Adult Dance 16+ WEDNESDAYS, DECEMBER 2 - JANUARY 6, 8:00 - 9:00PM

### SOCIAL BALLROOM SAMPLER CLASS: Foxtrot, Swing, Cha Cha

Social Sampler Class will cover many styles and tempos of music, for many dancing occasions. Find out how beneficial dancing can be for your social, mental, and physical health and how much fun it can be! Cost for couples is \$110.00 (\$85.00 for MCC Members) and for individuals is \$65.00 (\$50.00 for MCC Members).





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[www.maplewoodhistoricalsociety.org](http://www.maplewoodhistoricalsociety.org)

# Fitness Programs

## 2010 Lose2Win Winter Weight Loss Challenge

January 25th, the Maplewood Community Center Fitness Team will be kicking off the 2010 Lose2Win Winter Weight Loss



Challenge. Let our dedicated team of fitness professionals INSPIRE YOU to Resolve to Reduce in 2010! It's not about a diet and making temporary improvements. It's about making a decision to commit to a lifestyle change and transforming your physique and future!

At the start of this 12-week challenge, participants will be assigned to a team of no more than fifteen Lose2Win contestants. Each week team coaches will be offering small group training sessions and educational seminars on topics including Nutrition for a Healthily Lifestyle, The Fast Food Jungle, Stress Management, Portion Control, Exercise Smarter Not Harder, Boosting your Metabolism, Healthy Meal Planning, Foods for Energy, Maintaining Your New Physique and more! In addition, fun and energizing fitness challenges will be offered exclusively to Lose2Win participants including Boot Camp, Zumba, Kick Boxing, Racquetball Clinics, Lap Swimming Clinics, Tai Chi Ch'uan and Line Dancing. Classes will be offered at multiple times during the day and week to accommodate all participant's schedules. Not only will you be transforming your body and your life, participants will also compete for great prizes! Required weigh-ins will keep you on track and allow you to monitor your progress. The "winning losers" will be determined by percentage of body weight lost over a 12-week period. All participants will receive a challenge t-shirt and discounted fees on programs and individual personal training sessions.

Take part in this amazing, life-changing challenge for just \$20.00 a week for members and \$30.00 a week for non-members (fee includes three month MCC membership)! Registration begins December 8 and closes January 8. Adults 18 years or older are welcome to participate. The challenge will run 12 consecutive weeks beginning January 25-April 12. Space is limited - register today! Full payment is due at the time of registration. Call 651.249.2230 for more information.

## Meet The Biggest Losers!



Jeff Ronning, 2009 Lose2Win Winter Challenge Winner. Lost 53 Pounds in 12 weeks!



Rhonda Larson, 2009 Summer Meltdown Lose2Win Winner! Lost 31 Pounds in 12 weeks!

## MCC Holiday Schedule

November 11: Veteran's Day Office Closed/Building Open  
November 26: Thanksgiving Office Closed/Building Closed  
November 27: Thanksgiving Office Closed/Building Open  
December 24 & 25: Christmas Office Closed/Building Closed  
December 31: New Year's Eve Office/Building Close at 3PM  
January 1: New Year's Day Office Closed/Building Closed

Check the MCC website for a modified Group Fitness Schedule for the holidays.

## Meet Fitness Instructor Beth Dempsey



Beth has been a Group Fitness instructor for 22 years and is also certified as a Personal Trainer, Drums Alive, Kickboxing, Spinning and as a Core Training Specialist. Beth has a background in musical theatre and dance and loves to incorporate that into her classes. She has found that she particularly enjoys core training, dance and working with seniors. Her full time passion is being a wife and mom to Charlie, 8 and Lily, 6!

Her motto: Mix it up. Set a goal. Don't be afraid to try something new. When you find a workout you love, you are likely to be more consistent! Also: Don't be afraid to be a beginner at something - everyone is a beginner at one time or another. Just show up and try your best.

Join Beth on Tuesdays at 6:45PM for CardioCore, Wednesdays at 12:45PM for Stability Sculpt, or on Fridays for Core Training and Dance Express at 9:15AM.

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### On The Police Scanner

In September, the Maplewood Police Department responded to 2,060 calls for service.

- |                                      |                             |
|--------------------------------------|-----------------------------|
| 17 Assault Cases                     | 0 Robbery Cases             |
| 25 Burglary Cases                    | 109 Theft Cases             |
| 21 Auto Theft Cases                  | 50 Theft from Vehicle Cases |
| 40 Criminal Damage to Property Cases |                             |

Officers also made 59 arrests for shoplifting and 18 arrests for DWI.

### Nature Center Birthday Parties

#### FOR CHILDREN 4 AND UP!

Celebrate your child's Birthday Party at the Nature Center with a Live Animal theme! Two hour party includes one hour room rental and one hour Nature Activity. Children touch and see the animal of their choice: snake, salamander or toad. Participate in a Nature Bingo Hike and get cool bug box or colorful recycled crayon favors. Cost is \$75.00. Call two weeks in advance to schedule your party. (651) 249-2170




**Carina & Carrie**

A special greeting of thanks to the Maplewood Community. We've enjoyed serving you and are grateful for your referrals. Best wishes for a Joyful Holiday Season,  
Carina & Carrie



Carina McCall Schaefer  
(651) 308-6898





Carrie Troske  
(651) 341-6633

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651-225-2700 [www.cccu.com](http://www.cccu.com)







# Maplewood Monthly

December 2009 City Newsletter

## Save The Date

- **Wetland Ordinance Public Hearing**  
December 14, 7:00PM  
To view the ordinance visit [www.ci.maplewood.mn.us/wetlands](http://www.ci.maplewood.mn.us/wetlands) or contact Shann Finwall at 651.249.2304 [shann.finnwall@ci.maplewood.mn.us](mailto:shann.finnwall@ci.maplewood.mn.us)
- **New Year's Party**  
December 31, 6:00 - 8:00PM  
at the Maplewood Nature Center
- **Keri Noble**  
January 8 & 9, 7:30PM  
at Maplewood Performing Arts Theatre
- **Martin Zellar**  
January 30, 7:30PM  
at Maplewood Performing Arts Theatre

2 Sandy Lake Concerns

3 Skating Rink Hours

3 Snow Removal

6 Holiday Events

7 Youth Programs

8 Snowshoeing

9 Adult Programs

9 55+ Health Seminars

10 Fitness

## Change One...Just One

By Carol Mason Sherrill, Chair, Environmental & Natural Resources Commission

The name "Change One" comes from the Reader's Digest book titled "Change One: Lose Weight Simply, Safely, and Forever". The concept involves making one change to your lifestyle and diet each week in order to lose weight. As I was reading the book, the idea came to me that this concept could work in other areas of my life including being a better steward of the earth.

As the chair of the Environmental and Natural Resources Commission my role is to conduct our meetings and be up-to-date and advise our city council on environmental issues that affect Maplewood. While government dictates policies and establishes law, real change occur one person at a time. So what change could I personally make to be a better steward of the earth?

I chose to stop using plastic bags, and instead purchased reusable cloth bags and a free-trade woven basket from Ecuador. Plastic bags have become ubiquitous in the world; between 500 billion and a trillion plastic bags are consumed each year with less than 1% being recycled. Most plastic bags end up in our oceans via drains, sewage pipes and dumping. Plastic bags photodegrade: they break down into smaller, more toxic petro-polymers which eventually contaminate soils and waterways and enter our food chain. If just one out of five people made this change, we would save 1,330,560,000,000 plastic bags from polluting our earth!

The Change One list that you can make to be a better steward of the earth is long: recycle more, compost food and yard clippings, walk or bike instead of driving, turn your thermostat down, plant trees on your property, or check out Xcel Energy's list of energy saving tips at [www.xcelenergy.com/SiteCollectionDocuments/60\\_Ways.pdf](http://www.xcelenergy.com/SiteCollectionDocuments/60_Ways.pdf).

All of us collectively changing one small behavior can help us achieve a cleaner, safer, healthier, and more beautiful world. Change One, just one, for a sustainable Maplewood...you can!

## Santa Plans To Visit At The Holiday Happenings Party

Friday, December 18, 6:00 - 8:00PM

Visit the Maplewood Community Center at 2100 White Bear Avenue for annual holiday favorites like the Present Toss, Santa Bingo, Arts and Crafts, a special holiday story, and visits with Santa. This indoor winter wonderland event will get kids in the holiday spirit and will give parents the opportunity to head to the stores to shop for those last minute gifts. Bring an unwrapped gift for Toys For Tots and receive a special prize! Cost is \$9.00 (or \$7.00 for MCC members). Call 651.249.2230 to register by December 11.



# City of Maplewood Elected Officials

Diana Longrie: Mayor 651.774.1490  
 Kathleen Juenemann: Councilmember 651.771.3670  
 Will Rossbach: Councilmember 651.779.0220  
 Erik Hjelle: Councilmember 651.714.8588  
 John Nephew: Councilmember 651.776.5963  
 Jim Antonen: City Manager 651.249.2050

diana.longrie@ci.maplewood.mn.us  
 kathleen.juenemann@ci.maplewood.mn.us  
 will.rossbach@ci.maplewood.mn.us  
 erik.hjelle@ci.maplewood.mn.us  
 john.nephew@ci.maplewood.mn.us  
 jim.antonen@ci.maplewood.mn.us

## Frequently Called Numbers

### Maplewood City Hall

General Information 651.249.2000  
 Deputy Registrar and Passport Hours:  
 Monday - Friday: 8:00AM - 4:30PM  
 Saturday: 8:00AM - 12:00PM

### Maplewood Community Center

Registration 651.249.2230  
 Customer Service 651.249.2230  
 Admissions 651.249.2210  
 Theater/Banquet Room Rental 651.249.2103  
 Group Information 651.249.2203  
 Birthday Parties 651.249.2203  
 Aquatics 651.249.2206  
 Child Care 651.249.2218  
 Fitness 651.249.2207

### Maplewood Recreation

General Information 651.249.2124

### Maplewood Nature Center

General Information 651.249.2170

### Code Enforcement

Hotline 651.249.CODE (2633)  
 Online: Go to [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us) and click on "Report A Violation" on the right-hand side of the home page.

## Maplewood Meeting Schedule

City Council: Monday, December 7\* & 14 at 7:00PM  
 \*2010 proposed budget public hearing

Citizen Forum: Saturday, December 5 at 10:00AM

Community Design Review Board: Tuesday, December 8 & 22 at 6:00PM

Environmental & Natural Resource Commission: Monday, December 21 at 7:00PM

Fish Creek Natural Area Greenway Ad-Hoc Commission:  
 Friday, December 4 & 18 at 1:00PM

Historical Preservation Committee: Thursday, December 17 at 7:00PM

Housing & Redevelopment Authority: Wednesday, December 9 at 7:00PM

Park & Recreation Commission: Wednesday, December 16 at 7:00PM

Planning Commission: Tuesday, December 1 & 15 at 7:00PM

All City Council and Commission meetings are broadcast live on Channel 16 and are rebroadcast on a schedule that is posted at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us). Any meeting cancellations are posted on the City's website.

City Hall will be closed: December 25, 26 and January 1 & 2



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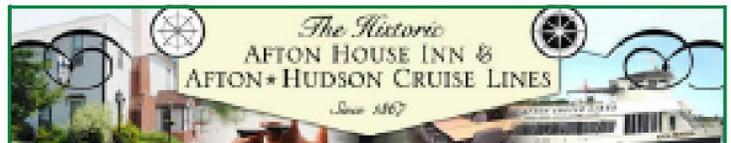


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## Sandy Lake Collaborative Effort

By Michael Thompson, City Engineer

This summer the City received a number of complaints from residents about operations at the Saint Paul Regional Water Services (SPRWS) site located south of County Road B, west of I-35E. SPRWS has been the retail provider of water services since the City's inception. And in 1996, the City chose to transfer all water assets to SPRWS and entered into an agreement that facilitated becoming a permanent member of the SPRWS system. SPRWS serves Saint Paul and nearby metro suburbs. SPRWS has operated at the Sandy Lake site for over 70 years.

Complaints, mainly about noise and dust, stem from the spreading of soil over a spent lime field. The storage of lime, which is a by-product of the water treatment process, was discontinued at the site in the mid 1990's. The Minnesota Pollution Control Agency (MPCA) mandated the capping (covering) of the lime, which required 200,000 cubic yards of soil to be imported and spread over the site. In 2006 SPRWS obtained a grading permit from the City and began the capping operation.

To resolve citizen complaints city staff worked with the neighborhood residents and SPRWS representatives. Meetings between the parties were held on September 21st and 29th in order for SPRWS to understand the citizen concerns and provide a plan for moving forward. The neighborhood had four citizen representatives. As part of the collaborative meetings SPRWS provided the citizens with the schedule for remaining work and also contact information for future complaints.

It was found that about 95% of the complaints were due to the capping process. According to SPRWS only 3 weeks remain assuming sufficient soil is available from other construction sites and the weather is favorable. The operation may resume and be completed in spring of 2010 as a result of the wet weather sustained in October. SPRWS will also be working towards solving other outstanding issues expressed by citizen representatives including improving communications.

A city council review of SPRWS's conditional use permit for the site was held on October 12th. The general manager from SPRWS explained the progress made with residents at the stakeholder meetings. The permit for the site will be reviewed in 6 months to ensure conditions are being met and residents are informed of activities by SPRWS. The process to resolve issues was very successful and reflected the common goal of effectively addressing citizen concerns.

## Pride Of Maplewood Award

Congratulations to Jason Brash for being nominated for the Pride of Maplewood Award.

Jason joined the City in May 2006 as a Building Inspector Intern. He's currently a Building Inspector Apprentice. During this past summer he helped out in the Public Works Department for a few months. He was nominated for his excellence in his service to the residents of Maplewood.



Jim Antonen, City Manager presents award to Jason Brash, Building Inspector Apprentice

"Jason has been a great leader in facilitating the sod program. Residents have commended his work in solving problems and getting results."  
"Jason has shown great flexibility and professionalism during his switch to the Public Works Department. He has been an invaluable asset during this year's construction projects."  
"Jason is always trying to improve himself and the department he works in. He was hired as a full-time employee on October 2, 2006. He has taken on every task assigned to him with a positive attitude. Jason has always been reliable and productive."  
Thank you and congratulations Jason Brash for your service to the Building Inspections and Public Works Departments and the citizens of Maplewood.

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## Greetings! Friends and Neighbors

The holidays are just around the corner – a time to share with friends and family – a time to reminisce. I remember, as a little girl, I discovered the “truth” about Santa before my little brother did. He was four years younger than I. Since the “cat was out of the bag” my mother thought the time had come to discontinue the tradition of Santa filling the socks. My mother was a practical person. On the other hand, I was more sentimental and wanted the tradition to continue. So at the age of 10 or so, I bought little trinkets and candy to fill the socks in the middle of the night without any one in the house knowing. Imagine the surprise Christmas morning of both my little brother and my mother. Remembering their astonishment brings a smile to my face today. But enough musing over Christmas Past – I have news to get to you before I begin planning for this year’s holiday surprises!

## CITY BUDGET PLANNING FOR 2010

At the September 14, 2009 council meeting the maximum property tax levy was set. My motion to stabilize our City’s maximum property-tax levy at 2007 and 2008 levels did not pass: Ayes – 2 (Longrie; Hjelle) Nays – 3 (Rossbach; Juenemann; Nephew). Following the failed motion, the lead was taken by Rossbach to set the City’s maximum 2010 property-tax levy at 5% over that of 2009. Rossbach’s motion passed by a 3 to 2 vote in favor of the council majority (Rossbach; Juenemann; Nephew). At that time, the council majority challenged me to develop a budget separate from that of the City Manager that was consistent with city expenditures and revenues in 2007/2008.

As discussed in previous articles, Maplewood is not impacted by the State’s LGA cuts felt by other communities. At the November 9, 2009 workshop the council received revised budget numbers indicating a slight decrease in the maximum 2010 property tax levy of 5%. However, at the November 9, 2009 council meeting, the council majority enacted fee increases to take effect in 2010 – one such example is the environmental utility fee with a 7% increase. The Truth in Taxation hearing on the final property tax levy will be held December 7, 2009 - 7:00 PM - at city hall. At that same meeting, I will present an alternate budget proposal as requested by the council majority.

## VISIT TO CITY HALL BY SENATOR AL FRANKEN

On November 15, 2009, Senator Al Franken held a listening session with local elected officials from Maplewood, Oakdale, South St. Paul and North St. Paul as well as state representatives Nora Slawik, Leon Lillie, Rick Hansen, Maplewood’s Ramsey Conservation District Supervisor Margaret Ann Beherns, and Ramsey County Commissioner Victoria Reinhardt. All Maplewood council members attended

except for outgoing Council member Hjelle. Approximately 10 citizens attended as well.

Senator Franken has held a number of these listening sessions in various communities. Presenters were to address specifically their community’s needs in the future and how he could be of assistance. As the Mayor of the host site, I was honored to introduce Senator Franken to the group as well as present Maplewood’s perspective. Following is an excerpt from my address:

“.....though Maplewood has fared better than some of the surrounding communities in the metro area during these economic times, one of our greatest challenges in the next four years will be to maintain the economic vitality that we have become accustomed to.

Recently we formed the Economic Development Authority, or EDA. In part, we did this with an eye toward retaining our existing small business community, our thriving retail mix and our larger corporate citizens – such as 3M and St. John’s Hospital. However, the second part of the EDA equation is to expand and diversify our commercial base, which will bring more good paying jobs to our community. Specifically good paying jobs associated with the medical device industry, technology and eco-friendly energy industries focusing on renewable energy such as solar, wind, algae to fuel technologies, smart grid development, environmental retrofitting and other innovations.

With this in mind, your support in working side by side with Senator Klobuchar to fight against the 40 billion dollar tax on the medical device industry would be greatly appreciated and would stimulate interest in the medical device industry to expand and create new jobs in our communities. Additionally, continued and new federal incentives to jump start micro incubators and support micro lending for small businesses would benefit not only Maplewood but the entire state of Minnesota. I was present during some of the hearings in Washington DC on the AIG bailout debacle. I can tell you, as the Mayor of Maplewood, that citizens would rather give a helping hand to start up companies and those businesses in our community who want to expand and create good paying jobs over corporate bailouts such as that of AIG.

Another issue facing Maplewood, as well as everyone else in the State of Minnesota, is the healthcare crisis. At the city level, we need to address health care costs for our staff in our budget while negotiating the level of coverage and at what price in our union contracts. At the public level we have citizens who struggle to retain their coverage because of soaring costs, business owners who can not remain competitive in the work place because of the

## Snow Plowing Reminders

With winter approaching, it won't be long until our snowplow drivers are out in force clearing snow and ice, making the roads safe for motorists. Our snowplow drivers urge you to remember:

- Keep a safe distance from the snowplow. Stay back at least 100 feet.
- Slow down. Yield to snowplows. Give the plow driver room, plow trucks frequently backup across intersections.
- Be patient. Never drive into a snow cloud. Remember, an average 3" snowfall can take 8 hours to complete full width plowing of all streets.
- Think safety, plan on traffic delays.
- Do not allow children to make tunnels in snow piles on the boulevard.
- Stay alert. A snowplow weighs 17 times more than your car.
- It is illegal to plow across a public road or to plow, push, discharge snow onto the roadway.

The City of Maplewood has established a goal of plowing all streets within our 13 plow routes full width within eight hours after snow has quit falling. The sidewalk/trail system will be opened within 48 hours of completion of the street plowing. The city has established parking ordinances that when adhered to result in faster, more thorough service, and provide safer driving conditions. Parking for more than 30 minutes on the street during a snowfall and the plowing of snow is prohibited. Parking on the street is also banned year round between 2:00AM - 6:00AM. Parking on bridge approaches or on boulevards or medians is also prohibited.

You are encouraged to review the City snowplow policy and City ordinances especially the information regarding road right of way. This information pertains to boulevard plantings, landscaping, irrigation, and mailboxes. The policy and ordinances can be found at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).



### Snow Removal Around Mailboxes and Fire Hydrants

Inspect your mailbox to make sure it can withstand snow rolling off the snow plow. It is also to your advantage to help keep fire hydrants clear of snow so the fire department has quicker access in case of a fire.

## Winter Outdoor Skating

Maplewood maintains nine skating rinks throughout the city, four of which have supervised shelters. Skating facilities and shelters, depending on weather conditions, will open December 26 and close February 20. Shelters will not be open when temperatures reach 10 degrees below zero or the windchill reaches 25 degrees below zero. Shelters will also be closed until the rinks are cleared following snow and when warm temperature softens the ice. Call the weather information hot line for condition information details at 651.249.2190.

### Holiday Shelter Hours:

December 26	12:00 - 8:00PM
December 27	12:00 - 6:00PM
December 28, 29, 30	12:00 - 8:00PM
January 1	Closed

*The January Maplewood Monthly will include details on the remaining winter ice rink shelter schedule.*

### Rink Locations

Afton Heights (shelter)	63 N Sterling St
Four Seasons (shelter)	1685 Gervais Ave
Gethsemane (shelter)	2401 E 7th Street
Wakefield (shelter)	1590 Frost Ave
Edgerton	2001 Bradley St
Harvest	2561 Barclay St
Kohlman	1000 County Road C
Maplecrest	2101 Arcade St
Pleasantview	1100 Marine St



-Continued from page 3

impact health insurance premiums have on their bottom line and citizens who no longer have health insurance coverage at all. While there are many reasons for these spiraling, out of sight, healthcare insurance coverage costs, unnecessary administrative costs and bloated salaries of insurance company executives are on the forefront.

With that, I want to particularly thank you for your introduction of the Fairness in Health Insurance Act. As I understand it, this short, one page bill specifically mandates that at least 90 cents of every premium dollar must go to health services. Further, from my reading of the bill there would be a standardized measurement of the medical loss ratio, which up until now has been inconsistently determined from insurance company to insurance company and from state to state so the consumer can never compare apples to apples. Citizens will appreciate the requirement for transparency included in your bill and the requirement that the data be submitted and monitored at a central location.

Finally, I serve on the I94 transit commission to address transit connections between the metro and Wisconsin. Maplewood would greatly benefit from this as would surrounding communities so your support of transportation funding for that project, as well as for the

Rushline corridor project, would be appreciated.”

## INFORMAL CITIZEN SURVEY

Back in August, I provided some of the preliminary survey results from my informal citizens survey. Approximately 2,500 surveys were sent out – not including the survey published in the August Maplewood Monthly. The final results along with this article can be found on the city website at [www.ci.maplewood.mn.us](http://www.ci.maplewood.mn.us).

As an FYI, the questions pertaining to improving bus service/stops and police patrolling evolved later in the survey process as a result of verbal comments received from citizens which appeared to be significant enough to garner seeking public comment. In the coming months, as the council sets property tax levies & fees, spends tax payer money, decides priorities, creates public policy and propels down the path of selecting your residential trash hauler for you, consider if the citizens' opinions are part of the equation or not.

More citizen and council involvement in setting the policy and direction of Maplewood's future is called for. The struggle I see our City wrestling with is determining the degree to which citizens will be “allowed” involvement when the council and staff creates public policy or determines City spending. Personally, I feel an active citizenry must be part of the equation. Citizens want and deserve transparency and greater access to much-needed information so they can make informed, balanced decisions, participate in the community dialogue, and determine if their elected officials are making informed, balanced decisions on behalf of our community. Public involvement in creating public policy is critical.

I hope you have found this month's Council Corner informative. As of January 4, 2010 the baton of Mayor will be passed on to Council member Rossbach. Please feel free to contact him for any assistance he can give you in getting your foot into City Hall to have your concerns addressed in a responsive manner. His email is [will.rossbach@ci.maplewood.mn.us](mailto:will.rossbach@ci.maplewood.mn.us) and his telephone number is 651.484.5427.

As always, one and all are invited to attend the monthly Citizen's Forum, hosted by the Mayor, held the first Saturday of the month (January 2, 2010) at Maplewood City Hall from 10:00AM to noon. Please feel free to call me any time: 651.214.0859 or email: [mayorlongrie@yahoo.com](mailto:mayorlongrie@yahoo.com). I wish you the best in this holiday season – see you next year! Best Regards, Mayor Diana Longrie

**Editorial Disclaimer:** *The views expressed are those of the author and may not necessarily represent or reflect the views and opinions of the City of Maplewood.*

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# Special Events

## Give The Gift Of Music This Holiday Season!

Are you looking for the perfect gift for that hard-to-please recipient? Consider tickets for a performance at the Maplewood Performing Arts Theater. Throughout the upcoming year, this plush and intimate theater will play host to a variety of arts and entertainment events, including a diverse and exciting music line-up. Check out these first two performances on the 2010 calendar:

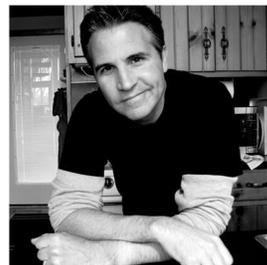
### Keri Noble – January 8 & 9 (7:30PM)



Part gospel and part blues, singer-songwriter Keri Noble is a multi-faceted musician if ever there was one. Inspired by Joni Mitchell, but with a voice all of her own, Keri Noble invokes an intense mix of pop, soul, and R & B. After having performed on both sides of the globe with two innovative and critically acclaimed recordings, Noble returns home to Minnesota for an intimate evening of storytelling and song playing.

Tickets: \$25/Advance - \$30/At The Door

### Martin Zellar – January 30 (7:30PM)



Former leader of the legendary Midwest-based and country-rock band, Gear Daddies, Martin Zellar has fashioned an equally impressive solo career. Firmly grounded in the quality craftsmanship of his songwriting, the magic of Zellar's songs is a combination of lyrical sincerity, inspired yet simple arrangements, and his unmistakable raspy voice. Enjoy this rare solo acoustic show! Tickets: \$18/Advance - \$20/At the Door

To purchase your tickets or to see the exciting 2010 show line-up, visit [www.maplewoodarts.com](http://www.maplewoodarts.com) or call 651.249.2230.

## New! Letters For Santa Workshop

TUESDAY, DECEMBER 15, 6:00 - 7:00PM

AT THE MAPLEWOOD COMMUNITY CENTER

Calling all boys and girls ages 2+! Bring your wish lists and join us for our Letters For Santa Workshop. Our elves will have everything that you need to write and decorate the perfect letter to Santa – we'll even mail it for you! Enjoy holiday stories and delicious treats while you create. Parents are welcome to stay. Space is limited, so be sure to register early! Cost is \$3.00 per child. Call 651.249.2230 to register by December 8.

## Holiday Swim-in Movie at the MCC

RUDOLPH THE RED NOSED REINDEER AND

FROSTY THE SNOWMAN: SATURDAY, DECEMBER 12

5:00PM (6:00PM MOVIE)

Take time out from your family's busy schedule and have a splashing good time floating on a tube and watching a movie at the Maplewood Community Center. The evening will begin with flotation fun at 5:00PM, followed by the movie showing at 6:00PM. Event is free for members and included in the cost of admission for non-members. Call 651.249.2230 for more information.

## Get Your Pet's Photo With Santa.



6 – 9pm  
Saturday, December 5th  
4 – 7pm  
Sunday, December 6th

6 – 9pm  
Saturday, December 12th  
4 – 7pm  
Sunday, December 13th

### In the Sears Court at Maplewood Mall.

Maplewood Mall is located two blocks south of Hwy 694 on White Bear Avenue. Shopping Line • 651-770-5020.

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**Chuck & Don's**  
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15 Convenient Locations  
[ChuckandDons.com](http://ChuckandDons.com)

## Christmas Open House

DEC. 5 - 6, 1:00 to 4:00 PM



Join us as at the festively decorated Bruentrup Heritage Farm! We'll be demonstrating ethnic holiday baking. Enjoy coffee & punch as you sample homemade cookies & lefse.

2170 E. County Road D

Save the date: Victorian Tea (JAN. 9th)  
[www.maplewoodhistoricalsociety.org](http://www.maplewoodhistoricalsociety.org)

# Youth Programs

Winter swim lesson registration going on NOW!  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

## School's Out!

Spend those non-school days at the Maplewood Community Center! Children ages 5 - 12 are invited for action packed days full of sports, swimming, crafts and more. AND check out our great field trips! Bring your tennis shoes, swimsuit, and towel and we'll bring the fun! Cost is \$35.00 per child for field trip days and \$25.00 per child for all other days. Sign up for all 5 days and the field trip day (Dec 29) is only \$25.00! Before and after childcare is also available for \$5.00 per child from 7:00AM - 5:30PM. Call 651.249.2230 to register by December 17.

**SCHOOL'S OUT DATES:** December 28, **December 29 (Grand Slam)**, December 30, January 18, February 15

## Karate

**Little Dragons: MONDAYS, 5:15 - 5:45PM - AGES 4 TO 6**

**Beginner: MONDAYS, 5:45 - 6:15PM - AGES 7 TO 12**

**Advanced Beginner: 6:15 - 7:00PM - Gold Belt and higher**

The MCC and The Edge Martial Arts, based in Stillwater, offer a great karate program for kids and adults. The martial arts classes are grouped based on skill to ensure each level of student progresses at the fastest rate possible. Cost is \$60.00 (\$45.00 for MCC members). Register for 3 months and receive \$5.00 OFF EACH MONTH!

## Music Together

**1. WEDNESDAYS, JANUARY 6 - MARCH 10**

**9:30-10:15AM OR 10:30-11:15AM**

**2. SATURDAYS, JANUARY 19 - MARCH 13**

**9:30-10:15AM OR 10:30-11:15AM**

**3. SUNDAYS, JANUARY 10 - MARCH 14**

**4:30-5:15PM**

You'll move, dance, sing, play rhythm instruments and receive CDs and songbooks of the session's song collection so the fun and learning can continue at home.

Music Together is for children from birth to age 6 and their accompanying adults. Class is held at the Maplewood Community Center and cost is \$160.00 for the first child and \$90.00 for each additional child. For more information visit

[www.MusicTogetherClasses.com](http://www.MusicTogetherClasses.com)

or to register call 651.439.4219. Ask about our FREE Demo Days!



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Presents

An enchanting story of the old wood carver, Gheppetto, and his marionette, Ponocchio. This musical adaptation is full of clever characters and lessons to be learned.



February 5, 6, 7

As tickets go on sale, you can use our convenient on-line ticketing to purchase your tickets.

[www.ashlandproductions.org](http://www.ashlandproductions.org)

651-274-8020



**MONDAY, TUESDAY, & WEDNESDAY**

**JANUARY 11 - MARCH 17, 9:30 - 11:00AM**

If your little ones between the ages of 3 - 6 love crafts, swimming, sports, music, and fun, then the MCC Kids Club is for you! Your child will make new friends, learn new skills, and most importantly, have a great time! Don't miss our swim days. Cost is \$7.00/day (\$5.00 for MCC members) or \$18.00/week (\$12.00 for MCC members). Pre-registration is required at least one week in advance of the class. Note: Parents do not need to stay at the MCC during our program but all participants must be potty-trained. Call 651.249.2230 to register.

# Youth Programs

Winter swim lesson registration going on NOW!  
[www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com)

## Youth Softball Clinic

THURSDAYS, JANUARY 14 - FEBRUARY 18

Learn throwing, catching, fielding infield and outfield, ground balls, pop flies and hitting with new innovative teaching techniques. Step by step instruction will help you learn the easy way while keeping it fun. This clinic will be held at the Maplewood Community Center Gym. Cost is \$50.00 (\$40.00 for MCC members.) Call 651.249.2230 to register.

TIMES: K - 2nd                    5:30 - 6:25PM  
          3rd - 5th                 6:30 - 7:25PM  
          6th - 8th                 7:30 - 8:25PM

## FLOTATION EVENTS

FRI, DEC. 18, 5:00-8:00PM

WED, DEC. 30, 1:00-4:00PM

Come jump, splash, float and slide! During Flotation Fridays we bring out the best inflatable fun the MCC has to offer. Cost is free to members and included in the price of daily admission for non-members. 651.249.2230

## Maplewood Nature Center Events!

### Snowshoe Open House (ages 4+ with an adult)

SATURDAY, JANUARY 2, 10:00 – 3:30PM

A naturalist will show you how to strap on and walk, run, and turn around with your snowshoes, answer nature questions, and orient you to the new trails at the Nature Center. Wear winter boots. Try wooden or metal snowshoes (wooden snowshoes require 4+ inches of snow). One or two sleds will be available for pulling young kids. In case of low snow conditions, winter hiking is encouraged, & the visitor center's nature exhibits are open. Snowshoe rental is \$3.00/pair. Free hot chocolate for all attendees! Drop-in program.

### Build A Birdfeeder (ages 8+ with an adult and small scout groups)

SATURDAY, JANUARY 9, 1:30 – 3:30PM

Build a birdfeeder to attract birds to your yard. Dress for an outdoor birdwatching hike. All proceeds go to Elpis Enterprises, a youth job training program, which assembled the kits made from reclaimed wood products. Cost is \$6.00 per feeder and pre-payment is required by January 5.

### Snowshoe Hike (ages 4+ with an adult)

SATURDAY, JANUARY 23, 1:00 – 2:30PM

Learn about snowshoes, strap on a pair, and walk through our Winter Wonderland. Instruction and snowshoes provided. Wear sturdy winter boots and bring your own mug for hot drinks. If snow is scarce, we will go on a winter hike instead to look for animal tracks and signs. Cost is \$5.00 per person and pre-payment is required by January 21.

### New Year's Party at the Nature Center

THURSDAY, DECEMBER 31, 6:00 - 8:00PM

Help us bring in the nature center's 31st year with games, treats, crafts and cold weather fun! We'll provide hotdogs and a campfire, You provide the laughter and new year's stories! This event is great fun for the whole family (best for ages 3-8 with adult). Cost is \$15.00 per family, call 651.249.2170 to register.

All events listed here take place at the Maplewood Nature Center and Neighborhood Preserves (2659 East 7th Street). Call 651.249.2170 to register!



# Adult & 55+ Programs

## T'ai Chi Ch'au

WEDNESDAYS, JANUARY 6 - MARCH 10, 7:30 - 8:30PM  
AT THE DRAGONS KUNG FU STUDIO, NORTH ST. PAUL

T'ai Chi Ch'uan, practiced in China for 2500 years, uses slow relaxed movements to develop strength while eliminating tension. While doing so you will strengthen your arms and legs, improve balance and flexibility, reduce stress and help increase energy levels. A growing body of research also suggests that practicing T'ai Chi Ch'uan has many benefits for seniors, including a reduced risk of falling and a significant improvement in quality of life! Come experience the benefits for yourself! Cost is \$65.00. Call 651.249.2230 for more information.

## Community CPR

SATURDAY, DECEMBER 12, 10:00AM - 5:00PM

CPR classes are designed to inform people how to respond in emergency situations. Participants may receive Red Cross Certifications. All classes are held at the Maplewood Community Center. Cost is \$80.00 (\$60.00 for MCC members). Classes fill quickly, call 651.249.2230 to register.

## FREE Senior Well Being Seminars

MONDAYS, 10:30 - 11:30AM

At the Maplewood Community Center  
2100 White Bear Ave.



### January 4: Learning to play Guitar

Music keeps your mind sharp! Get the skills to learn this fun and rewarding hobby.

### January 11: Free Yourself From Toxins

Detoxify your diet, heal from the inside. Sleep well, no more heartburn or reflux, balance hormones, and lose weight.

### January 25: Life Write w/LauraRose Paradis

This presentation encourages you to remember stories, record them, or just tell them.

### February 1: Blood Pressure Checks

Have your blood pressure checked courtesy of the Maplewood Fire Department.

### February 8: Breakthrough Nutrition Workshop

Thyroid, Hormone Problems, Auto-Immune Conditions, Sleep Disorders, Depression, all can be helped by understanding one phrase: You are What You Eat!

Call 651.249.2230 to register.



SPACE IS LIMITED!

LOSE  
2  
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TAKE PART IN THIS AMAZING LIFE-CHANGING CHALLENGE.

Registration Opens December 8th, 2009  
& Closes January 8th, 2010

**1st Place:** 2 Night Stay at the Historic Afion House & Restaurant and \$100 Luna Rosa Gift Certificate

**2nd Place:** 3 Month MCC Membership

**3rd Place:** \$100 Lucy Active Wear Gift Certificate

**4th Place:** Cookbook Gift Basket

**5th Place:** \$50 MCC Programs Gift Certificate

**6th Place:** 2 Tickets to a performance of choice at the Maplewood Performing Arts Theatre

Midway prizes include duffie bags, sweatshirts, workout towels and Noodle Cards compliments of Noodles Restaurant & Company.

Cost is \$20 a week for members and \$30 a week for non-members (fee includes a 3 month membership). This 12-week challenge starts January 25.

Visit [www.maplewoodcommunitycenter.com](http://www.maplewoodcommunitycenter.com) or call (651) 249-2230 for more details!






## Golf Lessons: Learn Now Play Later

TUESDAYS, JANUARY 19 - FEBRUARY 16

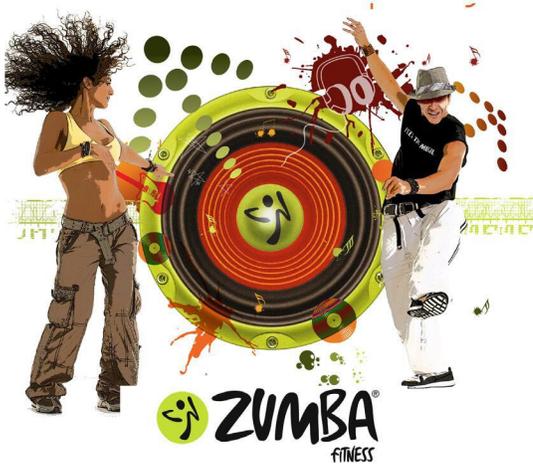
BEGINNER/NOVICE: 6:30 - 7:15PM

INTERMEDIATE/ADVANCE: 7:30 - 8:15PM

Golf is a game of a lifetime, enjoyed by juniors and seniors and all in between. If you are an avid golfer or new to the sport, this series of 5 lessons is for you! You will learn all aspects of golf improvement with special emphasis on improving your fitness with golf-specific testing and drills. Cost is \$105.00 (\$95.00 for MCC members).



# Fitness Programs



## New! Take Your Zumba Class To The Next Level...Introducing Zumba Toning

ZUMBA® TONING is an exciting, Latin inspired innovative muscle training program with the addition of lightweight toning sticks. Created to emphasize muscle work along with rhythms, this combination of cardio and dynamic resistive exercises is an effective use of progressive light weight training to improve overall performance. This dance and tone program re-defines the total body workout and includes combination rhythms within the same songs which adds to the fun and flavor: Latin Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa. Zumba Toning creates the same party atmosphere as every other Zumba program because the rhythm of the dance is the passion and foundation which keeps everyone engaged and coming back. Zumba Toning is fun, different, challenging and highly effective! Join Zumba instructor Michelle Pronsati Tuesday OR Thursday mornings 7:00AM - 7:55AM at the Maplewood Community Center. Cost is \$32.00 (\$24.00 for MCC members). **Register for the Tuesday and Thursday session and receive \$5.00 off each session!** Though drop-ins are welcome (\$10.00 or \$8.00 MCC members), class size is limited. Pre-registration is highly recommended! Call 651.249.2230 for more information.

*Looking for the perfect gift? Consider a relaxation vacation...*



The Maplewood Community Center has made gift giving easy with massage gift certificates perfect for the holidays!

**Holiday Special!**  
**\$15 OFF** a 3 Month Massage Membership!  
 Good through 12/31/09

Buy yours today at the  
 Maplewood Community Center!  
 2100 White Bear Avenue • 651.249.2210  
 www.maplewoodcommunitycenter.com

## MCC Holiday Schedule

December 24 & 25: Christmas Office Closed/Building Closed  
 December 31: New Year's Eve Office/Building Close at 3PM  
 January 1: New Year's Day Office Closed/Building Closed

Check the MCC website for a modified Group Fitness Schedule for the holidays.

## Meet Fitness Instructor & Trainer Sheila Heinrich

Sheila is new to the Maplewood Community Center fitness team and training staff! She brings 16 years of fitness experience and is a Nationally Certified Group Exercise Instructor and Personal Trainer. Her formats include: Kickboxing, Step, Low-Impact, Strength Training, Boot Camps, Active Aging Adults and specializes in Personal Training for Athletic Youth & Adults. Sheila's motto is: Working out should be fun! Approach exercise with a positive attitude and your results will be positive as well! Join Sheila on Thursdays at 10:15AM for Straight Up Strength or Fridays at 8:00AM for Forever Fit!



## Limited Time Offer!



**MAPLEWOOD**  
 Community Center

### PERSONAL TRAINING HOLIDAY SPECIAL

4 HALF HOUR SESSIONS ONLY  
**\$110 (A \$40 Savings!)**

MCC Members  
**\$80 (A \$50 Savings!)**

*Hurry! Offer ends December 31, 2009.*

**VISIT CUSTOMER SERVICE OR CALL TODAY!**

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### On The Police Scanner

In October, the Maplewood Police Department responded to 1,919 calls for service.

- |                                      |                             |
|--------------------------------------|-----------------------------|
| 14 Assault Cases                     | 2 Robbery Cases             |
| 17 Burglary Cases                    | 136 Theft Cases             |
| 28 Auto Theft Cases                  | 31 Theft from Vehicle Cases |
| 23 Criminal Damage to Property Cases |                             |

Officers also made 69 arrests for shoplifting and 16 arrests for DWI.

### Caught Recycling: 1887 Beaumont Street North

The Moeller family at 1887 Beaumont Street North is the lucky winner of \$50 for recycling during the month of November. Each month, one randomly selected resident from each of Maplewood's five trash/recycling districts will be caught recycling and will be the winner of \$50. The recyclables must be on the curb by 7:00AM. It's that simple! December is the last month to get caught recycling and win \$50. (HINT: if you live south of I-94, December may be your lucky month).



### After Hours Recycling Bin Give Away

Thursday, December 10, 4:30PM - 7:00PM  
Saturday, December 12, 10:00 AM- NOON

Call 651-633-EASY (3279) for more information.

*A Great  
Stocking Stuffer!*

# \$10 OFF

## A 10-Visit Pass Card

**December 5 - 11, 2009**

10-Visit Pass Cards Grant You Access To: Daily Admission, Strength & Cardio Area, Aquatics, Basketball, Fitness Classes, Racquetball or all of the above. Purchase your **10-Visit Pass Card** at Customer Service. Renew it for 10, 20 or more passes.

Also available at the Holiday Gift Expo on Dec. 5th at the MCC!

REGULARLY  
\$60 plus tax



**651.249.2230** 2100 White Bear Avenue

## Build Your Savings Earn CD Rates with \$100

Open a one-year Reward Certificate of Deposit with only **\$100** (\$25 if you're under age 18), and **add money** to it as often as you wish.

**OPEN YOUR REWARD CD TODAY!**

*The penalty for early withdrawal is disclosed at the time you invest.*



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