CITY'S OFFICIAL NEWSLETTER

MAPLEWOOD LIVING

August 2023

Welcome to Maplewood Harmony Gardens, a senior care community that offers a wider range of living options and amenities. Learn more at: **HarmonyGardensSenior.org**

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Public safety initiatives underway in Maplewood

By Rebecca Cave, City Councilmember

"We don't look for our victims, we feel for them," Maplewood Fire/EMS Capitan Brad Davison recently said during a joint training. He was referring to a fire's blackout conditions.

The training covered three scenarios, a house fire, an active shooter, and a major car crash. Regions Hospital, which provides medical direction for Maplewood's Fire/EMS Department, wanted to team with area first responders to provide its emergency room doctors a hands-on experience of what firefighter - medics and police deal with in stabilizing, treating and transporting patients to the hospital.

"I have a new respect for our first-responders," said one health care participant.

We handle stressful situations, but nothing like what was going on in some of these conditions, said another.

This training is one of several public safety initiatives underway in Maplewood this summer.

Maplewood community paramedics are also working with Regions Hospital and a senior care facility to continue studying how to prevent seniors from falling. This is a continuation of a 2016 published study in which our paramedics and doctors examined the rippling impact after a senior's first fall.

"When an individual has one fall, there is an increased likelihood that a subsequent fall will occur." said Firefighter-Paramedic Jodi Halweg.

The fear of falling again tends to keep seniors from being active, that lack of mobility can lead to further falls. The department is aiming for a grant that will allow them to micro target and track the most effective messaging for preventing the first fall while keeping those who've fallen more mobile.

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Maplewood LIVING

Elected Officials

Marylee Abrams: Mayor (612) 322-1620
marylee.abrams@maplewoodmn.gov

Rebecca Cave: Councilmember (651) 399-1779
rebecca.cave@maplewoodmn.gov

Kathleen Juenemann: Councilmember (651) 771-3670
kathleen.juenemann@maplewoodmn.gov

Chonburi Lee (651) 321-2299
chonburi.lee@maplewoodmn.gov

Nikki Villavicencio: Councilmember (651) 558-7662
nikki.villavicencio@maplewoodmn.gov

City Manager

Melinda Coleman: City Manager (651) 249-2055
melinda.coleman@maplewoodmn.gov

Frequently Called Numbers

City Hall	(651) 249-2000
Maplewood Community Center	(651) 747-0922
Parks and Natural Resources	(651) 249-2111
Public Works	(651) 249-2400
Police Non-Emergency	(651) 767-0640

Visit the City website at www.maplewoodmn.gov for the meeting schedule of the City Council, Commissions and Boards.

To advertise in this newsletter please contact:
Joe Sheeran
(651) 249-2061
joe.sheeran@maplewoodmn.gov

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651-488-6658

HarmonyGardensSenior.org
1438 County Road C East | Maplewood, MN 55109

[COUNCIL CORNER continued]

Grants helping keep our roads safer

For the first time in the City's history, the Maplewood Police Department has a dedicated DWI enforcement officer, thanks to a Department of Public Safety Office of Traffic Safety grant. The officer started in February. Based on early numbers, the grant has been renewed for another year.

With highway 61, White Bear Avenue and other major streets running through Maplewood, a unit dedicated to keeping impaired drivers off our roadways is imperative.

Capturing car thieves and people stealing from vehicles has also long been a priority. Following a few years of high theft reports, it appears car thefts in Maplewood are dropping significantly.

This is due to several factors, including greater partnerships with area agencies, sharing intelligence and getting the most prolific offenders off the streets. To build on this work, Maplewood is adding a second auto theft detective, both of whom will be funded through a Minnesota Department of Commerce Grant.

I'm proud of our Public Safety team's innovative work to improve Maplewood's quality of life.

What are your 2024 Maplewood Budget priorities?

All Maplewood community members and business owners are invited to provide their feedback on the 2024 City budget.

There are two ways to comment:

- In person: A "Budget Talking Session" will follow the August 28th Budget Presentation at City Council Chambers (early evening; time TBD)
- Online at: Maplewoodmn.gov/Budget23

Timeline: The city council will adopt a preliminary budget in September; and approve a final budget in December. This early feedback is critical.

Keep Maplewood Cool!

That is the moto for our work on the City's Climate Action Plan. The plan will identify goals, strategies, and actions to reduce greenhouse gas emissions communitywide as well as within City operations. It will serve as a complement to the City's 2021 Climate Adaptation Plan that prepares the City and its partners for challenges and vulnerabilities associated with our changing climate.

We want to hear from you!

Maplewood has launched an online survey to help identify perceptions, needs, opportunities, priorities, and issues to address in the plan. To better understand your comments, please let us know if you live or work in Maplewood. If you don't have a connection to Maplewood, that's okay, we still want to hear from you.

Surveys completed by August 31st will be included in a drawing for two $50 gift cards. Maplewoodmn.gov/climate

Curbside food scraps pickup coming to Maplewood

Ramsey and Washington counties are rolling out a new way to recycle food scraps from home--the food scraps pickup program! Beginning fall 2023, the food scraps pick up program will be available for residents of North St. Paul, Maplewood, Cottage Grove and Newport.

Food scraps such as fruit and vegetable peels, eggshells and coffee grounds make up about 20% of trash by weight in the two counties. Recycling food scraps turns them into soil rather than waste.

Visit FoodScrapsPickup.com or call 651-661-9393 to learn more about the program.

Did you know?

Plants and rain gardens on Maplewood City boulevards are City property. Homeowners adjacent to the boulevard care for the rain gardens and may add plants at their own expense or split an overabundance and share if they choose.

Neither these or plants in community garden plots are free for others to remove or consume. Taking plants is considered theft. If you are interested in a particular plant, please contact the owner for permission, or the Maplewood Natural Resources Coordinator to learn where you may purchase plants.

A free Rain Garden Rescue class will be offered this fall.

And remember planting native species is preferred to support native pollinators.

Free buckthorn removal training

Maplewood Nature Center

Saturday, August 19, 10:00 a.m. – noon.

Learn to distinguish buckthorn vs. beneficial look-alikes and best practices for effective removal, disposal and herbicide safety. Participants who practice in removal training earn a free herbicide dauber.

Participants must wear: eye protection, long pants, long sleeved shirt, closed toe shoes and long socks or rubber boots; and chemical resistant gloves (only butyl rubber, nitrile rubber, neoprene rubber or viton. No cloth, leather or household latex).

Registration required by Noon, Thursday, August 17:

recreationonline@maplewoodmn.gov or call (651) 249-2111.

2023 Buckthorn curbside pick up and disposal

Maplewood residents who remove enough buckthorn to fill a large pickup truck will receive free fall pickup. If you do not have enough, recruit your neighbors and we will include your block.

Schedule pickup:

- Pick up -- week of October 30th.
- Register by 8:00 p.m., Tuesday, October 24th
- carole.gernes@maplewoodmn.gov; or call (651) 249-2111.
- Confirmation email includes stacking instructions and other info
- Only buckthorn will be picked up
- No early or late pick-ups

Ramsey County waste sites that accept brush will take buckthorn without roots:

Visit: RamseyRecycles.com/yard-waste

Spotting Buckthorn:

- Unlike native shrubs, buckthorn retains green leaves late into the fall, long after other leaves have turned color or fallen.
- Fall is the best time for removal.

Visit Maplewood's Buckthorn Management page for more tips and information: maplewoodmn.gov/1055.

Big Red Barn Farmers Market

9:00 a.m. - 1:00 p.m.

Every Sunday through September

At the Maplewood Area Historical Society - Bruentrup Heritage Farm

2170 Co Rd D East
Maplewood MN 55109
MaplewoodMuseum.org

Fall 2023 RevSports

For more info on the classes and for scholarship information visit:
maplewoodmn.gov/2068/RevSports-Classes

Sessions take place at Edgerton Gym or Edgerton Park

Rate: $65/Session
$75/Ninja Warrior

To Register: Maplewood.Revsports.org

RevSports Contact: Info@RevSports.org or 612-234-7782

RevSports Summer Camps

Archery: August 14-17, Ages 7-11

Archery is a great sport to improve focus, hand-eye coordination and confidence and, it's fun and challenging! Young Campers will learn the rules of the sport and practice proper grip, posture, aiming, and releasing.

For full camp descriptions and more information visit:
maplewoodmn.gov/2068

All sessions at Edgerton Gym or Edgerton Park

Thursday Sessions:

Session 3: August 17 - September 7

Session 4: September 14 - October 5

Baseball	Session 3, 4	
TotStars, T-Ball	Ages 2-3	5:30-5:55 pm
PreStars, T-Ball	Ages 3-5	6:00-6:40 pm
KinderStars, Coach Pitch	Ages 4-6	6:45-7:25 pm
MightyStars, Coach Pitch	Ages 6-9	7:30-8:10 pm

Flag Football	Session 3, 4	
KinderStars	Ages 4-6	5:30-6:10 pm
MightyStars	Ages 6-9	6:15-6:55 pm
SkillStars	Ages 9-11	7:00-7:40 pm

Ninja Warrior Fitness	Session 4	
TotStars	Ages 2-3	5:30-5:55 pm
PreStars	Ages 3-5	6:00-6:40 pm
KinderStars	Ages 4-6	6:45-7:25 pm
MightyStars	Ages 6-9	7:30-8:10 pm

Saturday Sessions:

Session 3: September 16 - October 7

Soccer	Session 3	
TotStars	Ages 2-3	9:15-9:40 am
PreStars	Ages 3-5	9:45-10:25 am
KinderStars	Ages 4-6	10:30-11:10 am
MightyStars	Ages 6-9	11:15-11:55 am

Featured Offerings at the Maplewood Y

Fall sports beginning 8/14 through 10/15:

- All gender flag football (Sherwood Park), grades 1-8
- All gender soccer U8, U10, U12, U14 (Sherwood Park), Practice Tuesday evening; games Thursday and/or Saturday
- All gender basketball; grades K, 1-2, 3-4 Monday evenings
- All gender, all ages pickleball, Tuesday mornings
- All gender tumbling grades pre-K-2, Wednesday evenings.
- Women's volleyball league Wednesday evenings
- Swim lessons; registration opens 8/22 for members; 8/29 for non-members

Register at YMCAnorth.org

Fall Migration Walk

Maplewood Nature Center

Monday, August 28th | 8:00 - 10:00 a.m.

$15/adult; $20 adult and one child, $5 each additional child

It might still be summer to us, but to birds, fall migration is already underway. With plenty of bugs still around to feed these birds on their journeys south, we'll hope for an active morning with a good mix of breading species and migrants (many of which will look different now than they did in the spring)! *Wear good walking shoes, the trails are hard packed natural surfaces; bring bug spray.

Register at maplewoodmn.gov/971

School District 622
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4-H Art in Nature Camp

Maplewood Nature Center

August 14 – 17; 9:00 a.m. – noon

$20/each (includes a snack)

Students heading into grades K-5 will explore the natural world around them and create art with various mediums along the way, such as painting, sculpting, and printmaking. Each day we will play and explore outside, and practice our skills in arts and crafts. Students will tap into their creative and artistic talents and bring home several unique art projects.

Register at: maplewoodmn.gov/971

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