

CITY'S OFFICIAL NEWSLETTER

# MAPLEWOOD LIVING

September 2022



## Solar Power Hour

Wednesday, September 7, 2022

6:30 to 7:30 p.m.

Maplewood Nature Center, 2659 East Seventh St.

Learn about the basics of solar, its financial benefits, and how the solar group buy program can lower the cost of installing solar. Visit [twincities.growsolar.org](https://twincities.growsolar.org) to register for this free event.



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## COUNCIL CORNER

### It's OK to talk about mental health

By Rebecca Cave, Councilmember

The last few years, especially after COVID, I've had a number of frank discussions with family, friends, even neighbors about mental health. Most of these conversations didn't involve extreme cases. But I was encouraged by people's willingness to talk about something with which they were struggling. It's an important step in destigmatizing mental health and connecting folks with resources to help.

The National Alliance on Mental Illness (NAMI) highlights in bold on its website, "you are not alone." It cites U.S. Department of Health and Human Services studies that state, one in 5 adults experience some level of mental illness every year, and one in 20 experience serious mental illness. It hurts me to know people struggle in silence, especially when resources are available. NAMI's site does an excellent job explaining who to talk to and how. It provides a multitude of follow up strategies to get help.

I'm also further encouraged that in July, the National Suicide and Crisis Lifeline simplified from a 10-digit 800 number to 988. It has localized resources ready to help 24 hours a day.

However, we still see far too many cases go undetected and untreated. Some manifest into a full-blown mental health crisis that involve our public safety professionals.

We know this because in the last four years, the Maplewood Department of Public Safety has been expanding our Mental Health Outreach Team (M-HOT) and its capabilities. In the last year, we've embedded two full-time social workers into the program. The wider our department's reach, the more cases of people in crisis we encounter.



[ continued page 3 ]

## Elected Officials

- Marylee Abrams: Mayor (612) 322-1620  
[marylee.abrams@maplewoodmn.gov](mailto:marylee.abrams@maplewoodmn.gov)
- Rebecca Cave: Councilmember (651) 399-1779  
[rebecca.cave@maplewoodmn.gov](mailto:rebecca.cave@maplewoodmn.gov)
- Kathleen Juenemann: Councilmember (651) 771-3670  
[kathleen.juenemann@maplewoodmn.gov](mailto:kathleen.juenemann@maplewoodmn.gov)
- Bill Knutson: Councilmember (612) 290-9778  
[bill.knutson@maplewoodmn.gov](mailto:bill.knutson@maplewoodmn.gov)
- Nikki Villavicencio: Councilmember (651) 558-7662  
[nikki.villavicencio@maplewoodmn.gov](mailto:nikki.villavicencio@maplewoodmn.gov)

## City Manager

- Melinda Coleman: City Manager (651) 249-2055  
[melinda.coleman@maplewoodmn.gov](mailto:melinda.coleman@maplewoodmn.gov)

## Frequently Called Numbers

- City Hall (651) 249-2000
- Maplewood Community Center (651) 747-0922
- Parks and Natural Resources (651) 249-2111
- Public Works (651) 249-2400
- Police Non-Emergency (651) 767-0640

Visit the City website at [www.maplewoodmn.gov](http://www.maplewoodmn.gov) for the meeting schedule of the City Council, Commissions and Boards.



To advertise in this newsletter call Joe Sheeran at (651) 249-2061 or email [joe.sheeran@maplewoodmn.gov](mailto:joe.sheeran@maplewoodmn.gov).



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ATTEND AN INFORMATIONAL MEETING

**WHEN:** 10:00am, Aug 10 & Sept 14 | 4:00pm, Aug 25 & Sept 28

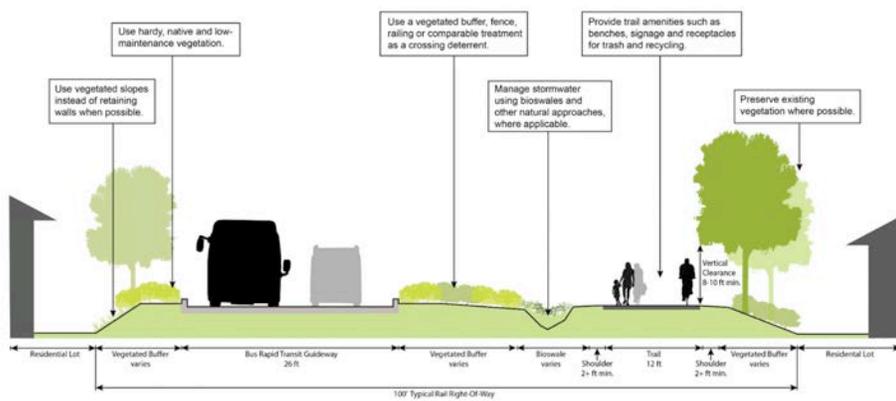
**WHERE:** Maplewood YMCA Community Center  
 2100 White Bear Ave, Maplewood MN 55109

RSVP NECESSARY | LIMITED SEATING EACH SESSION

CALL TODAY!

763-225-1000

Hello@TheAmericanOnPhalen.com | TheAmericanOnPhalen.com 



## The Purple Line explained

Visiting with neighbors and community members during National Night Out, there was much discussion about what’s happening with Purple Line Bus Rapid Transit coming to Maplewood.

### Let’s start back in 1992.

That’s when the Ramsey County Regional Rail Authority bought the land on which the Bruce Vento Trail runs, designating it as a regional recreational trail with potential future transit use. It posted signs along the trail touting that future development.<sup>1</sup>

Through years of significant community engagement and multiple presentations to the various city councils and governing authorities along the line, Purple Line Bus Rapid Transit plans emerged and took shape. The Metro Transit project, will run from St. Paul’s Union Depot to Maplewood. Its final route and terminus is still being discussed. Maplewood’s portion is proposed to run in the right-of-way along the Vento Trail.

While the multi-purpose path along the Vento Trail is just 12-feet wide, the total right-of-way (the land Ramsey County owns) is 100 feet wide. The proposed plan is to use 26 feet for electric buses in both directions and 12 feet for a multi-use recreational trail. A series of vegetative buffering or fencing would separate busses from the trail. The remaining land would have natural landscaping and fencing to buffer it from adjacent properties.

White Bear Lake’s withdrawal as the final stop has led to a reassessment period by the Metropolitan Council. Metropolitan Council will be scheduling engagement opportunities this fall for community members, business leaders and city officials to have further input on the project.

According to business leaders, wider access to transit is needed to make Maplewood a viable community in the future. They report in Maplewood’s annual business engagement, retention and expansion surveys—done in conjunction with the St. Paul Area Chamber—lack of transit hurts their ability to hire in the city. Most recent development projects in the Gladstone corridor (Frost Ave from White Bear Ave to Highway 61) highlighted access to the expected Purple Line as a prime reason for locating there.

For more information on the project, contact Liz Jones, Metro Transit’s Senior Community Outreach Coordinator at: [elizabeth.jones@metrotransit.org](mailto:elizabeth.jones@metrotransit.org) (651) 602-1977. Or visit: [metrotransit.org/purple-line-project](http://metrotransit.org/purple-line-project)

<sup>1</sup> Bruce Vento Trail Master Plan amendment. August 2020, Draft Report. p.7

[ COUNCIL CORNER continued ]

For background, four percent (about 1600 cases) of our police and fire/EMS calls for service directly involve a mental health crisis. Nearly 40 cases involve people actively attempting to commit suicide. Most calls involve people our department has responded to several times, with more than half having five or more contacts. Thanks to the M-HOT’s follow up and two embedded social workers, people are being connected with needed resources and some are experiencing long-term stability.

The sheer volume of cases, however, suggests we all need to do more to destigmatize mental health. People should be encouraged and supported to get the resources they need when they notice basic symptoms, just as we would with all other ailments.



## Now accepting applications for Charitable Gambling Funds

Maplewood has roughly \$30,000 in Charitable Gambling Funds to award. This year, the city is accepting applications in the Youth Programs and Community Engagement & Events category.

In 2021, the City Council revised its Charitable Gambling policies, aiming to narrow the applicant pool which allowed for larger, more significant awards.

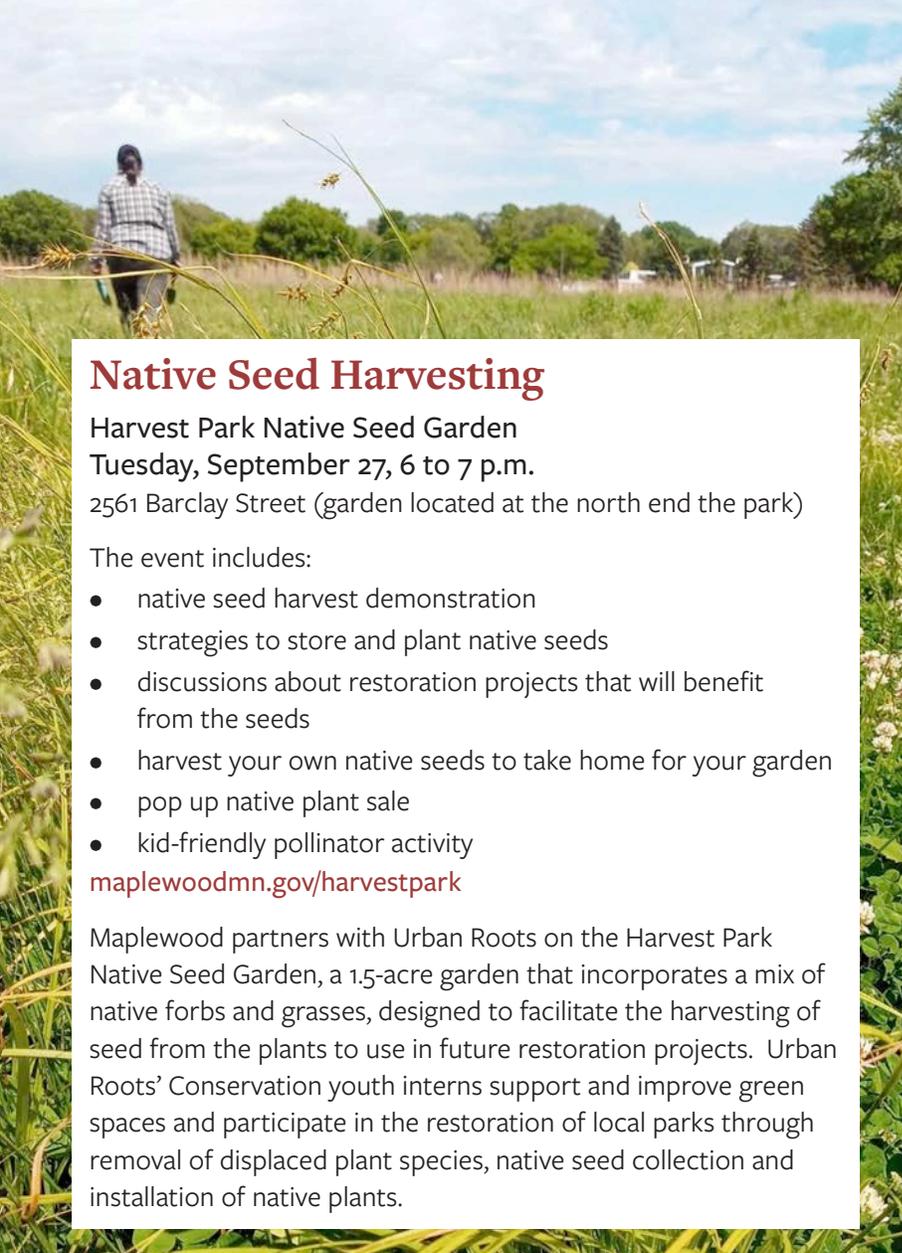
Council adopted a three-year rotating schedule in the following priority areas:

- Year 1:** Social Supports and Senior Citizen Services
- Year 2:** Youth Programs and Community Engagement & Events
- Year 3:** Environment & Natural Resources and Safety Programs

(We are currently in year 2 of the schedule.)

Applications will be accepted through September 30, 2022 for 2023 Awards. Please apply online at: [Maplewoodmn.gov/Charitable](http://Maplewoodmn.gov/Charitable)

Call Lois Knutson (651) 249-2051 with any questions.



## Native Seed Harvesting

Harvest Park Native Seed Garden  
Tuesday, September 27, 6 to 7 p.m.

2561 Barclay Street (garden located at the north end the park)

The event includes:

- native seed harvest demonstration
- strategies to store and plant native seeds
- discussions about restoration projects that will benefit from the seeds
- harvest your own native seeds to take home for your garden
- pop up native plant sale
- kid-friendly pollinator activity

[maplewoodmn.gov/harvestpark](http://maplewoodmn.gov/harvestpark)

Maplewood partners with Urban Roots on the Harvest Park Native Seed Garden, a 1.5-acre garden that incorporates a mix of native forbs and grasses, designed to facilitate the harvesting of seed from the plants to use in future restoration projects. Urban Roots' Conservation youth interns support and improve green spaces and participate in the restoration of local parks through removal of displaced plant species, native seed collection and installation of native plants.



## Free consultation for lower energy bills?

Citizen's Utility Board (CUB) is offering free virtual 20-minute sessions, customized to help you reduce energy use, save money (about \$150 for average homes), and find other rebates.

Day and evening sessions available -- September and October.

Register at: [cubminnesota.org/upcoming-events](http://cubminnesota.org/upcoming-events) or call (651) 300-4701, ex 2.

*\*CUB of Minnesota is a nonprofit consumer advocate for Minnesota's utility consumers.*

## Candidate Forums

### District 44

Tuesday, September 13, 7 p.m.

### Maplewood Mayor/Council

Thursday, September 15, 7 p.m.

Watch live:  
Channel 16 in Maplewood  
[Maplewoodmn.gov](http://Maplewoodmn.gov)

Forums will not have an in person audience.  
Send questions two business days prior to:

[lwvrosevillearea@lwvwmn.org](mailto:lwvrosevillearea@lwvwmn.org)

Use D44 or Maplewood in subject line

Presented by:



Election Day is November 8th



### Summerhill Cooperative of Maplewood

935 Ferndale Street N  
Maplewood, MN 55119  
(651) 735-4111  
[SummerhillMaplewood.org](http://SummerhillMaplewood.org)



**HUGE 44 FAMILY GARAGE SALE**  
Summerhill Cooperative of Maplewood  
Ferndale and Harvester  
September 24-25 ~ 9am-5pm  
HOMES ARE AVAILABLE FOR TOURS



Rabbit in the Field at Maplewood Nature Center Preserve



Dragonfly at Maplewood Nature Center Preserve



In the Wind at Battle Creek Regional Park

**Vote for your favorite nature photo**

Thanks to everyone who submitted an entry for the July Nature Photo Contest. There were so many great photos!

We have narrowed the entries down to these four and need you to pick the winner.

Please vote at:  
[maplewoodmn.gov/photo](http://maplewoodmn.gov/photo)

Vote by  
**Sunday, September 25**



Deer Reflection at Keller Lake



## Rain Garden Rescue

Maplewood Nature Center

Friday, September 23

6:00 – 7:30 p.m.

Has your rain garden been overrun by weeds? Does it need new plants or a complete overhaul? Get started on making it the garden of your dreams.

Register for free [recreationonline@maplewoodmn.gov](mailto:recreationonline@maplewoodmn.gov) or call (651) 249-2111, refer to Activity # 16898.

## Eco-hike

Maplewood Nature Center

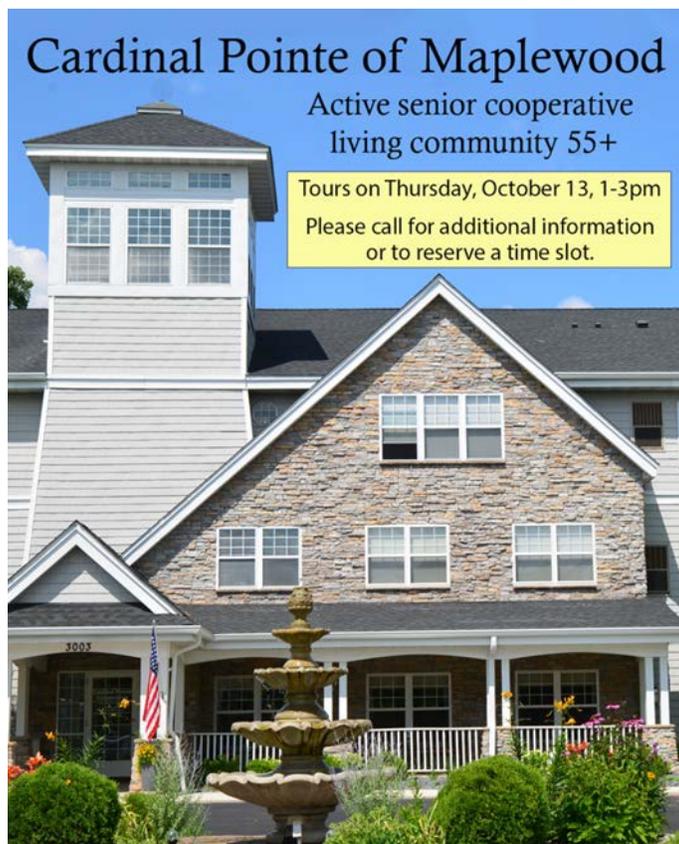
Friday, October 7

10:00 a.m. - 12:00 p.m.

Enjoy an enlightening presentation followed by a hike with interactive activities, all designed to increase your understanding of the ecosystem in which you operate. Dress accordingly as part of the class is held outdoors regardless of the weather.

Register at: [maplewoodmn.gov/971](http://maplewoodmn.gov/971)

*A partnership with ISD 622 Community Education*



## Cardinal Pointe of Maplewood

Active senior cooperative  
living community 55+

Tours on Thursday, October 13, 1-3pm

Please call for additional information  
or to reserve a time slot.

3003 Hazelwood St, Maplewood, MN 55109  
(651) 748-9902 • [cardinalpte.com](http://cardinalpte.com)



## BIG RED BARN

Farmers Market

SUNDAYS 9-1  
JUNE-SEPTEMBER

THE BIGGEST LITTLE FARMERS MARKET!

MAPLEWOOD AREA HISTORICAL SOCIETY

2170 COUNTY ROAD D EAST, MAPLEWOOD, MN 55109



# RevSports fall classes

To Register: [Maplewood.Revsports.org](http://Maplewood.Revsports.org)  
 RevSports Contact: [info@Revsports.org](mailto:info@Revsports.org)  
 612-234-7782

Sessions take place at Edgerton Gym or outdoors at Egerton Park  
 Rate: \$59/session  
 \$69/session for Ninja Warrior Fitness

## Thursday Sessions: Flag Football

Sep 15, 22, 29, Oct 6

### Flag Football

|            |                  |
|------------|------------------|
| Ages 4-6   | 5:30 - 6:10 p.m. |
| Ages 6-9   | 6:15 - 6:55 p.m. |
| Ages 9-11  | 7:00 - 7:40 p.m. |
| Ages 10-14 | 7:45 - 8:25 p.m. |



Session 1: Oct 27, Nov 3, 10, 17  
 Session 2: Dec 1, 8, 15, 22

### Volleyball

|            |                  |
|------------|------------------|
| Ages 4-6   | 5:30 - 6:10 p.m. |
| Ages 6-9   | 6:15 - 6:55 p.m. |
| Ages 9-11  | 7:00 - 7:40 p.m. |
| Ages 10-14 | 7:45 - 8:25 p.m. |



Saturday Sessions:  
 Soccer / Ninja Warrior Fitness  
 Sep 24, Oct 1, 8, 15

### Ninja Warrior Fitness

|          |                    |
|----------|--------------------|
| Ages 2-3 | 9:15 - 9:40 a.m.   |
| Ages 3-5 | 9:45 - 10:25 a.m.  |
| Ages 5-7 | 10:30 - 11:10 a.m. |
| Ages 6-9 | 11:15 - 11:55 a.m. |

Session 1: Oct 29, Nov 5, 12, 19  
 Session 2: Dec 3, 10, 17, 31

### Soccer

|           |                      |
|-----------|----------------------|
| Ages 2-3  | 9:15 - 9:40 a.m.     |
| Ages 3-5  | 9:45 - 10:25 a.m.    |
| Ages 5-7  | 10:30 - 11:10 a.m.   |
| Ages 6-9  | 11:15 - 11:55 a.m.   |
| Ages 9-12 | 12 p.m. - 12:40 p.m. |



## Recreational opportunities

Maplewood partners with several area organizations to offer a variety of recreational programming, educational opportunities and enrichment offerings.  
 Visit: [maplewoodmn.gov/programs](http://maplewoodmn.gov/programs)

## Register now for winter Volleyball

Women's Competitive Adult Volleyball League  
 Women's Recreational Adult Volleyball League

Visit: [ymcanorth.org/activity\\_finder](http://ymcanorth.org/activity_finder)

League runs from November 2nd - December 1st

Register by October 25th to ensure a spot on the schedule.

All sessions held at Maplewood YMCA Community Center, Wednesday's at 6:00 p.m.



## Registration open for Basketball classes

Grades K-2

## Futsal and Basketball Leagues

Grades 1-8

Sessions to run: 10/17-12/18

Registration opens: 9/27



## FOREVERWELL PICKLEBALL LESSONS

### CLASS OPTIONS:

- TUESDAYS BEGINNING SEPTEMBER 13
- 9-10 AM BEGINNER
- 10-11 AM INTERMEDIATE/ADVANCED
- 11-12 PM INTERMEDIATE/ADVANCED
- \$70 MEMBER \$84 NON-MEMBER

Learn how to play pickleball and the basic skills required for this game that's part tennis, part badminton.

Taught by Elaine and Jim Curley

[ymcanorth.org](http://ymcanorth.org)  
 22-001

Youth scholarships available for RevSports programs through the City of Maplewood. Go to [maplewoodmn.gov/2068](http://maplewoodmn.gov/2068), scroll to the bottom for application details.



**City of Maplewood**

1830 County Road B East

Maplewood, MN 55109

Phone: (651) 249-2000

[www.maplewoodmn.gov](http://www.maplewoodmn.gov)

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**COMMUNITY OPEN HOUSE**  
**OCTOBER 8<sup>TH</sup>, 11AM - 2PM**  
**NORTH FIRE STATION - 1530 COUNTY ROAD C EAST**

**NEW STATION!**

**MAPLEWOOD SERVICE**  
POLICE DEPARTMENT  
FIRE DEPARTMENT  
PUBLIC SAFETY

**Join us for:**

- Station and equipment tours
- Home emergency evacuation demos
- Hands-only CPR lessons
- Children's firefighter obstacle course
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